














































































































































OUTDOOR WORKOUT SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:00 AM							Cycling
7:15 AM							
7:30 AM							
8:00 AM							
8:15 AM							Fit4Baby
8:30 AM			Yoga Flow		Yoga Flow		
9:15 AM							
9:30 AM							
10:00 AM							
10:15 AM							
10:30 AM							
5:00 PM							
5:15 PM							
5:30 PM							
6:00 PM							
6:15 PM							
6:30 PM							
7:00 PM							
7:15 PM							
7:30 PM					Body Burn Bootcamp		
8:00 PM		Body Burn Bootcamp					

The REC of Grapevine staff will be cleaning and sanitizing the area and equipment.

 The outdoor workout area is available for self-directed fitness when classes are not in progress.