

FREE WORKOUT CLASS SCHEDULE

TUESDAY, SEPTEMBER 3 THROUGH FRIDAY, SEPTEMBER 6

TIME	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4:45 AM		CAMP GLADIATOR KAYLA / TURF FIELD		
5:30 AM	FUNCTIONAL FITNESS HANNA / FIT COURT	BOSS BABE FIT ALYSSA / FIT COURT	FUNCTIONAL FITNESS HANNA / FIT COURT	BOSS BABE FIT ALYSSA / FIT COURT
8:00 AM			CAMP GLADIATOR JANET / TURF FIELD	
8:30 AM	YOGA COMBO GENTLE/FLOW LYNNE / COURTYARD		YOGA COMBO GENTLE/FLOW LYNNE / COURTYARD	
9:00 AM	ZUMBA ANN / TURF FIELD		ZUMBA ANN / TURF FIELD	
9:30 AM		FAST FITNESS TRAINING DAVID / FIT COURT		FAST FITNESS TRAINING DAVID / FIT COURT
10:00 AM	BOOTCAMP JAMES / TURF FIELD		BOOTCAMP JAMES / TURF FIELD	
6:15 PM	CAMP GLADIATOR KAYLA / TURF FIELD			