**SUMMER 2025** 

# GO GRAPEVINE MAGAZINE

## SWIMMING LESSONS SAVE LIVES JOIN US FOR THE WORLD'S LARGEST SWIMMING LESSON<sup>TM</sup>

## KEEP COOL AT DOVE CREEK DAY CAMP IN OUR NEW INDOOR FACILITY

TREATS FOR YOU, TREATS FOR THEM BRING YOUR FOUR-LEGGED FRIEND TO OUR PAWS & PASTRIES EVENT

GoGrapevine.com

#### **OUR MISSION:**

To enhance the quality of life of the citizens of Grapevine, through the stewardship of our natural resources and the responsive provision of quality leisure opportunities.

#### **GRAPEVINE CITY COUNCIL**

William D. Tate, *Mayor* Darlene Freed, *Mayor Pro Tem* Chris Coy Duff O'Dell Leon Leal Paul Slechta Sharron Rogers

#### PARKS & RECREATION ADVISORY BOARD

Christian Ross, *Chairman* Amond Cowans Kelly McDowell Kerri Stephens Lavon Light Renee Townsend Rob Fenton Roy Robertson Robyn Readicker Paul Slechta, *City Council Liaison* Kathy Spradley, *GCISD School Board Liaison* Audrey Torres, *GCISD Student Liaison* Avery Gaudet, *GCISD Student Liaison* 

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## **GD GRAPEVINE** MAGAZINE

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## **DIRECTOR'S MESSAGE**

#### **CHRIS SMITH**

*Director,* Grapevine Parks and Recreation ChrisS@grapevinetexas.gov

Welcome to the summer edition of the Go Grapevine Magazine. This season is all about adventure, community, and making lasting memories. Summer camps are about to kick off, outdoor pools are getting ready to open, and the 4th of July Extravaganza at Grapevine Lake is just around the corner!

As you explore this edition, you'll find an exciting lineup of activities and events designed for all ages. We also invite you to take part in volunteer opportunities that help keep our parks clean and beautiful during the busy summer months.

Enjoy the sunshine, embrace the outdoors, and make the most of everything Grapevine has to offer this summer!

**SEE YOU OUTSIDE!** 

Chris Smith

Chris Smith Director of Parks and Recreation





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## SPRING MUSIC SERIES

## FRIDAYS, MAY 2ND - JUNE 27TH PEACE PLAZA | 7:30 PM

JOIN US FRIDAYS IN MAY AND JUNE FOR A SPRING MUSIC SERIES THAT'S SURE TO HIT ALL THE RIGHT NOTES!

THE FULL LINEUP IS LIVE ON OUR EVENTS PAGE. SCAN THE OR CODE BELOW TO SEE THE EXCITING ARTISTS JOINING US THIS SEASON.



STAY TUNED FOR UPDATES AND FOLLOW @HARVESTHALLTX ON SOCIAL MEDIA FOR THE LATEST ANNOUNCEMENTS!

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## **MUST READS**



#### **FATHER-SON FIELD DAY**

Relive your favorite field day moments with a game show twist at our Father-Son Field Day!

15

#### WE HAVE THE RENTALS FOR YOU

Check out our many options for all your meeting and party planning needs.

42

#### **SPECIALTY SUMMER CAMPS**

Specialty camps are still available for registration. Let this be the summer your child never forgets!













# MONTHLY FAMILY RATE AS LOW AS \$4.38 PER PERSON\*

\*ANNUAL FAMILY PASS - FAMILY OF 6

# 7,000+ SQUARE FEET OF **FITNESS SPACE**

**Gograpevine.com** For membership & classes

#### **CURRENT OPERATING HOURS DRY SIDE**

**MONDAY - THURSDAY** 5:00 am - 10:00 pm

7:00 am - 7:00 pm SUNDAY 7:00 am - 7:00 pm

SATURDAY

FRIDAY 5:00 am - 7:00 pm

#### **CLOSURES AND HOLIDAYS**

**APRIL 20** 

Easter Sunday CLOSED

**MAY 26** Memorial Day 5:00 am - 5:00 pm

JULY 4 Independence Day CLOSED

#### Labor Day 5:00 am - 5:00 pm SEPTEMBER 2-7 Maintenance Week CLOSED

PRICE

\$105

\$7

SEPTEMBER 1

#### **CHILD WATCH PASSES**

**Child Watch Annual Pass** Child Watch Drop-In

#### CHILD WATCH HOURS

There is a two-hour limit per day per child. All children must be ages three months - nine years old.

MONDAY -THURSDAY 8:00 am - 12:00 pm, 4:00 - 8:00 pm

SATURDAY FRIDAY 8:00 am - 12:00 pm, 8:00 am - 12:00 pm 2:30 - 6:30 pm

Scan the code with your tablet or phone for more information or visit GoGrapevine.com/TheREC.



## THE BEC ADJUATIC CENTER HOURS

#### MONDAY – THURSDAY

5:00 - 8:00 am 8:00 - 11:00 am 11:00 am - 4:00 pm 4:00 - 8:00 pm

#### FRIDAY

5:00 am - 4:00 pm 4:00 - 6:00 pm

#### SATURDAY

7:00 - 11:00 am 11:00 am - 6:00 pm

#### SUNDAY

7:00 am - 12:00 pm 12:00 - 6:00 pm

Self-Directed Fitness Fitness and Programs Self-Directed Fitness **Open Swim and Programs** 

Self-Directed Fitness Open Swim

Fitness and Programs Open Swim

Self-Directed Fitness Open Swim

## ANNUAL MEMBERSHIPS

#### **RESIDENT PASSES**

Play Pass Grape*	\$370
REC Combo (Individual / Family)	\$125 /
REC "Wet" (Individual / Family)	\$85 /
REC "Dry" (Individual / Family)	\$75 /
Guest Pass (must be with a member,	
one guest per member)	\$12 /

#### NON-RESIDENT PASSES

Individual / Family

#### MONTHLY MEMBERSHIPS

Minimum of six-month commitment.

#### **RESIDENT PASSES**

Play Pass Grape*	\$30.83
REC Combo (Individual / Family)	\$10.42 / \$26.25
REC "Wet" (Individual / Family)	\$7.08 / \$17.50
REC "Dry" (Individual / Family)	\$6.25 / \$15.00
Flex Pass**	\$75 / month

#### NON-RESIDENT PASSES

Individual / Family	\$38.33 / \$68.33
P Flex Pass**	\$75 / month

#### **ACTIVE ADULT MEMBERSHIP – 55 & BETTER**

FREE
FREE
FREE
FREE

\* Play Pass Grape — The REC, Dove Waterpark, and PG Pool — a \$415 value.

\*\* Flex Pass —The REC class pass is marked with the Flex Pass icon in the Fitness

& Wellness section and is valid for 31 days. Limit of two passes per member.

\*\*\*Active Adult Pass — Modified Facility Use: Monday — Friday, 8:00 am - 2:00 pm.

#### HOLIDAY HOURS

Dates Observed: May 23 - August 12, September 1 and 22 For more information, see page 21.

#### **MONDAY – THURSDAY**

5:00 - 8:00 am 8:00 - 11:00 am 11:00 am - 8:00 pm

FRIDAY

5:00 - 11:00 am 11:00 am - 6:00 pm

#### SATURDAY

7:00 - 11:00 am 11:00 am - 6:00 pm

#### SUNDAY

7:00 am - 12:00 pm 12:00 - 6:00 pm

Self-Directed Fitness **Fitness and Programs Open Swim and Programs** 

Self-Directed Fitness Open Swim

**Fitness and Programs** Open Swim

#### Self-Directed Fitness Open Swim

GoGrapevine.com | 7

PRICE / \$315

\$210

\$180

day

\$460 / \$820

PRICE

## **GRAPEVINE EVENTS**

#### FATHER-SON FIELD DAY: GRAPEVINE GAME SHOW

Do you remember the excitement of your favorite field day activities as a kid? Now is your chance to relive those memories and pass them down to your son(s) at Father-Son Field Day-Game Show Edition! This throwback event will feature all the classic interactive games you know and love but with a fun game show twist! The action starts with a warm-up at 8:45 am, and the field day activities kick off at 9:00 am. Food and water will be provided for all participants. Register now to enjoy an unforgettable morning of outdoor challenges and competitive fun, creating memories that will last a lifetime. Space is limited, and the event will sell out. Tickets will not be sold at the door. Date: Saturday, June 7 Location: Parr Park Time: 9:00 - 11:00 am

Ages: 3+ years

Fee: \$25 Resident / \$30 Non-resident Registration: GoGrapevine.com/FatherSon

#### **PAWS AND PASTRIES**

Calling all pet lovers and pastry enthusiasts! Treat your taste buds and pamper your furry friends at our Paws and Pastries event at the Bark Park in Bear Creek Park. Join us for a delightful morning filled with delicious donuts and local vendors while enjoying the company of fellow pet enthusiasts. Date: Saturday, July 19 Location: Bark Park at Bear Creek Park Time: 7:30 – 10:30 am Fee: Free Information: GoGrapevine.com/ PawsandPastries

#### **CHRISTMAS IN JULY**

Get ready for a splash of holiday cheer at Pleasant Glade Pool! We're turning up the festive spirit with our Christmas in July event, a perfect way to beat the summer heat. There will be crafts, themed activities, concessions and, of course, plenty of Christmas music to get you in a holiday mood. Don't miss out on this merry celebration for the whole family! **Date:** Friday, July 25 Location: Pleasant Glade Pool Time: 6:00 – 8:00 pm Ages: All Fee: \$2 Resident / \$4 Non-resident / FREE for season pass holders Information: GoGrapevine.com/Events

NOOCH

#### **POP 'N' PLAY**

Join us for fun-filled pop-up events this summer at your local parks! Enjoy a complimentary lunch for the first 100 people in attendance, while participating in exciting activities and games for all ages. Bring your friends and family for a perfect afternoon of community, connection, and outdoor fun. Don't miss this chance to relax and play outdoors! Dates / Locations:

Friday, June 20 @ Parr Park Friday, July 11 @ Casey's Clubhouse

- at Dove Park
- Friday, August 1 @ Oak Grove Soccer Pavilion

Time: 11:00 am – 1:00 pm Ages: All Fee: Free

#### GRAPEVINE CONVENTION & VISITORS BUREAU

Scan the code with your tablet or phone for more information from Grapevine Convention & Visitors Bureau or visit GrapevineTexasUSA.com.



#### 21<sup>ST</sup> ANNUAL GRAPEVINE ARTISANS MARKET

The Grapevine Artisans Market is an open-air market located at the Town Square Gazebo on Historic Main Street in Grapevine. It's a great place to meet with small business owners, learn about Texas products, and shop local! **Dates:** Every Saturday, April 12 –

September 6 Location: Town Square Gazebo, 325 S. Main Street Times: 10:00 am - 4:00 pm (April through June) and 9:00 am - 2:00 pm (July through September) Fee: Open to the public



#### **GRAPEVINE TOWER GALLERY**

Enjoy the GCISD Student Art Show in the Grapevine Tower Gallery from April 8 – 23, with receptions to celebrate the students taking place on April 15, 16, and 17 from 5 - 7 p.m.

Dates: April 8 - 23

Location: Grapevine Tower Gallery, 636 S. Main St.

Time: Varies Fee: Open to the public

#### 41<sup>ST</sup> ANNUAL MAIN STREET FEST — A TIMELESS TEXAS TRADITION

Join us for the ultimate family-friendly festival featuring the KidZone, Carnival & Midway, live entertainment, shopping, amazing food and craft brews and wine for the adults!

Dates: May 16, 17, and 18 Location: Historic Main Street Times: 11:00 am – 11:00 pm, Friday and Saturday;

11:00 am – 6:00 pm, Sunday

Fee: Varies—complimentary admission before 5:00 pm, Friday

#### JULY 4<sup>TH</sup> FIREWORKS EXTRAVAGANZA

Celebrate America's Independence Day with the 43<sup>RD</sup> Annual Fireworks Extravaganza! Date: Friday, July 4 Location: Grapevine Lake Time: Sunset Fee: Parking fees may apply at various lake locations

#### DESTINATION GRAPEVINE TEXAS WOMEN'S OPEN

Have a fun day out experiencing worldclass women's golf as top professional and amateur players compete in this prestigious tournament at one of the best public courses in Texas. **Dates:** Wednesday – Friday,

May 28, 29, and 30 Location: Grapevine Golf Course Time: Varies Fee: Open to the public

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#### ALL TRACKS LEAD TO GRAPEVINE

Celebrate Grapevine's prehistoric past and dino-discoveries throughout Grapevine's Historic District. Find fun activities at Grapevine Tower Gallery, Grapevine Vintage Railroad, Grapevine Observation Tower, Palace Theatre with Cartoons & Crafts and movies, Nash Farm and more! Main Street Merchants are also in on the fun, just follow the tracks! Date: June – August Location: Various Time: Varies Fee: Varies

More information: GrapevineTexasUSA. com/dinosaurs

#### **VOLUNTEER WITH US!**

Get involved! Volunteers are key to Grapevine's successful festivals and events. Whatever your interest, skill level, age, or time commitment, there are multiple opportunities for you to get involved. Information: GrapevineTexasUSA.com

#### GRAPEVINE VINTAGE RAILROAD

Scan the code with your tablet or phone for more information or visit GVRR.com.



#### **MOTHER'S DAY SPECIAL**

Celebrate all the moms in your life on Grapevine Vintage Railroad's familyfriendly Mother's Day Special. Travel along the Historic Cotton Belt Route to the Historic Stockyards and back, and spend quality time with mom.

Date: Sunday, May 11 Location: Cotton Belt Depot, 705 S. Main Street Time: 12:50 pm departure Fee: \$24 - \$28 per person

#### 2<sup>ND</sup> ANNUAL LONE STAR SPEAKEASY SPECIAL

Wear your finest Roaring Twenties attire and board this wine train excursion for adults 21 and up. Make lasting memories while enjoying the sights and sounds reminiscent of that unforgettable era. **Date:** Friday, June 6 **Location:** Cotton Belt Depot, 705 S. Main Street **Time:** 7:25 pm departure **Fee:** \$56

#### **FATHER'S DAY SPECIAL**

Grab your dad and join Grapevine Vintage Railroad for our Father's Day excursion. Travel along the Historic Cotton Belt Route to the Historic Stockyards and back, and treat dad to an extraordinary journey with the family. **Date:** Sunday, June 15

Location: Cotton Belt Depot, 705 S. Main Street Time: 12:50 pm departure Fee: \$24 - \$28 per person



## NASH FARM

#### **DAIRY DAY**

Bring the family and enjoy learning about dairy processes including milking, butter and cheese making, and more! **Date:** Saturday, June 7 **Time:** 10:00 am – 12:00 pm **Fee:** \$5 per person

#### **1920S ICE CREAM SOCIAL**

Enjoy the beauty and history of Nash Farm while enjoying a tasty treat at the 1920s Ice Cream Social. This family-friendly event features old-fashioned, hand-cranked ice cream, 1920s music, antique cars, lawn games, and more! Date: Saturday, July 12 Time: 7:00 pm – dusk Fee: \$10 per person

#### THE PALACE ARTS CENTER

Scan the code with your tablet or phone for more information or visit Palace-Theatre.com.



#### **SUMMER AT THE PALACE**

Bring the family to the Historic Palace Theatre to enjoy kid-friendly classic films. Bring a same-day receipt from any Grapevine restaurant to receive a complimentary small popcorn. **Date:** Tuesdays and Wednesdays in June and July **Time:** 10:00 am **Fee:** \$5 per person

#### **CLASSIC CARTOONS & CRAFTS**

You can keep the little ones entertained with a craft while watching a classic cartoon. On Thursdays in June and July, enjoy dinosaur-themed cartoons. **Date:** First Tuesday of every month and Dino-Thursdays in June and July **Time:** 10:00 am

Fee: Child Tickets \$6 – \$8 (includes a craft activity, small popcorn, and drink) Adult Tickets \$3 – \$4 (includes a drink)

#### **THE TEXAS TENORS**

The Texas Tenors are the most successful music group and third-highest-selling artists in the history of America's Got Talent. The Historic Palace Theatre will be the only location you can see The Texas Tenors in Texas this summer! **Dates:** Friday – Sunday, July 25, 26, and 27 **Time:** Varies

Fee: Reserved Seating; tickets \$48; groups (20+) \$42

#### **AMON! THE ULTIMATE TEXAN**

In this true-to-life comedy, watch the life of Amon G. Carter unfold as one of the most powerful Texans who ever lived. He owned the *Fort Worth Star-Telegram*, WBAP-AM, and Channel 5. He used his power for the good of Texas, and is best remembered for fighting arch-rival Dallas, which he called "Little D."

**Dates:** Saturday, July 12, and Sunday, July 13 **Time:** Varies

Fee: Reserved Seating; tickets \$37







## IF YOUR PET DOESN'T LOVE IT OR IF YOU DON'T LOVE IT, WE WILL GLADLY REPLACE OR REFUND IT.

- Shawn McGhee, Proprietor -





#### JOIN US IN TRANSFORMING THE COMMUNITY THROUGH PARKS AND RECREATION.

We all benefit from volunteering. Did you know that volunteerism reduces stress and increases our sense of purpose? Volunteers of all ages and abilities are invited to join our efforts in the Athletic Division, Recreation Division, Community Events, Active Adults, and Lake Parks divisions. Whether you're looking to give back, learn new skills, or simply make new friends, there's a place for you in our team. Contact Cindy Harris at CHarris@grapevinetexas.gov to discover how you can get involved and make a difference.



#### **FATHER-SON FIELD DAY: VOLUNTEERS NEEDED!**

Join us as a volunteer for our super fun Father-Son Field Day! Spend a vibrant morning outdoors at the Game Show edition of this beloved event. As a volunteer, you'll play a vital role in making the day unforgettable by helping with attendee check-in, coordinating exciting games, and assisting with set-up and tear-down. Be a part of the action and create lasting memories for everyone involved. Don't miss out on the chance to contribute to this fun experience sign up today!

Date: Saturday, June 7 Location: Parr Park Time: 9:00 – 11:00 am

Ages: 14+ years (under 14 must be accompanied by adult) Registration: GoGrapevine.com/Volunteer



Scan the code with your tablet or phone for more information or visit GoGrapevine.com/Volunteer.



ACTING TODAY TO PRESERVE TOMORROW.

Revitalize Grapevine's natural beauty with Keep Grapevine Beautiful (KGVB), a dynamic non-profit on a mission to empower the Grapevine community through engagement and environmental stewardship. Visit KeepGrapevineBeautiful.org to learn more.

## **2024 YEAR IN REVIEW**

#### October 1st, 2023 through September 30, 2024



#### POST-MEMORIAL DAY CLEANUP CRUSADE

Join us in a community effort to clean up our parks after Memorial Day weekend. Let's preserve the beauty of our shared spaces and make a positive impact together. Registration opens one month before the event. Locations and information will be sent to volunteers one week before the event. Date: Tuesday, May 27 Location: Grapevine Parks Time: 8:00 – 10:00 am Ages: 5+ years (14 and under accompanied by an adult) Registration: KeepGrapevineBeautiful.org **HAPPY TO HELP SATURDAYS** 

Please save the date and join us for Happy to Help Saturday, the fun community effort on the fourth Saturday of most months! Everyone is invited to lend a hand; families and groups are welcome. This is a fantastic opportunity to bond, give back, and keep our community thriving. Registration opens one month before the event. Locations and information will be sent to volunteers one week before the event. Dates: Saturday, June 28, and Saturday, August 23 Location: Grapevine Parks Time: 8:00 - 10:00 am Ages: 5+ years (14 and under accompanied by an adult) Registration: KeepGrapevineBeautiful.org

#### **GRAPEVINE LAKE CLEANUP**

This event focuses on litter pickup along Grapevine Lake's shoreline and waters. Bring your kayak or other personal watercraft to help reduce the litter that has collected in the lake. A limited number of kayaks will be available for experienced kayakers to use at no charge. Registration opens one month before the event. Locations and information will be sent to volunteers one week before the event. Date: Saturday, July 26 Location: Grapevine Lake Parks Time: 8:00 - 10:00 am Ages: 5+ years (14 and under accompanied by an adult). Kayakers must be 14 and have experience. Registration: KeepGrapevineBeautiful.org

Scan the code with your tablet or phone for more information or visit KeepGrapevineBeautiful.org.



#### POST-JULY 4<sup>TH</sup> CLEANUP CRUSADE

The Fourth of July brings thousands of visitors to our parks. Help our green spaces recover by removing litter throughout the park system. We will have a centralized supply pickup and return so you and your group can work at your own pace. Registration opens one month before the event. Locations and information will be sent to volunteers one week before the event.

Date: Monday, July 7 Location: Grapevine Parks Time: 8:00 – 10:00 am Ages: 5+ years (14 and under accompanied by adult)

#### **Registration:**

KeepGrapevineBeautiful.org



#### NATURE'S BOUNTY: EXPERT TIPS FOR ORGANIC GARDENS

Join us for an enlightening lecture led by an expert in the field and discover the secrets to successful organic gardening. Joyce from Marshall Grain Company will discuss essential topics such as soil preparation, basic garden design, and plant selections that thrive in our climate.

Whether you're a seasoned gardener or a beginner, this lecture will provide valuable insights to help you create a healthy and sustainable garden. Don't miss this opportunity to learn from the best and enhance your green thumb! **Date:** Wednesday, August 6 **Location:** The REC of Grapevine,

1175 Municipal Way, Stewart Hall **Time:** 7:00 – 8:00 pm

#### FALL SWEEP

Join us for the biggest event of the year as we unite to enhance our environment. Every pair of hands makes a difference in creating a cleaner, greener community. Volunteers will gather for free lunch and fun prize drawings at The REC of Grapevine beginning at 11:00 am. Registration opens one month before the event. Locations and information will be sent to volunteers one week before the event.

Date: Saturday, September 27 Location: Grapevine Parks Time: 9:00 – 11:00 am Ages: 5+ years (14 and under accompanied by an adult)

#### Registration:

KeepGrapevineBeautiful.org



Our environmental, community outdoors education initiative offers a wide array of in-person learning opportunities at no cost. Join us to learn from experts in their fields.

#### FEATHERED FRIENDS: BIRDWATCHING IN YOUR BACKYARD

Join us for an engaging lecture on birdwatching, where you'll learn about the various birds you might encounter in our parks and neighborhoods. Our expert will cover the habits and behaviors of local birds, as well as basic identification tips to help you recognize them.

Discover the joy of birdwatching and gain a deeper appreciation for our feathered friends. For novices and experienced birders, this lecture will provide valuable insights into the fascinating world of local birds. **Date:** Wednesday, September 3 **Location:** Grapevine Public Library, 1201 Municipal Way

Time: 7:00 - 8:00 pm



#### **THE GIVES GRANT**

A fantastic initiative that provides up to \$5,000 to civic organizations, schools, and non-profits with funding for projects that benefit the environment. Waste reduction, litter prevention, and beautification projects are supported. Applications will be accepted from September 2 to October 7. Visit KeepGrapevineBeautiful.org/Gives to learn more.

Scan the code with your tablet or phone to register for ECO Talks or visit KeepGrapevineBeautiful.org.



## **PARTY PACKAGES**

#### **OPEN SWIM PARTY**

Party Package Details:

- Duration: Two-hour party room rental
- **Capacity**: Up to 16 children (maximum 24 with an additional \$10 per child)
- Venue: Includes access to the REC Aquatic Center
- Party Attendant: A dedicated party attendant is provided

#### Additional Details:

- Extra Guests: Add up to eight additional children for \$10 each (maximum 24 children)
- Food: Outside food is permitted in the party room (no alcohol or glass containers)
- Safety Guidelines:
  - o An adult must accompany children under age nine in the water
  - o Tower slide height requirement: 42 inches
  - o Flotation devices must be U.S. Coast Guard-approved
- Party Decoration: Decorations must be tabletop or free-standing items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling in party rooms.
- Setup & Cleanup: Included in the rental time

#### Party Times:

- Fridays: 4:00 6:00 pm
- Saturdays: 11:00 am 1:00 pm, 1:30 -3:30 pm, and 4:00 - 6:00 pm
- Sundays: 1:30 3:30 pm and 4:00 6:00 pm

Fee: \$185 Member / \$210 Non-member

#### **INDOOR PLAY PARTY**

#### Indoor Play Party Package:

- Duration: Two-hour party room rental
- Play Time: First hour of private play in the indoor playground
- **Capacity**: Up to 16 children (maximum 24 with an additional \$10 per child)
- Party Attendant: A dedicated party attendant is provided
- Additional Information:
  - Extra Guests: Add up to eight additional children for \$10 each (maximum 24 children)
  - Food: Outside food is allowed in the party room (no alcohol or glass containers)
  - Party Decoration: Decorations must be tabletop or free-standing items. No

tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling in party rooms.

 Setup & Cleanup: Included within the rental time

#### Party Times:

 Saturdays and Sundays: 1:30 – 3:30 pm and 4:00 – 6:00 pm

Fee: \$160 Member / \$185 Non-member

#### **SPORTS PARTY**

#### Gym or Turf Field Party Package:

- Duration: Two-hour party room rental
- Play Time: First hour of private use of half the gym or turf field
- Capacity: Up to 16 children (maximum 24 with an additional \$10 per child)
- Party Attendant: A dedicated party attendant is provided

#### Additional Information:

- Extra Guests: Add up to eight additional children for \$10 each (maximum 24 children)
- Food: Outside food is permitted in the party room (no alcohol or glass containers)
- Party Decoration: Decorations must be tabletop or free-standing items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling in party rooms.
- Setup & Cleanup: Included in the rental time

#### Party Times:

 Saturdays: 11:00 am - 1:00 pm, 1:30 -3:30 pm, and 4:00 - 6:00 pm

Fee: \$160 Member / \$185 Non-member

## AFTER-HOURS RENTAL PACKAGES

Payment is due in full at the time of reservation when booking online.

#### PRIVATE "SPLASH" PARTY PACKAGE

- Duration: Two hours of private use of The REC Aquatic Center
- Facilities: Includes access to both party rooms
- Capacity: Choose from two guest limits:
  - Up to 75 guests: \$450 Member / \$500 Non-member
  - Up to 150 guests: \$650 Member / \$700 Non-member

## REC OF Grapevine



#### Additional Information:

- Food: Outside food is allowed in the party rooms (no alcohol or glass containers)
- Safety Guidelines:
  - An adult must accompany children under age nine in the water
  - Tower slide height requirement: 42 inches
  - Flotation devices must be U.S. Coast Guard-approved
- Party Decoration: Decorations must be tabletop or free-standing items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling in party rooms.
- Setup & Cleanup: Included within the rental time

#### Party Times:

Fridays and Saturdays: 6:30 – 8:30 pm

Allowed decorations are tabletop items or free-standing items. No tape, nails, tacks, pins, or adhesive items on the walls, windows, tables, or ceiling in party rooms.



## SPECIAL OCCASIONS AND MEETINGS

#### **STEWART HALL**

A Versatile Venue for Large and Small Gatherings

Overlooking The REC Courtyard, Stewart Hall offers a large multi-purpose space ideal for events such as meetings, birthday parties, wedding receptions, and more. The venue comfortably accommodates up to 180 guests and includes six-foot round banquet tables, with seating for eight at each. Rectangle tables are available upon request.

Stewart Hall can be divided into two smaller banquet rooms during standard business hours for events with 90 guests or fewer.

Decorations must be tabletop or freestanding items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling.

#### **Audio/Visual Capabilities**

The room is equipped with an advanced audio/visual system, including a rear projection system, to enhance your event's presentations or entertainment.

#### **Reservation Requirements**

Reservations are scheduled on a firstcome, first-served basis

- Minimum rental: Three hours (setup and cleanup time must be included in the reservation time)
- All reservation requests must be submitted a minimum of 21 days before the desired event date. Rental requests submitted at the 21-day time frame will be booked based on staff and facility availability.
- Cancellation requests must be submitted in writing at least 14 days prior to reservation for full refunds.

#### **Alcohol Policy**

Alcohol is permitted during after-hours rentals only, and it must be served by a pre-approved contract vendor. To ensure compliance and safety, a TABC-certified bartender and an off-duty Grapevine police officer are required. Alcohol requests must be submitted for approval at least 60 days before the reservation date. Kitchen access is limited to licensed



caterers only, with an additional fee of \$25 per hour.

#### Fee:

Stewart Hall A or B: \$105 per hour – Member / \$130 per hour – Non-member

Entire Stewart Hall: \$210 per hour – Member / \$260 per hour – Non-member

After Hours: \$260 per hour – Member / \$310 per hour – Non-member

Any reservation or rental on Fridays, Saturdays, and Sundays after 7:00 pm is considered to be after-hours. These reservations/rentals are for the entire hall ONLY and require a \$200 refundable security deposit, in addition to the rental fees.

#### Audio/Visual Fees:

Wireless microphone: \$20 Rear projector system: \$25 per hour

#### **REC COURTYARD**

Scenic Courtyard with Native Landscaping Beautifully landscaped with a variety of native trees and plants, The REC Courtyard provides a serene outdoor setting. Guests can enjoy the covered seating area, making it perfect for social interaction or relaxation. This space is available as an addition to a Stewart Hall rental or can be reserved as a separate venue for your event.

Fee: \$105 per hour – Member / \$130 per hour – Non-member

#### **CLASSROOMS**

Ideal for Meetings and Small Workshops Perfect for meetings, workshops, and small group gatherings, each classroom comfortably accommodates up to 40 attendees, depending on the table and chair arrangement. Each room is fully equipped with an audio/visual system, flat-panel television, and a dry-erase board, providing everything you need for a productive session.

#### **Rental Information**

- Minimum rental: Two hours (setup and cleanup time must be included in the reservation time)
- Fee: \$50 per hour Member / \$60 per hour – Non-member

#### EXCLUSIVE "SWOOSH" PARTY PACKAGE

- Duration: Two hours of exclusive use of:
  - o Basketball courts
  - o Volleyball court
  - o Two racquetball courts
  - o Game room
  - o Both party rooms
- Capacity: Up to 200 guests
- Party Decoration: Decorations must be tabletop or free-standing items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling in party rooms.
- Setup & Cleanup: Included in the rental time

#### Party Times:

Fridays and Saturdays: 7:00 – 9:00 pm
 Fee: \$530 Member / \$630 Non-member

#### ULTIMATE "SWOOSH & SPLASH" Party Package

- **Duration:** Two hours of exclusive use of the entire facility, including:
  - o Basketball courts
  - o Volleyball court
  - o Two racquetball courts
  - o Game room
  - o Both party rooms
  - o REC Aquatic Center
- Capacity: Up to 300 guests
- Party Decoration: Decorations must be tabletop or free-standing items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling in party rooms.
- Setup & Cleanup: Included in the rental time

#### Party Times:

Fridays and Saturdays: 7:00 – 9:00 pm
 Fee: \$1,500 Member / \$1,600 Non-member

Payment is due in full at the time of reservation when booking online. Cancellation requests must be submitted in writing at least 14 days prior to reservation for full refunds.

#### **TURF FIELD AT THE REC**

**Perfect for Fitness and Recreation** The Turf Field at The REC of Grapevine offers an ideal space for general fitness and recreation. The soccer field features a silicone base and premium turf, ensuring

a high-quality surface for various sports.

#### **Rental Information**

- No league play, games, or scrimmages are permitted, whether as part of a rental or recreational use, without the prior authorization of Grapevine Parks and Recreation.
- Reservations are limited to half-field rentals only.
- Maximum of one rental per patron/ organization per month, with a twohour limit per rental.
- Reservations must be made at least seven days in advance.
- Payment in full at the time of the reservation is required.

Recurring rentals are not permitted.
 Fee: \$65 per hour – Member / \$75 per hour – Non-member

## **SMALL PARK PAVILIONS**

#### **BEAR CREEK PAVILION**

Capacity: 20 guests Resident: \$12 per hour / Three-hour minimum Non-resident: \$15 per hour / Three-hour minimum

#### **DOVE PARK PAVILION – NORTH**

Capacity: 50 guests Resident: \$12 per hour / Three-hour minimum Non-resident: \$15 per hour / Three-hour minimum

#### **HERITAGE PARK PAVILION**

Capacity: 24 guests Resident: \$12 per hour / Three-hour minimum Non-resident: \$15 per hour / Three-hour minimum

#### **OAK GROVE SOCCER PAVILION**

Capacity: 24 guests Resident: \$12 per hour / Three-hour minimum Non-resident: \$15 per hour / Three-hour minimum

#### OAK GROVE VOLLEYBALL PAVILION

Capacity: 24 guests Resident: \$12 per hour / Three-hour minimum Non-resident: \$15 per hour /

Three-hour minimum

## PARR PARK PLAYGROUND PAVILION

Capacity: 20 guests Resident: \$50 per timeslot Non-resident: \$75 per timeslot Timeslots: 8:00 – 11:00 am, 2:00 – 3:00 pm, and 4:00 – 7:00 pm

## PARR PARK SPRAYGROUND PAVILION

Capacity: 20 guests Resident: \$50 per timeslot Non-resident: \$75 per timeslot Timeslots: 8:00 – 11:00 am, 12:00 – 3:00 pm, and 4:00 – 7:00 pm

## LARGE PARK PAVILIONS CASEY'S CLUBHOUSE PAVILION

North or South Cabana Capacity: 20 guests Resident: \$45 for one or \$90 for both Non-resident: \$60 for one or \$120 for both Timeslots: 8:00 – 11:00 am, 12:00 – 3:00 pm, and 4:00 – 7:00 pm

#### **PARR PARK ROTARY PAVILION**

Capacity: 96 guests Resident: \$33 per hour / Three-hour minimum Non-resident: \$58 per hour / Three-hour minimum

#### **PICKERING PARK PAVILION**

Capacity: 60 guests Resident: \$33 per hour / Three-hour minimum Non-resident: \$58 per hour / Three-hour minimum

## **LAKE PARK PAVILIONS**

#### **MEADOWMERE PAVILION**

Maximum Capacity: 50 guests Resident: \$325 per day Non-resident: \$375 per day Rental includes entry for 25 cars Contact Meadowmere Park at 817.410.3939 or visit GoGrapevine.com/ MeadowmereParkPavilion for further information.

#### **TRAWICK PAVILION**

Maximum Capacity: 200 guests Resident: \$350 per day Non-resident: \$450 per day

A \$100 refundable security deposit is required for all bookings at the Trawick Pavilion.

HOLIDAY RATES Resident: \$450 per day Non-resident: \$550 per day

#### **JACKSON PAVILION**

Contact Rockledge Park at 817.455.5314 or visit RockledgePark.com for further information.

For reservations at Trawick and Meadowmere Pavilions, all cancellation requests submitted in writing more than 14 days prior to the reservation date will incur a \$25 cancellation fee. Any cancellation requests submitted within 14 days of the reservation date will incur a \$100 cancellation fee. This includes cancellations for any reason, including weather.

Cancellation requests for small and large pavilions must be submitted in writing 14 days prior to the reservation date to receive a full refund.





Scan the code with your tablet or phone for additional information or email Rentals@grapevinetexas.gov



## **GRAPEVINE BOTANICAL GARDENS**

#### **BESSIE MITCHELL HOUSE**

Set against the scenic backdrop of the Grapevine Botanical Gardens, the Bessie Mitchell House offers a charming venue for a wide range of events, including baby showers, birthday celebrations, meetings, and more. The space comfortably accommodates up to 80 guests seated banquet-style at round tables.

Please ensure that all setup and cleanup time is included in your rental period. Decorations must be tabletop or free-standing items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling.

#### **MEETINGS AND EVENTS**

#### **Reservation Requirements**

Reservations are scheduled on a firstcome, first-served basis

- Minimum rental: Three hours (setup and cleanup time must be included in the reservation time)
- All reservation requests must be submitted a minimum of 21 days before the desired event date.
   Rental requests submitted at the 21day time frame will be booked based on staff and facility availability.
- Cancellation requests must be submitted in writing 14 days prior to the reservation date to receive a full refund.

#### Resident: \$75 per hour Non-resident: \$150 per hour Security Deposit: \$200 refundable deposit, in addition to rental fees Amenities: 75-inch flat panel TV, 10 banquet tables, 10 rectangular tables,

80 chairs, sink, refrigerator, freezer, ice machine, and an open patio.

#### **Alcohol Policy**

Alcohol is permitted but it must be served by a pre-approved contract vendor. To ensure compliance and safety, a TABC-certified bartender and an off-duty Grapevine police officer are required. Alcohol requests must be submitted for approval at least 60 days before the reservation date.

#### WEDDINGS

#### Garden Court Wedding Package

- Duration: Two-hour maximum
- Capacity: Up to 80 chairs (chairs must be rented separately from Fox Rental)
- Attendant: On-site facility attendant provided
- Private Ceremony Area: Signage and stanchions will mark the lawn area as private during the ceremony (Note: The rest of the Botanical Gardens remain open to the public.)
- Fee: \$450 Resident / \$550 Nonresident

#### BESSIE MITCHELL HOUSE ONLY PACKAGE

- Duration: Three hours (each additional hour: \$150)
- Capacity: Up to 80 guests
- Tables:
  - Five-foot round banquet tables (each table seats up to eight guests)
  - o Six-foot rectangle tables available upon request

- Attendant: On-site facility attendant provided
- Fees:
  - o \$500 for three hours (Resident) / \$150 for each additional hour
  - o \$700 for three hours (Nonresident) / \$150 for each additional hour

#### **BESSIE MITCHELL HOUSE** & GARDEN COURT PACKAGE

- Duration: Three hours (maximum of two hours in the Garden Court area)
   Capacity:
  - o Up to 80 guests
  - Maximum of 80 chairs in the Garden Court (chairs must be rented separately from Fox Rentals; delivery and pick-up during the two-hour garden rental)
- Tables:
  - Five-foot round banquet tables (each table seats up to eight guests)
  - o Six-foot rectangle tables available upon request
- Fees:
  - o \$950 for three hours (Resident) / \$150 for each additional hour
  - o \$1,400 for three hours (Nonresident) / \$150 for each additional hour

A \$400 refundable security deposit is required for all weddings.

Payment is due in full at least 30 days prior to reservation.



## THE VINE ARTS & EVENTS CENTER

#### 225 WEST WORTH STREET, GRAPEVINE, TEXAS

#### VINTAGE HALL

Located in the Vine Arts & Events Center, Vintage Hall is a versatile space accommodating up to 100 guests. It is ideal for meetings, parties, weddings, and small performances. Rentals include exclusive access to a cozy outdoor patio with cocktail tables and chairs, perfect for intimate gatherings. A spacious kitchen with an oversized island is available for use with a licensed operator at \$25 per hour.

Decorations must be tabletop or freestanding items. No tape, nails, tacks, pins, or adhesive are allowed on the walls, windows, tables, or ceiling.

Alcohol Policy: Alcohol is permitted during after-hours rentals only, and it must be served by a pre-approved contract vendor. To ensure compliance and safety, a TABC-certified bartender and an offduty Grapevine police officer are required. Alcohol requests must be submitted for approval at least 60 days before the reservation date.

#### **Reservation Requirements**

Reservations are scheduled on a firstcome, first-served basis

- Minimum rental: Three hours (setup and cleanup time must be included in the reservation time)
- All reservation requests must be submitted a minimum of 21 days before the desired event date. Rental requests submitted at the 21-day time frame will be booked based on staff and facility availability.

Any rental after 4:00 pm is considered an after-hours rental. In addition to rental fees, a \$200 refundable security deposit is required for all after-hours rentals.

Amenities: 85-inch flat-panel TV, 12 fivefoot round tables, 15 six-foot rectangular tables, 100 chairs, dishwasher, sink, two 36-inch induction cooktops, double oven, double microwave, refrigerator, freezer, and warmer. There is also an open patio with six bistro tables, 24 chairs, and a couch.

#### Fees:

Regular hours: \$175 per hour – Resident / \$225 per hour – Non-resident

After-hours (after 4:00 pm): \$225 per hour - Resident / \$275 per hour - Non-resident

#### **VINTAGE ROOM**

The Vintage Room is perfectly suited for meetings, workshops, and small group gatherings. It can accommodate up to 36 attendees (capacity may vary based on table and chair arrangement). This versatile room features a sink and a large buffet bar, making it convenient for serving food and drinks. Additionally, the 85-inch flat-panel television is ideal for presentations, ensuring a seamless and professional experience.

#### **Reservation Requirements**

Reservations are scheduled on a firstcome, first-served basis



 Minimum rental: Two hours (setup and cleanup time must be included in the reservation time)

 All reservation requests must be submitted a minimum of 21 days before the desired event date. Rental requests submitted at the 21-day time frame will be booked based on staff and facility availability.

Fee: \$75 per hour – Resident / \$125 per hour – Non-resident

#### **CENTER STAGE STUDIO**

This versatile room inside the Vine Arts & Event Center is ideal for dance classes, workout sessions, and small performing arts groups. The space accommodates up to 36 attendees and features an entire wall of mirrors to support choreography and visual needs.

- Capacity: Up to 36 guests
- Minimum Rental: Two-hour rental (setup and cleanup times must be included in the rental)

**Fee:** \$50 per hour – Resident / \$60 per hour – Non-resident

#### **SIDE STAGE ROOM**

This versatile room inside the Vine Arts & Event Center is ideal for dance classes, workout sessions, and small performing arts groups. The space accommodates up to 25 attendees and features an entire wall of mirrors to support choreography and visual needs.

- · Capacity: Up to 25 attendees
- Minimum Rental: Two-hour rental (setup and cleanup times must be included in the rental)

Fee: \$50 per hour – Resident / \$60 per hour – Non-resident

Payment is due in full at least 30 days prior to reservation. Cancellation requests must be submitted in writing at least 14 days prior to the reservation to be eligible for a full refund.

Scan the code with your tablet or phone for more information or visit GoGrapevine.com/TheVine. For additional information email Rentals@ grapevinetexas.gov



Summer.

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## **AQUATIC SPECIAL EVENTS**

#### **TODDLER SPLASH**

Come and enjoy the kiddie pool at Pleasant Glade on Monday and Wednesday mornings! Date: June 2 – July 30 • Days: Mondays and Wednesdays Location: Pleasant Glade Pool • Time: 8:00 – 10:00 am Fee: \$2 Resident / \$4 Non-resident Only the kiddie pool is open during Toddler Splash.

#### WORLD'S LARGEST SWIMMING LESSON™

Swimming is a lifesaving skill for children and a vital tool to prevent drowning, which is the number one cause of death in the U.S. for children ages one to four and the second leading cause for children five to 14. Join us as we partner with the World Waterpark Association for a FREE swim lesson at Dove Waterpark! Upon arrival, participants will be divided by age and ability. **Date:** Thursday, June 26 • Location: Dove Waterpark **Time:** 5:30 – 7:00 pm • **Ages:** All • **Fee:** Free



## THE REC AQUATIC CENTER HOURS

#### **MONDAY - THURSDAY**

5:00 - 8:00 am 8:00 - 11:00 am 11:00 am - 4:00 pm 4:00 - 8:00 pm

#### FRIDAY

5:00 am - 4:00 pm 4:00 - 6:00 pm

#### **SATURDAY**

7:00 - 11:00 am 11:00 am - 6:00 pm

#### SUNDAY

7:00 am - 12:00 pm 12:00 - 6:00 pm Self-Directed Fitness Fitness and Programs Self-Directed Fitness Open Swim and Programs

#### Self-Directed Fitness Open Swim

Fitness and Programs Open Swim

Self-Directed Fitness Open Swim

## **HOLIDAY HOURS**

Dates Observed: May 23 – August 12, September 1, and September 22 4:00 pm closure May 26 and September 1st

#### MONDAY – THURSDAY

5:00 - 8:00 am 8:00 - 11:00 am 11:00 am - 8:00 pm Self-Directed Fitness Fitness and Programs Open Swim

#### FRIDAY

5:00 – 11:00 am 11:00 am – 6:00 pm Self-Directed Fitness Open Swim

**Fitness and Programs** 

Open Swim

#### SATURDAY

7:00 – 11:00 am 11:00 am – 6:00 pm

#### SUNDAY

7:00 am - 12:00 pm 12:00 - 6:00 pm Self-Directed Fitness Open Swim

**Cancellation Policy:** The following policy will apply when canceling sessions in any swimming progams:

- 100% refund until 14 days before the beginning of the activity
- 50% of credit until six days before the beginning of the activity
- 0% of credit until three days before the beginning of the activity

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## **LEARN TO SWIM PROGRAM**

Please note levels are divided by age and skill level (see table below). To help us maintain quality instruction time, please enroll your child in the appropriate level based on their capability to participate by the bulleted skills listed by age below. All lessons are 30 minutes. For further assistance, please call our Learn to Swim office at 817.410.3461.

#### GROUP LESSONS 💗

Our most affordable class option. A minimum of four participants is required. Min: 4 | Max: 6, 1:6 max ratio Lessons: 8 Fee: \$55 Resident or Member / \$65 Nonresident or Non-member

#### SEMI-PRIVATE LESSONS Not eligible for

HERO Scholarship Discount A smaller class size allows your child to receive more individual attention. A minimum of two participants is required. Min: 2 | Max: 3, 1:3 max ratio Lessons: 8 Fee: \$80 Resident or Member / \$95 Nonresident or Non-member

#### PRIVATE LESSONS Not eligible for

#### HERO Scholarship Discount

Receive one-on-one attention to enhance instruction of swimming skills for all ages and levels. Private lessons are held during regular Learn to Swim times.

#### Lessons: 4

Fee: \$105 Resident or Member / \$125 Non-resident or Non-member

#### VARIOUS LEVELS FOR THE LEARN TO SWIM PROGRAM

#### **WATER BABIES**

(Offered only as a group class) Ages: 6 - 35 months old

Introduces child and an adult to basic water adjustment and safety through play. Playful learning has been proven to produce positive experiences and build confidence.

An adult accompanies each child into the water.

- Blowing bubbles and going under
- Entering /exiting the pool safely
- Floats, kicks, and arm strokes

#### WATER TOTS

(Offered only as semi-private class) **Ages:** 18 – 35 months old This class is designed for children who are already comfortable in the water, ready to transition to a group setting, and accustomed to being

away from their parents for at least 30 minutes. Parents are not permitted to accompany children in the water.

- Water adjustment
- Submerge the face and blow bubbles
- Floats, kicks, and arm strokes

#### PRESCHOOL

**Ages:** 3 – 5 years old All skills are carried out with support and encouraged to be tried independently.

- Fully submerge face
- Floats, kicks, and arm strokes
- Breath control
- Push off and glide

#### LEVEL 1

**Ages:** 5 – 8 years old Swimmers learn:

- Front crawl for five feet
- Front glide for five feet
- Back glide for five feet
- · Front float for five seconds

#### **LEVEL 2**

Ages: 6 – 9 years old Swimmers learn:

- · Front glide for 10 feet
- Back glide for 10 feet
- Back float for 10 seconds
- Front crawl for 10 feet

#### LEVEL 3

Ages: 6 – 12 years old Swimmers learn:

- Front crawl for 15 yards
- Backstroke for 15 yards
- Elementary backstroke kick for 15 yards
- Breaststroke kick for 15 yards

#### **LEVEL 4**

**Ages:** 7+ years Swimmers learn:

- Front crawl for 25 yards (one lap)
- Backstroke for 15 yards
- Breaststroke for 15 yards
- Butterfly for 15 yards

# 

#### **LEVEL 5**

Ages: 8+ years Swimmers learn:

- Front crawl for 50 yards (two laps)
- Backstroke for 50 yards
- Breaststroke for 25 yards
- Butterfly for 25 yards

#### **LEVEL 6**

Ages: 9+ years

- Swimmers learn:
  - Freestyle for 100 yards with flip turn (4 laps)
  - Backstroke for 50 yards with flip turn
  - Breaststroke for 50 yards
  - Butterfly for 50 yards

r five feet r five seconds



## **AQUATIC FITNESS**

#### **OUTDOOR WATER WORKS**

Your favorite water aerobics class is relocating outdoors to Pleasant Glade Pool for the summer! Participants will be led through a series of exercises set to music to help build cardio fitness and strength. The pool depth ranges from 4 feet to 6.5 feet. **Days:** Tuesdays and Thursdays • **Location:** Pleasant Glade Pool

Time: 7:30 - 8:30 pm · Ages: 16+ years · Fee: \$40 Resident / \$45 Non-resident / Monthly

#### **ADULT SWIM LESSONS WITH SUE**

Are you an adult looking to learn how to swim? Or do you already know how to swim and want to improve your form or prepare for a triathlon? Instructor Sue works with adults one-onone to help them meet their goals. She has years of experience coaching swim teams as well as working with special needs.

**Day/Time:** By appointment • Location: The REC Aquatic Center **Ages:** 16+ years • Fee: \$25 per 30-minute session • Registration: garciakilroy@hotmail.com



Qualifies for the HERO program. See page 37 for more information.

## **GRAPEVINE GATORS**

#### TAAF SUMMER SWIM TEAM

The city's summer league team is the perfect opportunity for kids and adults to try out competitive swimming and perfect their strokes. Swimmers compete in local meets, a regional qualifier meet, and possibly qualify for the state meet, which will be held in Southlake from Thursday, July 24, to Sunday, July 27. To qualify for the team, swimmers must be able to complete a 25-meter swim unassisted.

Ages: 6+ years Prerequisite: 25-meter swim Parent Meeting: Monday, May 19 at 6:00 pm at The REC of Grapevine Location: Pleasant Glade Pool Fee: \$155 Resident / \$165 Non-resident Registration: GoGrapevine.com/Aquatics Practice Times:

Tuesday, May 27 – Friday July 11					
AGE TIME					
6 – 10 years old	9:00 – 9:50 am				
11 – 12 years old	7:00 – 8:30 am				
13+ years	7:00 – 8:50 am				

Scan the code with your tablet or phone for registration or visit GoGrapevine.com/Aquatics.



**SUMMER** 

## SWIM LESSON SCHEDULES REC AQUATIC CENTER SCHEDULE

#### **SEMI-PRIVATE & GROUP LESSONS**

LEVEL	JUNE 2 – JUNE 12	JUNE 16 – JUNE 26	JULY 7 – JULY 17	JULY 21 - JULY 31
Semi-Private Water Tots	2:10 pm	1:35 pm	1:00 pm	2:10 pm
Semi-Private Preschool	2:45 pm	1:00 pm	3:20 pm	2:45 pm
Semi-Private Level 1	3:20 pm	2:10 pm	1:35 pm	3:20 pm
Semi-Private Level 2	2:45 pm	1:35 pm	2:10 pm	1:00 pm
Semi-Private Level 3	1:35 pm	2:45 pm	1:35 pm	2:45 pm
Group Preschool	1:00 pm	2:10 pm	2:45 pm	1:35 pm
Group Preschool	3:20 pm	1:00 pm	2:10 pm	1:00 pm
Group Level 1	1:35 pm	3:20 pm	2:45 pm	2:10 pm
Group Level 2	2:10 pm	2:45 pm	3:20 pm	1:35 pm

These 30-minute classes are held four times a week on Monday - Thursday for two weeks.



#### **PRIVATE LESSONS**

ТІМЕ	1:00 pm	1:35 pm	2:10 pm	2:45 pm	3:20 pm			
	Monday, June 2 - Thursday, June 5 Monday, June 9 - Thursday, June 12							
Dates	Monday, June 16 - Thursday, June 19							
Dates	Monday, June 23 - Thursday, June 26 Monday, July 7 - Thursday, July 10							
		Monday	, July 14 - Thursda	y, July 17				

These 30-minute classes are held four times a week on Monday - Thursday for one week.

#### **SATURDAY LESSONS**

LEVEL	MAY 31 – JULY 26*
Semi-Private Water Tots	9:00 am
Semi-Private Preschool	9:35 am
Semi-Private Level 1	10:10 am
Semi-Private Level 2	9:35 am
Semi-Private Level 3	9:00 am
Semi-Private Level 4	10:10 am

\*No lessons on Saturday, July 5.

These 30-minute classes are held once a week for eight weeks.

#### FREE LEVEL PLACEMENT TESTING

Our staff will give you a free evaluation of your child's swimming ability. Each evaluation takes about 15 to 20 minutes. We can also help with registration for upcoming lessons. **Date:** Saturday, May 10 **Location:** The REC Aquatic Center **Time:** 11:00 am – 1:00 pm

#### Level June 2 – June 12 June 16 - June 26 July 7 – July 17 July 21 - July 31 9:00 am 9:35 am 9:00 am 9:35 am Water Tots 10:10 am 10:10 am \_ 10:10 am 9:00 am 9:35 am 9:35 am 9:00 am Preschool 10:10 am 10:10 am 10:10 am 10:10 am 9:00 am 9:00 am 9:35 am 9:35 am Level 1 10:10 am \_ 10:10 am 10:10 am 9:35 am 9:35 am 9:00 am 9:00 am Level 2 10:10 am 10:10 am 10:10 am \_ Level 3 9:00 am 9:00 am 9:35 am 9:35 am Level 4 9:35 am 9:35 am 9:00 am 10:10 am Level 5 9:00 am 10:10 am 10:10 am -Level 6 9:35 am 9:00 am --Diving 9:00 am 9:00 am \_ \_ These 30-minute classes are held four times a week on Monday - Thursday for two weeks.

Registration is open for all summer swim lessons.

#### **GROUP LESSONS**

**SEMI-PRIVATE LESSONS** 

Level	June 2 - June 12	June 16 – June 26	July 7 – July 17	July 21 – July 31
Water Babies	9:00 am	-	9:35 am	10:10 am
Preschool 1	9:35 am	9:35 am	9:00 am	9:00 am
Preschool 2	9:00 am	9:00 am	9:35 am	9:35 am
Level 1	9:35 am	9:35 am	9:00 am	9:00 am
Level 2	9:00 am	-	9:35 am	9:35 am
Level 3	10:10 am	10:10 am	10:10 am	10:10 am
Level 4	9:35 am	9:35 am	9:00 am	-
Level 5	-	10:10 am	-	-
Level 6	-	9:35 am	-	-
Adult Lessons	-	9:00 am	-	-

These 30-minute classes are held four times a week on Monday – Thursday for two weeks.

#### **PRIVATE LESSONS**

This lesson meets Monday through Thursday for one week, with 30 minutes of one-on-one attention each day. We offer private lessons for all levels and ages. Visit GoGrapevine.com/Aquatics to register.

Time	9:00 am	9:35 am	10:10 am		
	June 2 – June 5				
	June 9 – June 12				
	June 16 – June 19				
Datas	June 23 – June 26				
Dates	July 7 – July 10				
		July 14 – July 17			
	July 21 – July 24				
		July 28 – July 31	l		

These 30-minute classes are held four times a week on Monday – Thursday for one week.

For more information or if you need assistance with registration, please call the Learn to Swim Office at 817.410.3461. **PLEASANT GLADE SCHEDULE** 

EMI-PRIVATE LESSONS		Registratio	Registration is open for all summer swim lessons.			
LEVEL	JUNE 2 – JUNE 12	JUNE 16 - JUNE 26	JULY 7 - JULY 17	JULY 21 - JULY 31		
	6:10 pm	5:00 pm	5:00 pm	5:00 pm		
Water Tots	6:45 pm	6:10 pm	6:45 pm	6:45 pm		
	5:00 pm	5:00 pm	5:35 pm	5:35 pm		
Preschool	5:35 pm	5:35 pm	6:10 pm	6:10 pm		
	6:45 pm	-	6:45 pm	-		
	5:00 pm	5:35 pm	5:35 pm	5:00 pm		
Level 1	5:35 pm	6:10 pm	6:10 pm	5:35 pm		
	6:10 pm	6:45 pm	-	-		
	5:00 pm	5:00 pm	5:00 pm	6:10 pm		
Level 2	6:10 pm	6:10 pm	6:10 pm	6:45 pm		
	-	6:45 pm	-	-		
	5:00 pm	5:35 pm	5:00 pm	5:00 pm		
Level 3	6:45 pm	6:10 pm	5:35 pm	6:45 pm		
	-	6:45 pm	6:10 pm	-		
Level 4	5:35 pm	5:00 pm	6:10 pm	5:35 pm		
	6:10 pm	6:10 pm	6:45 pm	-		
Level 5	6:45 pm	5:00 pm	6:10 pm	6:10 pm		
Level 5	-	-	6:45 pm	-		
	6:45 pm	-	5:00 pm	5:00 pm		
Level 6	-	-	-	-		

#### Registration is open for all summer swim lesso

These 30-minute classes are held four times a week on Monday – Thursday for two weeks.

#### **GROUP LESSONS**

LEVEL	JUNE 2 - JUNE 12	JUNE 16 - JUNE 26 JULY 7 - JULY 17		JULY 21 - JULY 31
Water Babies	5:00 pm	5:35 pm	5:00 pm	6:10 pm
Preschool 1	6:10 pm	5:35 pm	5:35 pm	-
Preschool 2	5:35 pm	6:45 pm	5:00 pm	5:35 pm
Level 1	6:45 pm	5:00 pm	-	5:00 pm
Level 2	5:35 pm	6:10 pm	5:35 pm	-
Level 3	5:35 pm	5:35 pm	-	6:45 pm
Level 4	-	6:45 pm	-	-
Level 5	-	-	6:45 pm	-
Level 6	-	6:45 pm	-	6:45 pm
Jr. Guard	-	6:45 pm	-	-
Adult Lessons	-	-	6:45 pm	-

These 30-minute classes are held four times a week on Monday – Thursday for two weeks.



#### PRIVATE LESSONS: PLEASANT GLADE POOL

This lesson meets Monday through Thursday for one week and provides 30 minutes of one-on-one attention each day. We offer private lessons for all levels and ages. Visit GoGrapevine.com/Aquatics to register.

Time	5:00 pm	5:35 pm	6:10 pm	6:45 pm	
Dates	June 2 – June 5				
	June 9 – June 12				
	June 16 – June 19				
	June 23 – June 26				
	July 7 – July 10				
	July 14 – July 17				
	July 21 – July 24				
	July 28 – July 31				

If Grapevine Aquatics cancels, makeup classes are on Fridays. For more information or if you need assistance with registration, please call the Learn to Swim Office at 817.410.3461.

These 30-minute classes are held four times a week on Monday – Thursday for one week.

## **CERTIFICATION CLASSES**

#### AMERICAN RED CROSS LIFEGUARDING CERTIFICATION

This class delivers entry-level lifeguard participants the knowledge and skills to prevent, recognize, and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries, and sudden illnesses until emergency medical services personnel take over.

#### **Prerequisites:**

- A swim-tread-swim sequence in which participants swim 150 yards, tread for two minutes using only their legs and then swim an additional 50 yards.
- Retrieve an object from 7 to 10 feet.
- Must complete all prerequisite skills on the first class day.
- · Must complete online material before the course begins
- Must attend all class days

#### **Dates and Times:**

Friday, May 16, from 5:00 – 9:00 pm Saturday, May 17, from 7:00 am – 5:00 pm Sunday, May 18, from 1:00 – 7:00 pm

Ages: 15+ years

Fee: \$100 COG Employee / \$200 Non-employee

#### AMERICAN RED CROSS WATER SAFETY INSTRUCTOR CERTIFICATION

In this class, you will learn to teach swimming and water safety to all ages, including teaching progressions and how to break down each swim stroke. Being a Water Safety Instructor/Swim Lesson Instructor is a fun and meaningful job in high demand.

#### **Prerequisites:**

- Front crawl for 25 yards
- Back crawl for 25 yards
- Breaststroke for 25 yards
- Elementary backstroke for 25 yards
- Sidestroke for 25 yards
- Butterfly for 15 yards
- Maintain position on back for one minute in deep water (floating or sculling)
- Tread water for one minute
- Dates: Tuesday, May 27 Thursday, May 29

Time: 9:00 am - 5:00 pm

Ages: 15+ years

Fee: \$100 COG Employee/ \$250 Non-employee



1509 Hood Lane Grapevine, Texas 76051 817.410.3088

## HOURS OF OPERATION

MAY	JUNE
SMTWTFS	SMTWTFS
$\bigcirc \bigcirc $	1234567
45678910	89001234
II 12 13 14 15 16 17	<b>(5) (6) (7) (8) (9) (2)</b>
18 19 20 21 22 23 24	22 23 24 25 26 27 28
2526272829303	23000000
IIIIV	
JULY	AUGUST & SEPTEMBER
SMTWTFS	SMTWTFS
	0000002
678910112	3456789
<b>B456789</b>	011213141516
20212223242526	17 18 19 20 21 22 23
272829303	24 25 26 27 28 29 30
	3 2 3 4 5 6
	-
🛑 11:00 am - 7:00 pm	🔵 11:00 am - 9:00 pm
🛑 II:00 am - 5:00 pm	🛑 11:00 am - 6:00 pm

#### CABANA RENTALS

Two-hour rental of a reserved, covered area with three lounge chairs and one picnic table. Seating for approximately IO guests. Does not include admission to the facility.

Residents:		
\$65, I cabana		
\$125, 2 cabanas		
\$180, 3 cabanas		

Non- residents: \$75, I cabana \$150, 2 cabanas \$225, 3 cabanas

#### **Time Options:**

Monday - Thursday II:30 am - I:30 pm, 2:00 - 4:00 pm, 4:30 - 6:30 pm, 7:00 - 9:00 pm Friday - Sunday

II:30 am - I:30 pm, 2:00 - 4:00 pm, 4:30 - 6:30 pm

#### CABANA PARTY PACKAGE

Each cabana contains one picnic table and three lounge chairs. You may bring your own cake.

#### Your party will include:

- Two-hour rental
- Marco's Pizza .
- Ice Cream

Number of Cabanas	Prices Res   Non-res	Seating	Pizzas	lce Cream	Guest Passes
1	\$205 \$245	10	3	10	20
2	\$315   \$355	20	5	20	25
3	\$425 \$465	30	7	30	30

#### **Time Options:**

Monday - Thursday II:30 am - I:30 pm, 2:00 - 4:00 pm, 4:30 - 6:30 pm, 7:00 - 9:00 pm Friday - Sunday

II:30 am - I:30 pm, 2:00 - 4:00 pm, 4:30 - 6:30 pm

#### PRIVATE POOL PARTY

Two-hour rental of the entire waterpark! Outside food and drinks are allowed inside the park, but no glass or alcohol is permitted.

#### Residents:

\$475 (75 guests max) \$685 (I50 guests max)

#### Non-residents: \$525 (75 guests max)

\$735 (I50 guests max)

#### Time Options:

Friday - Sunday 7:30 - 9:30 pm



#### ADMISSION

SEASON PASS

Individual Pass: \$55 Resident / \$110 Non-resident



**1805 Hall-Johnson Road** Grapevine, Texas 76051 817.410.3099

## HOURS OF OPERATION



#### TABLE RENTAL

\$32 Resident / \$42 Non-resident

Two-hour rental of a reserved, covered area with two picnic tables and seating for approximately 20 guests.

Does not include admission to the facility.

#### Time Options:

Monday - Saturday 12:00 - 2:00 pm, 2:30 - 4:30 pm

#### THE LOUNGE

\$105 Resident / \$130 Non-resident

Two-hour rental of private lounge with couches, tables, and seating for approximately 20 guests. Includes 15 guest passes.

#### Time Options:

Monday - Saturday I2:00 - 2:00 pm, 2:30 - 4:30 pm Sunday I:30 - 3:30 pm, 4:00 - 6:00 pm

#### PRIVATE POOL PARTY

Two-hour rental of the entire facility! Outside food and drinks are allowed inside the facility, but no glass or alcohol is permitted.

Non-residents:

\$340 (75 guests max)

\$475 (I50 guests max)

#### Residents:

\$290 (75 guests max) \$420 (I50 guests max)

#### Time Options:

Friday & Saturday | Sunday 7:30 - 9:30 pm | 6:30 - 8:30 pm (Add Wibit to the private pool party for additional \$100)

#### SPECIAL EVENTS

#### **Toddler Splash Time**

Starts June 2 / Ends July 30 Mondays & Wednesdays: 8:00 - 10:00 am (Only the Baby Pool will be open)

#### Swim Meet

Saturday, June 21 from 8:00 am - 2:00 pm The Grapevine Gators Swim Team will be hosting a swim meet early Saturday morning. The pool will have a delayed opening of 2:00 pm to accommodate this event.

ADMISSION

\$2 Resident / \$4 Non-resident | Under age I2 months: Free

SEASON PASS

Individual Pass: \$55 Resident / \$110 Non-resident Family Pass (max 6): \$110 Resident / \$220 Non-resident

## PERSONAL Training



## **PERSONAL TRAINING**

Whether you're new to exercise or have exercised for years, hiring a certified personal trainer will put you on the right path to help you succeed in achieving your individual fitness goals.

#### **Our Personal Trainers:**

- Provide accountability and motivation
- Provide expertise and education
- Teach proper form and execution of each movement
- Listen to you and understand your needs
- Help you HAVE FUN and feel great!

When you're ready to schedule an appointment or if you just have questions, contact Stephanie Frank at SFrank@grapevinetexas.gov or 817.410.3456.





Scan the code with your tablet or phone for more information. For additional information contact Stephanie Frank at SFrank@grapevinetexas.gov or 817.410.3456.

## **PERSONAL TRAINING PACKAGES**

\*Semi-Private indicates two people per training session

SESSION	FEE
Half-hour	Five for \$220 (Save \$5) • Ten for \$430 (Save \$20)
private session: \$45	Fifteen for \$630 (Save \$45) • Twenty for \$800 (Save \$100)
*Half-hour semi-private session: \$60 (\$30/person)	Five for \$290 (Save \$10) • Ten for \$560 (Save \$40) Fifteen for \$810 (Save \$90) • Twenty for \$1,040 (Save \$160)
One hour	Five for \$370 (Save \$5) • Ten for \$730 (Save \$20)
private session: \$75	Fifteen for \$1,080 (Save \$45) • Twenty for \$1,400 (Save \$100)
*One hour semi-private session: \$100 (\$50/person)	Five for \$490 (Save \$10) • Ten for \$960 (Save \$40) Fifteen for \$1,410 (Save \$90) • Twenty for \$1,840 (Save \$160)
Half-hour small group	Five for \$155 (\$31 per person)
sessions for three or	Ten for \$245 (\$24.50 per person)
more people	Fifteen for \$305 (\$20.33 per person)



#### MICHELLE BROOKS, NASM-CPT, NASM NUTRITION COACH, AND MUAY THAI BOXING INSTRUCTOR

Michelle is certified in Personal Training and Optimum Performance Training for Weight

Management. She is also a certified TRX Group Suspension instructor as well as an active firefighter and paramedic. This mother of two has competed in several extreme longdistance races, which has helped her gain more knowledge on how the body responds to prolonged activity. Michelle's discipline, focus, and determination will be evident when you meet her.



#### LARRY COLEMAN, CI-CPT

Larry, a former collegiate basketball player from Howard Payne University, received his personal training certification in 2007 and then started his fitness company, Coleman

Complete Fitness. He earned his master personal training certification in 2010 and received certifications in dietary guidance and weight management leadership. Larry tailors his programs to fit the needs and abilities of each individual client, from the young to the young at heart.



#### ADELE DE WEE, ISSA-CPT

Adele is a mom of three and a career woman. Her passion is helping others fall in love with fitness and change their lives in the simplest and most realistic ways possible.

She believes everyone deserves the right to good health, and to be confident and happy with themselves, both inside and out. Getting fit and healthy does not have to be difficult. Let her show you that consistency is key with her "Yes, you can!" motivation. Despite how cliché it may sound, she believes it is important to make time for your health because your health is your wealth.



#### **CALEB KELLEY, NASM-CPT**

Caleb believes in a healthy lifestyle that promotes both longevity and functionality. He understands that anyone can achieve this lifestyle, no matter their starting point, and

he's passionate about helping others incorporate sustainable habits into their daily lives. His focus is on practical, balanced strategies that improve overall well-being and empower people to live healthier, more fulfilling lives.



#### JAMES OLIVER, NASM-CPT, AND NASM SENIOR FITNESS SPECIALIST James has had a passion for health and

fitness for as long as he can remember. He specializes in senior fitness and considers it a

pleasure to help someone in his community reach their goals. James received his personal training certificate as well as his senior fitness certification in 2015. As of 2021, James is a graduate of the Elite EMT Academy. Becoming an emergency medical technician has furthered his knowledge of the body and its processes. James firmly believes that a healthy life is a happy one, and he would be thrilled to show you the way!



## **MEET OUR TRAINERS**



JEFF SMITH, MS, ACSM, EP-C; ACSM-EXERCISE IS MEDICINE CREDENTIAL LEVEL II Jeff's experience and certifications allow him to work not only on the fitness floor but alongside physicians, providing exercise prescriptions for

patients as well. He also earned his BS in movement science and MS in exercise physiology from Texas Christian University. Jeff has numerous exercise proficiencies, including strength and flexibility assessments, personalized fitness program design, sports performance training, and rehabilitative exercise. He is excited to be your guide and help you every step of the way on your fitness journey. Jeff is co-founder and managing partner of Lone Star Health & Fitness.



## HANNA WEYGAND, NASM-CPT, AND PRECISION NUTRITION LEVEL 1 COACH

Hanna has been a certified personal trainer since 2014. Her passion lies in helping others strengthen their lifestyle while achieving their

health and fitness goals. She is a certified personal trainer through the National Academy of Sports Medicine (NASM) and certified nutrition coach through Precision Nutrition. She is also certified in women's fitness (NASM) and pregnancy and postpartum exercise (ACE). Hanna's heavy focus on functional fitness and the belief in combining strength and endurance training with balance and flexibility have led to the success of her clients.



#### NATALIE GRANTHAM-CADENAS, NASM CPT

Natalie is a NASM-certified personal trainer who specializes in strength and resistance training. She is dedicated to assisting individuals in building muscle and achieving their strength objectives.

Passionate about the lifelong benefits of muscle gain and functional movement, Natalie also advocates for the extensive mental health benefits of exercise. She firmly believes that there is a form of exercise suitable for everyone and views exercise as a therapeutic endeavor for both physical and mental well-being.

# FITNESS & WELLNESS





## GROUP FITNESS CLASSES

#### BODY SCULPT P DROP IN (+)

Body Sculpt is a 20-minute, full-body strength-building class utilizing weights and other equipment. Resistance training has been shown to be the most effective way to shed fat, stave off the risk of osteoporosis, boost your immune system, and help fast-track weight loss.

#### Day: Mondays

Time: 6:00 – 6:20 pm Ages: 13+ years Level: All Fee: \$18 Member /

\$28 Non-member / Monthly Instructor: Wendy Dolan, AFAA, NASM, IBBFA Barre Certified, POUND All Group Fitness Classes qualify for the HERO program. See page 37 for more information.

#### CAMP COLEMAN DROP IN

Camp Coleman delivers the best weight loss and muscle toning, and builds results in only 45 minutes. This class is for all skill levels, and every workout offers something new. Camp Coleman will keep your body guessing with various styles of workouts, including EMOM, Tabatas, AMRAP, and more. No fancy equipment, just results!

Days: Mondays, Wednesdays, and Fridays Time: 5:30 - 6:15 am or 9:00 - 9:45 am Ages: 13+ years Level: All Fee: \$90 Member / \$100 Non-member / Monthly

## Instructor: Larry Coleman, CI-MPTR

Get ready to fire up your core in just 30 minutes! This high-intensity workout is designed to strengthen, sculpt, and stabilize your midsection using a variety of dynamic core-focused movements. With Coach Nat leading the way, you'll power through killer core circuits that challenge your endurance and build serious strength. No fluff, no wasted time—just hardcore training in a high-energy, supportive environment.

Day: Thursdays Time: 4:00 – 4:30 pm Ages: 14+ Level: All Fee: \$40 Member / \$50 Non-member / Monthly Instructor: Natalie Grantham-Cadenas, NASM CPT

#### **GO BEYOND**

Go Beyond is a group exercise class focusing on taking you beyond where you are today. Balance, strength, flexibility, functional movement, and brain training are combined to challenge you on multiple levels. Choose to go farther and go beyond! Bring water and a towel.

Day: Thursdays Time: 6:00 – 6:50 pm Ages: 18+ years Level: All Fee: \$40 Member / \$50 Non-member / Monthly Instructor: Patrece Coblentz, ACSM: GEI, BOSU



This flexible class pass allows unlimited access to various fitness classes to meet your fitness goals and busy schedule. The Flex Pass is available to anyone ages I4 and up for a \$75 monthly fee. Check out our Fitness Classes to see what the Flex Pass includes (indicated by the FP icon). More information is available at GoGrapevine.com/ Fitness.

\*You may purchase a maximum of two FLEX Passes. This pass is intended to help you explore different classes before committing to a full registration.

## YOGA

#### YOGA FLOW P DROP IN

Each month begins with exploring the alignment of poses, breathwork, and meditation. Classes build on poses, creating a fun, moderate flow. Yoga not only builds strength, flexibility, and balance, but also promotes relaxation, and many other healing benefits for the body and mind. A \$5 discount is available for Yoga Flow when combined with Gentle Stretch Yoga. Days: Tuesdays and Thursdays Time: 10:00 - 11:00 am Ages: 13+ years Fee: \$55 Member / \$65 Non-member / Monthly Level: All Instructor: Lynne Clem

#### GENTLE STRETCH YOGA [with a touch of yin]

#### P DROP IN 🕂

This gentle class, practiced to soothing music, combines poses, breathwork, and relaxation. You'll get an overall body stretch as you enjoy the healing benefits of yoga and end your day with a peaceful mind. Enjoy the addition of restorative yin poses with comfort-enhancing props, including bolsters, blocks, and blankets. A full hour of restorative yin poses is offered every fourth Wednesday. A \$5 discount is available for Yoga Flow when combined with Gentle Stretch Yoga. (Must purchase both classes at the same time to receive discount.)

#### Day: Wednesdays Time: 7:15 – 8:15 pm Ages: 13+ years Fee: \$30 Member / \$35 Non-member / Monthly Level: Gentle Instructor: Lynne Clem

#### YIN YOGA P DROP IN

This gentle, restorative yoga uses passive poses held for three to five minutes on mats. Comfort-enhancing props—bolsters, blocks, and blankets—aid deeper opening, flexibility (especially in the spine and hips), and joint and muscle rehabilitation. Yin promotes deep relaxation by encouraging physical and mental release, helping you become calmer, and less reactive to stress. It's the perfect complement to an active lifestyle, enhancing recovery and balance.

Day: Last Tuesday, Wednesday, or Thursday of each month Time: Varies Ages: 13+ years Fee: \$10 / Monthly Level: Gentle Instructor: Lynne Clem

#### FUNCTIONAL YOGA SCULPT

#### P DROP IN 🕂

Use it or lose it—it's true! Hatha yoga improves focus, concentration, and breathing. This 75-minute intermediate Hatha yoga class challenges and improves your strength, flexibility, and balance. The one-hour of Hatha yoga concludes with a wonderful 15-minute progressive guided muscle relaxation. Regular attendance will enhance your ability to perform activities of daily living, therefore improving your quality of life.

Days: Mondays and Wednesdays Time: 5:30 – 6:45 pm Ages: 13+ years Level: Intermediate Fee: \$55 Member / \$65 Non-member / Monthly





Day: Saturdays Time: 9:00 – 10:15 am Ages: 13+ years Level: Intermediate Fee: \$40 Member / \$45 Non-member / Monthly Instructor: Mary Cunningham BS, ACSM

## BARRE

#### **BARRE TONE WITH WENDY**

#### P DROP IN (+

Come and discover the strengthening and sculpting powers of Barre! Barre targets all major muscle groups with isometric strength training exercises combined with small range-of-motion movements. In addition to improving your balance, flexibility, and posture, Barre will help strengthen and tone your body, awakening muscles you didn't know you had!

Day: Wednesdays Time: 5:30 - 6:00 pm Ages: 13+ years Level: All Fee: \$28 Member / \$38 Non-member / Monthly Instructor: Wendy Dolan, AFAA, NASM, IBBFA Barre Certified, POUND



## CYCLING

#### CYCLELATES (CYCLING & PILATES)

#### P DROP IN

Are you trying to decide between strength or cardio? Well, here's the perfect blend: Cycling and Pilates. Flatten your abs and increase core strength, flexibility, and overall body tone with Pilates Level II strength exercises. Burn lots of calories, get lean, and build cardiovascular strength with indoor cycling. Accomplish it all in just one workout!

Day: Wednesdays Time: 6:15 – 7:15 pm



Level: Advanced Fee: \$35 Member / \$45 Non-member / Monthly Instructor: Wendy Dolan, AFAA, NASM, IBBFA Barre Certified, POUND

## SATURDAY MORNING CYCLING

Rise and shine with this high-energy, one-hour cycling workout to start your weekend! Cycling strengthens your heart, improves lung function, helps reduce visceral (midsection) fat, builds muscle strength and tone, and incinerates calories. Get in, get sweaty, and get on with your day!

Day: Saturdays Time: 8:00 – 9:00 am Ages: 16+ years Level: Advanced Fee: \$35 Member /

\$45 Non-member / Monthly Instructor: Wendy Dolan, AFAA, NASM, IBBFA Barre Certified, POUND

#### **JOINT CARE**

Learn how movement and nutrition help us care for the deepest tissues in our bodies. Join educator and licensed massage therapist Austin McCabe for lessons she has learned from the critical application of anatomy and physiology and from supporting people through recovery in her healing practice. Years spent as a public educator with a fire department afforded additional lessons on overall health and aging. Specific nutritional considerations add "from the inside out" support options that round out this series.

Date/Time: By appointment • Ages: All • Fee: Varies • Contact: Austin E. McCabe at Austin.etm@gmail.com

## **THERAPEUTIC & RELAXING MASSAGE**

Location: The REC of Grapevine Table Massage: Second Floor, Massage Room (most methods of payment are accepted) Contact: Elizabeth St. Marie at Estmarie3@gmail.com or Austin E. McCabe at Austin.etm@gmail.com

Chair Massage: \$2.00 per minute



Elizabeth St. Marie, LMT • 817.721.8691 60-minute session: \$125 90-minute session: \$185

Austin E. McCabe, LMT = 682.777.8181 60-minute session is \$120 90-minute session is \$150



Refer a friend and get 50 percent off your next session. Call, text, or email to schedule your appointment.



## **PILATES**

#### PILATES I TONE, STRENGTHEN & STRETCH

#### P DROP IN (+

Pilates I mat class is designed to help strengthen the body, increase overall muscle tone, flexibility, mobility, and balance, as well as improve your posture and coordination. Along with improving your overall fitness level, this class will leave you feeling refreshed without stress or strain on your joints. Day: Mondays Time: 5:30 – 6:00 pm Ages: 13+ years Level: All

Fee: \$27 Member / \$37 Non-member / Monthly Instructor: Wendy Dolan, AFAA, NASM, IBBFA Barre Certified, POUND

#### PILATES II TONE, STRENGTHEN & STRETCH

#### P DROP IN 🕂

Pilates II is designed to build a powerful core and deliver the strength, sculpting, and conditioning effects Pilates is known for. This class incorporates advanced Pilates exercises, as well as various equipment to help increase overall muscle tone and flexibility.

Day: Wednesdays Time: 6:15 – 6:45 pm Ages: 13+ years Level: Advanced Fee: \$27 Member / \$37 Non-member / Monthly Instructor: Wendy Dolan, AFAA, NASM, IBBFA Barre Certified, POUND

## PIZAZZ

## PIZAZZ MOVES PLUS POWER

Come join us for a highly motivating class set to the best of great music. Move at your own pace while still being challenged. We use weights, bands, balls, or just your own body. Instruction is provided as you increase your energy, strength, and balance. No class is ever the same. You'll feel safe, strong, and full of pizazz. We have fun and feel great!

Days: Tuesdays and Thursdays Time: 9:00 – 10:00 am Ages: All Level: All Fee: One class per week: \$20 Member / \$30 Non-member Two classes per week: \$40 Member / \$50 Non-member Instructor: Renee DiDonato Errett, AFAA, GEI, PFT NASM-FNS

#### PIZAZZ STRETCH AND MOBILITY

#### P DROP IN (+

Join us for this essential class set to calming music. You're encouraged to slowly move your body in various ways to increase flexibility and range of motion. We use bands, straps, balls, chairs, or just your own body. Instruction is given to ensure your comfort. You'll feel safe and full of pizazz. You will have fun!

Days: Tuesdays and Thursdays Time: 12:00 – 12:30 pm Ages: All Level: All Fee: One class per week: \$15 Member / \$20 Non-member Two classes per week: \$30 Member / \$40 Non-member Instructor: Renee DiDonato Errett, AFAA, GEI, PFT NASM-FNS

## ZUMBA

#### ZUMBA AND TONING WITH SAMANTHA P DROP IN (+)

Zumba is a fitness program inspired by various world rhythms and dance styles. Some music genres include salsa, cumbia, merengue, and more. Expect a full-body interval workout, alternating with isometric movements. This class combines cardio, toning, balance, coordination, and flexibility to boost energy, strength, memory, and mood.

Days/Times: Mondays and Wednesdays, 7:00 – 8:00 pm, and Saturdays, 10:30 – 11:30 am Ages: 16+ years Level: All Fee: \$35 Member / \$45 Non-member / Monthly Instructor: Samantha Olson



Scan the code with your tablet or phone for registration or visit GoGrapevine.com/Fitness.





## **WELLNESS**

#### **SOUND BATH**

Experience the calming benefits of a sound bath that balances your mind, body, and spirit. Relax as Jade Heart's quartz crystal singing bowls align with your body's energy centers. Participants lie comfortably, letting the sounds and vibrations quiet the mind and promote healing. Wear comfortable clothes, kick off your shoes, and simply receive the good vibes.

Days: Every second Sunday Time: 3:00 pm Ages: 16+ years Level: All Fee: \$25 Member / \$35 Non-member Per session Instructor: Bonnie Jones

## **OUTSIDE FITNESS GROUPS**

#### **CAMP GLADIATOR**

Camp Gladiator is an adult fitness camp that promises an intense, motivating, and challenging environment where men and women of all ages and fitness levels can push themselves. Participants may attend at any time for one low price. Details and enrollment can be found on the Camp Gladiator website.

Location: The REC Turf Field Days/Times: Monday – Friday, 5:00 – 6:00 am, and Saturday, 7:00 – 8:00 am Fee: \$29 – \$89 / Monthly Virtual options available Instructor: Varies Registration: CampGladiator.com

#### **FIT4MOM GRAPEVINE**

FIT4MOM provides fitness classes and support to moms in every stage of motherhood. Our fitness and wellness programs help make moms strong in mind, body, and spirit from pregnancy and beyond. Details and enrollment can be found on the FIT4MOM website.

RON GRIP

Location: The REC of Grapevine and Parr Park Day: Varies Time: Varies

Ages: 18+ years Level: All Fee: \$39 - \$59 / Monthly Instructor: Farrah Agado Register: Grapevine.FIT4MOM.com







Located in Exercise Studio A 512-293-4700 grapevinejazz@verizon.net

Are you ready for the ultimate confidence infusion? Channel your inner pop diva in the original dance party workout blending dance with Pilates, yoga, kickboxing and strength training in one 55-minute session.

Scan the QR code or go to jazzercise.com for our current schedule.

For current monthly pricing and membership information scan QR code



Drop in classes: \$20 (only available for purchase through Jazzercise.com or in class)

# JAZZERCISE.COM



# SPECIAL INTEREST



# **CULINARY CLASSES**

# PASTA & POUR: MASTERING LEVEL 4 WITH WINE PAIRINGS

Join us for a delightful evening of authentic Italian cooking! This hands-on pasta class teaches you to make pillowy, homemade gnocchi and golden, fluffy focaccia from scratch. Our expert Chef Kaylie McPherson will guide you through each step, sharing tips and tricks to perfect these classic dishes. As you cook, sip on fine wine that perfectly complements your creations. Whether you're a seasoned cook or a beginner, this fun and interactive class is the perfect way to enjoy delicious food, good company, and a glass of wine. Buon appetito!

Date: Thursday, June 12 Location: The Vine Arts and Event Center Time: 6:00 – 8:30 pm • Ages: 21 + years Fee: \$75 Instructor: Chef Kaylie McPherson

# **STEAM IN THE KITCHEN SCIENCE DAY**

Ignite curiosity with a hands-on day exploring the science of cooking. Participants will apply STEAM concepts through fun culinary challenges, designing and building their way through kitchen science activities. A \$15 supply fee is due at the start of class.

Date: Saturday, May 17 Location: The REC of Grapevine Time: 10:00 am - 12:00 pm • Ages: 7 - 14 years old Fee: \$15 Member / \$25 Non-member Instructor: Chefsville



# **BRIGHT DRIVER SAFETY: DEFENSIVE DRIVING**

Do you need to take care of a traffic ticket or get a discount on your auto insurance? Bright Driver Safety is a Texas Approved Defensive Driving Course that provides speedy delivery of your course completion.

### Dates:

rescheduled.

May 3	September 13
June 7	October 4
July 5	November 1
August 2	December 6

Time: 9:00 am – 3:00 pm • Location: The REC of Grapevine Ages: 16+ years • Fee: \$35 Member / \$45 Non-member Instructor: Johnnie Brinson

# TEXAS LICENSE TO CARRY (LTC) AND CONSTITUTIONAL CARRY

Learn laws regulating the use of force and deadly force, restrictions on carry, verbal skills, situational awareness, safe storage, and firearms safety. The classroom portion of this class ends at 2:00 pm and continues with a mandatory shooting proficiency at Texas Gun Experience. By law, instructors do not teach students to shoot as part of this class. However, private shooting lessons are available separately by appointment. Students must pass a 50-round shooting proficiency to earn this certification. Please get in touch with Mike Duff at Mike@Group6Training.com if you have any questions. Dates: May 10 and July 19 Time: 8:00 am - 2:00 pm Location: The REC of Grapevine Ages: 18+ years Fee: \$90 Member / \$100 Non-member An additional \$20 range fee will be paid to the Texas Gun Experience upon arrival. Instructor: Group 6 Training Note: Please bring hearing and eye protection, 50 rounds of ammunition, and a sack lunch. Guns are NOT allowed in the classroom. There is a four-person registration minimum required to hold this class. Classes that do not reach this minimum will be



# **BLENDED LEARNING ADULT AND PEDIATRIC CPR / FIRST AID / AED**

Experience the best of both worlds with our blended learning CPR/first aid course. This comprehensive program combines an awardwinning, engaging, and interactive online simulation for learning critical lifesaving skills with an in-person classroom session for certification. Gain the knowledge and techniques necessary to rescue victims experiencing cardiopulmonary distress. The course covers adult and pediatric CPR/first aid/ AED, as well as first aid for various conditions. Upon successful completion, you will receive a certification that remains valid for two years.

Scan the code with your tablet or phone for more information or visit GoGrapevine.com/ Register.



**Dates:** Saturdays, August 16 and September 20

Time: 10:00 am – 12:00 pm in-person Location: The REC of Grapevine Ages: 11+ years Fee: \$87 Member / \$97 Non-member Instructor: Grant Williams

# BLENDED LEARNING BABYSITTER TRAINING

In this leadership-focused course, you will learn vital babysitting skills, safety measures, and business aspects of babysitting. You will also learn about the ages, stages, and milestones of babysitting, from bottle feeding to bedtime. Our blended adult and pediatric CPR/first aid/AED course combines online simulation learning with in-person sessions for hands-on practice. There will be a 30-minute lunch break—please bring your own lunch, snack, and drink.



Dates: Saturdays, June 21 and July 19 Location: The REC of Grapevine Time: 9:00 am - 4:30 pm Ages: 11 - 15 years old Fee: \$95 Member / \$105 Non-member Instructor: Grant Williams

🥪 All Special Interest classes qualify for the HERO program. See page 37 for more information.

# THERAPEUTIC RECREATION PROGRAM



The Grapevine Parks and Recreation Therapeutic Recreation Program is designed to promote positive emotional, social, physical, and cognitive support for individuals with special needs. Our goal is to provide an enjoyable recreation and leisure experience. We will encourage participation, explore talents, experience new opportunities, and engage with peers in a fun and safe environment.

Participants in our Therapeutic Recreation Program will be introduced to a variety of classes and programs designed to support social and communication skills, vocational readiness, health and wellness, independent living and life skills. We are also excited to integrate field trips, volunteering, and community outings for additional learning opportunities.

SOCIAL SKILLS/ Communication development	HEALTH AND WELLNESS	INDEPENDENT LIVING AND LIFE SKILLS	VOCATIONAL READINESS
<ul> <li>Theatrical Skills</li> <li>Friday Outings</li> <li>Arts and Crafts</li> <li>Adaptive Dance</li> </ul>	<ul> <li>Recreational and Functional Fitness</li> <li>Adaptive Cooking Class</li> <li>Adaptive Self-Defense</li> </ul>	<ul><li>Social Skills</li><li>Money Sense</li></ul>	<ul> <li>Vocational Foundations: Job- focused work tasks</li> </ul>

# THERAPEUTIC REC CLASSES

# **ADAPTIVE WARRIOR TRAINING**

Through the Adaptive Warrior Training program, adults with special needs will be empowered to embrace their inner warrior and overcome challenges that will help them become more active and physically fit. The workouts will improve their coordination, balance, endurance, strength, flexibility, and mood. To cultivate strength, resilience, and confidence in every participant while enhancing their quality of life, the IGNITED team will motivate them to reach their full potential. Days: Mondays and Wednesdays Time: 2:30 - 3:30 pm Location: The REC of Grapevine Ages: 18+ years Fee: \$150 / Monthly Instructors: Abilities IGNITED Staff

# SPECIAL STRONG FUNCTIONAL FITNESS PROGRAM

This program has been developed for

adults with special needs. It focuses on functional training and movements that enhance the ability to conduct activities of daily living. Mats, bands, balls, cones, and steps are common elements in our program design. Balance, agility, coordination, proprioception, muscle endurance, posture, and neuro-fitness challenges are also part of the program. **Day:** Mondays and Saturdays **Time:** Mondays 6:30 – 7:30 pm /

Saturdays 10:00 – 11:00 am Location: The REC of Grapevine Ages: 18+ years

Fee: \$165 Resident / \$175 Non-resident / Monthly

Instructors: Special Strong Staff

# **ART HOUSE WATERCOLORS**

Experience the calming beauty of watercolor in our adaptive art class for adults with special needs. Explore techniques like blending, layering, and smooth brushwork in a nurturing, supportive atmosphere. This class is all about helping you express your unique vision and grow as an artist, while building confidence and a sense of accomplishment. Day: Thursdays Time: 1:00 – 2:00 pm Location: Arts and Crafts Classroom Ages: 18+ years Fee: \$100 Resident / \$110 Non-resident / Monthly Instructors: Studio Art House Staff

# **ART HOUSE CLAY SCULPTING**

Shape your creative ideas in our adaptive sculpture class for adults with special needs. Work with different materials to mold, carve, and create your own 3D art. Our inclusive, supportive space encourages hands-on learning, teamwork, and personal expression, helping you gain confidence as you bring your one-of-akind sculptures to life. Day: Thursdays Time: 2:00 - 3:00 pm Location: Arts and Crafts Classroom Ages: 18+ years Fee: \$120 Resident / \$130 Non-resident / Monthly Instructors: Studio Art House Staff



# **ART HOUSE ACRYLICS**

Let your creativity flow in our adaptive acrylic painting class. Designed for adults with special needs, this course invites you to explore bold colors, textures, and brush techniques in a relaxed, encouraging environment. Whether you're a beginner or experienced, this space supports your individual expression and celebrates your unique artistic journey. Day: Thursdays Time: 4:00 - 5:00 pm Location: Arts and Crafts Classroom Ages: 18+ years Fee: \$100 Resident / \$110 Non-resident / Monthly Instructors: Studio Art House Staff

# **ART HOUSE DRAWING**

Develop your artistic skills in our adaptive drawing class for adults with special needs. Learn the basics, like lines, shapes, and shading, in a friendly and welcoming environment. This course encourages you to observe carefully and express yourself freely, helping you build confidence and discover your own unique artistic voice alongside others in an inspiring, supportive community. **Day:** Thursdays **Time:** 3:00 – 4:00 pm **Location:** Arts and Crafts Classroom **Ages:** 18+ years **Fee:** \$100 Resident / \$110 Non-resident / Monthly

Instructors: Studio Art House Staff

# **ADAPTIVE FUSION DANCE**

Adaptive Fusion Dance involves including many different types of dance styles, techniques, and music. Adaptive Fusion Dance also welcomes inclusivity of all abilities, therefore promoting inclusion towards all dance arenas. Whether you're in a wheelchair/bed or if you're physically able but need more mental breaks, this class is adapted for you! Day: Tuesdays Time: 4:00 - 5:15 pm Location: Dance Room Ages: 18+ years Fee: \$65 Resident / \$75 Non-resident / Monthly Instructors: Jasmine's Beat

# **ENROLLMENT PROCESS**

The application process helps our team determine how to best serve participants and their families.

**Step 1:** Complete the enrollment form online at GoGrapevine.com/ AdaptiveRec.

**Step 2:** After you submit the enrollment form, please email the Therapeutic Recreation Supervisor to notify them that it is complete.

**Step 3:** A "Meet and Greet" interview and facility tour will be scheduled with the Therapeutic Recreation team.

For more information, please get in touch with Therapeutic Recreation Supervisor Matt Criner at 817.410.3077 or MCriner@ grapevinetexas.gov.

# **THERAPEUTIC REC SUMMER STRIDES 2025**

Join Club All-Access this summer as we explore and discover all that Dallas-Fort Worth has to offer. These weekly excursions will allow adults with special needs the opportunities to experience independence, improve their social skills, and build their self-esteem while engaging with their peers.

**Registration**: Early summer registration for Club All-Access participants and residents starts Tuesday, April 1, at 9:00 am. Enrollment for non-registered participants starts Thursday, April 8, at 9:00 am.

Days: Mondays, Wednesdays, and Fridays Location: Bessie Mitchell House, 411 Ball Street Time: 9:00 am - 2:00 pm Ages: 18+ years Fee: \$140 Resident /

\$160 Non-resident / Weekly\* \*Weekly fee covers all excursion entry fees. An additional fee for summer T-shirts and outings that include food and beverage purchases will be required. Excursions are subject to change.

**Note:** Details of weekly excursions will be available two weeks before the start date. Enrollment for weekly excursions must be paid seven days in advance to secure the participant's spot. Space is limited to 25 participants per week. A Therapeutic Recreation interview is required to register for Club All-Access Summer Excursions.

SUMMER SESSIONS			
Week 1 Monday June 9th - Friday June 13th			
Week 2	Monday June 16th - Friday June 20th		
Week 3	Monday July 7th - Friday July 11th		
Week 4	Monday July 14th - Friday July 18th		
Week 5	Monday July 28th - Friday Aug 1st		
Week 6	Monday Aug 4th - Friday Aug 8th		

Scan the code with your tablet or phone for more information or contact Matt Criner at MCriner@grapevinetexas.gov.



# SPECIALTY SUMMER CAMP DIRECTORY

# **THE REC CAMPS**

The HERO Program applies to all of our Summer, Excursion, and Specialty Camps. Registration is open for all camps.

# **THE REC SUMMER CAMP 2025**

Join us for The REC Summer Camp 2025! This all-day camp allows campers to participate in activities utilizing all the indoor and outdoor fun The REC of Grapevine has to offer, including the turf field, full-court gyms, the indoor aquatic center, and more. With themed weeks and field trips, your child is guaranteed to have plenty of fun at The REC Summer Camp! Location: The REC of Grapevine Time: 7:30 am – 5:30 pm Ages: 7 – 12 years old Fee: \$170 Member /

\$180 Non-member / Weekly

All REC Camps qualify for the HERO program. See page 37 for more information.

DATES				
Week 1	Tuesday, May 27 – Friday, May 30*			
Week 2	Monday, June 2 – Friday, June 6			
Week 3	Monday, June 9 – Friday, June 13			
Week 4	Monday, June 16 – Friday, June 20			
Week 5	Monday, June 23 – Friday, June 27			
Week 6	Monday, July 7 – Friday, July 11			
Week 7	Monday, July 14 –Friday, July 18			
Week 8	Monday, July 21 – Friday, July 25			
Week 9	Monday, July 28 – Friday, August 1			
Week 10	Monday, August 4 – Friday, August 8			

\*Four-day camp week due to Memorial Day

# **THE REC EXCURSION CAMP 2025**

Designed to showcase the various activities Grapevine has to offer, The REC Excursion Camp is perfect for older kids who love to try new things. The camp meets each day at different locations, such as Grapevine Lake for kayaking and Dove Waterpark for swimming. The City of Grapevine does not provide transportation. Staff will be on duty at each location. Week 1: Monday, June 9 - Friday, June 13 Week 2: Monday, July 14 - Friday, July 18 Week 3: Monday, July 28 - Friday, August 1 Location: Different locations as scheduled Time: Mornings - determined by location Ages: 9 - 13 years old

Fee: \$190 Member /

\$200 Non-member / Weekly

# **MONDAYS: CRUSH IT!**

Crush It! is DFW's first interactive indoor sports simulator. Campers play over 15 virtual sports and games while inside, enjoying the cold air-conditioning. They compete against the computer, a timer, or against friends in head-to-head, life-size games. Location: Crush It! Virtual Sports Lounge Time: 11:00 am - 1:00 pm

# **TUESDAYS**: LONESTAR ADVENTURE SPORTS

Campers go kayaking on a guided nature tour at Grapevine Lake, where they get to see animals that live around the lake. Later, they cool off by swimming in the lake. Location: Rockledge Park, Grapevine Lake Time: 9:30 am - 12:30 pm



# WEDNESDAYS: **ALTITUDE TRAMPOLINE PARK**

Campers will enjoy two hours of jump time, pizza, and a free T-shirt. They will also have full access to the entire park, including the main court, foam pit, stunt bag, and dodgeball courts!

Location: Altitude Trampoline Park, Grapevine Time: 11:00 am - 1:00 pm

# **THURSDAYS: MAIN EVENT**

Campers will enjoy two hours at the Main Event family entertainment center. Their time will be spent bowling, playing laser tag, enjoying the arcade, and having pizza for lunch!

Location: Main Event, Grapevine Time: 11:00 am - 1:15 pm

# FRIDAYS: DOVE WATERPARK

Dove Waterpark is the perfect place to hang out during summer break. From water slides to a diving board, and a lily pad crossing, campers will have a blast ending their week of excursions. Location: Dove Waterpark Time: 11:00 am - 2:00 pm

\*Excursion locations and times are subject to change. If changes occur, all participants will be notified.

# **LEARNING CAMPS**

# **FORENSIC SCIENCE: CASE OF THE MISSING MASCOT**

This fun, interactive, project-oriented camp engages participants in a truly fascinating area of science. Campersa.k.a. junior detectives-learn about investigative techniques using chemistry, math, biology, and physics. They collaboratively explore a crime scene throughout the week to solve a mystery. Dates: Monday, June 9 - Friday, June 13 Location: GCISD Facility Time: 9:00 am - 4:00 pm Ages: 8 - 14 years old Fee: \$405 Member / \$415 Non-member

# **LEARNING STEM** WITH HOT WHEELS™

Campers learn physics concepts such as push, pull, and force while playing with obstacle courses provided by this camp. By participating in STEM challenges with Hot Wheels™, children learn while having fun. Dates: Monday, June 9 - Friday, June 13

Monday, July 7 - Friday, July 11 Location: Vintage Hall

at the Vine Arts & Events Center Time: 11:30 am - 1:30 pm Ages: 4 - 8 years old Fee: \$88 Member / \$98 Non-member

# JUMPSTART AND KETCHUP READING

Help your little one brush up or catch up on their reading skills while school is out. This camp offers age-appropriate, fun-filled activities to develop confidence in reading. Dates: Monday, June 23 - Friday, June 27 Location: The Vine Arts and Events Center Time: 9:00 - 11:00 am Ages: 4 - 7 years old Fee: \$88 Member / \$98 Non-member

# **LEARNING STEM WITH PLAY-DOH™**

Campers use Play-Doh™ sets to explore concepts in science by creating volcanoes, animals, planets, and more! Participants strengthen their artistic skills, social development, and STEM comprehension.

Dates: Monday, June 23 - Friday, June 27 Location: The Vine Arts and Events Center Time: 11:30 am - 1:30 pm Ages: 4 - 6 years old Fee: \$88 Member / \$98 Non-member

# **TAKE FLIGHT!**

This camp takes participants on an adventure with drones and rockets. In the morning, the focus is building, coding, and flying drones. In the afternoon, campers switch to rockets and build, paint, and launch their crafts as they soar into the world of flight. Campers learn fundamental physics and a little flight history, and they have fun! **Dates:** Monday, June 30 – Thursday, July 3 **Location:** The Vine Arts and Events Center **Time:** 9:00 am – 4:00 pm **Ages:** 8 – 14 years old **Fee:** \$322 Member / \$332 Non-member

# **SURVIVAL TACTICS**

The four basic needs during survival situations are shelter, water, fire, and food. At this camp, children learn how to purify water, administer first aid, search for edible food, and more. Team survival games keep the training lighthearted and fun. **Dates:** Monday, July 7 – Friday, July 11 **Location:** Vintage Hall at the Vine Arts & Events Center

Time: 2:00 – 4:00 pm Ages: 7 – 12 years old Fee: \$88 Member / \$98 Non-member

# LOOK AT ME, I'M AN AUTHOR

This camp teaches your camper how to turn an imaginative idea into a story. Certified teachers help make writing fun and teach campers how to write different genres. **Dates:** Monday, July 14 – Friday, July 18 **Location:** GCISD Facility **Time:** 2:00 – 4:00 pm **Ages:** 7 – 12 years old **Fee:** \$88 Member / \$98 Non-member

# SUPERHEROES: CARTOONING AND WRITING

Learn to develop characters, storylines, and the basics of cartooning. By the end of the week, campers complete comic strips and short stories featuring their original characters.

Dates: Monday, July 14 – Friday, July 18 Location: GCISD Facility Time: 2:00 – 4:00 pm Ages: 8 – 12 years old Fee: \$88 Member / \$98 Non-member

# **MOVIE SCIENCE**

Campers peek behind the scenes and examine the science of making movies. Whether you're a budding Spielberg, a potential Newton, or both, this camp



# **FASHION CAMPS**

# FASHION DESIGNER: TALENTED EXPRESSIONS

Designs come to life with beautifully patterned papers, yards and yards of ribbons, colorful sequins, and plenty of other embellishments. Campers participate in engaging fashion activities while making new friends. **Dates:** Monday, July 7 – Friday, July 11 **Location:** The Vine Arts and Event Center

Time: 9:00 – 11:00 am Ages: 8 – 12 years old Fee: \$88 Member / \$98 Non-member

ignites creativity and curiosity in fun and engaging ways. Each day includes interactive learning, hands-on labs, and exploring the science behind each project. **Dates:** Monday, July 28 – Friday, August 1 **Location:** The Vine Arts and Events Center **Time:** 9:00 am – 4:00 pm **Ages:** 8 – 14 years old **Fee:** \$405 Member / \$415 Non-member

## SUMO BOTS

Get ready to build, program, and battle with LEGO<sup>™</sup> SUMO Bots! This exhilarating camp is perfect for young engineers and

# CAMP BARBIE™ LIFE PREPARATION

Campers use imaginative play with Barbie<sup>™</sup> dolls to learn how to perform daily activities. Your little one goes through the day with Barbies by dressing their dolls for the day's activities, practicing good manners, making new friends, cooking a healthy meal, and even doing homework. This camp is designed to develop children's self-esteem through fun. Dates: Monday, July 14 – Friday, July 18 Location: GCISD Facility Time: 11:30 am – 1:30 pm Ages: 4 – 8 years old Fee: \$88 Member / \$98 Non-member

LEGO<sup>™</sup> enthusiasts eager to dive into the world of robotics and competition. In this specialized camp, students will work in teams to design and build motorized battle robots that operate mechanical lifts, drills, ramps, and more. Through practice battles and time reconfiguring their robots, students will design robots capable of overcoming others. Dates: Monday, July 21 – Friday, July 25 Location: The Vine Arts and Events Center Time: 9:00 am – 4:00 pm Ages: 8 – 14 years old

Fee: \$405 Member / \$415 Non-member

# **ART CAMPS**

# **CIRCUS ARTS CAMP**

This camp introduces children to circus arts, performing arts, and visual arts in a safe and non-competitive environment. Your camper will have big fun learning performance skills including special hoops and loops, the art of magic, and balloon art. Any level of physical development and skill is welcome. **Dates:** Monday, July 14 – Friday, July 18 **Location:** GCISD Facility **Time:** 9:00 – 11:00 am **Ages:** 4 – 8 years old **Fee:** \$88 Member / \$98 Non-member

## **ART CAMP WITH REXANA**

Campers develop their artistic skills using pastels, watercolors, and acrylic paints by drawing and painting flowers, landscapes, and animals. Dates: Monday, June 9 – Friday, June 13 Monday, July 7 – Friday, July 11 Monday, July 14 – Friday, July 18

Location: The Vine Arts and Events Center Time: 10:00 am - 12:00 pm



Ages: 7 – 14 years old Fee: \$165 Member / \$175 Non-member

# **BUTTERFLY CRAFTS**

Do you like butterflies? Spend four days creating crafts all about butterflies! At the end of the class, students will have created their own butterfly crafts, seed bombs to grow butterfly-attracting flowers, and be prepared for the October butterfly migration! Students will make a butterfly mask, flower drinking straws, butterfly fan, and seed bombs. Additionally, each student will make their own butterfly habitat and butterfly feeder in preparation for the October butterfly migration.

Dates: Monday, July 21 – Thursday, July 24 Location: The REC of Grapevine Time: 10:00 am – 12:00 pm Ages: 6 – 12 years old Fees: \$140 Member / \$150 Non-member / \$35 Supply fee



# **DANCE CAMPS**

# TIPPY TOE TEDDY BEAR DANCE CAMP

Experience a Teddy Bear-themed week full of dance, arts and crafts, and a bit of tumbling, too! Students should wear leotards and tights and bring tap and ballet shoes in a bag. On the final day of camp, participants will receive a ballerina tutu and teddy bear to take home with them. Dates: Monday, June 9 – Friday, June 13 Location: The REC of Grapevine Time: 10:30 am – 12:00 pm Ages: 3 – 5 years old Fee: \$140 Member / \$150 Non-member / \$30 Supply fee

# 000H, LA, LA – Paris Dance Camp

Experience European culture through music, food, fashion, and historical landmarks. Your little dancer will learn two dance routines, arts and crafts, and other activities to enrich their dreams of travel. Students should wear leotards and tights, and bring their tap and ballet shoes to class in a bag.

**Dates:** Monday, June 9 – Friday, June 13 **Location:** The REC of Grapevine

Time: 12:30 - 2:00 pm

Ages: 6 - 12 years old

Fee: \$130 Member / \$140 Non-member / \$35 Supply fee

# BIBBITY-BOBBITY-BOO DANCE CLUB

Children will enjoy a Cinderella-themed week of learning two dance routines, arts and crafts, and games. Students should wear leotards and tights, and bring their tap and ballet shoes to class in a bag. Dates: Monday, July 14 – Friday, July 18 Location: The REC of Grapevine Time: 10:30 am – 12:00 pm Ages: 3 – 5 years old Fee: \$130 Member / \$140 Non-member / \$30 Supply fee

# **ROCK 'N' ROLL DANCE CAMP**

Dancers will groove to two routines set to Beatles songs and even play guitar while dancing! The week includes fun crafts and games. Students should wear leotards and tights, and bring tap and ballet shoes to class in a bag.

Dates: Monday, July 14 – Friday, July 18 Location: The REC of Grapevine Time: 12:30 – 2:00 pm Ages: 6 – 12 years old Fee: \$140 Member / \$150 Non-member / \$35 Supply fee

# **COOKING CAMPS**

# **COOKING BASICS CAMP**

Imagine your child exploring exciting new foods and ingredients! Introducing cooking at a young age offers lifelong benefits. In this class, campers will learn kitchen safety, healthy food choices, and menu planning. Each day, they'll come home with new skills, from cooking with vegetables to preparing meats and more. Join us as we spark a passion for cooking and healthy eating. This is just the beginning!

Dates: Monday, June 2 – Thursday, June 5 Location: The REC of Grapevine Time: 1:30 – 4:30 pm Ages: 7 – 14 years old Fee: \$170 Member / \$180 Non-member / \$35 Supply fee

**TEEN AND TWEEN COOKING CAMP** 

Ready to cook beyond the recipe? Some of the world's best foods—like dumplings come from kitchen experiments! In this hands-on class, kids will combine ingredients in new ways, adding creative twists to everyday dishes. Participants will explore their own ideas, reimagine classic recipes, and use innovation and imagination to create unique flavors and exciting new dishes.

Dates: Monday, July 14 - Thursday, July 17

Location: The REC of Grapevine Time: 1:30 – 4:30 pm Ages: 10 – 14 years old Fee: \$170 Member / \$180 Non-member / \$35 Supply fee

# **PARTY IN THE USA CAMP**

Join us in celebrating America's birthday! Get ready to don your patriotic hats, whip up some mouthwatering classic American dishes, and embark on an exciting cooking journey, featuring delightful recipes and nonstop fun.

Dates: Monday, June 30 – Thursday, July 3 Location: The REC of Grapevine Time: 1:30 – 4:30 pm Ages: 7 – 14 years old Fee: \$170 Member / \$180 Non-member /

\$35 Supply fee
DESSERT CAMP

Join us for a delightful journey into the world of sweet treats! Learn to make your favorite cakes, pies, tarts, cookies, ice creams, puddings, mousse, candies, and more. This fun-filled class is perfect for satisfying any sweet tooth. Cook, create, and enjoy every step of the way! **Dates:** Monday, July 7 – Thursday, July 10 **Location:** The REC of Grapevine **Time:** 1:30 – 4:30 pm **Ages:** 7 – 14 years old **Fee:** \$170 Member / \$180 Non-member / \$35 Supply fee

# **COOKING AROUND THE USA CAMP**

Join us for a culinary journey through a different state each day, making and sampling delicious signature dishes. Don't miss this flavorful adventure! America is loaded with great flavors and each dish tells a story. Every day, campers will explore diverse American cuisines, led by our skilled chefs. There will be handson cooking sessions and tastings for an unforgettable experience. Dates: Monday, July 21 – Thursday, July 24 Location: The REC of Grapevine Time: 1:30 – 4:30 pm Ages: 7 – 14 years old Fee: \$170 Member / \$180 Non-member /

\$35 Supply fee

# **COOKING ADVENTURES CAMP**

Are you excited about cooking? Join us to work with amazing ingredients and fun equipment as you whip up delicious meals! Campers will explore international cuisines, learn kitchen safety, dive into food history, and try new, mouthwatering dishes along the way. Dates: Monday, July 28 – Thursday, July 31 Location: The REC of Grapevine Time: 1:30 – 4:30 pm Ages: 7 – 14 years old Fee: \$170 Member / \$180 Non-member / \$35 Supply fee



# **YOUTH TECH CAMPS**

Youth Tech Inc. is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. *Every Youth Tech Camp will be held in the Computer Lab at The REC.* 

### **GRAPHIC DESIGN**

This session will cover key concepts in the world of graphic design and digital imaging. Campers will work with photos and learn how to manipulate images using award-winning image editing software to create the image they envision. If you're interested in design and want to unleash your creativity, this class is for you. **Dates:** Monday, June 16 – Thursday, June 19 **Time:** 9:00 am – 12:00 pm **Ages:** 9 – 17 years old **Fee:** \$160 Member / \$170 Non-member

# WEB AND APP DESIGN

This interactive class offers students hands-on instruction about the world of design and the development of websites and applications. Students will design their own website and app to share with friends and family. **Dates:** Monday, June 16 – Thursday, June 19 **Time:** 1:00 – 4:00 pm **Ages:** 9 – 17 years old **Fee:** \$160 Member / \$170 Non-member

# **iGAME CREATORS**

Want to create video games? This introductory course teaches younger students how to build simple games by combining game design and animation. Students will create interactive characters that move across the screen, ready to impress friends and family with fun, interactive games!

Dates: Monday, June 30 - Wednesday, July 2 Monday, July 14 - Thursday, July 17 Times: 1:00 - 4:00 pm (Week of June 30) / 9:30 am - 12:00 pm (Week of July 14) Ages: 6 - 10 years old Fee: \$135 Member / \$145 Non-member (Week of June 30)

\$140 Member / \$150 Non-member (Week of July 14)

# **GAMING AND CODING**

This course combines two unbelievable experiences for students—gaming and coding. Students spend the morning taking an interactive look at coding, and building virtual apps to share with friends. In the afternoon, students build simple video games blending the art of video game design and animation to create interactive characters that fly around the screen. Students are encouraged to bring a sack lunch. **Dates:** Monday, June 30 – Wednesday, July 2 **Time:** 9:00 am – 3:30 pm **Ages:** 6 – 12 years old **Fee:** \$270 Member / \$280 Non-member

# **CODING STUDIO**

This course offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs to share with friends and family. This course makes learning to code fun and explores problem solving and programming.

Dates: Monday, June 30 - Wednesday, July 2 Time: 9:00 am - 12:00 pm Ages: 6 - 12 years old Fee: \$135 Member / \$145 Non-member

# **ARCADE GAMES – eSPORTS**

This class focuses on online game development, placing students in the driver's seat of simple game creation. Students on this course will develop online games, including arcade-style, platform, and other interactive games, which they can publish and share online. Students will also use their games in an eSport setting and compete like real gamers. **Dates:** Monday, July 21 – Thursday, July 24 **Time:** 9:30 am – 12:00 pm **Ages:** 6 – 12 years old **Fee:** \$140 Member / \$150 Non-member

The following courses are for ages 10 - 17 years old.

CAMP	DESCRIPTION	DATES	TIME	FEE	
Video Game	This course offers a fun, interactive introduction to mobile video game design,	Monday, June 9 – Thursday, June 12	1:00 – 4:00 pm	\$170 Member /	
Design	where students learn the basics and create multiple interactive games.	Monday, July 7 – Thursday, July 10	9:00 am – 12:00 pm	\$180 Non-member	
ANIMATION	Students will explore animation and digital design, creating interactive animations to share with the world. Perfect for those who love engaging online animations!	Monday, June 9 - Thursday, June 12	9:00 am – 12:00 pm	\$165 Member / \$175 Non-member	
THE GAMING Academy	A full-day course for game enthusiasts, immersing students in 2D and 3D game design. This academy combines Video Game Design, and 3D Game Design. Students should bring a sack lunch.	n 2D and 3D game / combines Video Game e Design. Students 9:00		\$305 Member / \$315 Non-member	
3D GAME DESIGN	This interactive class lets students dive into 3D game design, creating and exploring immersive worlds. It's a great follow-up to Video Game Design.	Monday, July 7 – Thursday, July 10	1:00 – 4:00 pm	\$170 Member / \$180 Non-member	



# ROBLOX STUDIO – PROGRAMMING AND GAME DEVELOPMENT

Calling all ROBLOX users! Dive into ROBLOX Studio and create your own 3D world using physics, LUA programming, and creativity. This course introduces beginner physics, game development, and coding with LUA. Students will build and publish their game to share with friends and family! **Dates:** Monday, June 23 – Thursday, June 26

Monday, July 21 – Thursday, July 24

Times: 9:00 am – 12:00 pm (Week of June 23) 1:00 – 4:00 pm (Week of July 21) Ages: 9 – 15 years old Fee: \$170 Member / \$180 Non-member

**MOVIE MAKERS** 

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will film, direct, and edit their own digital video creations. Students enrolled in this course will amaze their peers with green screen and special effects work. **Dates:** Monday, June 23 – Thursday, June 26 **Time:** 1:00 – 4:00 pm

Ages: 9 – 15 years old Fee: \$160 Member / \$170 Non-member

# **ROBOTICS – BATTLE OF THE BOTS**

This course offers hands-on opportunities to build and program robots. Working in small teams, students will design robotics systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle bots competition at the end of the camp to prove their robot is the best. This class is perfect for students with big imaginations who like to build things. **Dates:** Monday, July 14 – Thursday, July 17

**Time:** 1:00 – 4:00 pm

Ages: 9 – 15 years old

Fee: \$160 Member / \$170 Non-member

# **OUTDOOR CAMPS**

# **OUTDOOR ADVENTURES**

Teens can experience the great outdoors this summer at Outdoor Adventures! Grab all the best Summer has to offer in just one week as you swim, float, paddle, and even take a high-speed tubing ride on Grapevine Lake. Test your speed, coordination, and stamina on the WhoaZone floating obstacle course. Land adventures include interactive activities like paintball, group games, hiking, and more! All equipment is provided.

### Dates:

Camp 1: Monday, June 16 – Friday, June 20 Camp 2: Monday, July 7 – Friday, July 11

Location: Meadowmere Park Time: 9:30 am - 12:30 pm Ages: 13 - 15 years old Fee: \$175

# KC&E KIDS Mountain Biking Camp

Experience the excitement of mountain biking at KC&E Kids Mountain Biking Camp! Designed for riders of all skill levels, our camps focus on building confidence, mastering essential biking skills, and fostering a love for the outdoors. Through engaging lessons, fun trail rides, and exciting challenges, campers will develop their abilities in a supportive and encouraging environment. Whether your child is a beginner or an experienced rider, this camp promises memorable adventures filled with fun, learning, and new friendships. Riders must bring their mountain bike and helmet.

### Dates:

Camp 1: Monday, June 2 – Wednesday, June 4 (with Thursday rain date on June 5)

Camp 2: Monday, June 16 – Wednesday, June 18 (with Thursday rain date on June 19)

Location: Horseshoe Trailhead at McPherson Slough Park Time: 9:00 am - 12:00 pm Ages: 7 - 13 years old Fee: \$345 Prerequisites: Riders must be able to ride

a two-wheeled bike.

Register: Shop.KCEAdventures.com/ products/MTB-Camp-Horseshoe-Trail

# **DFW SURF CAMP TUBULAR**

Designed for watersport beginners, our camp offers kids a fun way to build confidence on the water. Each day, campers try exciting activities like paddleboarding, kayaking, and boating, and they finish off with the ultimate water adventure—tubing! All equipment is provided.

### Dates:

Camp 1: Monday, July 14 – Thursday, July 17 Camp 2: Monday, July 28 – Thursday, July 31

Location: Meadowmere Park

Time: 9:00 am – 12:00 pm Ages: 6 – 13 years old Fee: \$350 Prerequisites: Participants must have basic swimming skills Register: DFWSurf.com/Camps

# **DFW SURF BEGINNER SURF CAMP**

Learn to surf at Grapevine Lake's most popular watersport camp! With 75 percent of the camp dedicated to wake-surfing the waves, campers will also enjoy exciting activities like tubing, paddleboarding, and a fun-filled treasure hunt. All equipment is provided.

### Dates:

Camp 1: Monday, May 26 – Thursday, May 29 Camp 2: Monday, June 9 – Thursday, June 12 Camp 3: Monday, June 23 – Thursday, June 26 Camp 4: Monday, July 7 - Thursday, July 10

Location: Meadowmere Park Time: 9:00 am – 12:30 pm Ages: 7 – 15 years old Fee: \$599 Prerequisites: Participants must have basic swimming skills Register: DFWSurf.com/Camps

# **DFW SURF CAMP SURF PRO**

Do you love to surf? Then Camp Surf Pro is for you! Our all-day wake-surf adventure camp includes an exciting day of surfing, with a special session featuring professional photography to capture the action. All equipment is provided. Dates: Monday, August 4 -Thursday, August 7 Location: Meadowmere Park Time: 9:00 am - 3:00 pm Ages: 7 - 15 years old Fee: \$899 Prerequisites: Participants must have prior wake surfing experience and basic swimming skills. Register: DFWSurf.com/Camps

# **LEGO<sup>™</sup> CAMPS**

In these camps, kids will use LEGO<sup>™</sup> sets not found in stores to increase their creativity while expanding their knowledge of STEM concepts in an exploratory and hands-on environment.

CAMP	DESCRIPTION	LOCATION	DATES	TIME	AGES	FEE
LEGO™ ROBOTICS: Smart Moves	This robotics camp offers hands- on experience as participants design, build, and program robots to navigate mazes and challenges.	The REC of Grapevine	Monday, June 2 – Friday, June 6	9:00 am – 4:00 pm	8 – 14 years old	\$405 Member / \$415 Non- member
LEGO™ FULL-DAY STEM CAMP	Join an all-day adventure of problem solving and developing real-life engineering skills.	Vintage Room at the Vine Arts & Events Center	Monday, June 16 – Friday, June 20	9:00 am – 4:00 pm	7 – 12 years old	\$210 Member / \$220 Non- member
LEGO™ LOGO	Participants will build robots, race cars, trucks, cranes, pulleys, and more in this exciting LEGO <sup>™</sup> week!	Vintage Room at the Vine Arts & Events Center	Monday, June 2 – Friday, June 6	9:00 – 11:00 am or 2:00 – 4:00 pm	8 – 12 years old	\$88 Member / \$98 Non- member
LEGO™ MANIA	Children will creatively build dinosaurs, rockets, castles, airplanes, forts, cars, and more!	The Vine	Monday, June 2 – Friday, June 6	11:30 am - 1:30 pm	4 – 7 years old	\$88 Member / \$98 Non- member
LLOU MANIA		GCISD Facility	Monday, July 7 – Friday, July 11			
LEGO™ Movie Making	Transform colorful bricks into epic, stop- motion adventures!	GCISD Facility	Monday, June 16 – Friday, June 20	9:00 am – 4:00 pm	8 – 14 years old	\$405 Member / \$415 Non- member
LEGO™ SCIENCE And technology Life skills	Participants use special LEGO™ kits to build anything from robots and race cars to pulleys and levers.	GCISD Facility	Monday, July 7 – Friday, July 11	9:00 – 11:00 am	8 – 12 years old	\$88 Member / \$98 Non- member
LEGO™ STEM Math and Science tech Camp	A two-hour adventure of problem solving and real-world engineering skills, perfect for LEGO <sup>™</sup> enthusiasts!	GCISD Facility	Monday, July 7 – Friday, July 11	2:00 – 4:00 pm	7 – 12 years old	\$88 Member / \$98 Non- member

# PERFORMING ARTS





NEWL CONTER PERFORMING ARTS CENTER @ The Wine

# Multi-class discounts are available.

All classes and performances take place inside

The Vine Arts & Events Center, 225 W. Worth St.

> Website: NewLookPerform.com

Instagram: @NewLookPerformingArts

> Facebook: @NewlookPAC

For pricing, details, and registration, scan the QR code or visit NewLookPerform.com



# AGES 3 – 5 MORNING SESSIONS Time: 9:30 am - 12:30 pm

# **BLUEY CAMP**

### June 9 - 13, July 14 - 18

Come play with Bluey and her family in this fun-filled camp! We'll bring Bluey's world to life through games, music, and creative activities, while you're making many new friends. Each session will offer a completely different adventure, so even if you've been before, you'll experience something new!

# **BROADWAY DISNEY**

### June 16 - 20, July 21 - 25

Get ready for a Broadway-style adventure in this magical Disney camp! Sing, dance, and act your way through classic Disney songs and characters, while learning the basics of musical theater. Perform scenes and numbers from your favorite Disney classics, building confidence on stage with an authentic musical theater experience. Each session offers unique Disney magic, making every experience fresh and exciting!

# **MOVES AND GROOVES**

June 23 – 27, July 28 – August 1 Dance, move, and groove to all your favorite songs! This camp is perfect for little movers who love to get their bodies moving, and explore rhythm and coordination through music. Each week, every session will be a new experience with different themes and songs!

# **MICKEY MOUSE CLUBHOUSE**

### July 7 - 11, August 4 - 8

Mickey and his friends are here for fun adventures! Join us as we sing, dance, and play with everyone's favorite Disney characters. Each session brings a unique mix of songs and activities, so no two weeks are the same!

# **IST GRADE – 6TH GRADE AFTERNOON SESSIONS** Time: 1:30 pm – 4:30 pm

# **TAYLOR SWIFT CAMP**

July 7 - 11

Sing and dance to your favorite Taylor Swift songs! In this camp, we'll dive into her hit albums, learn fun choreography, and perform to some of her most iconic tracks.

# **MOANA CAMP**

### July 14 - 18

Set sail with Moana on an adventure inspired by both Disney films! Sing along, move to the music, and explore themes of courage, friendship, and self-discovery.

# **POP STAR CAMP**

### July 21 - 25

Become the next big pop sensation! Whether you love Beyoncé, Olivia Rodrigo, Billie Eilish, Sabrina Carpenter, or a K-pop supergroup, you can choose your songs, learn routines, and perform a concert!

# **GEEK WEEK**

### July 28 - August 1

In this celebration of all things "geek," we'll dive into a different geeky topic each day. We'll explore Dungeons and Dragons, The Lord of the Rings/Hobbit, Star Wars, Pokémon, and the Steven Universe through activities, games, and creative challenges. Get ready for a fun-filled week of geeky excitement!

# HEROES AND VILLAINS CAMP August 4 - 8

Channel your inner superhero or villain! Marvel, DC, and comic book fans unite in this camp full of action-packed activities, where you can be your favorite hero or villain.



# 6TH GRADE – 12TH GRADE AFTERNOON SESSIONS

Time: 1:30 - 4:30 pm

# **TAYLOR SWIFT CAMP**

### June 9 - 13

Sing and dance to your favorite Taylor Swift songs! In this camp, we'll dive into her hit albums, learn fun choreography, and perform to some of her most iconic tracks.

## **MEAN GIRLS CAMP**

### June 16 - 20

Ready to make "FETCH" happen? This camp combines the Mean Girls movie and musical with fun activities, dance routines, and iconic moments from both.

# **POP STAR CAMP**

### June 23 - 27

Become the next big pop sensation! Whether you love Beyoncé, Olivia Rodrigo, Billie Eilish, Sabrina Carpenter, or a K-pop supergroup, you can choose your songs, learn routines, and perform a concert!

### **GEEK WEEK**

### July 28 - August 1

In this celebration of all things geek, we'll dive into a different geeky topic each day. We'll explore Dungeons and Dragons, The Lord of the Rings/Hobbit, Star Wars, Pokémon, and Steven Universe through activities, games, and creative challenges. Get ready for a fun-filled week of geeky excitement!

# **ALL-DAY CAMP SESSIONS** Time: 9:30 am - 4:30 pm

# **4 DAYS TO BROADWAY – FROZEN**

Grades 3 - 12 / June 30 - July 3 It's Christmas in July with our Frozen camp! Celebrate the magic of winter and sing your heart out with songs like "Let It Go" in this Broadway-style camp that brings the magic of the Disney film Frozen to life with a festive twist. The price of this class is adjusted because it is prorated to account for the July 4th holiday, during which no classes will be held.

# **5 DAYS TO BROADWAY -DESCENDANTS**

Grades 3 - 12 / July 28 - August 1 Join the kids of Disney villains in this Broadway-style camp! You'll perform songs from Descendants and be part of a fun show that brings these famous characters to life.

# **5 DAYS TO BROADWAY -**HADESTOWN

### Grades 6 - 12 / August 4 - 8

Step into the world of Hadestown with this immersive, all-day camp! Sing, dance, and act your way through the mythic journey of Orpheus and Eurydice, featuring songs from the hit Broadway show.



**PERFORMING ARTS** 

# PRODUCTION CAMPS Three-week, **ALL-DAY SESSIONS** Time: 9:30 am - 4:30 pm

## WILLY WONKA KIDS

Grades 1 - 6 / June 9 - 27 / Performances: June 27 - 29 Step into the magical world of Willy Wonka in this full-day, three-week camp! You'll rehearse and perform in a Willy Wonka Kids full production with four performances-complete with props, costumes, and tons of fun surprises.

## LEGALLY BLONDE JR.

Grades 6 - 12 / July 7 - 25 / Performances: July 25 - 27 Follow Elle Woods on her journey to Harvard in this three-week, full-day camp. You'll rehearse and perform in a Legally Blonde Jr. full production with four performances, filled with fun songs, dance numbers, and plenty of pink!

If you want to teach with Newlook Performing Arts, please send your resume and details of your previous teaching, acting, singing, or dancing experience to newlookperformingarts@gmail.com.

# FINE ARTS



# **DRAWING AND PASTELS**

Students will learn to draw from basic shapes, landscapes, perspectives, still life, and animals. Drawing will be finished in pencil or pastels. Please bring an 11x14 drawing tablet and No. 2 pencils. Pastels will be provided.

Day: Tuesdays in June and July Location: The REC of Grapevine Time: 4:30 – 5:45 pm Ages: 6 – 12 years old Fee: \$55 Member / \$65 Non-member / Monthly Instructor: Rexana Ostuni

# **ART CLASS**

The instructor teaches individually in different subjects and mediums, such as pastels, watercolors, acrylics, and oils. Students will learn how to mix colors, color theory, and techniques. Please bring canvas, paper or board, paint brushes (flat, small, and medium), and a table easel. **Day:** Tuesdays in June and July **Location:** The REC of Grapevine **Time:** 6:00 – 8:00 pm **Ages:** 10+ years **Fee:** \$60 Member / \$70 Non-member / Monthly **Instructor:** Rexana Ostuni

# BELLY DANCE PART I: FOUNDATIONS

This class is great for both novice and experienced dancers. You will learn American Tribal Belly Dance, which covers the fundamental movements, partner work, isolations, and strength and conditioning drills. This class builds a strong foundation and is instrumental in familiarizing students with the Tribal Evolution belly dance troupe's unique vocabulary. This is a low-impact class suitable for all body types and ages. **Day:** Wednesdays **Location:** The REC of Grapevine **Time:** 7:00 – 8:00 pm

Ages: 12+ years

Fee: \$28 Member /

\$38 Non-member / Monthly Instructor: Tiffany Skalberg

# BELLY DANCE PART II: COMPLEX COMBOS

This class covers more complex drills and combinations, building on what was learned in the Part I class. We add props such as a 25-yard skirt, a dance sword, zils, and a tambourine. This class has no breakdown of the Part I steps, so you must complete Part I before registering for Part II. Day: Wednesdays Location: The REC of Grapevine Time: 8:00 – 9:00 pm Ages: 12+ years Fee: \$28 Member / \$38 Non-member / Monthly Instructor: Tiffany Skalberg



# BELLY DANCE PART III: PERFORMANCE TROUPE

Now that you have perfected your technique in Parts I and II, you are ready to create a performance. This class will use your belly dance vocabulary and make it show-worthy. This includes musical interpretation, musician interaction, show layout, transitions, and staging. Day: Tuesdays Location: The REC of Grapevine Time: 7:00 – 9:00 pm Ages: 13+ years Fee: \$49 Member / \$59 Non-member / Monthly Instructor: Tiffany Skalberg

# **BELLY DANCE PART IV: PROS**

This professional-level belly dance class requires full knowledge and skill of the Tribal Evolution vocabulary learned in the Belly Dance Part I, II, and III classes. As part of your belly dance, you will be incorporating a belly dance sword, zils, a 25-yard skirt, a veil, a tambourine, and wearing full TE costuming. Instructor approval is required. Day: Tuesdays Location: The REC of Grapevine Time: 5:30 - 7:00 pm Ages: 18+ years Fee: \$28 Member / \$38 Non-member / Monthly Instructor: Tiffany Skalberg

# **BEGINNER ADULT TAP DANCE**

The Beginner Adult Tap Class is for those who have never tapped before, but have always wanted to learn, or those who wish to pick it back up. Tap shoes are required. The class will be fun and easygoing. A discount will be applied if you register for beginner and intermediate adult tap classes. Day: Mondays Location: The REC of Grapevine Time: 5:15 – 6:00 pm Ages: 16+ years Fee: \$25 Member / \$35 Non-member / Monthly Instructor: Taylor Fast

All Fine Arts classes qualify for the HERO program. See page 37 for more information.



# INTERMEDIATE ADULT TAP DANCE

The Intermediate Adult Tap Class is for anyone who has previously taken the beginner class and wants to move up to the next level. This class is also for anyone who has taken tap previously and feels they can bypass a basic beginner's class. A discount will be applied if you register for beginner and intermediate adult tap classes. **Day:** Mondays **Location:** The REC of Grapevine **Time:** 6:00 – 6:50 pm

Ages: 16+ years Fee: \$25 Member / \$35 Non-member / Monthly Instructor: Taylor Fast

# **BABIES AND TODDLERS**

Grownups bond with their babies in a musical setting designed to delight the child and awaken their curiosity. We enjoy bouncing songs, rocking songs, dances, finger play, body awareness games, and echoes. The most requested songs are Peek-a-Boo and other anticipation/ surprise songs!

# **PRESCHOOL JAM**

This class is designed to nurture independence. Kids' needs are met as they develop musically while learning in a holistic environment of connections. We enjoy lots of singing and patterns, chants and rhymes, listening challenges, movement games, and pretend play centered on themes of late spring and early summer nature. Parents stay the entire time, although some focused activities are designed to have the children participate independently of their parents. Required materials allow the learning and fun to continue at home!

# **SEASHORE SOUNDS**

Our songs, stories, and dances have a beach theme in honor of summer. Students who have completed Pre-K or Kindergarten can attend independently. Children will want to demonstrate their new skills for their families, including tapping rhythm patterns on percussion, singing tonal patterns, or creating ocean/island textures with special instruments. Let's share the wonders we discover on our seashore adventure!

# **INTRO TO PIANO KEYBOARD**

Approaching age seven, children's brains and hands are ready to play piano keys. We will use fine motor skills to produce loud/soft and long/short sounds on the keyboard. We will use larger muscle groups for expression in dances and games. Children will sing folk songs, identify tonal patterns, and play them on the piano. They are ready to learn musicstaff notation once they can play from hearing the tones and rhythms. Students who have completed MusikGarten's Music Makers 2 and this class will be best prepared for Keyboard 1 in the fall.

# **ADULT KEYBOARD**

Adult Piano fosters a love for making music with others. With individual electronic keyboards, you'll become more musical before you begin decoding notation. The group setting promotes social, intellectual, and creative growth while reducing stress through fun movement activities. Ideal for those new to piano, or returning after childhood lessons, this supportive group offers a relaxed environment. No prior experience needed. Materials include a book, notation game cards, and a listening CD with digital code.

# **MUSIKGARTEN**

MusikGarten<sup>®</sup> is once-a-week moving, singing, and exploring instruments—Montessori style. Our aural rhythm and tonal patterns lead to playing by ear first, then by reading notation. Children and grownups benefit from brain focus, body coordination, social interaction, wonder, and JOY. Required materials sold separately. Students must register first at www.MusicWithMsJoley.com. Once registration begins, Ms. Joley will contact participants about the specific date and time of class.

Dates: Summer Session: June 1 – July 12 (6 weeks) • Adult Keyboard Session: June 3 – July 22 (8 weeks) Location: Wellness B Music Studio • Ages: All • Instructor: Ms. Joley

CLASS	AGES	DAY	TIME	FEE	
Babies and Toddlers	0 – 3 years old	Wedneedeve	10:00 – 10:40 am	¢110	
Bables and Toddlers		Wednesdays	5:50 – 6:30 pm	\$119	
Duesehaal Jami Cummou Cassan		Thursdays or	5:50 – 6:30 pm	¢120	
Preschool Jam: Summer Season	3 – 4.5 years old	Saturdays	10:00 – 10:40 am	\$139	
	Children's Seashore Sounds 4.5 – 6.5 years old Thursdays or Saturdays	Thursdays or	4:50 – 5:50 pm	¢140	
Children's Seashore Sounds		10:40 – 11:40 am	\$149		
Intro to Diana Kaubaard		) Mada and a va	10:40 – 11:40 am	¢150	
Intro to Piano Keyboard	6.5 – 10 years old	Wednesdays	4:50 – 5:50 pm	\$159	
Adult Keyboard (8 weeks)	18+ years	Tuesdays	7:00 – 8:00 pm	\$259	

# **JO-ANN'S LITTLE DANCERS**

Students develop rhythm, poise, and coordination while learning the fundamentals of ballet and tap. Children will also develop rhythm and music appreciation skills. Please have dancers wear leotards and tights, and bring ballet shoes and tap shoes for class.

Days: Thursdays Session 1: June 5 - 26 Session 2: July 10 - July 31 Location: The REC of Grapevine Ages: 3 - 12 years old Fee: \$55 Member / \$65 Non-member / Monthly Instructor: Io-App Ingram

AGES	TIME
5 – 7 years old	4:30 – 5:10 pm
3 – 5 years old	5:15 – 5:55 pm
6 – 12 years old	6:00 – 6:40 pm

Instructor: Jo-Ann Ingram

**Cancellation Policy:** The following policy will apply when canceling sessions in this program:

- 100 percent refund until 14 days before the beginning of the activity
- 50 percent of credit until six days before the beginning of the activity
- 0 percent of credit until three days before the beginning of the activity





Learn American Clogging, a dance style that dates back to the Industrial Revolution of 18th-century England. We dance to many different styles of music, and it is a great exercise for the hearts and minds of all ages and families. You will learn the eight basic steps of clogging and how to build them into new steps.

Day: Mondays • Location: The REC of Grapevine • Ages: 7+ years Fee: \$25 Member / \$35 Non-member / Monthly Instructor: John Pryor

# WAHINE HULA

Most people know hula as the graceful dances at Hawaiian luaus. However, when taught responsibly and choreographed accurately, hula becomes a refined, performing art form that can be spiritually uplifting and physically satisfying. Desire, discipline, commitment, and respect are endemic to the performing arts. Add the native Hawaiian concepts of *aloha* and *'ohana*, and you have my hula class.

**Day:** Thursdays in May, June, and August • Location: The REC of Grapevine Time: 7:30 – 9:30 pm • Ages: 18+ years • Fee: \$15 Member / \$25 Non-member Instructor: Stephanie Mahelona



TIME	LEVEL
7:00 – 7:35 pm	Beginner
7:40 – 8:15 pm	Easy
8:20 – 8:55 pm	Intermediate
9:00 – 9:35 pm	Advanced

Scan the code with your tablet or phone for more information or visit GoGrapevine.com/Register.



# GRAPEVINE BASEBALL®SOFTBALL

# FALL GRAPEVINE YOUTH BASEBALL AND SOFTBALL (GBS) ♥

Grapevine Baseball & Softball (GBS) provides quality baseball and softball programs for the Grapevine community for boys and girls ages three to 18. Youth baseball and softball have been offered to residents of Grapevine and nearby cities for nearly 40 years.

### League Dates:

Saturday, September 6 – Thursday, October 30

Locations: Oak Grove Baseball Complex, Oak Grove Softball Complex, Bear Creek Park, and surrounding cities

Ages: 3 - 18 years old

Registration Dates: Sunday, June 1 – early August (as space allows)

Early Bird Registration: Sunday, June 1 – Monday, June 30 (Save \$10)

Additional Information: Visit

GoGrapevine.com/GBS or contact us at 817.410.3477.

# **TEBA BASEBALL**

Grapevine offers TEBA Baseball for 8U – 14U each season. The goal of Grapevine TEBA is to be a developmental program that provides an advanced opportunity beyond recreation baseball. Tryouts are held before each season for TEBA teams. For more information, visit GoGrapevine.com/GBS.

BASEBALL DIVISION	FEE
Blastball 4U	\$100
T-Ball 5 – 6U	\$135
Coach Pitch 7 – 8U	\$155
Mustang 9 – 10U	\$170
Bronco 11 – 12U	\$170
Pony 13 – 14U	\$170
TEBA Baseball	Varies

SOFTBALL DIVISION	FEE
Softball 6U	\$120
Softball 8U	\$135
Softball 10U	\$155
Softball 12U	\$155



Scan the code with your tablet or phone for registration or visit GoGrapevine.com/GBS.

# YOUTH Sports

# GRAPEVINE ATHLETICS STAFF

### **Blake Benavides**

Athletics Supervisor • 817.410.3460 • BBenavides@grapevinetexas.gov

### Luke Clutterbuck

Recreation Coordinator • 817.410.3477 • LClutterbuck@grapevinetexas.gov

> Register: GoGrapevine.com/Athletics

Weather Hotline: 817.410.3475 updated after 3:30 pm

# **REGISTRATION INFORMATION**

Schedules and Standings: GoGrapevine.com/Athletics Athletic Refunds: For inquiries or a refund request form, please call 817.410.3477.

Volunteer Youth Sports Coaches Needed: For more information, please call 817.410.3477. Background Checks: The City of Grapevine has a policy of conducting background checks on all volunteer sports coaches.

Venue Alert: The Parks and Recreation Department utilizes many facilities not owned and/or managed by the City of Grapevine for practices and games. In some cases, after schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last-minute cancellation or change, we will make every attempt to notify each team and reschedule your practice or game.

# YOUTH SPORTS Associations

# MUSTANG-PANTHER YOUTH FOOTBALL TACKLE & FLAG

The league is open to residents of Grapevine or Colleyville, or students who attend a school within the boundaries of the GCISD schools. **Tackle Season Dates:** September – November **Flag Season Dates:** April – May **Location:** GCISD Facilities **Ages:** Grades K – 6th **Registration:** MustangPantherSports.org

# **GAZELLES TRACK CLUB**

The Gazelles Track Club offers speed, endurance, and field event training for ages five to 18. Our coaches make running fun for young athletes while providing advanced training for middle and high school students. The Gazelles compete in TAAF, USATF, and AAU, offering opportunities for local and national meets. Whether your child is new to track or aims to excel, this program builds skills in a fun, competitive environment! Location: Heritage Middle School Track Ages: 5 – 18 years old Fee: \$199 Season Dates: Monday, May 12 – Sunday, July 27 Registration Dates: Wednesday, January 29 – Wednesday, June 11 Additional Information: Greg Scoggins, CoachSuperG@gmail.com

# **MUSTANG-PANTHER YOUTH LACROSSE**

Mustang-Panther Youth Lacrosse is a subsidiary of Grapevine Lacrosse Association and Mustang Panther Sports Association. It is dedicated to providing the sport of lacrosse for boys and girls ages five to 13 years old who live within the boundaries of Grapevine Colleyville Independent School District. Fall Season Dates: September – November Registration Dates: July – September Location: GCISD Facilities Ages: 5 – 13 years old Registration: MPLacrosse.org

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# **MUSTANG-PANTHER YOUTH WRESTLING**

Mustang-Panther Youth Wrestling is for kindergarten through sixthgrade students within Grapevine and Colleyville. Practice is on Tuesday and Thursday evenings from 6:00 – 7:15 pm. The focus will be on developing balance, agility, and quickness, while having fun! **Season Dates:** November 2025 – February 2026 **Location:** Grapevine High School Wrestling Room

Ages: Grades K - 6th

**Registration Dates:** Monday, July 28 – Monday, November 17 **Registration:** MustangPantherSports.org

# **THE REC SKILL SERIES**

# **BALLFX BASKETBALL SKILLS**

The REC of Grapevine partners with BallFX to bring you a class designed to develop speed, agility, and overall strength. The program focuses on the proper techniques to help injury prevention and to enhance the quality of training. The series will provide a positive environment to build self-confidence and create team bonds.

Day: Sundays • Ages: 6 – 16 years old Fee: \$100 Member / \$110 Non-member Instructor: BALLFX Coach Joyce Ekworomadu

DAY	LEVEL	TIME	AGES
Sundays	Beginner	2:00 – 3:00 pm	6 – 10 years old
Sundays	Intermediate / Advanced	3:00 – 4:00 pm	10 – 16 years old

YOUTH BASKETBALL CAMPS 👳

Hoop it up over the summer with Higher Goals youth basketball camps. The schedule includes daily detailed work in ball handling, shooting, rebounding, defense, and passing. Camp participants will learn the overall fundamentals of basketball during this high-energy camp.

Time: 9:00 am – 12:00 pm Ages: 7 – 14 years old Location: GCISD Gyms

DATES	CAMP FEE	DAY RATE
June 9 – June 13	\$175	\$40
July 7 – July 11	\$175	\$40
July 28 – August 1	\$175	\$40

# **GRAPEVINE-SOUTHLAKE SOCCER ASSOCIATION**

The Grapevine-Southlake Soccer Association (GSSA) is a nonprofit educational and service organization dedicated to the ongoing development of youth soccer players, coaches, referees, clubs, and leagues in an inclusive, safe, affordable, and fun environment. GSSA wants to encourage a life-long love of soccer by providing memorable, fun, fair, and educational opportunities to play the game in as many formats as possible.

Fall Season Dates: August - November

Fall Registration Dates: May – July

Locations: Meadowmere Soccer Complex, Oak Grove Soccer Complex, and Bob Jones Soccer Complexes

Youth Recreational Ages: 3 – 18 years old

Adult COED Ages: 18+ years Fee: Varies • Registration: GSSASoccer.org

# BALLFX VOLLEYBALL SKILLS

The REC of Grapevine partners with BallFX to offer a class designed to develop speed, agility, and overall strength. The program focuses on the proper techniques to help prevent injuries and create a positive environment for building selfconfidence in volleyball.

Day: Fridays • Ages: 6 – 16 years old Fee: \$100 Member / \$110 Non-member Instructor: BALLFX Coach Joyce Ekworomadu

DAY	LEVEL	TIME	AGES
Fridays	Beginner	5:00 – 5:45 pm	6 – 10 years old
Fridays	Intermediate / Advanced	5:45 – 6:45 pm	10 – 16 years old

# **BALLFX SKILLS – PRIVATE LESSONS**

The REC of Grapevine partners with BallFX to offer private basketball lessons tailored to each participant's needs. The instructor will cover form, technique, and the mental aspects of the game. Our coaches bring knowledge, passion, and experience to their training sessions.

Day: Tuesdays • Times: 5:00 pm, 6:00 pm, and 7:00 pm Ages: 6 – 16 years old • Fee: \$100 / Hour Instructor: BALLFX Coach Joyce Ekworomadu

# YOUTH Volleyball Camps 👳

The purpose of the summer camp is to instill proper technique and enhance the quality of training. The goal is to develop speed, agility, and overall strength to help prevent injuries.

Time: 1:00 - 3:00 pm • Ages: 7 - 14 years old Location: GCISD Facilities

DATES	CAMP FEE	DAY RATE
July 7 – July 11	\$125	\$30



# SOCCER SPARKS SKILLS

Soccer Sparks offers age-appropriate soccer classes for kids ages two to 12 in a low-pressure, high-skill learning environment. The Soccer Sparks approach utilizes fun and games so that children develop a passion for soccer without the stress of competitive play. Taught by USSF nationally certified coaches, Soccer Sparks' "all-ball" training techniques help kids meet their maximum potential while emphasizing fair play and enjoyment of the sport.

# **KICKIN' WITH THE PARENTS**

Parent and child soccer! By playing fun games, children improve their blossoming balance, coordination, and general motor skills. In addition to learning how to dribble and strike a soccer ball, children and parents can share those first, unforgettable, goalscoring adventures together.

Day: Mondays • Location: The REC of Grapevine Turf Field Ages: 2 – 3 years old • Fee: \$84 Member / \$94 Non-member

SESSION	DATES	TIME
I	June 2 –July 7	6:00 – 6:30 pm
II	July 21 – August 25	6:00 – 6:30 pm

# **DRIBBLE KICK PASS**

Dribble, kick, and pass! This session is designed to spark an early passion for the game in young players. The class will provide a positive environment to encourage greater retention of foundational soccer skills such as dribbling, passing, and shooting. Our curriculum also includes fun and energetic games that teach kids to be great team players.

**Day:** Mondays • **Location:** The REC of Grapevine Turf Field **Ages:** 4 – 5 years old • **Fee:** \$84 Member / \$94 Non-member

SESSION	DATES	TIME
I	June 2 – July 7	6:30 – 7:15 pm
II	July 21 – August 25	6:30 – 7:15 pm

# **YOUTH SPARKS**

Dazzle with your footwork! For players ages six to nine, this Soccer Sparks class utilizes the "all ball" approach to foster skills improvement and build player confidence. Players will learn to solidify skills such as dribbling, passing, trapping, receiving, juggling, and accurate shooting—all within a supportive team environment.

Day: Mondays • Location: The REC of Grapevine Turf Field Ages: 6 – 9 years old • Fee: \$84 Member / \$94 Non-member

SESSION	DATES	TIME
I	June 2 – July 7	7:15 – 8:00 pm
II	July 21 – August 25	7:15 – 8:00 pm

# **YOUTH SOCCER**

This class will introduce fundamental soccer techniques and intermediate skills such as dribbling, passing, and shooting. Based on the soccer game, the class will involve plenty of diverse movements, providing great physical exercise and development for the players.

Day: Mondays • Location: The REC of Grapevine Turf Field Ages: 10 – 12 years old • Fee: \$84 Member / \$94 Non-member

SESSION	DATES	TIME
I	June 2 – July 7	8:00 – 8:45 pm
II	July 21 – August 25	8:00 – 8:45 pm



# **ADULT SAND VOLLEYBALL LEAGUES**

Grapevine offers adult co-ed volleyball leagues on Wednesday and Thursday nights. The Wednesday night league is a "For Fun" league for teams looking to get out and have a good time while playing volleyball. The Thursday night league is a recreational league for teams with a higher skill set. Each league plays an eight-game season, with a playoff for the top four teams the week following the regular season if time allows.

DAY	DIVISION	EARLY BIRD FEE (SAVE \$25)	LEAGUE FEE
Wednesday	CO-ED For Fun	\$250 / team	\$275 / team
Thursday	CO-ED Recreational	\$250 / team	\$275 / team

## **SUMMER LEAGUE**

League Dates: Wednesday, June 18 – Thursday, August 21 Location: Oak Grove Sand Volleyball Courts Ages: 16+ years

**Registration Dates:** Monday, April 28 – Monday, June 2 **Early Bird Registration Dates:** Monday, April 28 –

Sunday, May 18 (SAVE \$25)

Registration: GoGrapevine.com/Athletics

# **FALL LEAGUE**

League Dates: Wednesday, September 10 – Thursday, November 13 Location: Oak Grove Beach Volleyball Courts Ages: 16+ years Registration Dates: Monday, July 28 – Monday, August 25 Early Bird Registration Dates: Monday, July 28 – Sunday, August 10 (SAVE \$25) Registration: GoGrapevine.com/Athletics

# **TEXAS AMATEUR ATHLETIC FEDERATION**

The Texas Amateur Athletic Federation (TAAF) is a state federation providing competition beyond the local level. Currently, over 150 cities combine to establish and maintain the highest level of amateur sports in the state of Texas to promote the development of physical education and encourage the standardization of rules in all amateur athletics, games, and competitions. The objectives of TAAF are both charitable and educational. For more information, visit TAAF.com.



Scan the code with your tablet or phone for registration or visit GoGrapevine.com/Athletics. Rainout Hotline: 817.410.3475 after 3:30 pm on weekdays. **Venue Alert:** The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases, after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last-minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

# ADULT SOFTBALL LEAGUES

Grapevine offers adult softball leagues Tuesday through Thursday nights. The Tuesday night league is a Church League, offering a more relaxed and community-focused atmosphere. Wednesday features two men's leagues: Men's E for those looking for a more recreational game, and Men's D for teams seeking a higher level of competition. Thursday is for co-ed teams, providing a fun and inclusive league for all skill levels. Each league plays an eight-game season, with playoffs for the top four teams the week following the regular season, if time allows.

DAY	DIVISION	EARLY BIRD Fee (Save \$25)	LEAGUE FEE
Tuesday	Men's Church	\$405 / team	\$430 / team
Wednesday	Men's D	\$405 / team	\$430 / team
weanesday	Men's E	\$405 / team	\$430 / team
Thursday	CO-ED For Fun	\$275 / team	\$300 / team

# SUMMER LEAGUE

League Dates: Tuesday, June 3 – Thursday, August 21 Location: Oak Grove Softball Complex Ages: 16+ years Registration Dates: Monday, April 21 – Monday, May 19 Registration: GoGrapevine.com/Athletics Early Bird Registration Dates: Monday, April 21 -

Sunday, May 4 (SAVE \$25)

## **FALL LEAGUE**

League Dates: Tuesday, September 9 – Thursday, November 13 Location: Oak Grove Softball Complex Ages: 16+ years Registration Dates: Monday, July 28 – Monday, August 25 Early Bird Registration Dates: Monday, July 28 – Sunday, August 10 (SAVE \$25) Registration: GoGrapevine.com/Athletics



Scan the code with your tablet or phone for registration or visit GoGrapevine.com/Athletics. Rainout Hotline: 817.410.3475 after 3:30 pm on weekdays.

# ADULT FLAG FOOTBALL LEAGUES

Grapevine offers adult flag football leagues on Tuesdays and Sundays. We offer an 8-on-8 recreational league and 8-on-8 competitive league on Sundays, and a 4-on-4 league on Tuesday nights. The 8-on-8 Recreation league is perfect for teams looking to enjoy the game, while the Competitive 8-on-8 league is designed for those seeking a higher level of competition. The 8-on-8 leagues will play an eight-game regular season. Our Tuesday 4-on-4 league offers a smaller, faster-paced game style with a 10-game regular season. Playoffs for the top four teams of each league will be the week following the regular season, if time allows.

# **FALL 8 ON 8 FLAG FOOTBALL LEAGUES**

DAY	DIVISION	EARLY BIRD FEE (SAVE \$25)	LEAGUE FEE
Sunday	8-on-8 Competitive	\$425 / team	\$450 / team
	8-on-8 Recreational	\$425 / team	\$450 / team

League Dates: Sunday, September 14 – Sunday, November 16 Location: GCISD Facilities

Ages: 16+ years

**Registration Dates:** Monday, July 28 – Monday, August 25 **Early Bird Registration Dates:** Monday, July 28 –

Sunday, August 10 (SAVE \$25)

Registration: GoGrapevine.com/Athletics

# FALL ADULT FLAG FOOTBALL: 4-ON-4 LEAGUE

DAY	DIVISION	EARLY BIRD FEE (Save \$25)	LEAGUE FEE
Tuesdays	4-on-4	\$335 / team	\$350 / team

 League Dates: Tuesday, November 4 – Wednesday, January 14, 2026
 Location: The REC of Grapevine Turf Field
 Ages: 16+ years
 Registration Dates: Monday, September 29 – Monday, October 27
 Early Bird Registration Dates: Monday, September 29 – Sunday, October 12 (SAVE \$15)

Registration: GoGrapevine.com/Athletics



# **ADULT KICKBALL LEAGUES**

Grapevine offers an adult co-ed kickball league on Monday nights. The season kicks off with an eight-game schedule, followed by playoffs for the top four teams the week after the regular season, if time permits. Grab your friends, family, and co-workers for a fun, competitive, and social experience!

DAY	DIVISION	EARLY BIRD FEE (Save \$25)	LEAGUE Fee
Monday	COED Recreational	\$275 / team	\$300 / team

# **SUMMER LEAGUE**

League Dates: Monday, June 2 - Monday, August 18 Location: Oak Grove Softball Complex • Ages: 16+ years Registration Dates: Monday, April 21 - Monday, May 19 Registration: GoGrapevine.com/Athletics Early Bird Registration Dates: Monday, April 21 -Sunday, May 4 (SAVE \$25)

# **FALL LEAGUE**

League Dates: Monday, September 8 – Monday, November 10 Location: Oak Grove Softball Complex • Ages: 16+ years Registration Dates: Monday, July 28 – Monday, August 25 Early Bird Registration Dates: Monday, July 28 –

Sunday, August 10 (SAVE \$25)

Registration: GoGrapevine.com/Athletics

# **PICKLEBALL**

Grapevine offers monthly outdoor pickleball classes for adults wanting to pick up a new sport or to improve their skills. Participants will need to bring their own pickleball paddle to class.

# **ADULT PICKLEBALL CLASSES**

Monthly Sessions: May, June, July, and August Location: Dove Park Pickleball Courts, 1509 Hood Ln. Registration: GoGrapevine.com/Pickleball

CLASS	DESCRIPTION	DAY	TIME	AGES	CLASS FEE
Adult Beginner	Designed to teach pickleball technique. Class will be divided by skill level.	Wednesdays	10:30 – 11:30 am	16+ years	\$96 / 4 weeks
Adult Beginner/ Advanced Beginner	Designed for advanced players wanting to improve their skills.	Wednesdays	6:00 – 7:00 pm	16+ years	\$96 / 4 weeks

# GRAPEVINE GOLF COURSE

# <u>Adult Golf:</u>

### Get Golf Ready - Level I:

Weekly beginner group instruction covering golf basics, history, rules, etiquette, and swing fundamentals.

# Get Golf Ready - Level 2:

Weekly intermediate group instruction focusing on putting, strategy, and short game techniques.

## Junior Golf (Ages 8 - 12):

**Grapevine GC Junior Academy:** Year-round program with weekday/weekend practices, range access, and discounts on green fees. For more information or to register, visit <u>GrapevineGC.com</u> or contact the Golf Shop at 817.410.3377





Grapevine offers monthly tennis classes for kids of all ages, adults, and women's groups. Participants must bring a racquet and an unopened can of balls to the first class. For more tennis information, contact Austin Wynne at 214.668.1619

# SUMMER TENNIS CAMPS

Tennis camps are offered weekly throughout the summer at Dove Park Tennis Courts. For more tennis information contact Austin Wynne at 214.668.1619. **Weekly Sessions:** Mondays – Thursdays

(Any rainouts will be made up on Fridays.) Location: Dove Park Tennis Courts, 1509 Hood Ln.

**Note:** Players must be picked up on time at the conclusion of camp each day. Late pickup fees will apply if your child is not picked up in a timely manner. Late pickup fees: \$15 for every 15 minutes late for pickup.

# **ALL SUMMER BUNDLE**

All Tournament Tough and TNT Select summer camp and class sessions can be bundled for price discounts. The summer bundle is an all-inclusive package where players can also attend the weekly evening classes. Ages: 10 – 18 years old Fee: \$650 Registration: GoGrapevine.com/Tennis

# ALL SUMMER TENNIS & SWIM CAMP BUNDLE

The tennis and swim camps can be bundled for price discounts for the whole summer. The summer camp bundle includes one and a half hours of tennis instruction, a half-hour lunch, and one hour at Dove Waterpark. Bring a sack lunch and swimsuit each day. Ages: 6 – 15 years old Fee: \$500 Registration: GoGrapevine.com/Tennis

Scan the code with your tablet or phone for more information or visit GoGrapevine.com/Tennis.





# SUMMER TENNIS AND PICKLEBALL CAMP DATES 🐳

WEEK	WEEK I	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	WEEK 9	WEEK 10
DATES	June	June	June	June	NO	July	July	July	July	August
	2 – 5	9 – 12	16 – 19	23 – 26	CAMP	7 – 10	14 – 17	21 – 24	28 – 31	4 - 7

CAMP	CAMP DESCRIPTION	DAYS	TIME	AGES	FEE
Pee Wee Tennis	Designed to create hand/eye coordination while learning basic techniques.	Monday – Thursday	10:00 – 10:25 am	4 – 6 years old	\$50
Junior Beginner Tennis	Designed to teach all basic strokes in a fun, easy- to-learn manner.	Monday – Thursday	10:30 am – 12:00 pm	6 – 15 years old	\$96
Junior Beginner Tennis & Swim	Includes one and a half hours tennis instruction, a half hour lunch and one hour at Dove Waterpark. Bring a sack lunch and swimsuit each day.	Monday – Thursday	10:30 am – 1:30 pm	6 – 15 years old	\$135
Junior Intermediate Tennis	Designed for students with prior instruction. Tech- nique and strategy will be stressed.	Monday – Thursday	10:30 am – 12:00 pm	6 – 15 years old	\$96
Junior Intermediate Tennis & Swim	Includes one and a half hours tennis instruction, a half hour lunch and one hour at Dove Waterpark. Bring a sack lunch and swimsuit each day.	Monday – Thursday	10:30 am – 1:30 pm	6 – 15 years old	\$135
Junior Beginner Pickleball	Designed to teach all basic strokes for Pickleball in a fun, easy-to-learn manner.	Monday – Thursday	11:00 am – 12:00 pm	6 – 15 years old	\$96
Junior Beginner Pickleball & Swim	Includes one hour of Pickleball instruction, a half hour lunch and one hour at Dove Waterpark. Bring a sack lunch and swimsuit each day.	Monday – Thursday	11:00 am – 1:30 pm	6 – 15 years old	\$135
TNT Select	Varsity level players / Qualified players.	Tuesday, Wednesday, and Thursday only	1:00 – 2:30 pm	8 – 18 years old	\$75



# JUNIOR TENNIS CLASSES 📎

Monthly Sessions: May, June, July, and August

Location: Dove Park Tennis Courts, 1509 Hood Lane • Registration: GoGrapevine.com/Tennis

CLASS NAME	CLASS DESCRIPTION	DAY	TIME	AGES	CLASS FEE
Pee Wee Tennis	Designed to create hand/eye coordination while learning basic techniques.	Saturdays	8:30 – 9:00 am	4 – 6 years old	\$50 / 4 weeks
	Designed for students interested	Wednesdays	5:30 – 7:00 pm		
Junior Beginner	in learning technique for each tennis stroke. Each class is divided by skill level.	Saturdays	9:00 - 10:30 am	6 – 15 years old	\$96 / 4 weeks
Junior Advanced Beginner	Designed for advanced beginner/ intermediate players wanting to improve their skills.	Saturdays	10:30 am – 12:00 pm	6 – 15 y ears old	\$96 / 4 weeks
Junior Advanced	For serious students with prior instruction. Strategy, technique and point situations will be stressed.	Thursdays	5:30 – 7:00 pm	6 – 15 years old	\$96 / 4 weeks
		Tuesdays		High	
Tournament Tough		Wednesdays	7:00 – 8:30 pm	School	\$96 /
	Designed for high school level players. Class emphasizes	Thursdays		(JV/ Varsity)	4 weeks
Tournament Tough Package	strategies used in tournament play at all levels.	ALL – Tuesdays, Wednesdays, Thursdays	7:00 – 8:30 pm	High School (JV/ Varsity)	\$190 / 4 weeks

# **ADULT TENNIS CLASSES**

Monthly Sessions: May, June, July, and August Location: Dove Park Tennis Courts, 1509 Hood Lane • Registration: GoGrapevine.com/Tennis

CLASS NAME	CLASS DESCRIPTION	DAY	TIME	AGES	CLASS FEE
Adult Beginner	Designed to teach tennis stroke technique. Class will be divided by skill level.	Wednesdays	7:00 – 8:30 pm	16+ years	\$96 / 4 weeks
Adult Advanced Beginner / Intermediate	Designed for advanced beginner / intermediate players wanting to improve their skills.	Thursdays	7:00 – 8:30 pm	16+ years	\$96 / 4 weeks
Women's Beginner / Advanced Beginner	Designed to teach tennis stroke technique and improve overall skills. Class will be divided by skill level.	Wednesdays	11:00 am – 12:30 pm	18+ years	\$96 / 4 weeks



May 17 & 18

6

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# September 11, 12, 13 & 14

For times and locations, visit GrapevineTexasUSA.com







# ACTIVE ADULTS 55 & BETTER

# TRANSPORTATION

The REC of Grapevine provides transportation for Grapevine residents 55 & Better to and from The REC of Grapevine, Monday through Friday. We also offer opportunities for grocery shopping and various other activities. Daily transportation reservations are required by 2:00 pm the preceding day.

# **SENIOR MOVERS**

This volunteer-based program assists with the routine medical and dental transportation needs of the local senior population. Riders must be pre-registered, provide 48 hours notice of need, and require very minimal assistance. Volunteers are needed for this vital service. For information, call 817.410.3465.

# **NETS**

The Northeast Transportation Service (NETS) is a door-to-door, demandresponsive, paratransit service operated by Catholic Charities. It is available to adults 65 years of age or older and people with disabilities. NETS may be used for medical appointments, socialization, employment, essential shopping, and education. Call NETS at 817.336.8714.

# **VOLUNTEER WITH ACTIVE ADULTS**

Many opportunities are available to teach classes, provide transportation to medical appointments, help with lunch service, lead activities, and much more. For more information on how you can volunteer, visit GoGrapevine.com/Volunteer.

# GRAPEVINE SENIOR CITIZENS Advisory Board

The Grapevine Senior Citizens Advisory Board (GSCAB) is appointed by the city council and meets every quarter to address senior issues in our community. This is an open meeting, so everyone is welcome to attend and share ideas. Changes or cancellations will be posted on GrapevineTexas.gov.

# **FIELD TRIPS**

Every month, seniors have opportunities to participate in various field trips around the Metroplex. They can explore museums, enjoy sightseeing, dine at restaurants, and engage in many other adventures in our community. A list of field trips available each month can be found in *The Grape Affair* newsletter or by visiting GoGrapevine.com/ActiveAdults.

# **NEWSLETTER: THE GRAPE AFFAIR**

Don't miss out! Sign up at GoGrapevine. com/GrapeAffair today to receive *The Grape Affair* newsletter via email.



# 55+ FINE ARTS

# BRIDGE

This friendly group invites everyone to join the fun. Brush up on your skills while learning bridge techniques and strategies. **Day:** Fridays **Location:** Active Adult Lounge **Time:** 12:30 – 3:00 pm **Fee:** Free Member / \$5 Non-member **Instructor:** Hanz Choury

# **CHORUS**

If you love to sing—whether you're on key or not—this group is for you! Learn new songs, make new friends, and engage in community outreach by performing programs off-site.

Day: Thursdays from August through December Location: Stage Classroom Time: 10:00 – 11:30 am Fee: Free

# **CRAFTY CARDS**

Create custom cards for your loved ones! Cards are provided for inspiration, or you may design your own. Each class includes instruction and materials for three to five themed cards so that you can unleash your inner Hallmark creativity. Monthly themes are listed online. Examples are on display at The REC of Grapevine Active Adults desk.

Day: Second Thursday of each month Location: The REC of Grapevine Time: 10:00 am - 12:00 pm Fee: \$5 Member / \$10 Non-member Instructor: Sue Garcia

# **EUCHRE**

Euchre is a trick-taking game with a trump that is played by four players in teams of two, with 24 cards, nine through Ace. Five cards were never so fun. New to the game? We'll teach you! Warning: This game can be addicting. **Day:** Wednesdays **Location:** Active Adult Lounge **Time:** 1:30 – 3:00 pm **Fee:** Free Member / \$5 Non-member **Instructor:** Patricia Roffe

# **JEWELRY MAKING**

Join a merry band of beaders making earrings, necklaces, bracelets, and more. Learn new techniques and explore a variety of methods and materials to create beautiful jewelry you'll be proud to wear and give as gifts. Beginners and those more experienced are welcome. **Day:** Thursdays Location: Arts & Crafts Classroom

Time: 10:00 – 11:45 am Fee: Free Member / \$5 Non-member Instructor: Jenny Kittrix

# **CLUB K&C**

Join our group of knitters and crocheters. All skill levels are welcome! Beginners can learn a new skill and intermediate/ advanced levels can share or add to their knowledge.

Day: Wednesdays Location: Arts & Crafts Classroom Time: 12:30 – 2:00 pm Fee: Free Member / \$5 Non-member Instructor: Marcia Zorn/Terry Porto

# LIFELONG LEARNERS

Join us for our adventures at the Grapevine Public Library. We'll meet for our journey at 10:00 am in the Active Adults Lounge at The REC, and then amble over as a group to explore beyond the books! Each group meeting will have different topics and activities. **Day:** First Friday of the month **Location:** Grapevine Public Library, 1201 Municipal Way **Time:** 10:00 am – 12:00 pm **Fee:** Free

# **MAH JONGG**

Mah Jongg, a game of skill and luck that originated in China many centuries ago, was brought to the West in the 1920s. In this group, you not only practice your Mah Jongg skills, but you also make friends! **Day:** Mondays

Location: Arts and Crafts Classroom Time: 12:30 – 4:00 pm Fee: Free Member / \$5 Non-member Instructor: Cynthia Klein

# **OIL PAINTING**

This class is designed for both novice and advanced artists. Students work on independent projects and receive guidance from a qualified teacher. Day: Tuesdays Location: Arts & Crafts Classroom Time: 10:00 – 11:40 am Fee: Free Member / \$5 Non-member Instructor: Jane Siebenthall

# **TEXAS HOLD 'EM**

Are you looking to play Texas Hold 'Em, or have you ever wanted to learn? Texas Hold 'Em is one of the most popular variants of the card game of poker. **Day:** Mondays **Location:** Arts and Crafts Classroom **Time:** 10:00 – 11:50 am **Fee:** Free Member / \$5 Non-member

# SAMBA

Samba is a card game that is an offshoot of canasta, similar to Hand and Foot. It is played with four to six players and uses eight decks of cards. Each player is part of a team. If you're interested in learning how to play, please join us. **Day:** Wednesdays **Location:** Stewart Hall B **Time:** 12:30 – 3:30 pm **Fee:** Free Member / \$5 Non-member **Instructor:** Cynthia Klein

# **VINE QUILTERS**

All levels are welcome to come and learn a variety of techniques in this casual class that's full of laughs and friendships! No need to bring supplies as most of what you need will be provided. **Day:** Wednesdays **Location:** Arts & Crafts Classroom **Time:** 10:00 – 11:40 am **Fee:** Free Member / \$5 Non-member **Instructor:** Susan White

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# **55+ EDUCATION**

# **COMPUTER CLASSES**

Take your pick from our classes, including those covering Windows 10 and 11 features, iPhones or Androids, Google, Excel, social media, and more. Classes are taught at different levels, from beginner to advanced. For updated information regarding class descriptions, schedules, and registration, visit GoGrapevine.com/ ActiveAdults or stop by the Active Adult front desk.

# **55+ SPECIAL INTEREST**

# ACORN WOODS PARK PICK-UP

Join our gang of do-gooders as we Keep Grapevine Beautiful at Acorn Woods Park! We pick up trash every second Saturday of each month. We provide basic plastic gloves, bags, and grabbers. However, you can bring your own gloves, and any buckets you may wish to use. You are welcome to bring friends and family to join our efforts to Keep Grapevine Beautiful! Day: Second Saturday of the month Location: Acorn Woods Park Time: Varies by season Fee: Free

# 55+ GROUP FITNESS CLASSES

# **BEGINNING LINE DANCING**

This class is the perfect place to start if you want to learn the dances at a slower pace. A great physical low-impact activity and you never need a partner! Learn basic line dancing steps while meeting new friends and relieving stress. **Day:** Fridays **Location:** Exercise Room A **Time:** 11:15 am – 12:00 pm **Fee:** \$5 Member / \$10 Non-member **Instructor:** Jill Polich

# **LINE DANCING**

You never need a partner for this great, physical, low-impact activity! Learn new line dancing steps while meeting new friends and having a great time relieving stress. **Day:** Fridays **Location:** Exercise Room A **Time:** 1:00 – 1:50 pm **Fee:** Free Member / \$5 Non-member **Instructor:** Jill Polich

# **LINE DANCING CLUB**

Learn more advanced line dancing steps while continuing to meet new friends and having a great time relieving stress. **Day:** Mondays **Location:** Dance Room **Time:** 1:00 – 1:50 pm **Fee:** \$20 Member / \$25 Non-member **Instructor:** Jill Polich

# **55 FIT**

Join our 55 Fit class, which includes a warm-up, cardio, strength training, and stretching. You will improve your endurance, coordination, balance, and flexibility. Please bring a water bottle to class.

**Day:** Mondays or Wednesdays **Location:** Exercise Room A

Time: 10:20 – 11:00 am or 1:00 – 1:40 pm Fee: One day per week: \$5 Member / \$10 Non-member

Two days per week: \$10 Member / \$20 Non-member

Instructor: Patrece Coblentz

# **55 FIT CIRCUITS**

The 55 Fit Circuit class is designed for individuals who can maintain steady movement for 30 minutes. It features six stations that offer a multifaceted challenge to your physical and mental abilities. From strength and flexibility to cardio, endurance, balance, coordination, and even brain training encompassing audio, visual, and motor processing speed, this class offers a holistic fitness experience. You'll find that time flies and wonder where the class went. Join us for an invigorating session! **Day:** Fridays

Location: Exercise Room A Time: 10:20 – 11:00 am Fee: \$5 Member / \$10 Non-member Instructor: Patrece Coblentz

### **BEYOND FIT**

This class is for the active adult who wants that extra push! The drive to go "beyond" 55 Fit is met with intensity and function. Challenge yourself to go farther, to work harder, and to keep moving! Go beyond where you feel the difference.

Day: Mondays or Wednesdays Location: Exercise Room A Time: 11:05 – 11:55 am Fee: \$28 Member / \$33 Non-member Instructor: Patrece Coblentz

Day: Mondays and Wednesdays Location: Exercise Room A Time: 11:05 – 11:55 am Fee: \$46 Member / \$51 Non-member Instructor: Patrece Coblentz

# NO-CONTACT KARATE FOR ACTIVE ADULTS

No-Contact Karate is a program adapted and designed specifically for active adults to improve balance, flexibility, coordination, muscle tone, strength, and cognitive health. Activities are adaptable for all physical abilities. Based on the Wado-Ryu style of Karate, they do not teach or promote fighting. Our focus is on the values of discipline, self-awareness, and control.

Days: Tuesdays and Thursdays Location: Dance Room Time: 9:00 – 10:30 am Fee: \$30 Member / \$35 Non-member Instructor: Bob Cooter





### **CHAIR EXERCISE**

Do you need a gentle place to start or continue working on rehab? Chair exercise is our recommended beginner's class focusing on proper forms and modifications, good posture, stability, and body awareness. Days: Wednesdays and Thursdays Location: Stewart Hall Time: 10:00 – 10:30 am Fee: Free Member / \$5 Non-member Instructor: Debbie Nicks

# TAP INTO FITNESS AND FUN

Learn the basic tap dance steps. Whether you have never tapped before or have some previous experience, this class is for you. Tap dancing is not only fun, but studies have also shown that the rhythmic aspects of tap dancing are good for the brain. What's more, it's a great way to improve flexibility, stability, and hand-eye coordination. Tap shoes are required. **Day:** Tuesdays **Location:** Dance Room **Time:** 11:00 – 11:50 am **Fee:** \$20 Member / \$25 Non-member

Instructor: Patti Bertwell

# **SENIORS WITH PIZAZZ**

Join us for a highly motivating class set to the beat of great music. You are encouraged to move at your own pace, but you will still be challenged. We use weights, bands, balls, or just your own body. Much instruction is given as you increase your energy, strength, and balance. No class is ever the same. You will feel safe, strong, and full of pizazz! We have FUN and feel so GOOOOOD! **Days:** Tuesdays and Thursdays **Location:** Exercise Room A **Time:** 11:00 – 11:40 am **Fee:** One day per week:

\$10 Member / \$15 Non-member Two days per week:

\$20 Member / \$30 Non-member Instructor: Renee DiDonato Errett, AFAA, GEI, PFT NASM - FNS

# WATER AEROBICS

Build strength and improve flexibility with light resistance in the pool. This class features a variety of styles of water exercises, from beginner to advanced. Water aerobics is low-impact and a great way to start your day. The class takes place in the lap lanes with a water depth of four feet.

Days: Mondays – Thursdays Location: Aquatic Center Time: 8:00 – 8:50 am Fee: Free Member / \$5 Non-member Instructor: Off the Deep End Aquatics

# **YOGA LITE**

Yoga Lite incorporates standing and sitting poses to improve flexibility, range of motion, and balance. Relaxation techniques and focused breathing help to calm and cultivate inner joyfulness. This class will be offered both in-person and virtually. The recorded class will be emailed to registered participants. **Day:** Tuesdays **Location:** Exercise Room A **Time:** 1:00 – 2:00 pm **Fee:** Free Member / \$5 Non-member **Instructor:** Jennifer Olsen

Scan the code with your tablet or phone for more information or visit GoGrapevine.com/ ActiveAdults or call 817.410.3465.





# **HATHA YOGA**

We incorporate flexibility, range of motion, strength, balance postures, and relaxation techniques. Modifications and progressions are provided to customize your practice. Day: Thursdays Location: Exercise Room A Time: 1:00 – 1:50 pm Fee: \$10 Member / \$15 Non-member Instructor: Jennifer Olsen

## **BEGINNER TAI CHI**

No-impact exercise combines gentle, fluid movements, and thoughtful concentration to create the total mind, body, and spirit workout. Progressive classes begin every four months. **Day:** Wednesdays or Fridays **Location:** Dance Room **Time:** 11:00 am – 12:00 pm **Fee:** Free Member / \$5 Non-member **Instructor:** Lidia Covey

# **QIGONG FUSION**

This class will focus on gentle, flowing movements delivered in a format that combines Qigong, Tai Chi, and Yoga. These movements help increase energy and improve balance. There are no sets or forms to memorize. Each class varies its fusion of different postures combined in a flow style. We will learn key principles of alignment and structure, emphasizing mind-body connection and finding a flow state. This class is suitable for all levels, from beginner to advanced. Day: Mondays Location: Dance Room Time: 9:00 - 9:50 am Fee: Free Member / \$5 Non-member Instructor: Tony Flesch

# **SHIBASHI FOR VITALITY**

Master Jesse Tsao created this short form to develop the energy and strength of our inner organs. It is very effective in enhancing organ function, including the lungs, heart, stomach and spleen, liver and kidney, and large and small intestines. **Day**: Wednesdays **Location**: Dance Room **Time**: 9:00 – 9:50 am **Fee**: Free Member / \$5 Non-member **Instructor**: Elena Tsvetkova

# **SENIOR CYCLING**

If you're ready to get your heart pumping, try this invigorating cycling class designed for seniors. Vicki Tucker will lead you through a session that's sure to give you a great workout. **Day**: Tuesdays or Fridays **Location**: Exercise Room B **Time**: 10:30 – 11:00 am **Fee**: \$5 Member / \$10 Non-member **Instructor**: Vicki Tucker

# **ZUMBA GOLD**

This program is for anyone beginning or just getting back into a fitness lifestyle. This modified Zumba class recreates original moves at a lower intensity and introduces easy-to-follow Zumba choreography focusing on balance, range of motion, and coordination. Other benefits include cardiovascular and muscular conditioning, flexibility, and balance. Come ready to sweat, and leave feeling empowered and invigorated. Bring water and a sweat towel. Days: Mondays and Wednesdays Location: Exercise Room C Time: 10:00 - 10:55 am Fee: \$25 Member / \$30 Non-member Instructor: Samantha Olson

# **WEEKLY SCHEDULE**



# **BRAIN FIT**

Bring on your brain! Combining fitness, science, and fun, Brain Fit helps fire those motor neurons and creates ongoing neuroplasticity to keep your brain on the forward track. Classes work on language, gross and fine motor skills, auditory cues, and visual training to create an overall positive sense of brain health. If you want to do both Brain Fit and Balance Fit classes, the cost is \$46 Member / \$ 51 Non-member. Day: Tuesdays Location: Exercise Room C Time: 1:00 – 1:40 pm Fee: \$28 Member / \$33 Non-member Instructor: Patrece Coblentz

## **BALANCE FIT**

Let's explore what balance means to you, how to recover and maintain what you need, and to become more confident in your daily movements. Classes include step-by-step breakdowns of basic balance functions, and how to modify and challenge your personal best. If you want to do both Brain Fit and Balance Fit classes, the cost is \$46 Member / \$ 51 Non-member. Day: Tuesdays Location: Exercise Room C Time: 2:00 – 2:40 pm Fee: \$28 Member / \$33 Non-member Instructor: Patrece Coblentz





# MONDAY

8:00 am: Water Aerobics 8:00 am - 2:00 pm: Walking Track 8:00 am - 2:00 pm: Fitness Room 8:00 am - 2:00 pm: Aquatic Center 9:00 am: Qigong Fusion 9:30 am: Monday Morning Music 10:00 am: Texas Hold 'Em 10:00 am: Zumba Gold 10:20 am: 55 Fit 11:05 am: Beyond Fit 12:30 pm: Mah Jongg 1:00 pm: 55 Fit 1:00 pm: Line Dancing Club

# TUESDAY

8:00 am: Water Aerobics 8:00 am - 2:00 pm: Walking Track 8:00 am - 2:00 pm: Fitness Room 8:00 am - 2:00 pm: Aquatic Center 9:00 am: No-Contact Karate 10:00 am: Oil Painting 10:30 am: Senior Cycling 11:00 am: Tap into Fitness 11:00 am: Seniors with Pizazz 12:45 pm: Bingo 1:00 pm: Yoga Lite 1:00 pm: Brain Fit 2:00 pm: Balance Fit

# WEDNESDAY

8:00 am: Water Aerobics 8:00 am - 2:00 pm: Walking Track 8:00 am - 2:00 pm: Fitness Room 8:00 am - 2:00 pm: Aquatic Center 9:00 am: Shibashi for Vitality 10:00 am: Vine Quilters 10:00 am: Chair Exercise 10:00 am: Zumba Gold 10:20 am: 55 Fit 11:00 am: Beginner Tai Chi 11:05 am: Beyond Fit 12:30 pm: Club K&C 12:30 pm: Samba 1:00 pm: 55 Fit 1:30 pm: Euchre

# THURSDAY

8:00 am: Water Aerobics 8:00 am - 2:00 pm: Walking Track 8:00 am - 2:00 pm: Fitness Room 8:00 am - 2:00 pm: Aquatic Center 9:00 am: No-Contact Karate 10:00 am: Chair Exercise 10:00 am: Chorus 10:00 am: Jewelry Making 11:00 am: Seniors with Pizzaz 1:00 pm: Hatha Yoga

## **FRIDAY**

8:00 am - 2:00 pm: Walking Track 8:00 am - 2:00 pm: Fitness Room 8:00 am - 2:00 pm: Aquatic Center 10:20 am: 55 Fit Circuit 10:30 am: Senior Cycling 11:00 am: Beginner Tai Chi 11:15 am: Beginning Line Dancing 1:00 pm: Line Dancing 12:30 pm: Bridge

# MARTIAL ARTS

# TAE KWON DO • HAPKIDO • STICK FIGHTING DROPIN

Master Kim Davis, founder of Freedom Martial Arts Academy, has over 40 years of martial arts experience. She is the 7th Dan Taekwondo, 5th Dan Hapkido, and 3rd Degree Black Belt in Senkotiros Arnis. Tae Kwon Do, a Korean martial art, is for all ages and fun for the entire family. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical and mental well-being. In the Youth Tae Kwon Do class, you'll learn to apply skills in forms, sparring, and self-defense applications. Hapkido adds grappling and some weapons techniques to Tae Kwon Do skills. Senkotiros Arnis (stick fighting) is a Philippine art using five basic strikes combined with defense shielding and disarming skills. Students use sticks and dull-surfaced practice knives during training classes. Prior martial arts training is not required. Belt tests and equipment are available upon request from the instructor. *\*If enrolled in both Adult Tae Kwon Do and Stick Fighting, you will receive \$10 off. You must register for both classes at the same time to receive the discount.* 

CLASS	DAYS	TIME	AGES	FEE (MONTHLY)
Youth Tae Kwon Do	Mondays & Thursdays	7:00 – 8:00 pm	6 – 11 years old	\$50 Member / \$60 Non-member
Advanced/Adult Tae Kwon Do & Hapkido	Mondays & Thursdays	7:00 – 8:30 pm	12+ years	\$50 Member / \$60 Non-member
Stick Fighting*	Tuesdays	7:00 – 8:30 pm	12+ years	\$35 Member / \$45 Non-member

# LIL' LEGENDS PRE-K KARATE

These martial arts classes are designed for children ages three to six. The curriculum was designed by a black belt with a master's degree in occupational therapy for preschool-age children. Participants must test out of the first class in order to advance to intermediate and advanced classes, which focus on perfecting martial arts techniques.

Ages: 3 – 6 years old • Fee: \$55 Member / \$65 Non-member / Monthly • Instructor: Legends Martial Arts For more information: Grapevine.LegendsMartialArts.com • Note: \$5 discount for each additional family member. Uniforms are handled by the instructor. No uniform is needed for the first few weeks.

CLASS	DAY	TIME
Beginner Lil' Legends (White to Gold Belts)	Tuesdays	5:00 – 5:30 pm
Intermediate/Advanced Lil' Legends (Orange to Black Belts)	Tuesdays	5:45 - 6:15 pm

# **LEGENDS KARATE**

These martial arts classes are designed specifically for kids, teens, and adults. The curriculum was designed by 10th Degree Black Belt Grandmaster J. Pat Burleson and 7th Degree Black Belt Master Chance Burleson. The curriculum focuses on perfecting martial arts techniques along with discipline and control. For additional information, please visit Grapevine.LegendsMartialArts.com. **Fee:** \$55 Member / \$65 Non-member • **Instructor:** Legends Martial Arts • **Note:** There is a \$5 discount for each additional

family member. Uniforms are handled by the instructor. No uniform is needed for the first few weeks.

CLASS	DAY	TIME	AGES
Beginner (White to Orange Belts)	Tuesdays	5:00 – 5:55 pm	6 – 12 years old
Intermediate (Green to Brown Belts)	Tuesdays	6:00 – 6:55 pm	6 – 12 years old
Advanced (Red to Black Belts)	Tuesdays	7:00 – 7:55 pm	6 – 12 years old
Teens and Adults (All Belts)	Tuesdays	8:00 – 8:55 pm	13+ years

# **BRAZILIAN JIU-JITSU**

Join our exciting new Brazilian Jiu-Jitsu (BJJ) program at The REC of Grapevine! Instructed by a black belt with over 18 years of experience, including 12 years as a special education teacher, we provide professional, well-structured training for kids and adults. Nexus Jiu-Jitsu promotes physical activity, wellness, and a sense of community through martial arts. Experience the benefits of fitness, discipline, and camaraderie in a supportive environment. Be part of this valuable addition to our recreation center and embark on your martial arts journey today! • Fee: \$80 Member / \$90 Non-member / Monthly • Instructor: James Sherry (Nexus Jiu-Jitsu)

CLASS	DAYS	TIME	AGES
Youth Brazilian Jiu-Jitsu	Mondays & Wednesdays	5:30 – 6:15 pm	7 – 14 years
Adult Brazilian Jiu-Jitsu	Mondays & Wednesdays	6:30 – 7:30 pm	15+ years

# **LAKE-BASED RECREATION**



### **DFW SURF**

Since 2007, DFW SURF has been the premier destination for wake-surfing and stand-up paddleboarding

on Grapevine Lake. You'll find thrilling watersport adventures for all ages with classes, summer camps, tours, and year-round boating. There's something for everyone from paddleboarding and kayaking to SUP yoga, e-foiling, and wing foiling. Ready for unlimited fun? Join their exclusive Surf Club today! Location: Meadowmere Park

on Grapevine Lake Website: DFWSurf.com Phone Number: 972.427.4082



# RENTABLE RECREATION

Ready to unleash your inner adventurer? Rent a jet ski at Grapevine Lake with Rentable

Recreation! Conveniently situated at Meadowmere Park, they'll provide everything you need for an action-packed day on the water. Whether you're a beginner or a pro, they will teach you the essentials for a memorable ride. Book now and ride into adventure!

Location: Meadowmere Park

on Grapevine Lake Website: RentableRecreation.com Phone Number: 682.313.0342



# WHOAZONE

At WhoaZone Grapevine, enjoy a floating playground with slides, climbing towers, and balance challenges. Ideal

for birthday parties and group outings,

WhoaZone offers shaded seating and beachside fun for the whole family. Check out memberships for unlimited visits and take advantage of exclusive promos for locals!

Location: Meadowmere Park on Grapevine Lake Website: Whoa.Zone/Grapevine

Phone Number: 817.241.4883



# GET UP & GO KAYAKING

Looking for a oneof-a-kind adventure? The Grapevine Lake Clear Kayak Tour is your ticket

to unforgettable memories. Experience stunning sunsets and magical glow-inthe-dark guided tours, complete with LED-lit kayaks that illuminate the night and the waters below. This tour is perfect for nature lovers and adventure seekers alike!

Location: McPherson Slough on Grapevine Lake

Website: GetUpandGoKayaking.com/

locations/Grapevine

Phone Number: 941.270.3297



# LONESTAR ADVENTURE SPORTS

Love the water? Interested in kayaking or sailing? Join Lonestar

Adventure Sports on the water for a fun and memorable time through kayak rentals and guided sailing rides. **Location:** Rockledge Park

on Grapevine Lake

Website: LoneStarAdventureSports.com Phone Number: 214.724.8311

# OUTDOOR Programs



# American Hiking Society's NATIONAL TRAILS DAY®

Lace up your hiking boots, air up your bike tires, slip on your running shoes, grab your paddle, and hit the trail this National Trails Day! Celebrate National Trails Day—Saturday, June 7 —on one of the many trails in our city's trail systems.

For a complete list of our soft, hard surface, and paddle trails, see page 76 or visit Grapevine.com/Trails.



# GUIDED HIKING EXCURSIONS

Join us and explore the wooded sections and shoreline of the beautiful Grapevine Lake! This guided

hiking excursion is great for both beginners and avid hikers. The tour keeps a moderate and comfortable pace on one of our great natural dirt hiking trails.

Prefer to hike in a group? Fantastic! We recommend groups of five, and for parties exceeding 10, we offer group discounts. Hiking poles and binoculars are provided. **Day:** Saturdays (weather permitting) **Location:** Rockledge Park **Time:** 10:30 am – 12:30 pm **Fee:** \$25 **Register:** Call 214.724.8311 or visit LonestarAdventureSports.com



Scan the code with your tablet or phone for registration or visit GoGrapevine.com/ThingsToDoAtGrapevineLake.

# LAKE PARKS

For more information about Lake Parks, scan the QR code or visit GoGrapevine.com/GrapevineLake.



# MEADOWMERE PARK

3000 MEADOWMERE LANE

Meadowmere Park spans over 200 acres, offering a wide range of enjoyable recreational activities. You can rent kayaks and stand-up paddleboards, swim at the beach, explore state-ofthe-art play structures, and hike an expansive trail system. Meadowmere Park has picnic shelters with grills, a group pavilion, and ample open space in its day-use area. To reserve the group pavilion, please contact the park office.

Our primitive camping sites allow for two tents per site, up to ten campers, and are spaced apart for a remote camping experience. Reserve your campsite online at **GoGrapevine.com/MeadowmerePark.** 

Park Office & Group Pavilion Rentals: 817.410.3939 Day Use Entry Fee: \$10 per car\* Overnight Camping Fees: starting at \$38 per night \*Day Use Entry Fees may vary on holidays and when special events are scheduled.

# THE VINEYARDS CAMPGROUND AND CABINS ON GRAPEVINE LAKE 1501 NORTH DOOLEY STREET

The Vineyards Campground and Cabins, an award-winning destination on the shores of Grapevine Lake, offers something for everyone. Enjoy activities like hiking, fishing, kayaking, paddleboarding, swimming, and exclusive campground events, or simply relax and enjoy the stunning lakefront views and a sandy beach.

Choose from 99 full-hookup RV sites or seven climatecontrolled lakeside cabins, fully furnished with linens, a microwave, refrigerator, stove, Wi-Fi, and more. Cabins accommodate two to six people, perfect for families seeking both comfort and adventure. To reserve online, visit **VineyardsCampground.com** or call the park office at **817.329.8993** for the best available dates.

# **LAKE PARKS ANNUAL PASS**

Experience year-round fun at Grapevine Lake with a Lake Parks Annual Pass! Gain access to a full year of boat ramp launches and entry to any of Grapevine's fee-based parks and boat ramps. Get your Annual Pass today by visiting our Lake Parks, using our Lake Parks Pay Stations, or downloading the Flowbird Parking App.

# **ANNUAL PASS PURCHASE LOCATIONS:**

- Dove Loop Boat Ramp
- Katie's Woods Boat Ramp
- Farris Branch Boat Ramp
- McPherson Slough Boat Ramp
- Meadowmere Lane Boat Ramp
- Sand Bass Point Boat Ramp
- Lakeview Park
- Meadowmere Park

# **DAY USE - \$10**

- Your vehicle's license plate is valid at all boat ramps and paid day-use parks until the parks close.
- The ticket will be distributed. Please place the day-use ticket on your dashboard.
- Holiday rates of \$20 may apply.

# **ANNUAL PASS - \$40/\$100**

- · The cost is \$40 per vehicle for Grapevine residents, active and retired military, disabled, and seniors (62+ years). Residency or discount status will be verified.
- The cost is \$100 per vehicle for non-residents.

When making your purchase, register the license plate of your vehicle, NOT your trailer.

ENTERING

CITY OF GRAPEVINE

FEE AREA

Ord. 2003-13, SEC 16-57

Max Fine \$500.00

Need to update or check the status of your Lake Parks Annual Pass? Visit GoGrapevine.com/ LakeParksAnnualPass



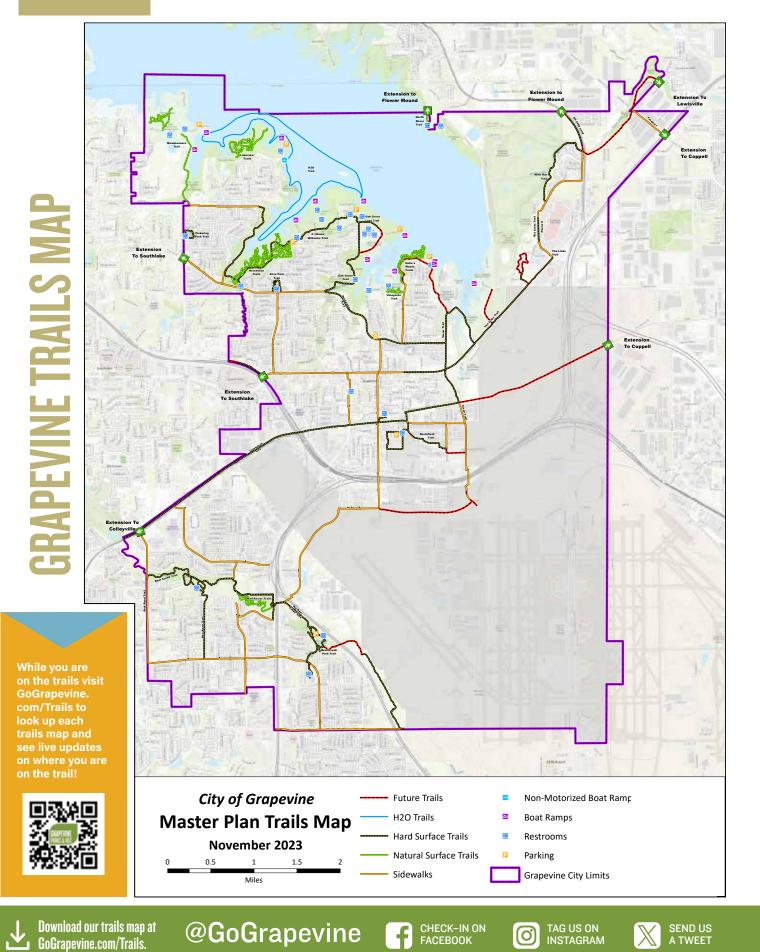


# **REGULATION SIGNS**

You may notice new regulation signs while visiting our lake parks and boat ramps. While these ordinances are not new, the updated signage serves as reminders to all our visitors of the city ordinances and rules. Some key ordinances include Designated Fee Areas, No Fishing Within 100 Feet of Boat Ramps, Deposit Waste in Receptacles, and No Glass Containers.

Be sure to check the signs for details. For a complete list of regulations, visit GoGrapevine.com/Parks-Recreation-Regulations. Thank you for doing your part to protect and respect our parks, ensuring a safe and enjoyable experience for everyone!

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# **GRAPEVINE LAKE PARKS AND BOAT RAMPS**



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# **GO REGISTER**

Registrations will be processed on a first-come, first-serve basis. No early registrations will be accepted unless previously stated.

# **ONLINE REGISTRATION**

Register online at **GoGrapevine.com**. Visa or MasterCard required for payment. Due to fee structure, some classes may not be available online. For online memberships, proof of residency must be verified in order to pick up your key fob. Due to fees not being discounted online, HERO recipients must come in person to register.

# WALK-IN REGISTRATION

Walk-in registrations can be processed any time at The REC of Grapevine during operating hours.

# CANCELLATIONS

All programs must have a minimum number of participants in order to be conducted. If a program does not meet this minimum by 48 hours prior to the program start date, the class may cancel/ combine or make any revisions necessary. A full refund will be processed. Please allow three weeks for a refund.

## REFUNDS

Your satisfaction is important to us! If you are not completely satisfied with your class, event, program, please notify us. The following are general guidelines for refunds:

1) A refund may be prorated dependent upon the date of the request. Refunds must be requested prior to the midpoint of that session.

2) All requests for refunds will be reviewed by staff.

3) A Cancellation form must be completed in person at the Rec of Grapevine or online through your Amilla account. Forms may be obtained at The REC of Grapevine front desk.



Scan the code with your tablet or phone for more information or visit GoGrapevine. com/Register. 4) Refunds can be refunded back to the credit card charged or applied to the household account for future use. If payment was made with a check or cash, a refund will be mailed to the household. No cash refunds.

# **PARTICIPANT NOTICE**

Participants must recognize that all classes/activities of a physical nature involve some risk, and by registering for a class/activity of this nature, there is an assumption of risk by the participant. The City of Grapevine Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff and instructors. Every effort is made to ensure the safety of the participants and to provide them with first-class leisure activities, facilities, and parks. In the event of a serious accident or illness, it is the policy of the City of Grapevine to:

1) Contact Grapevine Fire Department Emergency Services to perform first aid, and when necessary, recommend transportation to a hospital.

2) Reach the parent and/or legal guardian as soon as the situation allows.

# LAKE PARKS ANNUAL PASSES

Purchase your annual pass at all boat ramp pay stations, Lakeview Park, Meadowmere Park and the Flowbird app. The annual passes are good for a year from the date of purchase and provide holders use of all public boat ramps in Grapevine as well as access to all paid entry parks.



### TRAWICK PAVILION 2700 Darren Medlin Trail

WALL-FARRAR PARK 3300 William D. Tate Avenue

YORKSHIRE **MEADOWS PARK** 2700 Whitby Lane

# **BOAT RAMPS**

**DOVE LOOP RAMP** 3000 Dove Loop Road

**KATIE'S WOODS RAMP** 1899 Katie's Woods Loop

**KATIE'S WOODS RAMP** (HIGH WATER) 1899 Katie's Woods Loop

LAKEVIEW RAMP NORTH 3099 Island View Drive

**LAKEVIEW NON-MOTORIZED LAUNCH** 2150 Lakeview Dr

MCPHERSON SLOUGH RAMP 2500 Catfish Lane

**MEADOWMERE LANE** RAMP 3013 Meadowmere Lane

**MEADOWMERE PARK RAMP (LOW WATER)** 3000 Meadowmere Lane

SAND BASS POINT RAMP 399 Sand Bass Drive

FARRIS BRANCH RAMP 1999 Farris Branch Drive

2799 Darren Medlin Trail CLOSED

# CAMPGROUNDS

THE VINEYARDS **CAMPGROUND & CABINS** 1501 N. Dooley Street

**MEADOWMERE PARK** 3000 Meadowmere Lane

# PARKS AND FACILITY **ADDRESSES**

**9/11 PLAZA** 2 Texan Trail

**ACORN WOODS** 1000 Oak Grove Loop S.

**AUSTIN OAKS PARK** 526 Austin Creek Drive

**RANYAN PARK** 350 Banyan Drive

BARK PARK AT **BEAR CREEK PARK** 3230 South State Hwy. 360

**BEAR CREEK PARK** 3230 South State Hwy. 360

**BELLAIRE PARK** 1004 Pine Street

**BOTANICAL GARDENS AT HERITAGE PARK** 411 Ball Street

CANNON ELEMENTARY 1300 W. College

CASEY'S CLUBHOUSE 1509 Hood Lane

C.J. HUTCHINGS PARK 1201 Cable Creek Drive

CLUCK PARK 312 Central Drive

COMMUNITY OUTREACH 3010 Mustang Drive

CONVENTION CENTER AND LIBRARY 1201 Municipal Way

**CROSS TIMBERS** MIDDLE SCHOOL 2301 Pool Road

**DOVE WATERPARK** 1509 Hood Lane

**DOVE CROSSING PARK** 1701 Stoneway Drive

**DOVE ELEMENTARY** SCHOOL 1932 Dove Road

**FAITH CHRISTIAN** SCHOOL 730 E. Worth

**FAITH CHRISTIAN** SCHOOL PARK 501 Austin Street

**GLADE CROSSING PARK** 512 Westbury Drive

**GLADE LANDING PARK** 5201 Brettenmeadow Drive

**GRACE PARK** 610 Shady Brook Drive

**GRAPEVINE ELEMENTARY** SCHOOL 1801 Hall Johnson

HAZY MEADOWS PARK 4298 Hazy Meadows Drive

HERITAGE CENTER 701 S. Main Street

**HERITAGE ELEMENTARY** SCHOOL 4500 Heritage Road

**HERITAGE PARK** 200 Ball Street

**HIGHPOINT PARK** 4121 Freeport Parkway

HORSESHOE TRAILS PARK 2700 Dove Road

**JACKSON PAVILION** 3501 Pavilion Place

**JONES BRANCH PARK** 2801 Panhandle Drive

**KATIE'S WOODS** 1700 Katie's Woods Drive

**LAKE POINTE PARK** 1150 West Dove Loop Road

**LAKEVIEW PARK** 3850 Lakeview Drive

**LIBERTY PARK** 215 S. Main Street

**MEADOWMERE PARK** 3000 Meadowmere Lane

MEADOWMERE SOCCER 3099 Meadowmere Park

**MCPHERSON SLOUGH** 1400 Horseshoe Trail E.

**OAK GROVE BASEBALL** 2520 Oak Grove Loop South

**OAK GROVE SOCCER** 1299 Oak Grove Loop North

**OAK GROVE SOFTBALL** 2700 Dove Loop Road

OAK RIDGE PARK 2590 Juniper Lane

**PARKWOOD PARK** 1901 Wood Creek Drive

PARR PARK AND **SPRAYGROUND** 3010 Parr Lane

PECAN PARK 4200 Hallmont Drive

**PICKERING PARK** 1901 Kimball Road

PLEASANT GLADE POOL 1805 Hall-Johnson Road

**ROCKLEDGE PARK** 3600 Pilot Point

SAND BASS POINT 399 Sand Bass Drive

SETTLERS PARK 2235 Bass Pro Court

SHADOW GLEN PARK 1815 Altacrest Drive

**SILVERLAKE ELEMENTARY SCHOOL** 1301 N. Dooley

SUNSHINE HARBOR PARK 905 Easy Street

THE REC OF GRAPEVINE 1175 Municipal Way

**THE VINE ARTS & EVENTS CENTER** 225 West Worth Street

TIMBERLINE **ELEMENTARY SCHOOL** 3220 Timberline Road

**TOWN SQUARE** 325 S. Main Street

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**TRAWICK RAMP** 

Gel Ouldoors This Summer!

# Lake (Parks -

- KATIE'S WOODS PARK
- LAKEVIEW PARK
- McPHERSON SLOUGH PARK
- MEADOWMERE PARK
- OAK GROVE PARK
- ROCKLEDGE PARK

# Boal Ramps -

race

- DOVE LOOP BOAT RAMP
- FARRIS BRANCH BOAT RAMP

Hne

Lake

- KATIE'S WOODS BOAT RAMP
- LAKEVIEW BOAT RAMP
- McPHERSON SLOUGH BOAT RAMP
- MEADOWMERE LANE BOAT RAMP
- SAND BASS BOAT RAMP

For more information visit GoGrapevine.com/GrapevineLake