

STAFF SPOTLIGHT

"I have lived in Grapevine for 25 years. I retired from teaching 5 years ago where I taught Elementary Physical Education and coached swimming for 31 years in Mesquite and Hurst. I loved my job but as my daughters, Sydney and Addison, started middle school, we made a decision that becoming my family's "house manager" was more important. As the girls were ending high school and my services as a chauffeur were less needed, I began looking for something to fill my days. I found the perfect part-time job and started working at The REC of Grapevine eight months ago. I have been a member for many years and always admired what a great Active Adult Center we have and am now thrilled to be part of it. I look forward to work everyday with all the great supervisors, coworkers and Active Adults I have become friends with. In my off time, I walk on the many trails around the lake and enjoy eating and wine tasting on Main Street."

-Julie Wallace



UPCOMING FIELD TRIPS

Kimbell Art Museum

Located in the heart of Fort Worth, The Kimbell Art Museum is recognized as one of the world's finest art museums. You are invited to join us as we explore the exhibits and attractions. Afterward, there will be time for lunch where you can enjoy the buffet or restaurant located inside the museum.

Date: Thursday, July 22

Time: Bus leaves The REC of Grapevine at 9:45 am

Fee: Free

Weatherford Vintage Car Museum

Step back in time and see the vintage car collection of Tom Moncrief. Like fine art displayed in a museum, classic cars and trucks are lovingly showcased. Afterward, we will step next door and have lunch at Shep's Place.

Date: Thursday, August 19

Time: Bus leaves The REC of Grapevine at 10:00 am

Fee: Free

NEW! FINE ARTS CLASSES

NEW! Ceramics Class

This class is designed to guide you through creating ceramic pieces from start to finish; perfect for gifts and home décor. Note: 6 month commitment.

Day: Fridays

Time: 1:00 - 3:00 pm

Location: The REC of Grapevine, Arts & Crafts Room

Fee: \$20/month

NEW! Knitting & Crocheting Class

This class is for all skill levels! Beginners can learn a new skill and intermediate/advanced levels can share or add to their knowledge.

Day: Wednesdays

Time: 12:30 - 1:50 pm

Location: The REC of Grapevine, Stewart Hall B

Fee: \$5/month



JULY

SUN	MON	TUE	WED	THR	FRI	SAT
				1 Library Adventure Time	2	3
4	5 Lunch and Learn	6	7	8 Crafty Cards	9	10 Acorn Park
11	12 Computer Class Registration Opens	13 Go Go Girls Secret Garden & Antique Mall	14	15	16	17
18	19	20	21	22 Kimball Art Museum	23	24
25	26	27	28 Songs and Smiles	29 FOPS Texas Civil War Museum	30	31

AUGUST

SUN	MON	TUE	WED	THR	FRI	SAT
1	2 Lunch and Learn	3	4	5 Library Adventure Time	6	7
8	9	10	11	12 Crafty Cards	13	14 Acorn Park
15	16	17 Go Go Girls Museum of Illusions	18	19 Weatherford Vintage Car Museum	20	21
22	23	24	25	26 FOPS Texas Cowboy Hall of Fame	27	28
29	30	31				

GO GO GIRLS

Antique Mall and Garden Tea Room

Ladies, let's get back out there with a trip to the Montgomery Street Antique Mall. Inside is the Secret Garden Tea Room--a splendid respite from perambulating amongst the myriad of treasures!

Date: Tuesday, July 13

Time: Bus leaves The REC of Grapevine at 10:30 am

Fee: Free

Museum of Illusion

Do your eyes deceive you? At the Museum of Illusion Dallas they do! Join us for some mind-bending fun! Lunch follows at Ellen's (Southern comfort food eatery).

Date: Tuesday, August 17

Time: Bus leaves The REC of Grapevine at 9:30 am

Fee: \$20/person



Fraternal Order of Plaid Shirts (FOPS)

The Texas Civil War

Gentlemen! We are going on a trip to The Texas Civil War Museum, which collects and preserves artifacts relating to the history of the American Civil War. Lunch will follow at Ginger Brown's Old Tyme Restaurant & Bakery.

Date: Thursday, July 29

Time: Bus leaves The REC of Grapevine at 9:45 am

Fee: Free

Texas Cowboy Hall of Fame

Calling all Cowboys!!! Giddy up with us as we visit the Texas Cowboy Hall of Fame, home to exhibits dedicated to honor individuals who have shown excellence in competition, business, and support of rodeo lifestyle.

Date: Thursday, August 26

Time: Bus leaves The REC of Grapevine at 9:45 am

Fee: \$5/person

Acorn Park Adventures

Join our gang of do-gooders to Keep Grapevine Beautiful at Acorn Woods Park! We provide plastic gloves, bags, and trash pickers. Friends and family are welcome!

Dates/Times:

Saturday, July 10 from 8:30 - 10:30 am

Saturday, August 14 from 8:00 - 10:00 am

Location: Acorn Woods, 1000 Oak Grove Loop S.

EDUCATION

Lunch & Learn: With Amerilife

Free lunch will be provided as you enjoy a 30-minute informational presentation beginning at 12:00 pm on the following topics:

Long Term Care 101: Learn about the different options for Long Term Care and why it's an important part of your retirement planning.

Date: Monday, July 5

Life Insurance 101: Learn what you need to know about the different types of life insurance and how they work and benefit you and your family.

Date: Monday, August 2

Computer Classes

Computer Class registration will open on-line Monday, July 12. Visit GoGrapevine.com/ActiveAdults. You will also be able to view a list of class dates and times.

FINE ARTS

Library Adventure Time (LAT)

The Grapevine Library is a great resource for the community and they are offering fun activities for our Seniors!

Dates:

Thursday, July 1 from 10:00 am - 12:00 pm: Tech Time

Thursday, August 5 from 10:00 am - 12:00 pm: Movie

Fee: Free

Crafty Cards

Create custom cards for your loved ones! There will be already made cards to use as inspiration or you may design your own.

Dates: Thursday, July 8 & Thursday, August 12

Time: 10:00 am - 12:00 pm

Location: The REC of Grapevine, Classroom

Fee: \$5/person

WEEKLY SCHEDULE

(V) Virtual (L) Live

MONDAY

8 am: Water Aerobics
9:30 am: Music Jam
10:20 am: 55 Fit A (V/L)
11:05 am: 55 Fit B
1 pm: Mah Jongg

TUESDAY

8 am: Water Aerobics
9:45 am: Shopping
10 am: Oil Painting
10 am: Bridge
11 am: Srs with Pizazz \$
12:45 pm: Bingo
1 pm: Yoga Lite (V/L)

WEDNESDAY

8 am: Water Aerobics
9 am: (V) Coffee Chat
10 am: Chair Exercise
10 am: Quilting
10:20 am: 55 Fit A (V/L)
11:05 am: 55 Fit B
11 am: Beg. T'ai Chi
12:30 pm: Knit/Crochet

THURSDAY

8 am: Water Aerobics
10 am: Chair Exercise
10 am: Jewelry Making
11 am: Srs with Pizazz \$
11 am: Tap into Fitness \$
1 pm: Yoga Lite Adv (V/L) \$

FRIDAY

10:20 am: 55 Fit A (V/L)
11:05 am: 55 Fit B
11 am: Beg T'ai Chi
1 pm: Line Dancing
1 pm: NEW! Ceramics \$
1 pm: Bridge

Register for programs and events at

GoGrapevine.com/ActiveAdults or call 817.410.3465.



1175 Municipal Way
Grapevine Texas 76051

HELPFUL PHONE NUMBERS

2-1-1

First Call for Help, United Way
Information and Referral Line

817.336.8714

Northeast Transportation Service (NETS)

817.410.3468

Grapevine SeniorMovers

817.410.3465

Active Adults Desk at The REC of Grapevine

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LET'S TALK ABOUT TRAVEL

JOIN US ON JULY 21ST AT 10AM
THE REC OF GRAPEVINE IN STEWART HALL
1175 MUNICIPAL WAY | GRAPEVINE TX, 76051

For additional information contact
Stephen Chevier, Recreation Coordinator
817.410.3443 | schevier@grapevinetexas.gov



Sunny Portugal
03/16/2022



Imperial Cities with
Oberammergau Passion Play
06/19/2022



Western Canada's Rockies,
Lakes, and Wine Country
07/30/2022



Alaska Discovery Land
and Cruise
09/03/2022