

To purchase meals, log onto GoGrapevine.com/ActiveAdults or call the desk at 817.410.3465.

July 2020

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Steak Fajitas	2 Chef Tyler Pasta Salad	3 Pepperoni Pizza
6 Asian Top Orange Chicken	7 Bartley's BBQ Chicken Sandwich	8 Chicken Express Tenders	9 Chicken Fajita Salad	10 Chef Tyler's Chicken Pasta
13 Sonic Cheeseburger Meal	14 Chef Tyler's Meatloaf	15 Taco Salad	16 Jason's Deli Smoked Turkey Wrap	17 Chick-Fil-A sandwich
20 Chef Tyler Spaghetti and Meatballs	21 Steak Salad	22 Chicken Wrap	23 Taco Plate with rice and beans	24 Weinberger's Reuben
27 Jason's Deli Chicken Salad Croissant	28 Chef Tyler's Lasagna	29 Bartley's BBQ Sandwich	30 Chicken Express Fried Fish	31 Cracker Barrel Meatloaf Meal

EVENTS

Virtual Classes/Programs

Weekly class schedule and zoom links at:

GoGrapevine.com/govirtual

The REC

The fitness area, pool, gyms and game room are open for members. Remember if you have an Active Adult Membership you can access the facility Mon-Fri from 8AM-11AM.