



HIGHLIGHTS

- Rec Reopening Guidelines
- Virtual Class Schedule
- Word Search
- Jokes to hopefully make you smile

The Rec of Grapevine Reopening Guidelines

- The Active Adult area of The REC of Grapevine as well as Active Adult programming and activities are still currently suspended until further notice. (Virtual classes are taking place.)
- The Rec of Grapevine facility (pool and fitness area) is open with the following guidelines in place for the safety of our patrons and staff:
 - ⇒ Members are advised to wear their own gloves if they are using facility equipment.
 - ⇒ Masks are optional, however we encourage everyone to wear a face covering in case social distancing is difficult.
 - ⇒ Members are to maintain social distancing of at least 6 feet from others whenever possible.
 - ⇒ No outside equipment is allowed in the facility.
 - ⇒ Locker rooms and showers are closed off, but restrooms are open and accessible.
 - ⇒ The REC Aquatic Center is open.

**The REC of Grapevine
has resumed normal operating hours.**



For more information visit:

GoGrapevine.com/ActiveAdults or

call the Active Adult desk at

817.410.3465

Virtual Class Schedule

MONDAY

10:20 AM: 55 Fit

3:00 PM: Tea at Three!

TUESDAY

10:30 AM: Seniors with Pizazz

1:00 PM: Yoga Lite

WEDNESDAY

9:00 AM: Coffee Chat with Nadia

10:20 AM: 55 Fit

1:00 PM: Snack time with Stephen

THURSDAY

9:45 AM: Chair Exercise

10:30 AM:

- Brain Training with Patrece (June 4th & 18th)
- Crafts (June 11th & 25th)

1:00 PM: Yoga Lite

FRIDAY

10:20 AM: 55 Fit

1:00 PM: Virtual Bingo



Join us for our virtual classes via Zoom!
Visit [GoGrapevine.com/GoVirtual](https://Grapevine.com/GoVirtual)
to see weekly schedule and to join us live!

June Lunch Schedule

Mon	Tues	Wed	Thurs	Fri
1 Cracker Barrel Home-style Chicken	2 Chef Tyler's Apple Glazed Ham	3 Willhoite's	4 Deep Dish Pepperoni Pizza	5 Flips Burgers
8 Los Amigos Chicken Quesadilla	9 Asian Top Broccoli Beef	10 Chicken Tenders	11 Chef Tyler's Chicken Pasta	12 Weinberger's Reuben
15 Alonti Baked Chicken Meal	16 Chef Tyler's Lasagna	17 Taco Salad	18 Bartley's BBQ Chicken Sandwich	19 Cheeseburger Meal
22 Cracker Barrel Meatloaf	23 Chef Tyler's Spaghetti and Meatball	24 Grilled Chicken Sandwich	25 AJ's on Main Pork and BBQ Sandwich	26 Jason's Deli Chicken Salad Sandwich
29 Chick-fil-a Sandwich	30 Aloni Lasagna			

Visit [GoGrapevine.com/ActiveAdults](https://Grapevine.com/ActiveAdults) or call the Active Adults desk at 817.410.3465 to purchase lunch delivery.

Active Adults Word Search

Z	O	K	G	N	I	T	N	I	A	P	L	I	O	L	L	Z	D	W	I	C
Q	J	U	M	Y	G	N	I	T	L	I	U	Q	C	F	T	P	L	B	W	J
I	I	B	E	E	G	N	I	C	N	A	D	E	N	I	L	C	O	H	P	O
A	O	T	I	F	E	V	I	F	Y	T	F	I	F	W	H	D	Q	S	G	Z
K	P	D	F	A	U	S	C	G	L	S	L	C	G	A	E	R	R	Q	O	E
C	Q	W	I	J	E	E	E	Y	W	G	X	P	A	T	R	E	C	E	G	N
B	M	K	M	S	R	L	S	R	E	T	U	P	M	O	C	R	I	G	O	I
C	W	P	S	E	L	S	T	E	P	H	E	N	S	F	G	B	H	N	G	V
S	M	A	H	E	Z	H	F	D	I	G	A	L	O	H	P	O	C	M	I	E
K	L	T	H	S	E	F	R	Q	O	L	C	L	G	N	T	G	I	E	R	P
C	A	C	H	M	O	X	V	J	S	Y	T	A	N	H	O	H	A	T	L	A
B	I	U	H	C	Y	Z	A	E	B	O	I	H	I	X	S	R	T	L	S	R
M	G	I	Z	E	X	J	A	W	P	R	V	T	B	F	E	J	E	R	P	G
T	N	T	N	L	T	X	Y	E	I	P	E	R	S	G	H	M	V	M	N	A
K	W	F	O	R	N	O	R	L	Y	I	A	A	P	A	C	K	M	P	A	K
M	L	V	D	H	G	A	O	R	I	C	D	W	A	I	N	V	T	D	U	C
J	U	R	N	A	D	U	B	Y	H	M	U	E	Z	D	U	C	E	C	S	D
G	Z	T	A	X	F	G	P	O	X	I	L	T	E	A	L	C	A	Q	T	V
N	S	Z	R	L	A	O	I	Z	J	U	T	S	Y	N	X	R	R	M	F	W
H	A	U	B	U	I	R	L	H	V	Q	H	N	S	C	I	M	A	R	E	C
E	C	H	A	I	R	E	X	E	R	C	I	S	E	B	U	S	F	C	U	P

therec
activeadult
brandon
stephen
nadia
oilpainting
lunches
ceramics
bus
taichi
yoga
stewarthall
tea
jewelry

grapevine
patrece
michelle
cameron
fiftyfivefit
coffee
bingo
quilting
computers
LineDancing
gogogirls
choir
classes
chairexercise



the
GRAPE AFFAIR
newsletter

1175 Municipal Way
Grapevine Texas 76051

HELPFUL PHONE NUMBERS

2-1-1

First Call for Help, United Way
Information and Referral Line

817.336.8714

Northeast Transportation Service (NETS)

817.410.3468

Grapevine Senior *Movers*

817.410.3465

Active Adults Desk at The REC of Grapevine

Jokes to Make you Smile!!! (hopefully)

What do astronauts put on sandwiches?

- Launch-meat!

Why should you never tell a pig a secret?

- Because they will squeal!

What do you call a bear with no teeth?

- A gummy bear!

What did the left eye say to the right eye?

- Between us, something smells!

What did one plate say to the other plate?

- Dinner is on me!

Just for Fun

Visit museums around the world
from the comfort of your home!

Virtual Exhibit and Museum Tour Links:

- Guggenheim.org
- Artsandculture.google.com
- [Travelandleisure.com/
attractions/museums-galleries/
museums-with-virtual-tours](http://Travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours)