



2026

September



Monday	Tuesday	Wednesday	Thursday	Friday
	Schlotsky's Ham & Cheddar Sandwich w/Tomato Basil Soup	La Madeline Chicken LaMadeline	Chick Fil A Chicken Wrap w/soup	Bartley's Chicken Fried Chicken
Lenny's Ham Sandwich				
Bohemian Bull Hamburger	Mama's Daughter Diner Steak Tenders	Scratch Kitchen King Ranch Chicken	Fajita Pete's Chicken & Beef Fajitas	Lenny's Turkey Sandwich
Wise Guys Spaghetti & Meatsauce	Pizza Hut Pizza & Salad	Kelli's Chicken Cordon Blue	Clean EatZ Hamburger Steak	Bartley's BBQ Beef Sandwich
Weinberger's Reuben	Davivo's Lasagna	Chez Fabien Grilled Chicken		

The RED days are REC lunches.

Guidelines for **In Person** Meal Program for Active Adults 55 & Better

Meals must be ordered at least 48 hours ahead of time. The Active Adults Desk (817) 410-3465

- Monday – must be ordered by 2 PM on Thursday in the prior week
 - Tuesday – must be ordered by 2 PM on Friday in the prior week
 - Wednesday – must be ordered by 2 PM the Monday before
 - Thursday – must be ordered by 2 PM the Tuesday before
 - Friday – must be ordered by 2 PM the Wednesday before
1. Reservations may be made via Amilia or at the Active Adult front desk and can be for multiple days up to 4 weeks in advance.
 2. Payment of \$5/meal must be made when the reservation is made. Payment can be made by cash, check or credit card. **REC days are \$5** and MMOW days are \$7 a meal.
 3. If a meal is canceled more than **48 hours** ahead of time, refunds will be put on your household account for future use. There is no monetary refund for canceled meals. Weekends **DO NOT** count in the 48-hour notice.
 - 4.If a meal is canceled less than 47 hours ahead of time, the money is forfeited and put into an account to cover the expenses associated with the meal program.
 - 5.If a meal is served to someone on standby, the person must pay the \$5/meal prior to receiving the meal.
 - 6.**We will No longer have ToGo meals. If you want meals delivered to you at home, please contact Metroport Meals On Wheels @ 817.491.8534. This is a part of MMOW mission and meals are to be eaten at The REC to promote Socialization.**
 - 7.If you are not here by 12:15, then you have forfeited your meal, and it will be sold as a standby.
 - 8.Meals may not be purchased for friends/family under the age of 55.
 - 9.Be aware that we may not be able to meet your dietary restrictions so plan your reservations accordingly.
 - 10.We reserve the right to take your name off the list if you do not comply with our No TOGO policy.