

GO GRAPEVINE

MAGAZINE
SUMMER 2018

THE AMAZING RACE

Father Son Edition

REGISTER FOR OUR SUMMER CAMPS

Dove Creek Day Camp & The REC Summer Camps

GRAPEVINE
PARKS & REC

GoGrapevine.com

CONTACTS



OUR MISSION: To enhance the quality of life of the citizens of Grapevine, through the stewardship of our natural resources and the responsive provision of quality leisure opportunities.

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MEADOWMERE PARK

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ROCKLEDGE PARK

817.454.1058

GRAPEVINE CITY COUNCIL

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Darlene Freed, Mayor Pro Tem
Paul Slechta
Sharron Spencer
Mike Lease
Chris Coy
Duff O'Dell

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Teri Rhodes-Cantu, Housing Authority Liaison



DIRECTOR'S MESSAGE

KEVIN MITCHELL

Director, Grapevine Parks and Recreation
kmitchell@grapevinetexas.gov

Welcome to the Summer 2018 issue of our Go Grapevine Magazine! This summer in Grapevine will be nothing short of fun and exciting. Through the variety of camps, programs and events Grapevine Parks & Recreation has coming up, we hope every person in your family stays involved and active in something they love throughout the summer. One of our main goals is to be able to listen & serve the community all while making Grapevine a happy place to live and play. We strive to create new and fresh opportunities that allow everyone to become involved in something that interests them.

In that effort, we are in the process of approving our 2018 Open Space Master Plan, which is essentially a roadmap for increased park amenities, programming, and park expansion for our department to follow well into the future. We collected citizen feedback through our online survey and focus group meetings, all of which provided us a lot useful information. We read every single response and we appreciate your feedback. Goals have been established for 2018 with your wishes taken into serious consideration. Big picture projects that are in the works are Rockledge Park, Bear Creek Dog Park, Meadowmere Park and Oak Grove Softball renovations, to name a few. Thank you being a part of our 2018 Open Space Master Plan development, you can find the plan online at GoGrapevine.com/About.

Speaking of giving thanks, we took time in February and held a Volunteer Appreciate Brunch that recognized our volunteers for all of the hard work and dedication they give us throughout the year. We appreciate the 66,514 hours that our 7,417 volunteers donated to our community in 2017. Your work does not go unnoticed. For volunteer opportunities, visit GoGrapevine.com/Volunteer.

We are always working on ways to improve our facilities for our patrons and we are thrilled that so many of you are happy with the new REC staircase and the ease it provides. As a public art addition, we've added the beautiful light sculpture, the City of Stars at the second entrance of The REC, which is stunning to see at night. To improve facility amenities, we've added a new sauna at The REC that you should check out. It's a great way to relax your body, post workout and detox your system. To expand on fitness programming, stay tuned for new classes and workout events to take place at our new Fitness Court located on The REC's outdoor field.

On the forefront, this summer we are launching a new lake-based summer camp called Dove Creek Day Camp. This is a week-long day camp that gets kids outdoors, teaches them wilderness skills, involves them in watersports and gives the kids an experience similar to the overnight day camps without the hassle or anxiety. Speaking of summer, if your weekends aren't filled with trips with the family, then mark your calendars for our Amazing Race: Father Son Edition or kick back with us at our parks and watch one of our Fourth Friday Films.

Have a safe & happy summer.

Keep up with Grapevine Parks & Recreation's latest news and events by following us on social media.

Warm Regards,
Kevin Mitchell
Director, Grapevine Parks & Recreation



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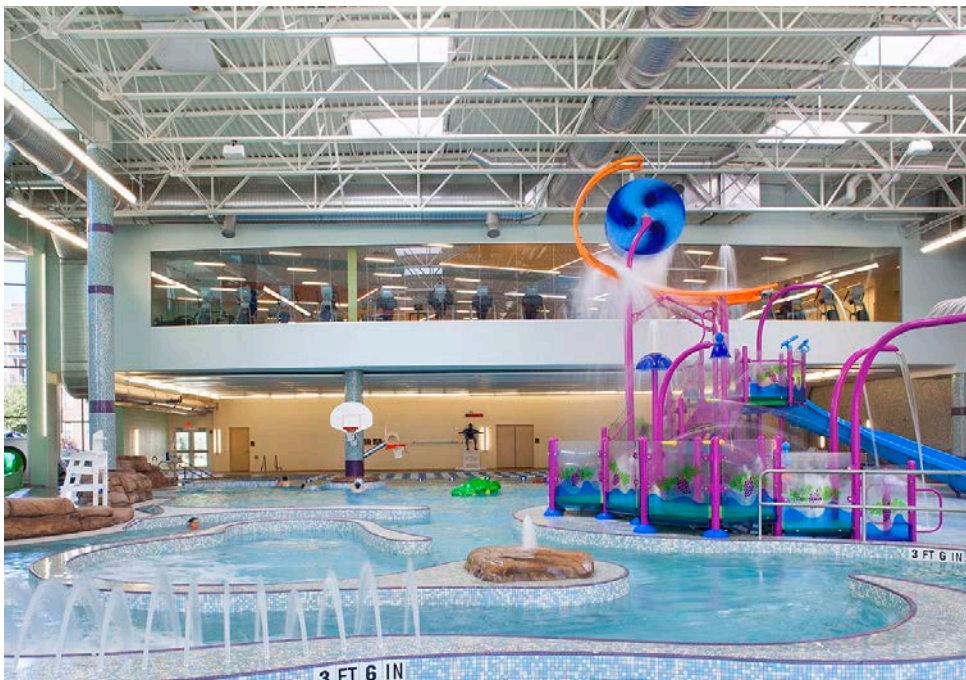
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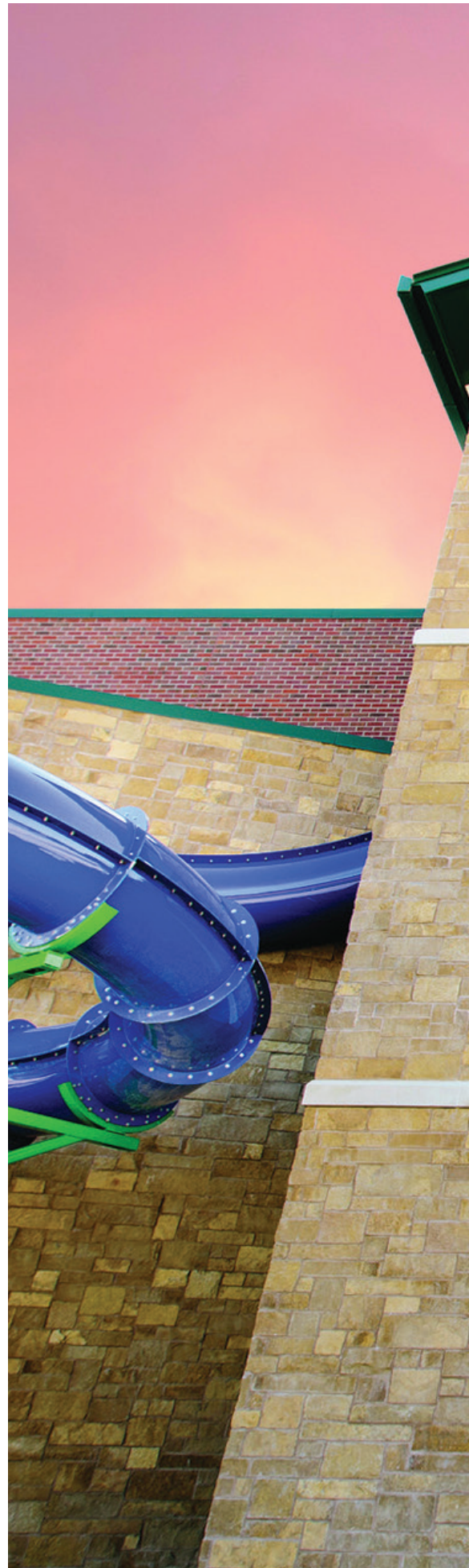
**7,000+ SQUARE FEET OF
FITNESS SPACE**

**MONTHLY FAMILY RATE AS LOW AS
\$4.86 PER PERSON***

*ANNUAL FAMILY PASS - FAMILY OF 6.



GoGrapevine.com
FOR INFORMATION ON MEMBERSHIP & CLASSES





THE REC
OF GRAPEVINE



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INTERSECTION OF SH-114, WILLIAM D. TATE & SH-26
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CURRENT OPERATING HOURS

DRY SIDE

MONDAY - THURSDAY

5:00 am - 10:00 pm

FRIDAY

5:00 am - 7:00 pm

SATURDAY

7:00 am - 7:00 pm

SUNDAY

7:00 am - 7:00 pm

WET SIDE

MONDAY - THURSDAY

5:00 am - 8:00 pm

FRIDAY

5:00 am - 6:00 pm

SATURDAY

7:00 am - 6:00 pm

SUNDAY

7:00 am - 6:00 pm

CHILD WATCH HOURS

There is a 2-hour limit per day, per child.

MONDAY - THURSDAY

8:00 am - 12:00 pm

4:00 pm - 8:00 pm

FRIDAY

8:00 am - 12:00 pm

2:30 pm - 6:30 pm

SATURDAY

8:00 am - 12:00 pm

ANNUAL MEMBERSHIP PASSES

RESIDENT PASSES

PRICE

Play Pass Vine*	\$405
Play Pass Grape**	\$370
Family Combo	\$315
Family "Wet"	\$210
Family "Dry"	\$180
Individual Combo	\$125
Individual "Wet"	\$85
Individual "Dry"	\$75
Guest Pass (Must Be With A Member)	\$12/day

ACTIVE ADULT PASSES-55 & BETTER

Active Adult***	FREE
Silver&Fit***	\$25
SilverSneakers***	FREE

CHILD WATCH PASSES

Child Watch Drop-In	\$7
Child Watch Annual Pass	\$105

NON-RESIDENT PASSES

Non-Resident Family	\$820
Non-Resident Individual	\$460

*VINE — The REC, Dove Pool, PG Pool and Lake Parks Pass | \$450 value

**GRAPE — The REC, Dove Pool, PG Pool | \$415 value

***Active Adult Pass — Modified Facility Use: Mon-Fri, 8:00 - 11:00 AM

***Silver&Fit + SilverSneakers — Inquire at Active Adult Desk at The REC

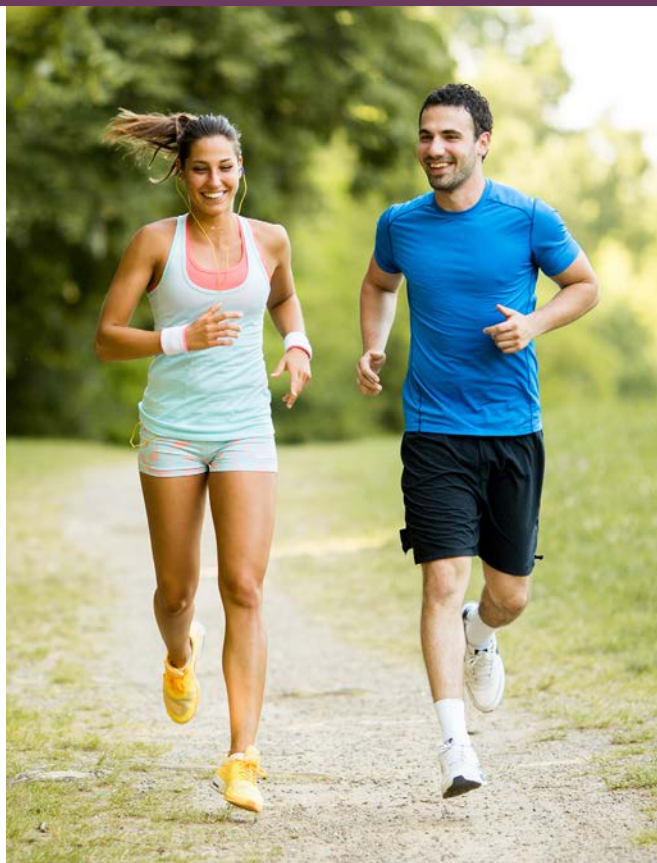
WHAT'S YOUR STORY?

We want to share your journey and your story right here in our **Go Grapevine Magazine**.

The National Recreation and Park Association (NRPA) has an initiative to encourage parks and recreation departments to seek out success stories from members in communities. The NRPA is collecting these stories to demonstrate how parks and recreation departments serve as public health leaders in communities around the globe.

**SHARE
YOUR
STORY!**

Submit your information to Amanda Rodriguez, Marketing Manager at arodriguez@grapevinetexas.gov. Your journey could empower others to make a much-needed change in their own lives. Stories should be related to how a park and recreation facility, program, service, staff member, event, etc. has helped impact your life in a positive way. #GoGrapevine



GO EXPLORE your next outdoor adventure, **GO REGISTER** for a new program, or **GO LEARN** about upcoming volunteer opportunities on our Grapevine Parks and Recreation website.

GoGrapevine.com

SPECIAL EVENTS

PRESENTED BY
GRAPEVINE
PARKS & REC



THE AMAZING RACE: FATHER SON EDITION

Are you in it to win it? Complete challenges, road blocks and detours as a pair to find your way to the finish line! Teamwork and endurance are key in the mystery that is the Amazing Race. Climbing, running and problem solving will all be necessary to win first place! Warm up begins at 7:30 am, the race will begin at 8:00 am and the awards ceremony will be at 11 am with food and water provided for the participants! Registration begins April 9 and you can sign-up at The REC, by calling 817.410.3450 or at GoGrapevine.com/FatherSon. Tickets will not be sold on race day. More than one son is welcome to participate with dad.

Date: Saturday, June 9

Location: Parr Park

Time: 7:30 - 11:30 am

Ages: Boys 5 - 18 years old

Fee: \$15 Per Person on or before June 3; \$20 per person beginning June 4

Registration Deadline: Wednesday, June 6

FOURTH FRIDAY FILMS

Join us on the fourth Friday of each month this summer for our annual Fourth Friday Film Series! Bring your lawn chairs, blankets, family, and friends to enjoy a free film under the stars! Starting in June, we will show a different movie at a different park each month starting at dusk. Feel free to make this an evening with your family by bringing your own food and drinks. Keep an eye out on the Grapevine Parks and Recreation social media reminding you of where/what movie will be each month or go to GoGrapevine.com.

Date: June 22, Jumanji, Parr Park

Date: July 27, CoCo, Dive-in movie at Dove Waterpark*

Date: August 24, Grease, The REC of Grapevine

Time: Movies begin at dusk

Fee: Free

Age: All Ages Welcome

Additional Information: *Normal admission fees will apply to Dive-in movie at Dove Waterpark



**KEEP UP WITH OUR EVENT UPDATES
BY FOLLOWING US ON SOCIAL MEDIA**



@GoGrapevine



KEEP GRAPEVINE BEAUTIFUL

Keep Grapevine Beautiful (KGVB) is a non-profit organization that exists to preserve and enhance the local natural environment by strengthening citizen's levels of commitment through educational programs and engaging volunteer-based projects. Let's work together to Keep Grapevine Beautiful!



EARTH DAY CELEBRATION

This fun family event features educational presentations, crafts and information on environmentally friendly living. Hosting this event is KGVB, in partnership with Farmer's Market of Grapevine and other local vendors.

Date: April 21

Location: Town Square Gazebo, Main Street

Time: 8:00 – 11:00 am

SHADY OAKS WORK DAY

KGVB partners with First United Methodist Church for this impactful event. Volunteers will work alongside residents at Shady Oaks Mobile Home Park to improve the neighborhood through litter and debris removal and painting. Go to KGVB.org to volunteer.

Date: April 28

Location: 431 N. Scribner

Time: 8:30 am – 1:30 pm

CORPORATE OPPORTUNITIES

If your organization is looking for ways to give back to the community, contact us to participate in beautification and other impactful projects. We work on park rehabilitation projects at local parks, plant trees and native plants to beautify the community and pick up litter that harms the environment and local wildlife.

ADOPT-AN-AREA PROGRAM

This fun program allows individuals, families, groups and businesses to participate in preserving the beauty of Grapevine. "Adopters" conduct at least six litter pick-ups in their area per year.

Please email Cindy Harris, Volunteer Services Liaison, at charris@grapevinetexas.gov for volunteer opportunities. Upcoming events and general information about KGVB can be found at KGVB.org.



Follow Keep Grapevine Beautiful for updates and ways to volunteer!



**GRAPEVINE
PARKS & REC**

VOLUNTEERING IN GRAPEVINE

Grapevine volunteers make a tremendous difference. We have opportunities to serve within our Community Events, Lake Parks, Active Adult and Athletics Divisions. Additionally, Keep Grapevine Beautiful offers fun projects for everyone.

TO VOLUNTEER, VISIT GOGRAPEVINE.COM/VOLUNTEER

LITTER PREVENTION: HOW YOU CAN HELP

Litter prevention is all of our responsibility. We take pride in our beautiful city, join the movement of volunteerism and help improve your community.

Litter cleanup costs the U.S. over \$11 billion annually, impacts our quality of life and economic development, and eventually ends up in our waterways and oceans. The most frequent litter in Grapevine parks is straws, straw wrappers, cigarette butts and water bottle lids. Here are just a few ways you can help keep Grapevine clean and beautiful:

- properly dispose of cigarette butts, the most common litter along roadways
- keep a reusable litter bag in your vehicle
- use one of the 800 trash receptacles located within parks and public areas throughout the City
- participate in community cleanups
- make an extra effort to use reusable water bottles
- join forces with neighbors, family, your employer or a civic group to Adopt-an-Area in your neighborhood to keep it litter-free

Go to www.KAB.org and www.KGVB.org for additional resources and information on ways to help.

Hollywood Feed

A different breed OF PET SUPPLY STORE.

COMING SOON

LATE SUMMER

Hollywood Feed Splash Pad
AT BEAR CREEK DOG PARK

COME SEE US!

Grapevine, TX
129 S. Main Street



Colleyville, TX
5600 Colleyville Blvd



Southlake, TX
200 N. Kimball



- The Hollywood Feed Promise -

IF YOUR PET DOESN'T LOVE IT OR IF YOU DON'T LOVE IT, WE WILL GLADLY REPLACE OR REFUND IT.

- Shawn McGhee, Proprietor

SPECIAL OCCASIONS & MEETINGS



STEWART HALL

A large multi-purpose room overlooking the courtyard, Stewart Hall is the perfect venue for a wide range of events such as meetings, workshops, birthday parties and special celebrations such as a holiday parties and wedding receptions. Stewart Hall can accommodate large groups up to 180 guests or smaller groups for a more intimate celebration or meeting. For fewer than 90 guests the hall can be divided into two smaller banquet rooms. Kitchen access limited to licensed caterers only with an additional fee of \$25 per hour.

Stewart Hall includes 6-foot round tables with seating for 8 guests at each. In addition, rectangular banquet tables available upon request. The room is equipped with a state-of-the-art audio/visual system.

Events booked on a first request basis and require a minimum of a two-hour rental. Fifty percent of rental fees are paid at the time of the reservation and the balance due 14 days prior to event. All set-up and clean-up time needs to be included in the rental. Rental cancellation must be made at least 14 days prior to event to receive full refund.

Fees (hourly)

Event Hall A or B: \$105 Member / \$130 Non-member

Entire Event Hall: \$210 Member / \$260 Non-member

After-Hours: \$260 Member / \$310 Non-member

\$200 refundable security deposit required for all after-hours rentals.

We have the space for your meeting, workshop, birthday party, baby shower and more at The REC.

CLASSROOM RENTALS

A perfect space for meetings, workshops and small groups, each of our three classrooms can accommodate up to 40 attendees. Actual capacity will vary based on arrangement of tables and chairs. The classrooms come equipped with an audio/visual system, flat panel television and dry-erase board. Minimum two-hour rental. All set up and clean-up time needs to be included in rental.

Fee (hourly): \$50 Member / \$60 Non-member

TURF FIELD

Great for team practices or space for exercise and play, the turf field at the REC is a full-sized soccer field with a silicone base and turf. The energy-efficient system provides bright lighting with minimal glare included with rental. Half field per rental for a maximum of 2 hours.

Fee (hourly): \$65 Members / \$75 Non-members

For additional information on any rental please contact Michele Friedman at mfriedman@grapevinetexas.gov or at 817-410-3455.

CELEBRATE!

Regardless of the occasion, The REC is the perfect location for your next party.

INDOOR PLAY PARTY

Package includes 16 children, two (2) hour party room rental, one hour of private play in Indoor Play and party attendant. Invite additional children for \$10 per child, with a maximum of 24 children. Outside food allowed in party room. Payment in full at time of reservation.

Party times: Friday, 4:00 – 6:00 pm; Saturday, 1:30 – 3:30 pm, 4:00 – 6:00 pm; Sunday, 4:00 – 6:00 pm

Fee: \$160 Member / \$185 Non-member

SPORTS PARTY

Package Includes 16 children, two (2) hour party room rental, one (1) hour private play in a gym or on turf field and a party attendant. Invite additional children for \$10 per child, with a maximum of 24 children. Outside food allowed in party room. Payment in full at time of reservation.

Party times: Friday, 4:00 – 6:00 pm; Saturday, 11:00 am – 1:00 pm, 1:30 – 3:30 pm, 4:00 – 6:00 pm; Sunday, 1:30 – 3:30 pm, 4:00 – 6:00 pm

Fee: \$160 Member / \$185 Non-member

OPEN SWIM PARTY

Package Includes 16 children, two (2) hour party room rental and a party attendant. Invite additional children for \$10 per child, with a maximum of 24 children. Outside food allowed in party room. Payment in full at time of reservation. Parents must accompany children under the age of 9 in the water. Height requirement for Tower Slides is 42 inches. Flotation devices must be US Coast Guard approved.

Party times: Friday, 4:00 – 6:00 pm; Saturday, 11:00 am – 1:00 pm, 1:30 – 3:30 pm, 4:00 – 6:00 pm; Sunday, 1:30 – 3:30 pm, 4:00 – 6:00 pm
Summer Party times (June 4 – August 17 only): Monday – Friday, 11:00 am – 1:00 pm, 1:30 – 3:30 pm, 4:00 – 6:00 pm

Fee: \$185 Member / \$210 Non-member

SPRAY GROUND PARTY

Package Includes 16 children, two (2) hour party room rental and a party attendant. Invite additional children for \$10 per child with a maximum of 24 children. Outside food allowed in party room. Payment in full at time of reservation. Available May through September only.

Party times: Monday – Friday, 9:00 – 11:00 am

Fee: \$100 Member / \$125 Non-member

ADDITIONAL INFORMATION

Additional party guests must be paid for 15 minutes prior to end of party. Please do not arrive more than 15 minutes before the scheduled party time and area must be vacated on time. All third party vendors must be approved in advance. For additional information on any rental please contact Michele Friedman at mfriedman@grapevinetexas.gov or at 817-410-3455.



Looking to host a large group for a birthday, team party or corporate event?

The REC offers after-hours rentals that are lots of fun for guests of all ages!

AFTER-HOURS RENTAL PACKAGES

PRIVATE SWIM PARTY

Enjoy two (2) hours private use of the indoor waterpark along with use of both party rooms. Outside food allowed in the party rooms. No alcohol or glass containers please. Children under age 9 **MUST** be with an adult in the pool at all times. Height requirement for Tower Slides is 42 inches. Floatation devices must be US Coast Guard approved. Payment in full at the time of the reservation.

Fee: \$450 (up to 75 guests) / \$650 (up to 150 guests) for Members
\$500 (up to 75 guests) / \$700 (up to 150 guests) for Non-members

Days: Friday, Saturday

Times: 6:30 - 8:30 pm

REC - DRY

Enjoy two (2) hours exclusive use of the basketball courts, volleyball court, two racquetball courts, game room and both party rooms for up to 200 guests.

Days: Friday, Saturday

Times: 7:00 - 9:00 pm

Fee (hourly): \$265 Member / \$290 Non-member

REC - WET/DRY

Enjoy two (2) hours exclusive use of the basketball courts, volleyball court, two racquetball courts, game room, both party rooms and the indoor waterpark for up to 300 guests.

Days: Friday, Saturday

Times: 7:00 - 9:00 pm

Fee (hourly): \$525 Member / \$575 Non-member



AQUATICS

REC POOL HOURS

Ends May 27

MONDAY – THURSDAY

5:00 am – 8:00 am

Self-Directed Fitness

8:00 am – 11:00 am

Fitness and Programs

11:00 am – 4:00 pm

Self-Directed Fitness

4:00 pm – 8:00 pm

Open Swim and Programs

FRIDAY

5:00 am – 8:00 am

Self-Directed Fitness

8:00 am – 11:00 am

Fitness and Programs

11:00 am – 4:00 pm

Self-Directed Fitness

4:00 pm – 6:00 pm

Open Swim

SATURDAY

7:00 am – 11:00 am

Fitness and Programs

11:00 am – 6:00 pm

Open Swim

SUNDAYS

7:00 am – 12:00 pm

Fitness and Programs

12:00 pm – 6:00 pm

Open Swim

TODDLER SPLASH

Ends May 30

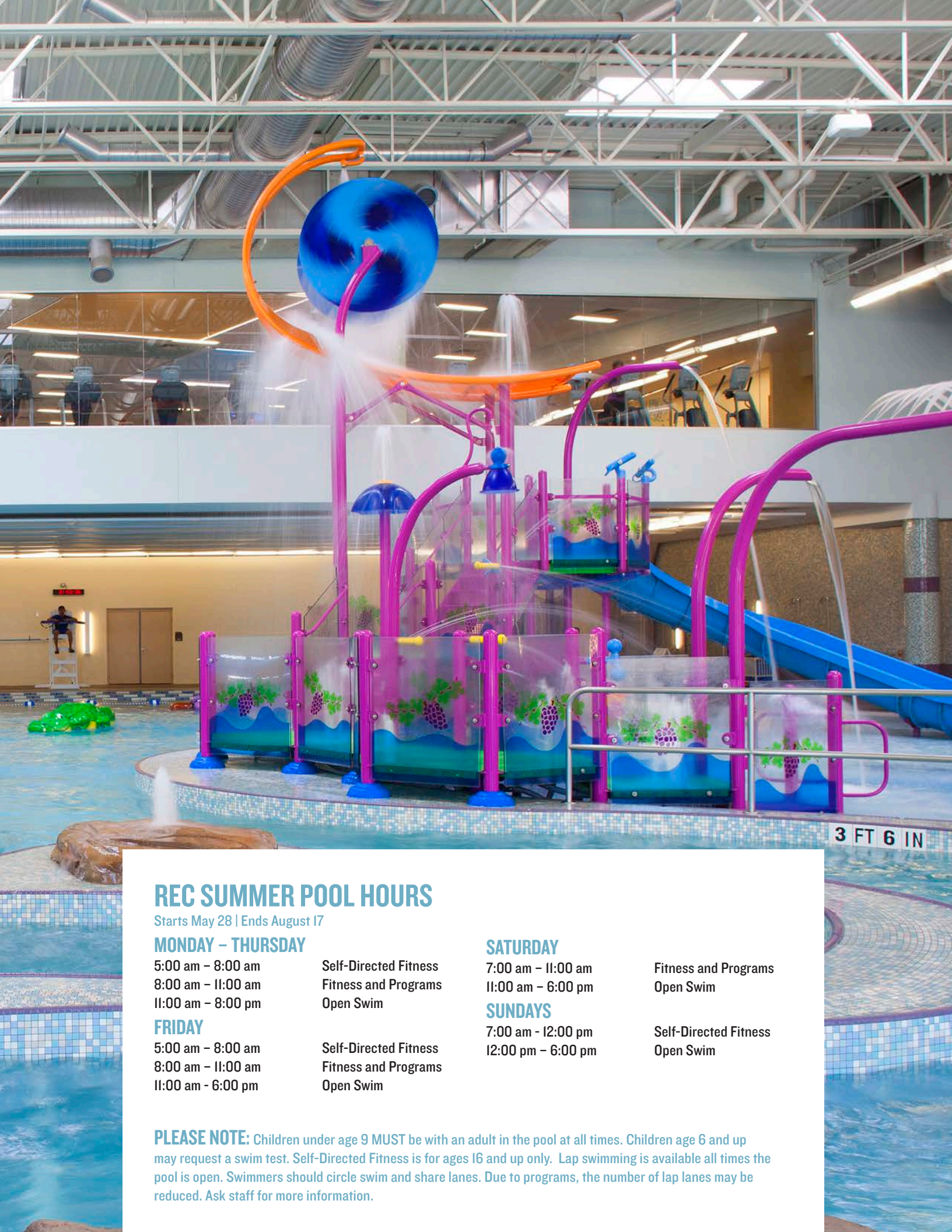
Mondays, Wednesdays, Fridays • 9:00 am – 12:00 pm

Free for Member / \$5 Non-member

Only the kiddie pool is open at this time for children.

WEATHER POLICY: The Aquatic Center closes with inclement weather that includes lightning at the recommendation of the National Lightning Safety Institute, American Red Cross, National Weather Service, and Center for Disease Control.





REC SUMMER POOL HOURS

Starts May 28 | Ends August 17

MONDAY – THURSDAY

5:00 am – 8:00 am
8:00 am – 11:00 am
11:00 am – 8:00 pm

Self-Directed Fitness
Fitness and Programs
Open Swim

FRIDAY

5:00 am – 8:00 am
8:00 am – 11:00 am
11:00 am – 6:00 pm

Self-Directed Fitness
Fitness and Programs
Open Swim

SATURDAY

7:00 am – 11:00 am
11:00 am – 6:00 pm

Fitness and Programs
Open Swim

SUNDAYS

7:00 am – 12:00 pm
12:00 pm – 6:00 pm

Self-Directed Fitness
Open Swim

PLEASE NOTE: Children under age 9 **MUST** be with an adult in the pool at all times. Children age 6 and up may request a swim test. Self-Directed Fitness is for ages 16 and up only. Lap swimming is available all times the pool is open. Swimmers should circle swim and share lanes. Due to programs, the number of lap lanes may be reduced. Ask staff for more information.

AQUA FITNESS



FIT FLOAT HIIT WITH JAMES

Try something new! A 3x7 floating platform that challenges your core, while stabilizing muscles. This class will target the entire body with circuit style training. You are recommended to wear shorts/leggings over swimsuit.

Days: Saturday

Times: 9:00 - 9:55 am

Fee: \$40 Member / \$50 Non-member

Code: 550900

Instructor: James Oliver

WATER WORKS

Intervals with a combination of exercises. Includes a variety of styles of water aerobics. You work at your own pace. There is something for everyone!

Days: Monday/Wednesday

Times: 6:30 - 7:20 pm

Fee: \$35 Member / \$45 Non-member

Code: 540630

RIVER ROBOTICS

So much more than just walking! Build strength and stamina as you go with and against the current. The perfect way to energize your workouts!

Days: Saturday

Times: 8:00 - 8:50 am

Fee: \$20 Member / \$25 Non-member

Code: 740800

SGT H2O'S AQUATIC BOOTCAMP

This class is based on the training military divers receive. You will perform a variety of drills in and out of the pool that will increase your functional fitness level, build stamina, and help you lose weight. You must be able to swim 100 yards without stopping to take this class. Come join us!

Date: Tuesday/Thursday

Times: 8:00 - 8:50 am

Fee: \$100 Member / \$110 Non-member

Code: 560800

Instructor: Justin Bradshaw SGT. H2O



SWIM LESSON SCHEDULES



SUMMER

CLASS	SESSION 14 • JUNE 18-28		SESSION 15 • JULY 9-19		SESSION 16 • JULY 23 - AUG. 2	
Semi Private Water Tots	1:00 PM	538100	2:45 PM	538245	1:00 PM	538100
Semi Private Preschool	1:35 PM	539135	3:20 PM	539320	1:35 PM	539135
Semi Private Level 1	2:10 PM	531210	1:00 PM	531100	2:10 PM	531210
Semi Private Level 2	2:45 PM	532245	1:35 PM	532135	2:45 PM	532245
Semi Private Level 3	3:20 PM	533320	2:10 PM	533210	3:20 PM	533320
Semi Private Level 4	1:00 PM	534100	2:45 PM	534245	1:00 PM	534100
Group Water Bug 1	1:35 PM	538013	3:20 PM	538032	1:35 PM	538013
Group Water Bug 2	2:10 PM	539021	1:00 PM	539010	2:10 PM	539021
Group Level 1	2:45 PM	531024	1:35 PM	531013	2:45 PM	531024
Group Level 2	3:20 PM	532032	2:10 PM	532021	3:20 PM	532032

REC PRIVATE LESSON SCHEDULE

Monday-Thursday for 1 week. 30 minutes of one-on-one attention each day. We offer private lessons for all levels and ages. To register, please call the Learn to Swim office at 817-410-3461.

1:00 PM	503100	Jun. 18-21	4A
1:35 PM	503135	Jun. 25-28	4B
2:10 PM	503210	Jul. 9 - 12	5A
2:45 PM	503245	Jul. 16-19	5B
3:20 PM	503320	Jul. 23-26	6A
		Jul. 30-Aug. 2	6B

SATURDAY CLASSES

CLASS	SESSION 06 • JUN. 9 - AUG. 4	
Semi Private Water Tots	10:10 AM	548101
Semi Private Preschool	9:35 AM	549935
	10:10 AM	549101
Semi Private Level 1	9:00 AM	541900
	9:35 AM	541935
Semi Private Level 2	9:00 AM	542900
	10:10 AM	542101
Semi Private Level 3	9:35 AM	543935
Semi Private Level 4	9:00 AM	544900



LEARN TO SWIM PROGRAM

OBSERVATION POLICY

To ensure your child success and limit distractions, parents and visitors are required to stay in the designated seating area during swim lessons.

CANCELLATION AND TRANSFER POLICY

Due to the high demand for roster spots and scheduling issues, any cancellations or transfers not initiated by Grapevine Aquatics or an instructor will be assessed an \$8 fee. No transfers or cancellations one week before class begin for ALL classes.

WEATHER POLICY

Pool will be cleared for inclement weather. If 20 minutes of class has been completed, then class counts as completed; if less than 20 minutes then a prorated refund will be issued for class.

SWIM LESSON WAIT LIST

If the class is full; please ask to be added to the wait list. There is no fee for waitlist registrations. We will contact you if a spot in the class becomes available.

GROUP LESSONS

Eligible for HERO

\$48 Member or Resident

\$58 Non-member or Non-resident

Our most affordable class option. In order for class to "make" a minimum of four participants are required.

Min: 4 **Max:** 6 1:6 max ratio

SEMI-PRIVATE LESSONS

Not eligible for HERO

\$73 Member or Resident

\$88 Non-member or Non-resident

Smaller class size will allow your child to have more individual attention. In order for class to "make" a minimum of two participants are required.

Min: 2 **Max:** 3 1:3 max ratio

PRIVATE LESSONS

Not eligible for HERO

\$100 Member or Resident

\$120 Non-member or Non-resident

Receive one-on-one attention to enhance instruction of swimming skills for your child. Private lessons are held at the pools during regular LTS times.

- 4 classes total.

- 1 student and 1 instructor

WATER BABIES

Ages: 0 - 35 months

Introduces child and their parents to basic water adjustment and safety through play. Playful learning has been proven to produce positive experiences & builds confidence. Class is 4 days M-Th. Only at outdoor pools. Parent accompanies child in to the water.

- Bubbles and going under
- Entering/exiting the pool safely
- Floats, kicks and arm strokes

Fees: \$25 Resident / \$35 Non-resident

WATER TOTS

(offered only as semi-private class)

Ages: 18 - 35 months

This class is designed for children already comfortable in the water, ready to transition to a group setting, and accustomed to being away from parents for at least 30 minutes. Parents are not permitted to accompany child to class or in the water.

- Water adjustment
- Submerge face and bubbles
- Floats, kicks and arm strokes

WATER BUGS I

Ages: 3 - 5 years

All skills are done with support.

- Fully submerge face
- Blow bubbles
- Floats, kicks and arm strokes

WATER BUGS 2

Ages: 3 - 5 years

Skills are encouraged to be tried independently.

- Breath control
- Push off side and glide
- Push off side and swim

TADPOLE (LEVEL 1)

Ages: 4 years and up

- Swim front crawl 5 feet
- Front glide 5 feet
- Back glide 5 feet
- Front float 5 seconds

GUPPY (LEVEL 2)

Ages: 5 years and up

- Front glide 10 feet
- Back glide 10 feet
- Back float 10 seconds
- Swim front crawl 10 feet

MINNOW (LEVEL 3)

Ages: 6 years and up

- Front crawl 15 yards
- Backstroke 15 yards
- Elem. Backstroke kick 15 yards
- Breaststroke kick 15 yards

DOLPHIN (LEVEL 4)

Ages: 7 years and up

- Freestyle 25 yards
- Backstroke 15 yards
- Breaststroke 15 yards
- Butterfly 15 yards

WHALE (LEVEL 5)

Ages: 8 years and up

- Freestyle 50 yards (2 laps)
- Backstroke 50 yards
- Breaststroke 25 yards
- Butterfly 25 yards

SHARK (LEVEL 6)

Ages: 9 years and up

- Freestyle 100 yards with flip turn
- Backstroke 50 yards with flip turn
- Breaststroke 50 yards
- Butterfly 50 yards

LEARN TO SWIM OFFICE: 817.410.3461



GRAPEVINE GATORS TAAF SUMMER SWIM TEAM

The City's summer league team is the perfect opportunity for kids and adults try to out competitive swimming and perfect their strokes. Swimmers have the opportunity to compete in local meets, a regional qualifier meet and possibly qualify for the State meet which will be held in College Station, July 26 - 29. For more information, visit grapevinegators.org.

Ages: 6 and up

Parent Meeting: May 21 at 6:00 pm at The REC

Practice Site: Pleasant Glade Pool

Fee: \$145 Resident / \$155 Non-resident

\$11 Non-refundable TAAF fee is included

Practice Times:

May 22 - June 1

5:30 am - 6:30 pm, 10 and under

6:30 - 8:00 pm, 11 - 14 years

6:30 - 8:30 pm, 15 years and up

June 4 - July 25

7:00 - 8:50 am, 13 years and up

7:00 - 8:30 am, 11 - 12 years

8:50 - 9:40 am, 10 years and under

8:50 - 9:40 am, 8 years and under

Class Code: 540000-10

Fee: \$145 Resident / \$155 Non-resident

MERMAID SWIM SCHOOL

Ages: 6 and up

Become part of a magical world of mermaids and mermen! Learn basic mermaid skills such as dolphin kicking, rolls and tails splashes. Mermaid tails may only be used in class. Class is 4 days, Monday - Thursday for 1 week.

Tail Size: Child 6 - Women's M

Fin Size: Child 8 - Women's 10

Prerequisite: 25 freestyle, 25 breaststroke, tread for 1 minute

Fee: \$30 Resident / \$40 Non-resident



DIVING

Ages: 6 and up

An introduction to formal diving. Starts with beginning fundamentals of a knee dive and work up to a spring board dive from the diving board. Then add on skills such as pike and tuck dives. This class is only offered at Dove Waterpark due to depth requirements and use of springboard diving board.

Fee: \$48 Resident / \$58 Non-resident

JR. GUARD

Ages: 10 and up

Designed to introduce lifeguarding skills and knowledge to advanced swimmers.

Participants will be using lifeguard equipment, practicing CPR skills and mock scenarios to prepare for a future in lifeguarding. Please bring a pen, towel and goggles. Females must wear a one piece swimsuit. This is NOT a lifeguard certification class.

Prerequisite: 25 freestyle, 25 breaststroke

Fee: \$48 Resident / \$58 Non-resident

FREE LEVEL PLACEMENT TESTING

April 28, May 26 at The REC • 11:00 am – 1:00 pm

Our staff will evaluate your child and assist you with registration.

DOVE WATERPARK SCHEDULES

CLASS	JUN 4-7	JUN 11-14	JUN 18-21	JUN 25-28	JUL 9-12	JUL 16-19	JUL 23-26	JUL 30-AUG 2	AUG 6-9	AUG 13-16
Water Babies	5:35 PM 5I0535-3A	5:35 PM 5I0535-3B	5:35 PM 5I0535-4A	5:35 PM 5I0535-4B	5:35 PM 5I0535-5A	5:35 PM 5I0535-5B	5:35 PM 5I0535-6A	5:35 PM 5I0535-6B	----	----
	----	----	6:45 PM 5I0645-2A	6:45 PM 5I0645-2B	6:45 PM 5I0645-3A	6:45 PM 5I0645-3B	6:45 PM 5I0645-4A	6:45 PM 5I0645-4B	6:10 PM 5I0610-5A	6:10 PM 5I0610-5B
Mermaid Swim School	----	----	6:45 PM 5I7645-4A	6:45 PM 5I7645-4B	----	9:00 AM 5I7900-5A	----	5:00 PM 5I7500-6B	----	----

LEVEL	SESSION 13 • JUN 4 - 14		SESSION 14 • JUN 18-28		SESSION 15 • JULY 9 - 19		SESSION 16 • JULY 23-AUG 2		SESSION 17 • AUG 6 - 16	
Semi Private Water Tots	9:00 AM	5I8900	9:00 AM	5I8900	9:35 AM	5I8935	9:00 AM	5I8900	5:35 PM	5I8535
	10:10 AM	5I810I	9:35 AM	5I8935	5:35 PM	5I8535	5:00 PM	5I8500	6:10 PM	5I8610
	5:00 PM	5I8500	5:00 PM	5I8500	6:10 PM	5I8610	5:35 PM	5I8535	----	----
	5:35 PM	5I8535	5:35 PM	5I8535	----	----	6:10 PM	5I8610	----	----
	6:10 PM	5I8610	6:10 PM	5I8610	----	----	----	----	----	----
Semi Private Preschool Water Bugs	9:00 AM	5I9900	9:00 AM	5I9900	9:00 AM	5I9900	9:35 AM	5I9935	5:35 PM	5I9535
	10:10 AM	5I910I	10:10 AM	5I910I	10:10 AM	5I910I	5:00 PM	5I9500	6:10 PM	5I9610
	5:00 PM	5I9500	5:00 PM	5I9500	5:00 PM	5I9500	5:35 PM	5I9535	6:45 PM	5I9645
	5:35 PM	5I9535	5:35 PM	5I9535	6:10 PM	5I9610	6:10 PM	5I9610	----	----
	6:45 PM	5I9645	6:45 PM	5I9645	----	----	----	----	----	----
Semi Private Level 1 Tadpole	9:00 AM	5I1900	9:00 AM	5I1900	10:10 AM	5I110I	9:35 AM	5I1935	5:00 PM	5I1500
	9:35 AM	5I1935	9:35 AM	5I1935	5:00 PM	5I1500	5:00 PM	5I1500	6:10 PM	5I1610
	5:00 PM	5I1500	5:00 PM	5I1500	5:35 PM	5I1535	6:10 PM	5I1610	6:45 PM	5I1645
	6:10 PM	5I1610	5:35 PM	5I1535	6:45 PM	5I1645	----	----	----	----
	6:45 PM	5I1645	6:45 PM	5I1645	----	----	----	----	----	----
Semi Private Level 2 Guppy	9:00 AM	5I2900	9:00 AM	5I2900	10:10 AM	5I210I	9:00 AM	5I2900	5:00 PM	5I2500
	10:10 AM	5I210I	9:35 AM	5I2935	5:35 PM	5I2535	6:45 PM	5I2645	5:35 PM	5I2535
	5:35 PM	5I2535	5:35 PM	5I2535	6:45 PM	5I2645	----	----	6:45 PM	5I2645
	6:45 PM	5I2645	6:45 PM	5I2645	----	----	----	----	----	----
Semi Private Level 3 Minnow	9:00 AM	5I3900	9:00 AM	5I3900	9:00 AM	5I3900	10:10 AM	5I3110	5:00 PM	5I3500
	5:00 PM	5I3500	5:00 PM	5I3500	5:35 PM	5I3535	5:00 PM	5I3500	5:35 PM	5I3535
	6:10 PM	5I3610	6:10 PM	5I3610	6:10 PM	5I3610	6:45 PM	5I3645	6:10 PM	5I3610
Semi Private Level 4 Dolphin	9:35 AM	5I4935	9:35 AM	5I4935	9:35 AM	5I4935	5:35PM	5I4535	5:00 PM	5I4500
	5:35 PM	5I4535	5:35 PM	5I4535	5:00 PM	5I4500	----	----	6:45 PM	5I4645
	6:10 PM	5I4610	----	----	6:10 PM	5I4610	----	----	----	----
Semi Private Level 5 Whale	9:00 AM	5I5900	6:45 PM	5I5645	10:10 AM	5I510I	6:10 PM	5I5610	6:45 PM	5I5645
	6:10 PM	5I5610	----	----	6:45 PM	5I5645	----	----	----	----
Semi Private Level 6 Shark	10:10 AM	5I610I	6:10 PM	5I6610	9:35 AM	5I6935	5:00 PM	5I6500	5:35 PM	5I6535
	6:45 PM	5I6645	----	----	6:10 PM	5I6645	6:45 PM	5I6645	----	----

LEVEL	SESSION 13 • JUN 4-14		SESSION 14 • JUN 18-28		SESSION 15 • JULY 9 - 19		SESSION 16 • JULY 23 - AUG 2		SESSION 17 • AUG 6 - 16	
Preschool Water Bugs 1	9:35 AM	5I9093	9:35 AM	5I9093	6:45 PM	5I9064	6:45 PM	5I9064	----	----
	6:10 PM	5I906I	6:10 PM	5I906I	----	----	----	----	----	----
Preschool Water Bugs 2	9:35 AM	508093	5:00 PM	508050	9:35 AM	508093	5:35 PM	508053	5:35 PM	508535
	5:35 PM	508053	----	----	6:10 PM	50806I	----	----	----	----
Level 1 Tadpole	10:10 AM	5I1010	10:10 AM	5I1010	9:00 AM	5I1090	6:45 PM	5I1064	6:45 PM	5I1064
	6:10 PM	5I106I	6:45 PM	5I1064	6:10PM	5I106I	----	----	----	----
Level 2 Guppy	9:35 AM	5I2093	10:10 AM	5I2010	9:00 AM	5I2090	9:35 AM	5I2093	5:00 PM	5I2050
	5:00 PM	5I2050	6:10 PM	5I206I	5:00 PM	5I2050	6:10 PM	5I206I	----	----
Level 3 Minnow	10:10 AM	5I3010	10:10 AM	5I3010	10:10 AM	5I3010	6:45 PM	5I3064	----	----
	5:00 PM	5I3050	5:00PM	5I3050	5:00PM	5I3050	----	----	----	----
Level 4 Dolphin	10:10 AM	5I4010	10:10 AM	5I4010	5:35 PM	5I4053	9:00 AM	5I4090	----	----
	----	----	----	----	----	----	6:10 PM	5I406I	----	----
Level 5 Whale	----	----	----	----	9:00 AM	5I5090	----	----	----	----
	----	----	----	----	5:35 PM	5I5053	----	----	----	----
Level 6 Shark	----	----	----	----	5:00 PM	5I6050	10:10 AM	5I6010	----	----
	----	----	----	----	----	----	6:10 PM	5I606I	----	----
Diving	----	----	6:10 PM	53806I	----	----	5:35 PM	538053	----	----
Jr Guard	----	----	----	----	9:35 AM	5I7093	----	----	6:10 PM	5I706I

DOVE WATERPARK PRIVATE LESSON SCHEDULE

Monday-Thursday for 1 week. 30 minutes of one-on-one attention each day. We offer private lessons for all levels and ages. To register, please call the Learn to Swim office at 817-410-3461.

9:00 AM	50I900
9:35 AM	50I935
10:10 AM	50I10I
5:00 PM	50I500
5:35 PM	50I535
6:10 PM	50I610
6:45 PM	50I645

June 4-7	3A
June 11-14	3B
June 18-21	4A
June 25-28	4B
July 9-12	5A

July 16-19	5B
July 23-26	6A
July 30-August 2	6B
August 6-9	7A
August 13-16	7B

PLEASANT GLADE SCHEDULES

CLASS	Jun. 4-7	Jun. 11-14	Jun. 18-21	Jun. 25-28	Jul. 9-12	Jul. 16-19	Jul. 23-26	Jul. 30-Aug 2	Aug. 6-9	Aug. 13-16
Water Babies	5:35 PM 520535-3A	5:35 PM 520535-3B	6:10 PM 520610-4A	6:10 PM 520610-4B	5:35 PM 520535-5A	5:35 PM 520535-5B	6:10 PM 520610-6A	6:10 PM 520610-6B	----	----
Mermaid Swim School	----	6:45 PM 527645-3B	----	----	6:45 PM 527645-5A	----	6:45 PM 527645-6A	----	5:35 PM 527535-7A	----

LEVEL	SESSION 13 • JUN. 4 - 14		SESSION 14 • JUN. 18-28		SESSION 15 • JULY 9 - 19		SESSION 16 • JULY 23-AUG 2		SESSION 17 • AUG. 6 - 16	
Semi Private Water Tots	10:00 AM	528100	10:00 AM	528100	10:00AM	528100	11:10 AM	528111	5:35 PM	528535
	5:00 PM	528500	5:00 PM	528500	5:00 PM	528500	5:00 PM	528500	6:45 PM	528645
	5:35 PM	528535	6:45 PM	528645	5:35 PM	528535	6:10 PM	528610	----	----
	6:45 PM	528645	----	----	6:45 PM	528645	----	----	----	----
Semi Private Preschool Water Bugs	10:00 AM	529100	10:00 AM	529100	10:35 AM	529103	10:00 AM	529100	5:00 PM	529500
	5:35 PM	529535	5:35 PM	529535	6:10 PM	529610	5:35 PM	529535	6:45 PM	529645
	6:10 PM	529610	6:45 PM	529645	6:45 PM	529645	----	----	----	----
Semi Private Level 1 Tadpole	10:00 AM	521100	10:35 AM	521103	10:00 AM	521100	10:00 AM	521100	5:00 PM	521500
	11:10 AM	521110	11:10 AM	521110	11:10 AM	521110	5:00 PM	521500	5:35 PM	521535
	5:00 PM	521500	5:00 PM	521500	5:00 PM	521500	6:10 PM	521610	6:10 PM	521610
	6:10 PM	521610	5:35 PM	521535	6:10 PM	521610	----	----	----	----
	----	----	6:10 PM	521610	----	----	----	----	----	----
Semi Private Level 2 Guppy	10:35 AM	522103	10:35 AM	522103	10:00 AM	522100	6:10 PM	522610	5:00 PM	522500
	5:00 PM	522500	5:00 PM	522500	5:00 PM	522500	6:45 PM	522645	5:35 PM	522535
	6:10 PM	522610	6:10 PM	522610	6:10 PM	522610	----	----	6:10 PM	522610
	6:45 PM	522645	6:45 PM	522645	6:45 PM	522645	----	----	----	----
Semi Private Level 3 Minnow	10:35 AM	523103	10:00 AM	523100	10:35 AM	523103	10:35 AM	523103	5:00 PM	523500
	11:10 AM	523110	11:10 AM	523110	11:10 AM	523110	6:45 PM	523645	5:35 PM	523535
	5:00 PM	523500	5:00 PM	523500	5:00 PM	523500	----	----	----	----
	6:10 PM	523610	6:10 PM	523610	6:10 PM	523610	----	----	----	----
Semi Private Level 4 Dolphin	11:10 AM	524110	11:10 AM	524110	11:10 AM	524110	10:35 AM	524103	6:10 PM	524610
	5:35 PM	524535	5:35 PM	524535	5:00 PM	524500	5:35 PM	524535	----	----
	6:45 PM	524645	6:45 PM	524645	6:45 PM	524645	6:10 PM	524610	----	----
Semi Private Level 5 Whale	10:00 AM	525100	10:00 AM	525100	10:00 AM	525100	10:00 AM	525100	6:45 PM	525645
	5:00 PM	525500	5:00 PM	525500	6:45 PM	525645	5:35 PM	525535	----	----
Semi Private Level 6 Shark	10:00 AM	526100	10:00 AM	526100	10:00 AM	526100	11:10 AM	526110	6:10 PM	526610
	6:45 PM	526645	----	----	5:35 PM	526535	6:45 PM	526645	----	----

LEVEL	SESSION 13 • JUN. 4-14		SESSION 14 • JUN. 18-28		SESSION 15 • JULY 9 - 19		SESSION 16 • JULY 23 - AUG. 2		SESSION 17 • AUG. 6 - 16	
Preschool Water Bugs 1	10:35 AM	529010	10:35 AM	529010	10:35 AM	529010	----	----	----	----
	5:35 PM	529053	5:35 PM	529053	5:35 PM	529053	----	----	----	----
Preschool Water Bugs 2	11:10 AM	528011	11:10 AM	528011	11:10 AM	528011	10:35 AM	528010	6:10 PM	528061
	6:45 PM	528064	6:45 PM	528064	6:45 PM	528064	5:35 PM	528053	----	----
Level 1 Tadpole	10:35 AM	521010	10:35 AM	521010	11:10 AM	521011	10:35 AM	521010	6:45 PM	521064
	6:10 PM	521061	5:35 PM	521053	6:10 PM	521061	5:35 PM	521053	----	----
Level 2 Guppy	11:10 AM	522011	11:10 AM	522011	10:35 AM	522013	11:10 AM	522011	5:35 PM	522053
	5:35 PM	522053	6:10 PM	522061	5:35 PM	522053	6:45 PM	522064	----	----
Level 3 Minnow	10:35 AM	523010	10:35 AM	523010	10:35 AM	523010	11:10 AM	523011	6:45 PM	523064
	5:35 PM	523053	5:35 PM	523053	5:35 PM	523053	6:45 PM	523064	----	----
Level 4 Dolphin	----	----	6:45 PM	524064	6:10 PM	524061	6:10 PM	524061	----	----
	----	----	----	----	----	----	----	----	----	----
Level 5 Whale	----	----	----	----	5:35 PM	525053	5:00 PM	525050	----	----
	----	----	----	----	----	----	----	----	----	----
Level 6 Shark	----	----	----	----	5:00 PM	526050	5:35 PM	526053	----	----
	----	----	----	----	----	----	----	----	----	----
Jr Guard	6:10 PM	527061	6:10 PM	527061	6:10 PM	527061	----	----	----	----

PRIVATE LESSON SCHEDULE

Monday-Thursday for 1 week. 30 minutes of one-on-one attention each day. We offer private lessons for all levels and ages. To register, please call the Learn to Swim office at 817-410-3461.

10:00 AM	502110
10:35 AM	502113
11:10 AM	502011
5:00 PM	502500
5:35 PM	502535
6:10 PM	502610
6:45 PM	502645

Jun. 4-7	3A
Jun. 11-14	3B
Jun. 18-21	4A
Jun. 25-28	4B
Jul. 9-12	5A

Jul. 16-19	5B
Jul. 23-26	6A
Jul. 30-Aug. 2	6B
Aug. 6-9	7A
Aug. 13-16	7B

**GRAPEVINE GATORS
INFO ON PAGE 21**

DOVE WATERPARK

1509 Hood Lane • Grapevine, Texas 76051 • 817.410.8140

	11:00 am - 7:00 pm		11:00 am - 5:00 pm
	11:00 am - 4:50 pm & 7:30 pm - 9:30 pm		11:00 am - 9:30 pm

MAY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JULY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUGUST/SEPTEMBER

S	M	T	W	T	F	S
			1	2	3	4
9	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

ADMISSION

\$3 Resident / \$6 Non-resident

Photo ID required for resident price.

Under age 12 months: Free

All patrons entering the facility must pay admission fee.

SEASON PASS INFORMATION

Includes access to both outdoor pools

Individual Pass (1 person): \$55 Resident/\$110 Non-resident

Family Pass (max 6 family members):

\$125 Resident/\$225 Non-resident

POOL CABANA

\$60 Resident / \$70 Non-resident

Includes: 2 hour rental of a private covered area with 4 lounge chairs and 1 picnic table seating for approx. 10 people. Does not include admission to the facility.

CABANA RAMA PIZZA PARTY

Cabana A

\$185 Resident / \$225 Non-resident

Includes: party attendant, 2 hour cabana rental, swim passes for 20 guests, 2 large pizzas and 10 ice cream cups.

Cabana B & C

\$285 Resident / \$325 Non-resident

Includes: party attendant, 2 hour cabana rental, 2 cabanas, swim passes for 25 guests, 3 large pizzas and 20 ice cream cups.

Time Options: Monday – Thursday: 12:00 - 2:00 pm, 2:30 - 4:30 pm, 7:30 - 9:30 pm | Friday: 12:00 - 2:00 pm, 2:30 - 4:30 pm | Saturday & Sunday: 12:00 - 2:00 pm, 2:30 - 4:30 pm, 5:00 - 7:00 pm

PRIVATE POOL PARTY

\$450 Resident / \$500 Non-resident (max of 75 people)

\$650 Resident / \$700 Non-resident (max of 150 people)

Days/Time: Fri., Sat., Sun., 7:30 pm - 9:30 pm

SPRAY PARK CABANAS

Cabana A, B, C

These cabanas are at Dove Spray Park, behind Dove Waterpark.

Each cabana contains 1 picnic table and 2 lounge chairs. No grills are permitted inside the fence. Spray Park hours are 8:00 am - 8:00 pm, May - September.

Time Options: 8:00 - 11:00 am, 12:00 - 3:00 pm, 4:00 - 7:00 pm

Residents:

\$45, 1 cabana

\$75, 2 cabanas

\$115, 3 cabanas

Non-residents:

\$65, 1 cabana


\$105, 2 cabanas

\$135, 3 cabanas

For rental information please contact Michele Friedman at 817.410.3455 or mfriedman@grapevinetexas.gov

PLEASANT GLADE POOL

1805 Hall Johnson Road • Grapevine, Texas 76051 • 817.410.8137

 12:00 pm - 7:00 pm	 12:00 pm - 9:30 pm
 1:00 pm - 6:00 pm	 12:00 pm - 4:50 pm & 7:30 pm - 9:30 pm
 12:00 pm - 5:00 pm	 11:00 am - 3:00 pm Doggie Dive In
 12:00 pm - 3:00 pm Hosting Swim Meet	

MAY

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

JUNE

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

JULY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

AUGUST/SEPTEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

ADMISSION:

\$2 Resident / \$4 Non-resident

Photo ID required for resident price

Under age 12 months: Free

All patrons entering the facility must pay admission fee.

SEASON PASS INFORMATION:

includes access to both outdoor pools

Individual Pass (1 person): \$55 Resident / \$110 Non-resident

Family Pass (max 6 family members):

\$125 Resident / \$225 Non-resident

TABLE RENTAL

\$30 Resident / \$40 Non-resident

Includes: 2 hour rental of a covered area with 2 picnic tables includes seating for approx. 20 people. Does not include admission to the facility.

Time Options: Monday – Thursday: 12:00 - 2:00 pm, 2:30 - 4:30 pm

| Friday & Saturday: 12:00 - 2:00 pm, 2:30 - 4:30 pm | Sunday: 1:30 - 3:30 pm, 4:00 - 6:00 pm

THE LOUNGE

\$100 Resident / \$125 Non-resident (\$50 for additional hour)

Includes: 2 hour rental of a private lounge with couches and 3 tables.

Seating for approx. 20 people. Does not include admission to the facility.

PRIVATE POOL PARTY

\$275 Resident / \$325 Non-resident (max of 75 people)

\$400 Resident / \$450 Non-resident (max of 150 people)

Days/Times: Friday, Saturday 7:30 - 9:30 pm, Sunday 6:30 - 8:30 pm

Add Wubit to private pool party: \$100

Mermaid Private Party:

\$350 Resident / \$400 Non-resident \$400 (max of 75 people)

Includes: An instructor and 10 mermaid tails, children must pass a skills test to use the mermaid tails.

SPECIAL EVENTS

Toddler Splash Time

Starts June 6 | ends August 1

Monday & Wednesday: 8:00 am - 10:00 am

Only the Baby Pool will be open.

Youth Swim Time

Starts June 5 | Ends August 2

Tuesday & Thursday: 10:30 am - 12:00 pm

A morning swim time for ages 9 - 14 years. An area of the Lap Lane Pool will be open.

Swim Meet

June 15: 3:00 pm - 10:00 pm

Come support your Grapevine Gators! Pool closes at 3:00 pm to prepare for swim meet.

Doggie Dive-In

September 8: 10:00 am - 2:00 pm

\$5 per dog, 2 dogs per person max. The pool has gone to the dogs!

For rental information please contact Michele Friedman at
817.410.3455 or mfriedman@grapevinetexas.gov



PARK FACILITY RENTALS

WEDDINGS AT BOTANICAL GARDEN

\$400/3 hrs (residents only)

Grapevine residents may reserve their wedding at the Botanical Gardens in Heritage Park. For more information, please call 817.410.3470.

SMALL PARK PAVILIONS

DOVE PARK PAVILION – NORTH

Residents: \$35/3 hrs (\$10 each additional hr)

Non-residents: \$45/3 hrs (\$15 each additional hr)

HERITAGE PARK PAVILION

Residents: \$35/3 hrs (\$10 each additional hr)

Non-residents: \$45/3 hrs (\$15 each additional hr)

BEAR CREEK PAVILION

Residents: \$35/3 hrs (\$10 each additional hr)

Non-residents: \$45/3 hrs (\$15 each additional hr)

PARR PARK PLAYGROUND PAVILION

Residents: \$50/per timeslot

Non-residents: \$75/per timeslot

Timeslots: 8:00 - 11:00 am, 12:00 - 3:00 pm, 4:00 - 7:00 pm

PARR PARK SPRAYGROUND PAVILION

Residents: \$50/per timeslot

Non-residents: \$75/per timeslot

Timeslots: 8:00 - 11:00 am, 12:00-3:00 pm, 4:00 - 7:00 pm

LARGE PARK PAVILIONS

PARR PARK PAVILION

Residents: \$100/3 hrs (\$20 each additional hour)

Non-residents: \$175/3 hrs (\$25 each additional hour)

PICKERING PARK PAVILION

Residents: \$100/3 hrs (\$20 each additional hour)

Non-residents: \$175/3 hrs (\$25 each additional hour)

CASEY'S CLUBHOUSE PAVILION

North or South Cabana

Residents: \$45 or \$90 for both

Non-residents: \$60 or \$120 for both

Timeslots: 8:00 am - 11:00 am, 12:00 - 3:00 pm, 4:00 - 7:00 pm

LAKE PARK PAVILION

TRAWICK PAVILION

Residents: \$350

Non-residents: \$450

Holiday Rates:

Residents: \$450

Non-residents: \$550

GoGrapevine.com/Rentals
or call 817.410.3470

JACKSON PAVILION

Contact Rockledge Park at 817.455.5413

MEADOWMERE PAVILION

Residents: \$275

Non-residents: \$325

Holiday Rates:

Residents: \$325

Non-residents: \$375

Please call 817.410.3470 for rates. For the Trawick and Meadowmere Pavilions, all paid reservations canceled prior to 14 days from the date of event will have a \$25 cancellation fee. Any cancellation within 14 days of the rental will have a \$100 cancellation fee. This is a cancellation for any reason, including weather. Rain checks are accepted. All Lake Park Pavilions are not reservable on July 4th. For the Vineyards Campground & Cabins reservations, please call 817.329.8993.

INDOOR RENTAL FACILITIES

The Bessie Mitchell Meeting Facility is available for Grapevine residents and businesses only.

BESSIE MITCHELL FACILITY

\$100/2 hr (residents only)

\$50 each additional hr

FITNESS



PERSONAL TRAINING

Whether you're new to exercising or have been at it for years, hiring a certified personal trainer may put you on the proper path to attaining your individual fitness goals.

- Providing accountability and motivation
- Providing expertise and client education
- Teaching proper form and execution of each movement
- Listening to and understanding your needs
- Helping you HAVE FUN and feeling great!

If you're ready to schedule an appointment, or just have questions, feel free to contact Faith Hill, Fitness Coordinator. She can help find the trainer that best matches your needs, wants, and schedule.

To schedule your appointment with a personal trainer, contact Faith at 817.410.3934 or FHill@grapevinetexas.gov.

PERSONAL TRAINING PACKAGES

Half-hour private session — \$40

Five for \$195.00 (Save \$5) • Ten for \$380.00 (Save \$20)
Fifteen for \$540.00 (Save \$60) • Twenty for \$700.00 (Save \$100)

Half-hour semi-private session — \$55

Five for \$270.00 (Save \$5) • Ten for \$530.00 (Save \$20)
Fifteen for \$750.00 (Save \$75) • Twenty for \$960.00 (Save \$140)

1 hour private session — \$70

Five for \$340.00 (Save \$10) • Ten for \$680.00 (Save \$20)
Fifteen for \$990.00 (Save \$60) • Twenty for \$1300.00 (Save \$100)

1 hour semi-private session — \$95 (\$47.50/person)

Five for \$465.00 (Save \$10) • Ten for \$930.00 (Save \$20)
Fifteen for \$1365.00 (Save \$60) • Twenty for \$1800.00 (Save \$100)

Half-hour small group sessions for 3 or more! – NEW!

Five for \$150 (\$30 per person) • Ten for \$240 (\$24 per person)
Fifteen for \$300 (\$20 per person)

MEET OUR TRAINERS



KYLE ANDERSON, MS, NASM CPT

After playing Division I football, Kyle focused on his passion for sports medicine through training rehab patients and has been in the health and wellness industry for 17 years. Kyle has a diverse background which includes training clients for weight management, nutritional counseling, special population programming such as diabetes, arthritis and strength and conditioning for both

professional and student athletes. Kyle's personal motto is "Reaching any goal in life takes preparation, persistence, perseverance and most of all perspiration."



MICHELE BROOKS, NASM CPT

Certified by the National Academy of Sports Medicine in Personal Training and Optimum Performance Training for Weight Management, through the Cooper Institute for Biomechanics of Resistance Training and Indoor Cycling, a certified TRX group suspension instructor, as well as an active Fire Fighter and Paramedic. Michelle is constantly striving to learn more

about health and fitness. This mother of two has competed in several races which has helped her to gain more knowledge on how the body responds to prolonged activity. Michelle's discipline, focus and determination will be evident the first time you meet her.



LARRY COLEMAN, CI-CPT

Larry, a former collegiate basketball player from Howard Payne University, received his personal training certification from the Cooper Institute of Dallas in 2007 and then started his fitness company COLEMAN COMPLETE FITNESS. He earned his Master Personal Training certification in 2010 and received certifications in Dietary Guidance and Weight Management Leadership.

Larry tailors his programs to fit the needs and abilities of each individual client, from the young to the young at heart.



PAULA LEBOV

Paula is an ACE Certified Personal Trainer, who recently retired from the Military, after serving 24 years as a Combat Medic. During her Army career, she was assigned to the U.S. Army Physical Fitness School for 4 years, at which time she taught the Master Fitness Trainer Course to troops all over the world. After multiple combat tours, Paula began practicing yoga to heal her

broken mind, body, and spirit, and became a Registered Yoga Teacher to share the transformative power of yoga with others. Paula provides her clients with a unique mind-body integrative fitness experience, and specializes in private and small group yoga sessions.



KIM DAVIS, BS BIOLOGY & CHEMISTRY, M.SC. SPORTS MANAGEMENT; CI-CPT; 7TH DAN TAEKWONDO, 5TH DAN HAPKIDO, BLACK SASH SENKOTIROS ARNIS

Kim enjoys working with people of all ages to help them achieve their goals and gain benefits of a healthier lifestyle. Her fitness plans/prescriptions are scalable to meet the needs of the individual

client through private or semi-private lessons. Kim's experience from over 30 years of martial arts training as a competitor and instructor is integrated with her personal fitness knowledge from The Cooper Institute™ as well other fitness resources, such as the American College of Sports Medicine and American Council on Exercise, to design fitness programs for clients of all ages.



JAMES OLIVER, NASM CPT & NASM SENIOR FITNESS SPECIALIST

A native to DFW, James has had a passion for health and fitness since he can remember. He specializes in Senior Fitness and considers it a pleasure to help someone in his community reach his or her goals. James received his personal training certificate from the National Academy of Sports Medicine in 2015 and went on to further

his knowledge with a certification in Senior Fitness through the National Academy of Sports Medicine. James firmly believes that a healthy life is a happy one and he would be thrilled to show you the way.



CASSI REDMON, NASM CPT

Starting with playing basketball at a young age, all the way to playing basketball at Sterling College for four years, Cassi received her degree in exercise science. She also holds certifications from NASM in fitness nutrition and is a weight loss specialist. Cassi believes in complete health and fitness which involves healthy ways of

fueling your body, safe exercises, stress relieving activities, and finding balance in your life. She is passionate about creating a positive, challenging, uplifting program for each person she encounters!



NEAL SMITH, ACSM CPT

Neal is a graduate from Oklahoma State University and holds a degree in Health Promotion and is a certified Personal Trainer through the American College of Sports Medicine. While pursuing his degree at Oklahoma State, he ran cross country and track specializing in long distance. Neal believes that

utilizing a personal trainer to reach your fitness-related goals will give you the positive momentum to make changes in all aspects of your life.

FITNESS CLASSES



DROP INS

Can't decide which Fitness class is just right for you? Do you frequently travel and can't commit to an entire month at a time? Then our \$10 Drop-In Pass is just for YOU! You can purchase Drop-In passes at the Front or Fitness Desk before your class begins. After you drop in on a class and decide you can't go another day without having that class on your regular schedule, we will credit that \$10 towards your registration fees! *Make sure to check the individual class descriptions in our latest Go Grapevine Magazine or online at GoGrapevine.com to see if the class you're interested in accepts Drop-Ins. *In order to receive the \$10 credit, you must register for the class on the same day the Drop-In pass is used.

GROUP EXERCISE CLASSES

GROUPX

Welcome to the class with sass! GroupX mixes hard work and fun with a sense of community as we start where you are: Getting Fit and Staying Fit. Ankle weights recommended as needed. Drop-ins welcome.

Days: Monday, Thursday

Location: The REC

Time: 6:00 - 6:50 pm

Ages: 15+ years old

Fee (monthly): \$20 Member / \$30 Non-member (4x mo) OR \$40 Member / \$50 Non-member (8x mo)

Code: 706255

Instructor: Patrece Coblentz, ACSM

PIZAZZ MOVES

Pizazz Moves is a FUN, safe and effective class suitable for all fitness levels. You will receive

the benefit of all types of movement including, Cardio, Strength, Balance and Stretching; using various equipment and your own body. Pizazz Moves will put a Smile on your Face... and a Zip in your Pace. Wouldn't YOU like to have more Pizazz? Renee brings over 25 years of experience and welcomes your questions. Complimentary downloads of Pizazz Moves Videos and first class is always FREE! Drop-ins welcome.

Days: Tuesday, Thursday

Location: The REC

Time: 9:15 - 10:15 am

Ages: 13 +

Fees (monthly): \$20 Member / \$30 Non-member (1 class/wk) OR \$40 Member / \$50 Non-member (2 classes/wk)

Instructor: Renee DiDonato Errett, AFAA-CNHP

Email: Renee@PizazzMoves.com

Website: PizazzMoves.com

Code: 706220

OLIVER FITNESS BOOTCAMP

Get into shape fast with our bootcamp style training!! Start your day feeling better about yourself while meeting new people and having fun! Become faster and more flexible while losing weight!! Drop-ins welcome. Please bring the following: Yoga mat or towel, exercise gloves, sunscreen and plenty of water!

Location: The REC Field

Fee (monthly): \$52 Member / \$62 Non-member

Ages: 13 + years old

Days: Monday, Wednesday, Friday

Time: 6:30 - 7:15 am

Code: 706207

Days: Monday, Wednesday, Friday*

Time: 7:00 - 7:45 pm

Code: 706208

Instructor: James Oliver, NASM, CPT-CI Activity

*pm class on Fridays will be 6:00 pm - 6:45 pm

FIT FLOAT HIIT... THE BEST OF BOTH WORLDS!

Are you just getting into fitness? Do you want to try something new? Check out our new fit float classes here at The REC! A Fit Float is a 3x7 foot floating platform that is great for challenging your core muscles, while activating stabilizing muscles as well. We will be targeting the entire body and core with circuit style training. Come check it out! Note: It is recommended that participants wear shorts/leggings over swimsuit.

Day: Saturday

Location: The REC Aquatic Center

Time: 9:00 - 9:55 am

Ages: 16 - 60

Fee (monthly): \$42 Member / \$52 Non-member

Code: 550900

Instructor: James Oliver, NASM, CPT-CI

HIIT THE COURT WITH JAMES - NEW!

National Fitness Campaign has entered Grapevine, Texas with an outdoor bodyweight circuit-training system that features a series of full-body exercises, creating a simple yet powerful workout suitable for all athletic abilities! Focusing on cardiovascular exercises, James Oliver will guide participants through a 45-minute bodyweight HIIT circuit, which involves intense bursts of high-intensity exercises followed by periods of low-intensity active-rest periods. Looking for a well-rounded program with aerobic and strength training, outdoor in the shade? This is the program for you! Please bring a mat, water, and a sweat towel. Drop-ins are welcome.

Day: Tuesday

Location: The REC Fitness Court

Time: 6:00 - 6:30 pm

Ages: 13+

Fee (monthly): \$25 Member / \$35 Non-member

Code: 706206

Instructor: James Oliver, NASM, CPT-CI

CSF

Core, Strength & Flexibility will be improved using balance balls, resistance bands, dumbbells, and other equipment. Each exercise can be modified to match individual ability so as to gradually challenge beginner through advanced levels. Group Exercise class provides a fun experience where classmates provide encouragement! Kim was a high school and college athlete, and, post college, competed in Taekwondo for 12 years. She applies learning from continuous education from The Cooper Institute™, ACE, and ACSM to classes. Drop-ins are welcome.

Days: Tuesday, Thursday

Location: The REC

Time: 8:15 - 9:00 am

Ages: 13+ years old

Fee(monthly): \$42 Member / \$52 Non-member

Code: 706243

Instructor: Grand Master Kim Davis, M.S., CI-CPT, ACE-OES

GET FIT LIVE!

Come join us for a GREAT overall workout! We will incorporate aerobic cardio and bodywork combos that are both fun AND challenging. We can start right where you are, but we will take you to where you want to be! Drop-ins welcome.

Days: Monday, Wednesday, Friday

Location: The REC

Time: 8:30 - 9:30 am

Ages: 16+ years old

Fee(monthly): \$25 Member / \$45 Non-member (2 classes/wk) OR \$50 Member / \$60 Non-member (3 classes/wk)

Code: 706205

Instructor: Grand Master Kim Davis, M.S., CI-CPT, ACE-OES

ZUMBA WITH SAMANTHA!

New to Zumba? No problem! This is a fitness class, not a dance lesson. Get ready to use fun salsa, cumbia, and merengue steps, to name a few, set to Latin, international, rock & roll and pop music to get your heart pumping! This class is a TOTAL workout that combines all elements of fitness – cardio, muscle conditioning, toning, balance, and flexibility for boosted energy, strength, Memory and endurance. We use low-intensity and high- intensity moves that are interchanged with isometric moves for an interval style, calorie burning fitness experience. Come sweat with us! Please bring the following: water, sweat towel, 1lb.-2.5lb. Zumba toning sticks or 1lb.- 3lb. hand weights.

Days: Monday, Wednesday, Saturday*

Location: The REC

Time: 7:00 - 8:00 pm

Ages: 16+

Fee(monthly): \$36 Member / \$46 Non-member

Code: 706601

Days: Tuesday, Thursday, Saturday*

Location: The REC

Time: 10:00 - 11:00 am

Ages: 16+ years old

Fee(monthly): \$36 Member / \$46 Non-member

Code: 706606

*Saturday classes meet 10:00 - 11:00 am

Instructor: Samantha Olson

COLEMAN COMPLETE FITNESS

CAMP COLEMAN/COLEMAN CROSS TRAINING

Coleman Boot Camps are designed to challenge and work your body in every way possible! You will be challenged with a variety of workout styles including High Intensity Interval Training (HIIT), Aerobic step strength training, tabatas, cardio strength training workouts and weight loss competitions. Coleman workouts are always exciting and new and will challenge your body in different ways. Every class will work your core, cardio and strength. The workouts will include resistance bands, stability balls, TRX suspension trainers, BOSU balls, dumbbells and kettle bells. We'll mix them all up to give you great workouts that will get you into best shape of your life... all while making you fall in LOVE with FITNESS! Drop-ins welcome.

Days: Monday, Wednesday, Friday

Location: The REC

Time: 5:30 - 6:15 am

Ages: 13+ years old

Fee(monthly): \$90 Member / \$100 Non-member

Instructor: Larry Coleman, CI-MPTR

Code: 706203

Days: Monday, Wednesday, Friday

Location: The REC

Time: 9:00 - 9:45 am

Ages: 13+

Fee(monthly): \$90 Member / \$100 Non-member

Code: 706222

Instructor: Larry Coleman, CI-MPTR

MASSAGE

THERAPEUTIC & RELAXING MASSAGE AT THE REC OF GRAPEVINE

Location: The REC

Table sessions: 2nd floor Massage Room, most methods of payment are accepted.

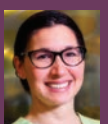
Chair massage: Main lobby, Tues. 5:00 - 7:30 PM, \$1 per minute, cash.

Contact: Songwood@sbcglobal.net



Elizabeth St. Marie, LMT • 817.721.8691

60 minute session: \$85 or 90 minute session: \$125



Austin E. McCabe, LMT • 682.777.8181

60 minute session: \$80 or 90 minute session: \$115

FIT4MOM GRAPEVINE

FIT4MOM is the country's largest fitness program for moms and baby. We offer prenatal and postnatal fitness classes for every stage of motherhood. Programs include Fit4Baby (prenatal program), Stroller Strides, Stroller Barre, and Body Back. Find the right fit for you, Mama!

Days: Tuesday, Thursday

Dates: March 27 - May 15

Location: The REC

Time: 6:00 - 7:00 am

Ages: 18+ years old

Instructor: Farrah Agado

To Register: 682.651.7895 or grapevinefit4mom.com

GLADIATOR FITNESS CAMPS

Camp Gladiator is an adult fitness camp that promises an intense, motivating and challenging environment where men and women of all ages and fitness levels can push themselves. Participants may attend ANY and ALL times for one low price. For more information and to register, visit CampGladiator.com.

Fee: Commit to 6 months and pay \$79 a month OR commit to 12 months and pay \$69 a month.

YOGA

POWER FLOW YOGA-NEW

A vigorous and challenging style of yoga that synchronizes the breath with movement. This class is designed to develop strength, stamina, flexibility, and help with weight loss. Prepare to work hard, sweat, and have fun. Appropriate for all levels. Drop-ins welcome.

Days: Monday, Wednesday

Location: The REC

Time: 5:30 - 6:30 pm

Ages: 13+ years old

Fee(monthly): \$30 Member / \$40 Non-member
Code: 706105

Instructor: Paula LeBov, 200 Hour RYT, ACE PFT, Retired U.S. Army Master Fitness Trainer

MIND-BODY HEALTH + WELLNESS CLASSES WITH LYNNE

YOGA FLOW

Each month will start by teaching basic alignment & form of selected poses, breath work & meditation, as we progress through the month we will add poses and create a flow using these poses & synchronizing them with the breath. We will use warm up poses that allow you to stretch deeper

& cool down poses that release the muscles and allow a deep relaxation in Savasana at the end of class. We start a new flow of poses each month. Yoga will not only build strength, flexibility & relaxation but is healing to the body & mind as well. No experience necessary, class is designed to give options for all levels. Drop-ins welcome.

Days: Tuesday, Thursday

Location: The REC

Time: 8:30 - 9:30 am

Ages: 13+ years old

Fee(monthly): \$51 Member / \$61 Non-member
Code: 706809

Day: Thursday

Location: The REC

Time: 6:15 - 7:15 pm

Ages: 13+ years old

Fee(monthly): \$26 Member / \$36 Non-Member
Code: 706810

Instructor: Lynne Clem, lynne@yogaindfw.com

GENTLE STRETCH YOGA [WITH A TOUCH OF YIN]

This gentle class practiced to soothing music combines Level I poses, breath work and meditation, giving you an overall body stretch. You will also enjoy the addition of passively held Yin poses that work on the deep dense connective tissues of the body-the tendons, ligaments and cartilage-which are difficult to energize and open. Yin helps release and surrender the body consequently releasing and surrendering the mind, letting go, becoming calmer and less reactive to stressors. Geared toward students who wish to move at a slower pace.

Day: Wednesday

Location: The REC

Ages: 13+ years old

Time: 7:15 - 8:15 pm

Fee (monthly): \$26 Member / \$36 Non-member
Code: 706100

Instructor: Lynne Clem, lynne@yogaindfw.com

MIND-BODY HEALTH & WELLNESS HOUR: CHATS WITH GAURI & LYNNE

Where West meets East. Come explore the world of Ayurveda and what it has to offer you. A unique system of wellness which focuses on the mind-body relation and the importance of balance to ensure health. Learn what you can do every day to maximize your body's potential, positively impact your health, and promote healthier sustainable living as you age. Class will introduce and delve deep into a relevant health care topic based on Ayurveda philosophy & practices. We will also cover a variety of health care concerns relevant to participants. Simple, doable, easy to fit into any lifestyle. Ayurveda is one of the oldest holistic health sciences in the world. Its beauty lies in its perpetual principles

which were applicable 5000 years ago and still today.

Date: Sunday, May 6

Location: The REC

Ages: 16+ years old

Fee(monthly): \$20, pre-registration required

Code: 706101

Instructor: Gauri Junnarkar, Ayurveda Yoga Practitioner, M.S. Nutrition, Dietitian, and Diabetes Educator & Lynne Clem, Ayurvedic Yoga Specialist & Yoga Teacher

Contact: ayurnutrition.com, lynne@yogaindfw.com

FUNCTIONAL YOGA

Join us for a challenging Hatha Yoga Class taught in a Vinyasa Flow style, to marvelous music, focusing on improving strength, stability, mobility, concentration, breathing and finishing with a wonderful guided progressive muscle relaxation. Functional Yoga trains mind and body "Movements"; not simply muscles in an effort to ensure that improvements transfer over to everyday life, providing the best medical insurance to enable participants to both improve and preserve physical and mental function and in doing so improving quality of LIFE! Drop-ins welcome.

Note: The Saturday morning class is a full 60 minutes of Hatha Yoga with a 15-minute progressive guided muscle relaxation.

Days: Monday, Wednesday

Location: The REC

Time: 5:30 - 6:30 pm

Ages: 13+ years old

Fee(monthly): \$36 Member / \$46 Non-member
Code: 706807

Day: Saturday

Location: The REC

Time: 9:00 - 10:15 am

Ages: 13+ years old

Fee(monthly): \$31 Member / \$41 Non-member
Code: 706804

Instructor: Mary Cunningham, B.S., ACSM

THERAPEUTIC YOGA

Performing yoga with special attention to form and breath can be a powerful tool to health. Explore poses in a way that protects and promotes joint health but also challenges you to build strength and flexibility the right way. Get an intro to meditation and leave with practical tools you can use every day. Perfect for beginners and for those who are looking for more than the traditional yoga class. For more info, visit HappyMovements.com.

Day: Tuesday

Location: The REC

Time: 6:15 - 7:15 pm

Ages: 18+ years old

Fee(monthly): \$42 Member / \$52 Non-member
Code: 706303

Instructor: Natasha Carter, LAT, ATC, PYT-C



Jazzercise is a pulse-pounding, beat-pumping fitness program that gets you results...fast. It's a calorie-torching, hip swiveling, Shakira'd-be-proud dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Incinerate up to 800cph (that's calories per hour) in one 60 minute class. Our classes will leave you breathless, toned and coming back for more. Stop working out. Start working it ... with Jazzercise.

MON	TUE	WED	THU	FRI	SAT	SUN
8:10		8:10		8:10	8:10	
9:15	9:15	9:15	9:15	9:15	9:15	
						1:00
4:30		4:30		4:30		
		5:30				
6:00	6:00	6:00	6:00			
	7:00		7:00			

Location: The REC • **Ages:** 16+

Fee: Flat monthly fee options. Sign up during class.

- 12-mo. Commitment = \$46/mo. + \$20 joining fee
- 6-mo. Commitment = \$56/mo. + \$30 joining fee
- Drop-in price = \$15/class

Instructor: Owner—Missy Hill & team of certified Jazzercise instructors
Mon., Tue., Wed., Thu., Fri., Sat., Sun.

Questions? Call 817-269-6477 or Facebook @GrapevineJazzercise

7 CLASS TYPES AVAILABLE

Class types vary by week. Class times are constant. Check out jazzercise.com or download the MyJazzercise app to see which class type we are rocking today. Drop-ins welcome!

DANCE MIXX

This high-intensity dance workout mixes modern moves with strength training. Set to Top 40 music, it targets the 3 major muscle groups for a full body workout.

FUSION & FLIP FUSION

This total body workout is a circuit-based High Intensity Interval Training (HiiT) class that fuses high-octane dance loves with muscle work to rev up your results.

STRENGTH

This muscle-sculpting, hurts-so-good-it's-worth-it class combines weights and resistance training to create a tight, lean body. Hello muscles!

STRIKE

Jabs and kicks to pumping music knock out stress and release endorphins—calories don't stand a chance!

INTERVAL

Equal parts circuit-based bursts of cardio and strength training, this workout carves your body into the shape you strive for. Interval is the power of High Intensity Interval Training (HiiT), unleashed.

CORE

A cardio-plus-strength class designed to engage and chisel the entire core and target v-line abs for a body to boast about.





PILATES, BARRE, SCULPT & CYCLING

WORKOUT WITH WENDY FLOOR, CORE, & MORE

Instructor: Wendy Dolan, Wendyjd1@yahoo.com

PILATES I - STRETCH, STRENGTHEN & TONE

Life wreaks havoc on our bodies. Pilates is an effective antidote to this, by providing a workout that will stretch and strengthen your body. This class includes a series of unique strengthening mat and floor barre exercises, which promote elongated and toned muscles, will help you form strong core muscles, flatten your abs, improve your posture and balance and increase your flexibility, circulation and stamina. Pilates

offers an impactful method of stretching, strengthening, challenging and toning your body, which will enhance your daily activities and promote a feeling of physical and mental well-being. Modifications are included for all levels.

Day: Monday

Location: The REC

Time: 5:30 - 6:00 pm

Ages: 13+ years old

Fee(monthly): \$23 Member / \$33 Non-member

Code: 706204

Instructor: Wendy Dolan

INTRO TO BARRE – NEW DAY & TIME!

Intro to Barre uses a combination of postures inspired by ballet and other disciplines like Pilates and yoga. The ballet barre is used as a prop to balance while doing exercises that focus on isometric strength training, combined with high reps of small range-of-motion movements. The major benefits of barre are improved posture, muscle definition, increased flexibility and reduced stress. This class will incorporate light weights, as well as mats for targeted core work.

Day: Tuesday

Location: The REC

Time: 5:30 - 6:00 pm

Age: 13+ years old

Fee(monthly): \$25 Member / \$35 Non-member

Code: 706215

Instructor: Wendy Dolan

SCULPT EXPRESS - NEW DAYS & TIMES

Pressed for time? This quick 15-minute Pilates sculpting class focuses on strengthening and toning your upper body while engaging your core. Experts say weight-bearing exercise staves off the risk of osteoporosis, boosts your immune system and helps fast-track weight loss. It's not how long or hard you train, it's about exercising smart. 15 Minute Sculpt Express: Efficient and Effective!

Days: Monday and/or Tuesday and/or Thursday*

Location: The REC

Time: 6:00 - 6:15 pm

Ages: 13+ years old

Fee(monthly): \$11 Member / \$21 Non-member

(4 classes/mo) \$21 Member / \$31 Non-

member (8 classes/mo) \$28 Member / \$38

Non-member (12 classes/mo)

Code: 706223

Instructor: Wendy Dolan

*Thursday class meets 5:30-5:45 pm

SUMMER ARMS, ABS & PILATES IN 30! - NEW

Tone and strengthen your arms and abs for summer! Fusing Pilates, floor barre exercises and strength training, this 30-minute workout will help you develop muscular strength and tone your entire body.

Day: Wednesday

Location: The REC

Time: 5:30 - 6:00 pm

Ages: 13+ years old

Fee(monthly): \$23 Member / \$33 Non-

member

Instructor: Wendy Dolan

Code: 706403

PILATES II – GOT CORE? NEW TIME!

Pilates II tones, tightens and strengthens, combining mat, floor barre and glute exercises, and equipment, to tone up, increase flexibility, build and maximize core and glute strength, not to mention abs of steel! (This class takes place during the first half of my Cyclelates class.)

Day: Monday

Location: The REC

Time: 6:36 - 7:05 pm

Ages: 13+ years old

Fee(monthly): \$26 Member / \$36 Non-

member

Code: 706214

Instructor: Wendy Dolan

CYCLELATES

The perfect blend: Cycling and Pilates. Flatten your abs, build core strength and increase flexibility with Pilates mat exercises. Blast lots of calories, get lean and build cardiovascular strength with indoor cycling. Cyclelates incorporates 25 minutes of Pilates followed by 25 minutes of cycling, to challenge all fitness levels. Core and Cardio: Get it all accomplished in just one workout!

Day: Monday

Location: The REC

Time: 6:35 - 7:35 pm

Ages: 14+ years old

Fee(monthly): \$33 Member / \$43 Non-member

Code: 706251

Instructor: Wendy Dolan

CYCLE FUSION

Take the incredibly effective, calorie-busting workout of cycling and fuse it with total body conditioning to create an amazing cross-training experience!

Day: Wednesday

Location: The REC

Time: 6:15 - 7:15 pm

Ages: 14+ years old

Fee(monthly): \$33 Member / \$43 Non-member

Code: 706308

Instructor: Wendy Dolan

SATURDAY MORNING CYCLING

Rise and shine with this high energy cycling workout to start your weekend! Nothing beats a cycling class for a low-impact, invigorating, calorie-crushing workout! Cycling strengthens the heart, improves lung function and increases metabolism. Get in, get sweaty and get on with your day!

Day: Saturday

Location: The REC

Time: 8:00 - 8:50 am

Ages: 16+ years old

Fee(monthly): \$31 Member / \$41 Non-member

Code: 706616

Instructor: Wendy Dolan

POUND FOR KIDS – NEW!

POUND is the world's first cardio jam session inspired by the infectious, energizing fun of playing the drums. Using lightly-weighted, bright green exercising sticks, POUND for Kids! Transforms drumming into a lively and entertaining full body workout. Designed for all ages and fitness levels, POUND provides the perfect atmosphere for letting loose, toning up and rockin' out! Parents are welcome to participate as well! Drop-ins welcome!

Day: Wednesday

Location: The REC

Time: 8:30 - 9:00 am

Ages: 7+ years old

Fee(monthly): \$23 Member / \$33 Non-member

Code: 70630

Instructor: Wendy Dolan

SCULPT & CYCLING - NEW!

Get all of the benefits of strength training for your upper body, followed by cycling for lower body strength, cardiovascular fitness and burning fat and calories. You'll select your own personal intensity level with the weights you choose for sculpting and through body position, bike tension and pace on the bike. Sculpt & Cycling is an effective, low impact way to tone your body, build strength, crush calories, de-stress and have fun! Modifications for beginner through advanced participants. Drop-ins welcome!

Day: Thursday

Location: The REC

Time: 5:30 - 6:15 pm

Ages: 13+ years old

Fee(monthly): \$28 Member / \$38 Non-member

Code: 706225

Instructor: Wendy Dolan

REC



EXPRESS

GETTING YOU HERE SAFE & SOUND

The REC Express service allows patrons easy access to The REC's front doors.

WE NEED DRIVERS!

To become a volunteer driver and earn prizes, please contact Joanna Macsas at jmacsas@grapevinetexas.gov or 817.410.3462.

The REC Express operates Monday - Friday
8:00 am - 12:00 pm and 4:30 - 7:30 pm

MARTIAL ARTS

DRAGON WING CHUN KUNG FU SCHOOL

Dragon Wing Chun Kung Fu School Dragon James Fell has practiced martial arts for over 45 years. Familiar with various martial arts styles and street self-defense techniques, James devotes his time to helping people of all ages by sharing his self-defense knowledge and the art of Wing Chun Kung Fu. he is a Wing Chun black belt with the instructor credentials.

Day: Tuesday

Time: 6:30 - 8:30 pm

Ages: 13+

Code: 706103

Day: Saturday

Time: 7:30 - 9:30 am

Ages: 13+ years old

Code: 706104

Fee(monthly): \$42 member / \$52 Non-member (1 class/wk) OR \$82 member / \$102 Non-member (2 classes/wk)

Instructor: James Fell Email: jamesfell@dragonwingchun.com

TAE KWON DO/HAPKIDO/STICK FIGHTING

Grand Master Kim Davis is the founder of Freedom Martial Arts Academy with over 30 years of martial arts experience, she is 7th Dan Taekwondo, 5th Dan Hapkido, and Black Sash in Senkotiros Arnis. Tae Kwon Do, a Korean martial art, is for all ages and fun for the entire family. Improve flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Youth students learn & practice side by side with adult class students to see what is possible as they gain confidence. Students in the advanced class will learn to apply skills in forms, sparring, and self-defense applications. Hapkido adds grappling and some weapons techniques to Tae Kwon Do skills. Senkotiros arnis (stick fighting) is a Philippine art using 5 basic strikes combined with defense shielding and disarming skills. Students will use sticks and dull surfaced practice knives during training classes. Students do not need prior martial art training. Belt test and equipment available upon request from instructor.

CLASS	DAYS	TIMES	AGES	CODE	FEE
Youth Tae Kwon Do	Monday & Thursday	7:00 - 8:00 pm	6-II	706800	\$52 Member / \$62 Non-member
				706801	\$123 Member / \$133 Non-member
Adult Tae Kwon Do/Hapkido	Monday & Thursday	7:00 - 8:30 pm	12+	706802	\$55 Member / \$65 Non-member
				706803	\$123 Member / \$133 Non-Member
Stick Fighting*	Tuesday	7:30 - 9:00 pm	12+	706900	\$42 Member / \$52 Non-member

LEGENDS KARATE

Martial Arts classes are designed specifically for kids, teens, and adults. Our curriculum is designed by 10th degree black belt Grandmaster J Pat Burleson and 7th degree black bel Master Chance Burleson. Classes focus on perfecting martial arts techniques along with focus on discipline and control. Uniforms are handled through the instructor, no uniform needed for the first few weeks. Curriculum for 3, 4, & 5 years olds was designed by a black belt with a Master's Degree in Occupational Therapy for Pre-K aged children. Students must test out of the first class to make it to the 'advanced' class. Contact 817.285.8484 OR legendsmartialarts.com for more information. *\$5 discount for each additional family member enrolled

CLASS	DAYS	TIMES	AGES	CODE	FEE
Beginner Kids	Tuesday	5:00 - 5:40 pm	6 - 11	706700	\$55 Member / \$65 Non-member
Intermediate Kids	Tuesday	5:45 - 7:00 pm	6 - 11	706701	\$55 Member / \$65 Non-member
Advanced Kids	Tuesday	6:30 - 8:00 pm	6 - 11	706702	\$55 Member / \$65 Non-member
Teens & Adults	Tuesday	7:45 - 9:15 pm	12+	706703	\$55 Member / \$65 Non-member
Beginner Lil' Legends	Tuesday	5:00 - 5:30 pm	3 - 5	706704	\$55 Member / \$65 Non-member
Intermediate Lil' Legends	Tuesday	5:35 - 6:20 pm	3 - 5	706705	\$55 Member / \$65 Non-member
Advanced Lil' Legends	Tuesday	6:05 - 7:00 pm	3 - 5	706706	\$55 Member / \$65 Non-member

*Enroll in Adult Tae Kwon Do (706802) & add Stick Fighting for only \$30 per month

SPECIAL INTEREST



GRAPEVINE PING PONG

We offer individual lessons and group lesson for ages 5 up. All lessons have beginner level, intermediate level and advanced level. Group lessons require 3 players as the minimum.

Codes: 709013

Location: The REC

Times: Thursday, 5:00 – 6:00 pm

Ages: 5 - 17 years old

Fee: \$60 Mem / \$70 Non-member

Instructor: Jamie Schmidt

Group Lesson Fees: \$60 Mem / \$70 Non-member. Classes are held monthly.

Instructor: Grapevine Ping Pong Instructor

Thursday 709013

5:00 – 6:00 PM Beginner (Ages 5 – 17)

Instructor: Austin Clemens

Saturday 709020

2:00 – 3:00 pm Beginner (Ages 5+)

Saturday 709021

3:00 – 4:00 pm Intermediate (Ages 5+)

Saturday 709022

4:00 – 5:00 pm Advanced (Ages 5+)

Instructor: Jamie Schmidt

Sunday 709024

9:30 – 10:30 am Beginner (Ages 3 - 6)

Sunday 709025

10:30 – 11:30 am (Ages 5+)

INDIVIDUAL (PRIVATE) LESSON FEES:

Coach: Yahao Zhang Coach Zhang is a U. S. National Team member and rated as one of the top 10 players in the U.S.

Code: 709015

Fee: \$50/hour or (\$200 monthly 4 lessons)

Coach: Ines Zhang

Code: 709016

Fee: \$40/hour or (\$160 monthly 4 lessons)

Coach: Ying Lou

Code: 709017

Fee: \$35/hour or (\$140 monthly 4 lessons)

Coach: Austin Clemens

Code: 709018

Fee: \$35/hour or (\$140 monthly 4 lessons)

Coach: Jamie Schmidt

Code: 709019

Fee: \$25/hour or (\$100 monthly 4 lessons)

Once you have signed up an instructor will contact you to your private lessons.

Contact: gppctx@gmail.com, 817 372-0819

PING PONG (OPEN PLAY)

Ping Pong is a fast growing sport that can be enjoyed competitively or recreationally. This will offer Ping Pong Enthusiasts the chance to play each other and share techniques / strategies. For more information email gppctx@gmail.com or call 817 372-0819.

Days: Sunday

Location: The REC

Times: 2:00 – 5:00 pm

Ages: 5+ years old

Fee (monthly): \$0 Member / \$20 Non-member

Code: 709026

TEXAS LICENSE TO CARRY CLASS

This one-day (6hr) course satisfies the Texas handgun license training requirement. Course outline includes: use of force, restricted locations, handgun safety, storage laws, non-violent dispute resolution, verbal scenarios, police response, and concealment methods. The classroom portion concludes with the written test at about 2:00 to 2:30 pm. The shooting proficiency will be conducted at *Shoot Smart Indoor Range in Grand Prairie following the class. (Completion time at the range varies).

Optional shooting appointments will be available the week prior to class. For more information contact the instructor Mike Duff by phone at 817.719.9512 or email at mike@group6training.com.

Notes: Please bring a lunch to eat in class. Additional gun range fee of \$15 paid to the instructor.

Renewal option: Current LTC holders may attend as a refresher in light of the numerous legal updates (No shooting or certification required) \$50.

Date: July 28

Location: The REC

Time: 8:00 am – 2:30 pm

Ages: 21+ years old

Fee: \$79 Member / \$89 Non-member

Code: 709795-06

DEFENSIVE DRIVING

Bright Driver is a National Safety Council defensive driving course for all individuals that need an auto insurance discount and/or need to dismiss a traffic citation. This is a six-hour course that can also be used a corporate safety course to use as a driver safety course. The instructor will be TEA/NSC certified, and for more details go to brightdriversafety.com.

Dates: June 9 709736-06

July 14 709736-07

August 11 709736-08

Location: The REC

Time: 9:00 am – 3:30 pm

Ages: 16+ years old



FINE ARTS

CLOGGING

Want to learn to Clog? Well getting started is easy and fun. You don't need a partner or any previous dance experience. Clogging is a great multi-generational family activity. You will learn the 8 basic steps and some fun dances! Shoes and Taps are required and may be ordered. We will have shoe and tap info at the first class. Beginners are welcome and the first thirty minutes of class is for beginners.

Days: Monday

Location: The REC

Time: 8:00 – 9:30 pm

Ages: 14+ years old

Fee: \$15 Member / \$25 Non-member

Code: 708221

BELLY DANCE: IMPROV TRIBAL STYLE

In this class you will learn improve Tribal Style belly dancing (ITS) with an introduction to the fundamentals of tribal movement, partner work, strength building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the ITS format. This is a low impact dance suitable for all ages and body types.

Days: Wednesday

Location: The REC

Times: 8:00 – 9:00 pm

Ages: 14+ years old

Fee: \$28 Member / \$38 Non-member

Code: 709110

ART CLASS

Instructor teaches individually in different subjects and mediums. These include pastels,

watercolor, acrylics and oils. While also learning mixing colors, color theory and technique. You are encouraged to bring the following supplies: Canvas, paper or board, paint brushes (flat; small, medium and large table easel). Paint will be furnished by instructor. Note: There will be no art classes in August

Days: Tuesday

Location: The REC

Time: 6:00 – 7:30 pm

Ages: 10+ years old

Fee: \$48 Member / \$58 Non-member

Code: 705202

DRAWING & PASTELS

Drawing from basic shapes, landscapes, perspectives, still life and animals. Drawings will be finished in pencil or pastels. You are encouraged to bring the following supplies: 11"x14" drawing tablet and #2 pencils. Pastels will be provided. Note: There will be no drawing & pastels classes in August.

Days: Tuesday

Location: The REC

Times: 4:30 – 5:45pm

Ages: 14+ years old

Fee: \$45 Member / \$55 Non-member

Code: 705218

TEXAS GUITARVILLE MUSIC SCHOOL

LEARNING TO PLAY THE GUITAR

Don't have a guitar? No problem, we have an instrument for you to try it out with, but we strongly recommend you have your own instrument to take home and practice with. Come learn alongside beginners like yourself. We have

patient, professional and knowledgeable teachers waiting to help you. Enrollment is a monthly process. You must register before the first of each month to insure you will have a spot.

Days: Saturday

Location: The REC

Ages: 7 - 15 years old

Fee: \$39 Member / \$49 Non-member

Codes: 705205 12:30 – 1:30 pm

705203 1:30 – 2:30 pm

GUITARVILLE PRIVATE LESSONS

Fun, interactive and engaging music lessons for all ages, all styles and levels. We offer private half hour or full hour long lessons once per week. Registration is a monthly process and you must pay for lessons by the first of each month to RSVP your spot or to maintain your current spot. You must pay for and attend 4 lessons per month. Makeup lessons are available with a 48-hour notice and depending on your instructor's availability. Our schools offer lessons in guitar, bass guitar, piano/keyboard, voice, banjo, mandolin, ukulele, saxophone, drums and much more. You even get a free instrument if you commit to 12 months of lessons. Note: Instruments are available to use during class. Contact Texas Guitarville to set the day and time for your lessons: 817.584.5818 or texasguitarville@gmail.com.

Location: The REC

Ages: 4+ years old

Fee: Half Hour (4 lessons):

\$90 Member / \$100 Non-member

Full Hour (4 lessons):

\$180 Member / \$200 Non-member

Code: 705210 – Half hour session

705206 – Full hour session

Fee: \$35 Member / \$45 Non-member

SPEAKSMART FOR YOUNG MINDS (NEW)

BEGINNERS

This class introduces participants to public speaking and leadership to assist them in becoming confident communicators and leaders. Students learn key aspects of public speaking such as speech construction, body language, eye contact, gestures and expressions and vocal variations. Students will be introduced to providing speech feedback to other speakers. Participants will receive ample stage time to present their speech and participate in impromptu questions every class with a speech show case in the final class.

Date: June 12 - July 17 (Tuesdays)
709546-06

June 14 - July 19 (Thursdays)
709546-07

Location: The REC

Time: 5:00 - 6:30 pm

Ages: 9 - 15 years old

Fee: \$100 Member / \$110 Non-member

ADVANCED

This class introduces participants to different techniques of providing feedback. This reinforces the participants listening and processing skills while giving them opportunities to practice and polish their public speaking skills. Participants will receive ample stage time

to present their speeches and participate in impromptu questions. Participants will proudly show case their speeches and provide speech feedback to their fellow participants in the final class.

Prerequisite: Students must know the basic techniques of public speaking.

Dates: July 31 - 17 (Tuesday and Thursday)

Location: The REC

Time: 5:00 - 6:30 pm

Ages: 9 - 15 years old

Fee: \$100 Member / \$110 Non-member

Code: 709546-06

EARLY ACHIEVER'S PRESCHOOL ACADEMY

Academic Pre-School Program for 3-5 year olds.

This fun-filled Preschool class utilizes a hands-on theme based yearly curriculum that focuses on the academic, social, emotional, physical and creative development of each student. Areas of reading, writing, science, safety, health, social studies, math, art, music and movement are included. Fun learning activities, include language, music and art appreciation, visual and spatial perception, logical and mathematical calculation, social interaction, fine and gross motor skills, phonetic awareness and building

alphabet skills including letter identification, providing a strong foundation for further developing reading skills. Please bring a snack. There will be a \$10 supply fee paid to instructor first day of each session. Children must be potty trained or parents must stay on premises.

Dates: June 5 - 28 (Tuesday and Thursday), 708315-06, July 3 - 26 (Tuesday and Thursday), 708315-07, July 31 - August 16 (Tuesday and Thursday), 708315-08

Location: The REC

Times: 9:30 am - 12:00 pm

Ages: 3 - 5 years old

Fee: \$99 Member / \$109 Non-member

BEGINNER FENCING

En Garde! Kids can learn the exciting sports of Olympic Fencing. It is a safe and fun individual sport. That improves concentration, agility, strengthen and boost self-esteem. Students will be provided with equipment and the basic skills to become modern day musketeers! Class will only be held in August.

Days: Monday, Wednesday (August only)

Location: The REC

Time: 6:00 - 7:00 pm

Ages: 8 - 14 years old

Fee(monthly): \$49 Member / \$59 Non-member

Code: 706200-08



GO DISCOVER your next outdoor adventure, **GO LEARN** for a tough sport, **GO CAMPING** at our parks or **GO EXPLORE** a new program, all on our Grapevine Parks and Recreation website.

GoGrapevine.com



KIDS' PROGRAMS



PRE-SCHOOL GYMNASTICS

This class is designed to promote physical activity and motor skill development. Basic gymnastics skills such as rolls, bridges, handstands and cartwheels will be introduced. Students will also be exposed to other gymnastic equipment such as the balance beam. Class will not be held in July. June will hold an extra session 708205-6A.

Days: Tuesday

Location: The REC

Times: 3:30 – 4:15 pm

Ages: 3 – 5 years old

Fee: \$35 Member / \$45 Non-member

Codes: 708205

BEGINNING GYMNASTICS I

This class is designed as an introduction to gymnastics. Students will learn floor skills such as rolls, cartwheels, hand-stands and back bends. Students will also be introduced to the balance beam and vault. Note: Class will not be held in July.

Days: Tuesday

Location: The REC

Times: 4:15 – 5:00 pm

Ages: K – 7 years old

Fee: \$35 Member / \$45 Non-member

Code: 709327

BEGINNING GYMNASTICS 2

This class is designed for older children who have little experience with gymnastics. Students will learn floor skills such as rolls, cartwheels,

hand stands and back bends. Students will also be introduced to the balance, beam and vault.

Note: Class will not be held in July.

Days: Tuesday

Location: The REC

Times: 5:00 – 5:45 pm

Ages: 8 – 12 years old

Fee: \$35 Member / \$45 Non-member

Code: 709202

ADVANCED INTERMEDIATE GYMNASTICS

This class is designed for the young gymnast who has already mastered the basic skills of the sport. Students entering this class should be able to do a cartwheel, a handstand and backbend with little or no assistance. We will be working on more advanced skills such as front and back walk-overs and handsprings. Students will also spend a portion of each class developing flexibility and strength. Note: Class will not be held in July.

Days: Tuesday

Location: The REC

Times: 5:00-5:45 pm

Ages: 7 – 14 years old

Fee: \$35 Member / \$45 Non-member

Code: 709328

CHEER FUN-DAMENTALS

ABCs and 123s are the foundation for all

learning. Motions, jumps, flexibility and strength are the foundations of cheerleading. Each of these principles is important for your youngster. Cheer fundamentals is designed to instill a love of physical fitness, poise and self-confidence using cheer and dance as a tool.

Days: Tuesday

Location: The REC

Times: 5:00 – 5:45 pm

Ages: 7 – 14 years old

Fee: \$35 Member / \$45 Non-member

Code: 709142

SOCCER SPARKS SKILLS CLASS

The Soccer Sparks Skills classes are designed with the main goals of sparking the passion for the game in young players and teaching them sound principles and techniques of the game in a fun and positive environment. The Soccer Sparks approach and carefully designed age appropriate curriculum fosters skill improvement and builds player confidence. Learn how to perfect your skills such as dribbling, passing, shooting and team work. The sessions are all 4 classes/weeks long.

Days: Monday

Location: The REC (turf field)

Times: 6:00 – 6:30 pm (2 – 3 yrs), 708417

6:30 – 7:15 pm (4 – 5 yrs), 708418

7:15 – 8:00 pm (6 – 9 yrs), 708419

Ages: 2 – 9 years old

Fee: \$44 Member / \$54 Non-member

ADAPTIVE RECREATION

SIMPLE COOKING WITH STEPHEN

This is an adaptive learning class teaching the basics in the kitchen. We will be going over simple cooking skills, as well as learning easy healthy meals that are in their simplest form. Covered in this class will be microwaving, stove top cooking, making soups and sandwiches, pasta, and other treats. Please contact Elisha Davis for more information and to register.

Phone: 817.410.3454

Email: edavis@grapevinetexas.gov

YOGA SPARKS

This is an adaptive yoga class that will do basic yoga poses and teach techniques. It will help with strength, flexibility, mobility, height, weight, relive tension, boost energy level and ability at any given time. Please contact Elisha Davis for more information and to register.

Phone: 817.410.3454

Email: edavis@grapevinetexas.gov



Find your way to savings.



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JO-ANN'S LITTLE DANCERS

CLASS	AGE	DAY	TIME	INSTRUCTOR	MONTHLY FEE MEMBER	MONTHLY FEE NON-MEMBER	CODE
Ballet/Tap for Pre-School	3 - 5 years	Saturday	10:00 - 10:40 am	Little Dancer's Instructor	\$45	\$55	708701
Ballet/Tap	6 - 12 years	Saturday	10:45 - 11:25 am	Little Dancer's Instructor	\$45	\$55	705700
* Jazz / Hip Hop	6 - 12 years	Saturday	11:30 - 12:15 pm	Little Dancer's Instructor	\$45	\$55	708700

Additional Information: Siblings receive \$5 discount.

Ms. Jo-Ann's classes are progressive. Weekday classes will pick back up in the Fall.

**** Note:** Please pay close attention to session lengths and dates when signing up. Prices will be adjusted accordingly.

Ballet shoes, leotards and tights are required for all dance classes & tap shoes are required for tap classes.

SUMMER CAMPS

LITTLE GARDENER CAMP SERIES 1: JUNIOR HORTICULTURIST CAMP

What are plants and why are they important? During this four-day camp, students will learn the basics of horticulture through interactive instructions and hands on plant based activities. Each day will include different areas of the plant science world including insects and what their jobs are in nature, vegetable gardening, the importance of composting and more.

Dates: June 18 - 21

Location: Grapevine Botanical Gardens (Pewitt Pavilion)

Time: 9:00 - 11:00 am

Ages: 7 - 10 years old

Fee: \$85 Member / \$95 Non-member

Code: 709012-05

SERIES 2: BUGS

Each day centers around a bug that campers will learn more about: butterflies, crickets, ladybugs and ants. Each day will begin with story time, then campers will do a hands on craft activity, stroll the garden and feed the Koi Fish.

Dates: July 16 - 19

Location: Grapevine Botanical Gardens (Pewitt Pavilion)

Time: 9:00 - 11:00 am

Ages: 4 - 6 years old

Fee: \$85 Member / \$95 Non-member

Code: 709011-05

PING PONG CAMP

This camp offers the perfect opportunity for your camper to learn and play table tennis. The camp activities will include basic skill training, match practice and game tactics. All training will be tailored for kid's level of play and advanced players.

Dates: June 4 - 8, 709027 - 06

July 16 - 20, 709027 - 07

July 30 - August 3, 709027 - 08

Location: The REC

Time: 1:00 - 3:00 pm

Ages: 6 - 17 years old

Fee: \$155 Member / \$165 Non-member

JO-ANN'S LITTLE DANCERS BALLET/TAP DANCE CAMP "HAWAIIAN HULLABALOO"

Your little dancer will experience a tropical themed week full of dance, Hawaiian arts and crafts along with assembling and eating a fruit kabob! Students should wear a leotard and tights, along with their tap and ballet shoes to class in a backpack or dance bag.

Dates: June 11 - 15

Location: The REC

Times: 10:30 am - 12:00 pm (3 - 5 years), 12:30 - 2:00 pm (6 - 12 years)

Ages: 3 - 5 & 6 - 12 years old

Fee: \$130 Mem / \$140 Non-member

Codes: 703978-06 (3 - 5 years old), 703977-06 (6 - 12 years old)

"BIBBITY-BOBBITY-BOO"

Cinderella themed week full of dance, arts and crafts and a bit of tumbling to. Dancers will receive a tutu and hair accessories for the Friday show to take home.

Dates: July 9 - 13

Location: The REC

Time: 10:30 am - 12:00 pm

Ages: 3 - 5 years old

Fee: \$130 Member / \$140 Non-member

Code: 703978-07

"OOOH LA LA" PARIS

Experience a European culture through music, food, fashion and historical landmarks. Your little dancer will learn two dance routines, do arts and

crafts, and other activities to enrich their dreams of travel. Dancers will receive a tutu for the Friday show to take home. Students should wear a leotard and tights, along with their tap and ballet shoes.

Dates: July 9 - 13

Location: The REC

Time: 12:30 - 2:00 pm

Ages: 6 - 12 years old

Fee: \$130 Member / \$140 Non-member

Code: 703977-07

CAMP ROCK!

Campers will learn how to play music together using instruments such as piano, drums, percussion, vocals, ukulele, mandolin and banjo. campers will have fun with music-themed games and learn how to make their own recordings and music videos. All levels of experience are welcome from beginner to advanced. Please contact texasguitarville@gmail.com for more questions and detail.

Location: The REC

Times: 9:00 am - 12:00 pm (06, 07, 08), 1:00 - 4:00 pm (6A, 7A, 8A)

Ages: 7 - 17 years old

Fee: \$135 Member / \$145 Non-member

DATES	CODE	TIMES
June 11 - 15	705204 - 06	9:00 am - 12:00 pm
June 18 - 22	705204 - 6A	1:00 - 4:00 pm
July 9 - 13	705204 - 07	9:00 am - 12:00 pm
July 16 - 20	705204 - 7A	1:00 - 4:00 pm
July 30 - August 3	705204 - 08	9:00 am - 12:00 pm
August 6 - 10	705204 - 8A	1:00 - 4:00 pm

SOCCER SPARKS CAMP

Soccer Sparks offers participants the opportunity to learn and develop fundamentals and more advanced soccer skills through a variety of drills, fun games and training

sessions. emphasis is placed on attaining maximum potential through respect and enjoyment of the sport. Participants will receive a free Soccer Sparks t-shirt. The participants will be separated into two age groups (6-8 & 9-12 years old)

Dates/Codes: July 18 – 21, 708420 – 06
July 16 – 19, 708420 – 07

Location: The REC (Turf Field)

Time: 9:00 – 11:00 am

Ages: 6 – 12 years old

Fee: \$80 Member / \$90 Non-member

EN GARDE! FENCING CAMP

En Garde! Campers will learn the exciting sport of Olympic fencing in a fun week long program. Fencing is a safe, individual sport that improves concentration, agility, strength and self-esteem. Students will be provided with equipment and the basic skills to become a modern day musketeer! please contact gasparinfencing@outlook.com for more information.

Dates: July 23 – 27, 706199 – 07

July 30 – August 3, 706199 – 08

Location: The REC

Time: 10:00 am – 12:00 pm

Ages: 8 – 14 years old

Fee: \$99 Member / \$109 Non-member

GIGI'S COOKING & CRAFT CAMP

Imagine the fun your little chef and artist will have expressing themselves through cooking and crafts! Campers will have a blast making messy masterpieces! Each camp day will have a different theme: Summer Fun, Camping, Pirate Day and Crazy Carnival. We will make beach cupcakes, campfire and gold coin cookies, silly squids, funnel cakes and much more. We will also make a craft to go with each theme: Camping lanterns, tent picture frames,

Gigi's camp journal, pirate hats, swords, beach placemats and we will play games with prizes.

Dates: June 26 – 29

Location: The REC

Time: 1:00 – 4:00 pm

Ages: 4 – 8 years old

Fee: \$185 Member / \$195 Non-member

Code: 708409 – 05

EVERYTHING CHOCOLATE

Love chocolate? Why not spend a week making so much chocolate you'll bring home enough to share! In this class, you will become skilled in making and decorating chocolates. You will create (and decorate) filled chocolates, dipped chocolates, and dropped chocolates. You will create edible pieces, including peanut butter cups, coconut haystacks, peanut drops, chocolate sculptures and much more.

Dates: July 16 – 20

Location: The REC

Time: 10:00 am – 12:00 pm

Ages: 6 – 12 years old

Fee: \$160 Member / \$170 Non-member

Code: 703990 – 07

GLAMOUR GIRLS

Butterfly wing toenails and shimmery lip balm – do these sound like your glamour style? Yes, then spend a week creating handmade beauty products that you will get to take home. Crafts will include making your own shimmery, scented lip balm, fizzy bath bombs, hand soap, glitter nail polish and a beauty box to store everything in. Not only will you make personalized beauty products, but you will also begin each morning painting your toenails learning beautiful nail techniques.

Dates: July 30 – August 3

Location: The REC

Time: 10:00 am – 12:00 pm

Ages: 6 – 12 years old

Fee: \$160 Member / \$170 Non-member

Code: 703995 – 08

VOLLEYKIDS VOLLEYBALL CAMP

VolleyKids is not strictly designed for the game of volleyball, but is designed to encourage players to participate in sports while working big muscles and training their eye-hand coordination encouraging team work and having fun. Basic concepts that are covered will include passing, setting, foot work, agility, serving and hitting. This is a great program to prepare athletes of all sizes and athletic skills for the next level. Get your young one involved in the fun, growing game of volleyball. Each camper will receive a camp t-shirt.

Dates: June 11 – 14, 703500-06 (4–7 years)

July 23 – 26, 703500-07

June 11 – 14, 703977-06 (8 – 12 years)

July 23 – 26, 703501- 07

Location: The REC

Times: 10:30 am – 12:00 pm (4 – 12 years old),

12:30 – 2:00 pm (6 – 12 years old)

Ages: 4 – 12 years old

Fee: \$110 Member / \$120 Non-member

DIGITAL PHOTOGRAPHY CAMP

Digital photography camp by Rare Learning is a specialized program that will introduce the student to the art of photography. Students will have the opportunity to learn about the introductory aspects of digital photography including composition, lighting a subject, use of lenses and digital editing.

Dates/Codes: June 18 – 22, 703926-06

July 23 – 27, 703926-07

Location: The REC

Time: 1:00 am – 4:00 pm

Ages: 9 – 15 years old

Fee: \$149 Member / \$159 Non-member



FILM MAKING CAMP

This is a four-day video production camp that teaches digital video filming, editing and production techniques. It is designed to generate an interest in critical observation and communications by engaging teenagers ages 9 - 15 in film-making projects. Students will complete a film for the parents on the last day.

Dates/Codes: June 11 - 15, 703926-06
July 9 - 13, 703931-07

Location: The REC

Times: 1:00 - 4:00 pm

Ages: 9 - 15 years old

Fee: \$149 Member / \$159 Non-member

ART CAMP

In this camp students will learn to mix colors and make a color wheel, work with water colors and acrylic paints as a group directed by the instructor. Subjects such as flowers, landscapes, and animals will be drawn/painted.

Dates/Codes: June 18 - 22, 703975-06
July 23 - 27, 703975-07

Location: The REC

Times: 10:00 am - 12:00 pm

Ages: 6-12 years old

Fee: \$140 Member / \$150 Non-member

TAE KWON DO CAMP (NEW)

Tae Kwon Do, a Korean martial art, is fun and improves flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. The camp will introduce basic skills and use agility exercises. Students will be provided the equipment needed for the class.

Location: The REC

Fee: \$99 Member / \$109 Non Member

Instructor: Grand Master Kim Davis, 7th Dan

Ages: 6 - 11 years old

Dates/Time: June 18 - 22, 12:30 - 2:30 pm

Code: 703900-06

Dates/Time: July 16 - 20, 12:30 - 2:30 pm

Code: 703900-07

Ages: 12 - 17 years old

Dates/Time: June 18-22, 3:00 - 5:00 pm

Code: 703901-06

Dates/Time: July 16-20, 3:00 - 5:00 pm

Code: 703901-07

STICK FIGHTING (NEW)

Senkotiros arnis (stick fighting) is a Philippine art using 5 basic strikes combined with defense shielding and disarming skills. Training matches skills to the student's ability. Prior martial art training is not needed. Students will use sticks and dull surfaced practice weapons during training classes. Students will be provided equipment needed for the camp.

Dates/Code: June 11-15, 703902-06
July 9 - 13, 703902-07

Location: The REC

Times: 12:30 - 2:30 pm

Ages: 12 - 17 years old

Fee: \$99 Member / \$109 Non-member

KARATE CAMP (NEW)

PRESCHOOL: Wiggly preschooler? We can focus those wiggles and teach them how to control that energy! They will be taught punches, kicks and how to block strikes from two experienced instructors from Legends Martial Arts. There will be lots of fun activities such as hitting targets, games to help teach them control, and at the end of the week they will be able to break a board!

Dates/Codes: June 25 - 29, 703904-06
July 23 - 27, 703904-07
August 6 - 10, 703904-08

Location: The REC

Times: 10:00 - 11:00 am

Ages: 3 - 5 years old

Fee: \$65 Member / \$75 Non-member

ELEMENTARY AGE: Have you ever wanted to fight like a real ninja? Has your child ever wanted to learn how to defend themselves? This camp will teach them in advanced self-defense techniques, help them get stronger, and help boost their confidence! They will be taught by two expert karate instructors from Legends Martial Arts.

Dates/Codes: June 25 - 29, 703905-06
July 23 - 27, 703905-07
August 6 - 10, 703905-08

Location: The REC

Times: 1:00 - 3:00 pm

Ages: 6 - 11 years old

Fee: \$105 Member / \$115 Non-member

ABRACADABRA (MAGICIAN CAMP)

Master simple sleight-of-hand and illusion effects to amaze your family and friends. This beginner magic course is taught by professional magicians from the Illusion Warehouse magic shop in Ft. Worth. A combination of magic tricks that use everyday objects from around the home as well as effects from the magic shop will be taught. The course helps children learn presentation and theatrical skills, and the ability to speak and perform in front of a live audience. On the last day, students will perform a magic show using the tricks and skills they learned during camp. Each camper will get to take a beginner's Magician's kit home with them.

Dates: June 9 - 13

Location: The REC

Times: 9:00 - 11:00 am

Ages: 8 - 12 years old

Fee: \$150 Member / \$160 Non-member

Code: 703972-06

SPARTAN KID CAMP (NEW)

Get your kid in Spartan shape this summer! Lots of running, crawling and jumping as well as team building and conditioning exercises! All while having fun! Kid athletes will benefit! Please have your Spartan bring water and a towel to camp.

Dates/Codes: June 11 - 15, 703903-06
July 9 - 13, 703903-07

Location: The REC

Times: 8:00 - 9:00 am

Ages: 11 - 17 years old

Fee: \$65 Member / \$75 Non-member





THE REC SUMMER CAMP

This is the best way to spend your summer. Campers are led in activities planned for them each week. Campers will be taken on an offsite field trip twice a month. On weeks when there is not a field trip scheduled campers will get to enjoy different events that we will bring in (Crittman, Video Game Truck, Kona Ice, Magic show, Camp Cook-out). Campers will also be able to swim Monday, Wednesday and Friday in our indoor water park. The three sessions offered coincide with the GCISD School summer break. Two classes per session, meet five times per week (Monday - Friday). Campers must sign up for both sessions in order to attend all day. Get ready for the best summer ever!

DATES	CODE (AM)	CODE (PM)
June 4 - 29	703924 - 06	703925 - 06
July 2 - 27	703924 - 07	703924 - 07
July 30 - August 17	703924 - 08	703925 - 08

Location: The REC

Times: 7:30 am - 12:30 pm, 1:30 - 6:00 pm

Ages: 7 - 12 years old

Fee: \$205 Member / \$215 Non-member (per session)
(August Pro-Rate) \$185 Member / \$195 Non-member
(Per Session)

Note: The field trips cost and camp t-shirt fee is not included in the camp fee. Camp t-shirts are \$10 per shirt and will be sold during camp. Camp t-shirts are required to go on field trips. A maximum of three HERO candidates allowed per session. Campers must bring a sack lunch if staying the entire day. Please provide your camper with a daily snack. Campers should not be dropped off before 7:30 am. There will be no camp on July 4. The REC will be closed in observance of Independence Day.

Meet The Staff Night: On Thursday, May 31 from 7:00 - 9:00 pm, come meet the REC summer camp staff. Parents and campers will be able to fill out camper information forms, pick up camp t-shirts and enjoy cookies and ice cream.

TEEN C.A.M.P.

**Character Awareness while Motivating young People
(BUILDING LEADERSHIP THROUGH "CAMP")**

Looking for something to do this summer instead of staying at home? Join our friendly staff as campers enjoy a fun-filled summer by going on fun trips throughout the DFW area. This camp is designed to help mold young adults into leaders all while having fun at the same time. As a team, working together, campers will do one community service project a week. This will help build team work, character, community spirit and awareness, caring hearts, responsibility and much more. Campers will also receive a letter of appreciation for all community service hours they complete during the summer.

The Teen Camp van will leave for field trips by 9:00 am and return around 4:00 pm. Campers can be dropped off between 7:30 - 9:00 am and picked up between 4:00 - 6:00 pm. During the 4:00 - 6:00 pm time campers can hang out in our game room until heading out for the day or waiting to be picked up at the end of the day. Please provide your teen with lunch money or a packed lunch. You may also want to provide them with a few extra spending dollars for spending. The admission for each field trip is included in the registration fee. Each camper must purchase at least one camp t-shirt (\$10) for field trips.

There will be no Camp on Wednesday, July 4th. The REC will be closed in observance of Independence Day. Field trips will include: Six Flags, Main Event, Texas Rangers Game, Ft. Worth Zoo, Skate Town, Perot Museum, Dallas Aquarium, Mountasia, Summit Rock Climbing, Planetarium, Hawaiian Falls, Grapevine Mills Mall, Bass Pro, Cabelas, Nickel Mania, Glade Pool, Dove Water Park, Ft. Worth Museum of Science & History, the Movies and much more!!! Parents will receive a weekly schedule of trips for that week on the Friday before. *All trips are subject to change.

Location: The REC

Times: 9:00 am - 4:00 pm

Ages: 13 - 16 years old

Fee: \$185 Member / \$195 Non-member

DATES	CODES
June 4 - 8	709002-0
June 11 - 15	709002-02
June 18 - 22	709002-03
June 25 - 29	709002-04
July 2 - 6	709002-05
July 9 - 13	709002-06
July 16 - 20	709002-07
July 23 - 27	709002-08
July 30 - August 3	708002-09

MAD SCIENCE CAMPS 2018

MISSION: INVESTIGATION

Does your camper have a creative mind? This camp will inspire the hidden inventor inside all of us! Each day campers will overcome a set of challenges using their mind and creativity. Investigate the awesome inventions created before modern science began.

Date: June 4 - 8

Location: The REC

Time: 9:00 am - 12:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703928-06

SECRET AGENT LAB

Learn to spy - oh, my! James Bond? MacGyver? Do you have what it takes to discover "who done it"? If so, this camp is for you! Explore secret communications, detective crime science, inner workings of our cells and cool chemistry.

Date: June 4 - 8

Location: The REC

Time: 1:00 - 4:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703914-06

BUBBLES, SMOKE, EXPLOSIONS

Have fun with chemistry at an exciting camp! Make a crystal garden and synthesize your own slime. Learn about our solar system, making a comet with everyday items. Have a shocking time with a Van de Graaff generator and experience lighting up close!

Date: June 11 - 15

Location: The REC

Time: 9:00 am - 12:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703913-06

EARTH: THE AMAZING PLANET (NEW)

Where kids can... track scents through trails, relay on a "lunar" site, play "perfect" baseball... all while their imaginative learning is sparked. Over the next five days we will empower our young scientists as young Geologists, Naturalists, Sport Coaches, Astronauts and more!

Date: June 11 - 15

Location: The REC

Time: 1:00 - 4:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703929-06

MAD PLANETEERS!

Science is all around us: deep in the earth to high in the sky! Protect our awesome planet, make recycled paper and experiment with pollution solutions. Investigate animals and make a cast of an animal footprint to keep.

Date: June 18 - 22

Location: The REC

Time: 9:00 am - 12:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703994-06

RED HOT ROBOTS

Join us in red-hot robot exploration! Discover inner workings of robots, experiment with circuits, sensors and power supplies. Explore sound sensing, line tracking and solar power robots. Build your own robot to keep!!

Location: The REC

Ages: 7 - 11 years old

Fee: Member \$180 / Non-member \$190

Instructor: Mad Science

Date/Time: June 18 - 22, 1:00 - 4:00 pm

Code: 703985-06

Date/Time: July 23 - 27, 1:00 - 4:00 pm

Code: 703985-07

SPYING SCIENCE

Join in CSI style forensics in a hands-on look at crime scenes. Identify and collect evidence from fingerprints to trash! Recreate the scene of a crime using clues. Detect suspects using science in this investigation into the science of sleuthing.

Date: June 25 - 29

Location: The REC

Time: 9:00 am - 12:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703986-06

EUREKA! MASTERMINDS GALORE!

While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun! With a little ingenuity, campers overcome challenges using basic materials, simple machines, tips from famous inventors and most important-their MINDS.

Date: June 25 - 29

Location: The REC

Time: 1:00 - 4:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703993-06

NASA - ACADEMY OF SPACE EXPLORERS!

Blast-off your knowledge of flight! This camp is an exciting study on rockets. Campers build their own rockets and planes, experiment with propulsion systems, launch and recover rockets! Each day campers create amazing things to take home.

Date: July 2 - 6

Location: The REC

Time: 9:00 am - 12:30 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703991-06

Note: No class Wednesday, July 4

CAMP NASA - YOUNG ASTRONAUTS!

It's a bird! It's a plane! No, it's everything from the earliest flying machine to the first rocket flight. Mad Science invites you to launch your knowledge of rockets. This is your chance to be a rocket scientist as you build your very own rocket.

Date: July 2 - 6

Location: The REC

Time: 1:00 - 4:30 pm

Ages: 6 - 10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703987-06

Note: No class Wednesday, July 4

LEGO BRIOLOGY ENGINEERS!

Build a different LEGO project, inspired by an engineering theme, in each class. Explore engineering fields including mechanical, structural, aerospace, nautical and bioengineering. Use critical thinking, cooperation and creative problem solving to test and improve creations. Experience extended learning with a take home toy to reinforce each concept.

Date: July 9 - 13

Location: The REC

Time: 9:00 am - 12:00 pm

Ages: 6 -10 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703998-06

MY FIRST STEM LAB!

Take a new look at the world around you during this exciting summer camp! Learn how to create

codes so you can pass secret messages, protect the planet, understand how to eat like different animals and learn about space during class.

Date: July 9 – 13

Location: The REC

Time: 1:00 – 4:00 pm

Ages: 3 – 5

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703982-06

MAD MACHINES & CRAZY CONTRAPTIONS!

Creative contraptions warning! Inspire the scientist in you in a camp designed by you – the inventor! Each day, overcome a series of challenges using your mind. Investigate the awesome inventions created before modern science began.

Date: July 16 – 20

Location: The REC

Ages: 6 – 10 years old

Time: 9:00 am – 12:00 pm

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703916-06

(NEW) ADVANCED ROBOTICS WITH LEGOS MINDSTORMS

Campers age 10 – 12 learn the history of robotics, from literature to engineering advancements. They form robotics teams to brainstorm and design specialized robots. These Juneior roboticists explore mechanical aspects as well: gear ratios, torque and pneumatics.

Date: July 16 – 20

Location: The REC

Time: 1:00 – 4:00 pm

Ages: 10 – 12 years old

Fee: Member \$155 / Non-member \$165

Instructor: Mad Science

Code: 703997-06

ROBOT MANIA

Learn all about robotics in our world today and how technology will continue to affect our future! Discover robots of all kinds: sound- sensing, line-tracking, amphibious, even soccer-playing. During camp, build your very own working robot to keep!

Date: July 23 – 27

Location: The REC

Time: 9:00 am – 12:00 pm

Ages: 7 – 11 years old

Fee: Member \$180 / Non-member \$190

Instructor: Mad Science

Code: 703918-06



YOUTH TECH

ANIMATION

In this camp students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this course. If you have a creative imagination and want to make things move this camp is for you. Students will create fun interactive animations that they can share with the world.

Dates: June 18 – 21

Location: The REC

Time: 9:00 am – 12:00 pm

Ages: 10 – 17 years old

Fee: \$165 Member / \$175 Non-member

Instructor: Youth Tech Inc., youthtechinc.com

Code: 703987-06

VIDEO GAME DESIGN

This camp provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family.

Location: The REC

Ages: 10 – 17 years old

Fee: \$175 Member / \$185 Non-member

Instructor: Youth Tech Inc., youthtechinc.com

Date/Time: June 18 – 21, 1:00 – 4:00 pm

Code: 703921-06

Date/Time: July 9 – 12, 1:00 – 4:00 pm

Code: 703921-07

IGAME CREATOR (NEW)

Want to create video games? This is an introductory course for younger students who want to learn to build simple video games. This

camp combines the art of video game design and animation to create interactive characters that fly around the screen. Amaze your friends and family with your fun interactive games.

Date: June 25 – 28

Location: The REC

Time: 10:00 am – 12:00 pm

Ages: 6 – 12 years old

Fee: \$130 Member / \$140 Non-member

Instructor: Youth Tech Inc., youthtechinc.com

Code: 703917-06

WEB DESIGN & DEVELOPMENT

This camp provides an in-depth look at the world of web design and development. Students enrolled in this camp will learn how to build their own website from start to finish using an award winning suite of products. Students will have access to their website with free hosting for one year.

Date: June 25 – 28

Location: The REC

Time: 1:00 – 4:00 pm

Ages: 10 – 17 years old

Fee: \$160 Member / \$170 Non-member

Instructor: Youth Tech Inc., youthtechinc.com

Code: 703920-06

THE GAMING ACADEMY

The gaming academy is an all day camp for students who love games. During this camp students will immerse into the world of 2D and 3D game design. The gaming academy is a combination of our Video Game Design, Advanced Gamed Design and 3D Game Design Camps. This camp offers students a variety of hands on experience designing and building their very own games. Students are encouraged to bring a sack lunch.

Dates: July 2 – 6

Location: The REC

Times: 9:00 am – 4:00 pm

Ages: 10 – 17 years old
Fee: \$310 Member / \$320 Non-member
Instructor: Youth Tech Inc., youthtechinc.com
Code: 703938-06
Note: No class Wednesday, July 4

ICODE (NEW)

This camp offers younger students a fun, interactive look at coding. Students will create virtual apps and write their own programs that they can share with friends and family. This camp makes learning to code fun and explores solving and programming.

Location: The REC

Ages: 6 – 12 years old

Fee: \$130 Member / \$140 Non-member

Instructor: Youth Tech Inc., youthtechinc.com

Date: July 9 – 12, 10:00 am – 12:00 pm

Code: 703938-06

ARCADE STYLE GAMES

This class is a great follow up course to iGame Creators. This class gives students a look at online game development and puts them in the driver's seat of simple game creation. Students in this course will develop online games including arcade style, platform and other interactive games that they can publish and share online.

Dates: August 6 – 9

Location: The REC

Times: 9:00 am – 12:00 pm

Ages: 10 – 17 years old

Fee: \$165 Member / \$175 Non-member

Instructor: Youth Tech Inc., youthtechinc.com

Code: 703923-06

ROBOTICS – BATTLE BOTS

This camp offers hands-on opportunities to build and program robots. Working in small teams, students will design robotic systems to compete in fun real-world activities. Each day will bring a new challenge, and your team's robot will have to morph to better adapt and compete. Students will compete in the battle of the bots competition at the end of the camp to prove their robot is the best. This class is perfect for the student who has a big imagination and likes to build things.

Dates: August 6 – 9

Location: The REC

Times: 1:00 – 4:00 pm

Ages: 10 – 17 years old

Fee: \$165 Member / \$175 Non-member

Instructor: Youth Tech Inc., youthtechinc.com

Code: 703922-06



EXCURSION CAMP

This camp is designed for the adventurer inside everyone us and will take each participant on a different excursion each day. Please have your camper at the location of the excursion 15-20 minutes before the start so that they can be checked in. Campers need to wear the appropriate attire for each day. Space will be limited, so register early. Get ready for a week of adventure and fun!

TOP GOLF

Date/Time: Monday, 9:00 am – 12:00 pm

2201 E 4th St, Fort Worth, TX 76102

Ever wanted to learn how to play golf, but didn't want to have to lug that heavy bag of clubs around and walk all of those holes. We will be providing transportation for this excursion. Campers will meet and be picked up at The REC located at 1175 Municipal Way.

KAYAKING

Date/Time: Tuesday, 9:00 am – 12:00 pm

Meadowmere Park, 3000 Meadowmere

Kayaking is a fast growing and diverse sport that all ages can learn. In this one-day adventure campers will learn basic kayaking. Camper's will learn six strokes to move your kayak in any direction. They will also learn safety on the water, how to transport, carry and enter/exit the boat and most importantly, how to get back in if you fall out! Classes taught by American Canoe Association certified instructors. All boats and gear are provided. Please wear appropriate attire for getting wet.

PADDLE BOARDING

Date/Time: Wednesday, 9:00 am – 12:00 pm

Meadowmere Park, 3000 Meadowmere

This intro to stand up paddle boarding will provide you with basic techniques needed to safely paddle, stand up and balance. We will cover wind, weather and water conditions. You will learn turning, sculling, drawing and multiple paddle techniques.

In addition we'll discuss board selection and paddle sizing. You will leave the lesson with all the skills necessary to paddle with confidence. Please wear appropriate attire.

SUMMIT CLIMBING

Date/Time: Thursday, 9:00 am – 12:00 pm

(1040 Mustang Dr. Grapevine, TX)

This camp excursion will teach campers all about rock climbing. Campers will learn climbing skills such as technique, gear usage and safety, climbing routes, bouldering and strength/endurance. Many other life skills will be influenced as well, such as team work, problem solving, trust, concentration and communication.

MAIN EVENT

Date/Time: Friday, 9:00 am – 1:00 pm

(407 West State Hwy 114 Grapevine, TX)

Campers will learn bowling FUNDamentals and have 1.5 hours of bowling fun. Bowling shoes will be provided. Campers will also get to play laser tag, video games and other activities will be available for the campers. Each camper will receive a cool camp t-shirt and lanyard. Lunch will be provided to all campers: entrée, drink & cookie (build your own pizza).

REGISTRATION INFO

Location: varies

Times: 9:00 am – 12:00 pm

Ages: 9 – 16 yrs.

Fee: \$180 Member / \$190 Non-member

Date/Time: June 18 – 22, 9:00 am – 12:00 pm

Code: 703973-06

Date/Time: July 16 – 20, 9:00 am – 12:00 pm

Code: 703973-07

Additional Info: Please wear appropriate attire for each excursion. Friday's excursion is 9:00 am – 1:00 pm and lunch will be provided. Life jackets will be required and provided for paddle boarding and kayaking. Days for the excursions are subject to change during the week. If this happens all campers will be notified.

YOUTH SPORTS

GRAPEVINE ATHLETICS STAFF

ANDREA TREDAWAY

Athletics Coordinator • 817.410.3457
atredaway@grapevinetexas.gov

CHRIS WISE

Recreation Specialist • 817.410.3917
cwise@grapevinetexas.gov

SCOTT HARDEMAN

Athletics Manager • 817.410.3476
scottha@grapevinetexas.gov

REGISTER ONLINE AT GOGRAPEVINE.COM
RAINOUT HOTLINE: 817.410.3475 AFTER 3:30 PM

REGISTRATION INFORMATION

Late Registration Fee: All youth and adult leagues are subject to a 10% late fee.

Schedules and Standings: GoGrapevine.com

Athletic Refunds: If approved, all refunds may carry up to a 20% administration fee. For inquiries or a refund request form, please call 817.410.3917 or 817.410.3457.

Volunteer Youth Sports Coaches Needed: For more information, please call 817.410.3457.

Background Checks: The City of Grapevine has a policy of conducting background checks on all volunteer sports coaches.

T.A.A.F.: The Texas amateur Athletic Federation (T.A.A.F.) is a state federation providing competition beyond the local level. Currently, over 150 cities combine to establish and maintain the highest level of amateur sports in the state of Texas to promote the development of physical education and to encourage the standardization of rules in all amateur athletics, games and competitions. The objectives of T.A.A.F. are both charitable and educational. For more information, visit www.taaf.com

VENUE ALERT: The Parks & Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

GRAPEVINE YOUTH BASEBALL AND SOFTBALL (GBS)

Ages: 3-18 years

Select Baseball Ages: 8-18 years old (must attend tryouts and be selected for a team)

Select Softball Ages: 10-18 years old (must attend tryouts and be selected for a team)

Opening Day: September 8 at Oak Grove Ballfield Complex

Coaches Meeting: August 4, 9:00 AM at The REC of Grapevine

Early Registration: June 1, register early and receive \$10 off league fee

Registration: July 1

Late Registration: August 1, a late fee of \$25 will be added to league fee

BASEBALL DIVISION

	FEE
Blastball 4U	\$84
T-Ball 5-6U	\$115
Coach Pitch 7-8U	\$131
Mustang 9-10U	\$131
Bronco 11-12U	\$131
Pony 13-14U	\$131
Colt/Varsity 18U	\$157
Select 16U Division	\$1,250/Team

SOFTBALL DIVISION

	FEE
Softball 4-6U	\$105
Softball 7-8U	\$115
Softball 9-10U	\$131
Softball 11-12U	\$131
Softball 13-15U	\$131



Register online at gbsa.org. Must pay with credit card or send registration form with check to:

City of Grapevine
Attn: GBS-Registration
1175 Municipal Way
Grapevine, TX 76051

For more information, please visit gbsa.org or contact us at 817.410.3457. Spring 2019 Grapevine Baseball and Softball registration will open December 1. Check gbsa.org for details.



The Fusion organization provides superior instruction, competition, and college exposure to athletes who desire to play softball at the highest level. The goal is to develop College-level caliber players capable of competing nationally, both on the field and in the classroom. For more information, visit TXFusionFastPitch.com.



We are very proud of our affiliation with The Dallas Raiders and all the great work they are doing with youth sports. The organization focuses on teaching young athletes the game of baseball, counseling them on how to successfully combine athletics and faith and advancing to the 'next level' of play, all while working with them to compete with the highest levels of integrity and character. For more information visit DallasRaiders.com or contact Admin@DallasRaiders.com

Located in **GRAPEVINE MILLS MALL**
3000 Grapevine Mills Pkwy
Grapevine, TX 76051
(817)-809-4466
fieldhouseusa.com



fieldhouseTM

INDOOR SPORTS CENTER **USA**

- 100,000+ sq. ft. multi-sports and recreational complex
- Year-round leagues
- 9 volleyball and basketball courts
- Sports skills training, camps, and clinics
- Corporate outings and events
- Basketball, volleyball, futsal, pickleball, wrestling, gymnastics, martial arts, and other sports tournaments & events

**LET
THE
GAMES
BEGIN!**



YOUTH SPORTS LEAGUES

The City of Grapevine partners with FieldhouseUSA for youth basketball and volleyball programs. FieldhouseUSA Grapevine will host all practices and games and many more programs at their new facility at the Grapevine Mills Mall. For more details on youth leagues and other programs including Futsal, visit grapevine.fieldhouseusa.com

FIELDHOUSEUSA YOUTH BASKETBALL

Practice/Game Site: ALL games and practices will be at FieldhouseUSA in Grapevine

Ages: Boys and girls K-11th Grade

Fees: Team: \$825 • Individual: \$120

Register at grapevine.fieldhouseusa.com or call 817.809.4466

FIELDHOUSEUSA YOUTH VOLLEYBALL

Practice/Game Site: ALL games and practices will be at FieldhouseUSA in Grapevine

Ages: 1st-8th Grade

Fees: Team: \$500 • Individual: \$75

Register at grapevine.fieldhouseusa.com or call 817.809.4466



HIGHER GOALS BASKETBALL CAMPS

Camp schedule will include: daily detailed work in ball handling, shooting, rebounding, defense and passing. Camp will include daily life skills and basketball 101 sessions. Camp awards will be distributed!

CAMP	DATES	TIME	AGE	CODE	SITE	FEE
Basketball Camp	June 18-22 July. 9-13 August. 6-10	9:00 am - 12:00 pm	7-16 years old	603921-I1 603921-I2 603921-I3	TBA	\$150

YOUTH SPORTS ASSOCIATIONS



FOOTBALL

Information and Registration at GCYFA.org

FALL 2018

Tackle Divisions: 2nd grade through 6th grade in Fall 2018

Flag Division: Kindergarten through 1st grade in Fall 2018

Season dates: September - November

Registration: Online in April

- Players play in divisions based on school grade (2018-2019 school calendar)
- Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
- Other Associations participating in the league include Southlake, Northwest, Trophy Club/ Roanoke, and Coppell

SPRING 2019 7-ON-7 TOUCH

Season dates: Mid April through early June

Registration: Online in late January

- Non-contact and no tackle football
- Players play in divisions based on school grade (2018-2019 school calendar) 1st -8th grade
- Player eligibility: Must be a Grapevine or Colleyville resident and/or attend GCISD school
- Other Associations participating in the league include Southlake, Northwest, Trophy Club/ Roanoke, and Coppell

CHEERLEADING

Our mission is to provide our cheerleaders with the opportunity to make friends and have fun while learning about and participating in the noncompetitive sport of cheerleading. Cheer program is open to grades K-6th.

Season dates: September - November

Registration: GCYFA.org

TRACK

GRAPEVINE GAZELLES TRACK TEAM

Our mission is to teach boys and girls ages 5 to 18 about track and field. We promote a fun atmosphere in which to train. Access to track meets will allow experience and the thrill of competition and teamwork.

Ages: 5-18 years old

Registration: coachsuperg@gmail.com

Additional Information: This team competes under USATF, AAU, and TAAF rules.

WRESTLING

GRAPEVINE YOUTH WRESTLING (GYW)

GYW is the newest association in town. Come out and join them during workouts. They practice on Tuesdays and Thursdays in the fall and winter.

Site: GCISD Facilities

Monday, Tuesday & Thursday / 6:30 - 8:00 pm

Coach: Ryan Martin

Additional Information: Contact Ryan at 469.438.8327 or ryan.martin@gcisd.net

SOCCER

GRAPEVINE SOUTHLAKE SOCCER ASSOCIATION (GSSA)

Recreational Soccer for ages 4-18

Fall Season: August - November

Spring Season: February - May

Registration: May-July for Fall, November-January for Spring

Additional Info: gssasoccer.org, 817.410.9950

ADULT SPORTS



Register online at GoGrapevine.com. **Late Registration Fee:** All youth and adult leagues are subject to a 10% late fee.

Schedules and Standings: GoGrapevine.com

ATHLETIC REFUNDS

If approved, all refunds may carry up to a 20% administration fee. For inquiries or a refund request form, please call 817.410.3917 or 817.410.3457.

Venue Alert: The Parks & Recreation Department utilizes many facilities that are not owned and/or managed by the City of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

ADULT SOFTBALL LEAGUES

DIVISON	DAYS	CODE	FEE
COED For Fun	Sunday	611101	\$225
Men's D	Sunday	611102	\$375
Men's E	Sunday	611104	\$375
Men's Church	Tuesday	611301	\$375
Men's D	Wednesday	611401	\$375
Men's E	Wednesday	611402	\$375
COED Rec	Friday	611600	\$375

SUMMER ADULT SOFTBALL (SECTION 12)

Registration Dates: April 2 - 22

Late Registration Dates: April 23 - May 7*

Season Dates: May 20 - July 29

NEW Game Site: Bob Jones Park, 3901 N White Chapel Blvd., Southlake 76092

Schedules available online on May 9.

FALL ADULT SOFTBALL (SECTION 13)

Registration Dates: July 2 - 22

Late Registration Dates: July 23 - 30*

Season Dates: August 12 - October 21

NEW Game Site: Bob Jones Park, 3901 N White Chapel Blvd., Southlake 76092

Schedules available online on August 1.

ADULT KICKBALL LEAGUES

DIVISON	DAYS	CODE	FEE
COED Recreational	Monday	611701	\$375

SUMMER ADULT KICKBALL (SECTION 12)

Registration Dates: April 2 - 22

Late Registration Dates: April 23 - May 7*

Season Dates: May 21 - July 23

NEW Game Site: Oak Grove Ballfield Complex, 2520 Oak Grove Loop South
Schedules available online on May 9.

*Late Registration Fee: All adult leagues are subject to a 10% late registration fee.



FALL ADULT KICKBALL (SECTION 13)

Registration Dates: July 2 - 22

Late Registration Dates: July 23 - 30*

Season Dates: August 13 - October 22

NEW Game Site: Oak Grove Ballfield Complex, 2520 Oak Grove Loop South
Schedules available online on August 1.

For more information on all leagues, contact Andrea Tredaway at 817.410.3457.

SUMMER SAND COED VOLLEYBALL

DIVISION	DAYS	CODE	FEE
COED "FOR FUN"	Wednesday	611403-12	\$200/team
Recreational	Thursday	611503-12	\$200/team

Game Site: Dove Park Sand Court, 1509 Hood Lane

Ages: 16+ years old

Registration Dates: June 4 - 17

Late Registration Dates: June 18 - 25*

Season Dates: July 11 - September 13

Schedules available online on July 3.

For more information, contact Chris Wise at 817.410.3917.



MEN'S BASKETBALL

SPRING FIELDHOUSEUSA MEN'S BASKETBALL

The City of Grapevine partners with FieldhouseUSA for youth basketball and volleyball programs. FieldhouseUSA Grapevine will host all practices and games and many more programs at their new facility at the Grapevine Mills Mall. For more details on leagues and other programs, visit grapevine.fieldhouseusa.com

Game Site: ALL games will be at Fieldhouse USA in Grapevine

Ages: 16+ years old

Fees: \$500 per team (Half of team fees must be paid when registration closes, remaining balance due before the first game.)

Monday: Competitive League

Wednesday: Recreational League

Register at grapevine.fieldhouseusa.com or call 817.809.4466

LAKE GRAPEVINE RUNNERS AND WALKERS CLUB (LGRW)

LGRW is a local non-profit organization dedicated to promoting running, walking and fitness in the Lake Grapevine area. Saturday and Sunday mornings are informal group runs in the Oak Grove Park area. For more information, please visit www.lgrw.com.

TENNIS

JUNIOR TENNIS CLASSES (4 WKS)

Location: Dove Park Tennis Courts, 1509 Hood Ln.

Note: Students need to bring a racquet and a new can of tennis balls to the first class meeting.

PEE WEE TENNIS

Designed to create eye/hand coordination while learning basic techniques.

Days: Saturdays

Times: 8:30 – 9:30 am

Ages: 4 – 6 years old

Fee: \$41

Code: 707740

Sessions (Monthly): 05- May, 06- June, 07- July, 08-August

JR. BEGINNER

This class is designed for the student interested in learning the technique of each tennis stroke. Each class will be divided by skill level.

Days: Wednesday

Code: 710251

Times: 5:30 - 7:00 pm

Days: Saturday

Code: 710750

Times: 9:00 - 10:30 am

Ages: 6 – 15 years old

Fee: \$84

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

JR. ADVANCED BEGINNER

This class is designed for advanced beginner/intermediate players wanting to improve their skills.

Days: Saturday

Code: 707704

Times: 10:30 AM-12:00 pm

Ages: 6 - 15 years old

Fee: \$84

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

JR. ADVANCED

Designed for the serious student with prior instruction. Strategy, technique and point situations will be stressed.

Days: Thursday

Code: 710550

Times: 5:30 - 7:00 pm

Ages: 6 - 15 years old

Fee: \$84

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

JR. INTERMEDIATE

This class is designed to offer strategy to those players competing at school or in tournaments. Techniques will continue to be developed. Players must know the scoring system.

Days: Tuesday

Code: 710350

Times: 5:30 - 7:00 pm

Ages: 6 – 15 years old

Fee: \$84

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

TOURNAMENT TOUGH

This class is designed for high school level players (Jr. Varsity/Varsity). This class will emphasize strategies used in tournament competition (Zats/Champs/Super Champs).

Days: Tuesday **Code:** 710351

Days: Wednesday **Code:** 710352

Days: Thursday **Code:** 710353

Days: All **Code:** 710354

Times: 7:00 - 8:30 pm

Fee: \$84 (1x week) or \$168 (3x week)

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

GRAPEFEST TENNIS CLASSIC

September 15-16, 2018

For more information visit:
www.GrapevineTexasUSA.com
or contact Kelly Langdon
at 817.233.5793.

*Carnival
of
Tennis*

September 14, 2018 • 6 PM
Dove Tennis Courts
Free Event | Public Welcome!

ADULT TENNIS CLASSES (4 WEEKS)

Ages: 15+ or high school skill level

Fee: \$84

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

ADULT BEGINNER

Designed to teach the basic strokes and techniques. Strategy will be discussed if applicable.

Days: Wednesday

Times: 7:00 - 8:30 pm

Code: 710252

Fee: \$84

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

WOMEN'S ADVANCED BEGINNER/INTERMEDIATE

Days: Wednesday **Code:** 710450

Days: Friday **Code:** 710650

Times: 9:30 - 11:00 am

Ages: 18+ years old

Fee: \$84

Sessions (Monthly): 05-May, 06-June, 07-July, 08-August

ADVANCED BEGINNER/INTERMEDIATE

Days: Thursday

Times: 7:00 - 8:30 pm

Code: 710551

ALL SUMMER CAMP BUNDLE

Code: 710360-06

Fee: \$600

WOMEN'S BEGINNER

Days: Wednesday **Code:** 710451

Days: Friday **Code:** 710652

Times: 11:00 am - 12:30 pm

Ages: 18 years old

ALL SUMMER TENNIS & SWIM CAMP BUNDLE

Code: 710361-06

Fee: \$450

SESSION	DATES
11	June 4 - 7
12	June 11 - 14
13	June 18 - 21
14	June 25 - 28
15	July 9 - 13
16	July 16 - 19
17	July 23 - 26
18	July 30 - August 2
19	August 6 - 9
20	August 13 - 16

All tennis classes and activities take place at the Dove Park Tennis Courts, 1509 Hood Lane. Students need to bring a racquet and a new can of balls to the first class meeting. For more tennis information contact Austin Wynne at 214.668.1619.

CAMP	DAYS	TIME	AGE	CODE	LOCATION	FEE	CAMP INFO
Pee Wee	Monday - Thursday	10:00 - 10:25 am	4-6	703950	Dove Tennis Courts	\$41	Designed to create eye/hand coordination while learning basic techniques.
Junior Beginner	Monday - Thursday	10:30 - 11:45 am	6-15	703951	Dove Tennis Courts	\$84	Designed to teach all basic strokes in a fun, easy-to-learn manner.
Junior Beginner Tennis & Swim	Monday - Thursday	10:30 am - 1:25 pm	6-15	703952	Dove Tennis Courts	\$120	Includes one and a half hours tennis instruction, a half hour lunch and one hour at Dove pool. Bring a sack lunch and swimsuit each day.
Junior Advanced Beginner / Intermediate	Monday - Thursday	8:30 - 9:55 am	6-15	703953	Dove Tennis Courts	\$84	Designed for students with prior instruction. Technique and strategy will be stressed.
Tournament Tough	Monday - Thursday	8:30 - 9:55 am	8-18	703957	Dove Tennis Courts	\$84	Junior Varsity / Varsity level players
TNT Select	Tuesday, Wednesday & Thursday only	1:00 - 2:30 pm	12-18	703960	Dove Tennis Courts	\$63	Varsity level players / Qualified players

Note: Any rainouts will be made up on Friday. All tennis students need to bring a racquet and an unopened can of balls to the first day of camp.



GRAPEVINE

Our parks, lakes, first-class facilities, and unique programs empower you to Go Learn, Go Discover, Go Explore and live life to the fullest.



**GRAPEVINE
PARKS & REC**



GRAPEVINE GOLF

Let our staff help you improve your game through our wide range of lessons and clinics for all levels of skill and experience. Whether you just bought your first set of clubs or you've been playing for years, the staff at Grapevine Golf Course can help you raise your confidence, lower your score and improve your game in ways you didn't think possible.

ADULT INSTRUCTION PROGRAMS

Private Instruction

- PGA Class "A" Director of Instruction - \$95 per session
- PGA Class "A" Director of Golf/Head Professional - \$85 per session
- PGA Class "A" Golf Professional - \$75 per session
- Certified Assistant Golf Professional - \$65 per session
- Session packages of 3, 5, & 10 available – ask for pricing.

EQUIPMENT FITTING

This is professional club fitting using Titleist or Ping Fitting Equipment. Custom fit for head design, loft & lie angle, shaft type and flex, grip type & size, and set make up.

Fee: \$75 per session

NEW PLAYER DEVELOPMENT PROGRAM

Program includes unlimited range balls for single person and 10% discount on twilight green fees, private instruction and golf shop apparel. There is also complimentary weekly instruction clinics, which you must RSVP for (limited to the first 8 PDP members to RSVP).

Weekly Topics: Week 1 – Short Game; Week 2 – Full Swing; Week 3 – Mental Game/Course Management; Week 4 – Putting
Clinic Days/Times: Tuesdays (6:00 - 7:00 pm) & Saturdays (11:00 - 12:00 pm)
Fee: \$99.95 per month (3 month min. is required)

GET GOLF READY

Adult Golf: Beginner/Casual

GET GOLF READY: LEVEL I

Weekly group (min. of 4; max. of 8) instruction classes designed to introduce golf to beginners in a fun and friendly atmosphere. Instructions will cover the following:

- Introduction to Golf – history, rules, & etiquette
- Basic swing fundamentals – grip, stance, take away, impact, & follow through
- Short game basics: putting, chipping, pitching, bunker play
- Full Swing – irons, fairway metals, & driver
- How to: make tee time, drive a cart, check in, etc.

Days: Wednesday

Times: 5:30 – 7:00 pm

Session I – March 7, 14, 21, 28

Session II – April 4, 11, 18, 25

Session III – June 6, 13, 20, 27

Session IV – September 5, 12, 19, 26

Session V – November 3, 10, 17, 24

Fee: \$125 per person

INTERMEDIATE

(Some experience or completed Level I)

GET GOLF READY: LEVEL 2

Weekly group (min. of 4; max. of 8) instruction classes designed to advance Level I students to next level in a fun and friendly atmosphere. All sessions will be conducted on the golf course in real conditions. Instruction will cover the following:

- Putting and Strategy – Distance & Direction control; green reading IOI
- Chipping & Pitching – difference between; club

choice strategy; conditions

- Importance of Impact for a variety of shots – full swing
- Putting it all together on the course

Days: Wednesday

Times: 5:30 – 7:00 pm

Session I – May 9, 16, 23, 30

Session II – July 3, 11, 18, 25

Session III – October 3, 10, 17, 24

Fee: \$150 per person

2018 JUNIOR INSTRUCTION PROGRAMS

Private Instruction Junior Rates

- PGA Class "A" Director of Instruction - \$80 per session
- PGA Class "A" Director of Golf/Head Professional - \$70 per session
- PGA Class "A" Golf Professional - \$60 per session
- Certified Assistant Golf Professional - \$50 per session
- Packages of 3, 5, & 10 available – ask for pricing

JUNIOR GOLF (AGE 8-17)

Grapevine GC Junior Academy– for beginner to intermediate golfer's age 8 - 17 years old. This provides a fun, structured year-round learning environment along with team events with other participating courses within NTPGA Team Golf League. (Limited to 24 participates/juniors)

The Academy includes:

- 2 each playing activities (3 - 9 holes) per month.
- Range access (\$25 per month) outside of practice sessions.
- 10% off Junior Green Fee rates (Monday - Thursday) and weekend twilight rates.

Dates: 1 each weekday (Wednesday 4:30 - 5:30pm) practice and 1 each weekend (Sunday 2:00 - 3:00 pm) practice administered by Grapevine GC professional staff.

Fee: \$199 per month, 3 month minimum commitment, 30 day notice to withdraw.

To register, send an email to rsingletary@grapevinetexas.gov to request a registration form.

GRAPEVINE GC JUNIOR GOLF SUMMER CAMPS

This camp is for beginner to intermediate golfer's age 8 - 17 years old. This is a fun and structured learning environment for junior golfers. There will be 3-day sessions from 9:00 am – 1:00 pm each day. (Limited to 16 students per session & minimum of 6 required)

Sessions Dates: June 19 - 21, July 18 - 20, & August 7 - 9

Fee: \$175 per Session includes: lunch each day; golf gift, and 10 hours of instruction

To register, go to www.grapevinegc.com (click on Golf Lessons & Clinics and Online Registration tab under Junior Golf Summer Camps)

ACTIVE ADULTS 55 & BETTER



TRANSPORTATION

The REC provides transportation for Grapevine residents 55+ years of age to and from The REC, Monday through Friday. Also provided and scheduled by The REC are opportunities for transportation to the bank, post office, grocery shopping, mall shopping and various activities and special events. Daily transportation reservations are required by 2:00 pm the preceding day.

SENIORMOVERS

This volunteer-based program assists with the routine medical and dental transportation needs of the local senior population. Riders must be pre-registered, give 48-hour notice of need and require very minimal assistance. Volunteers needed for this vital service. For information about this program, please call 817.410.3465.

FRIENDS OF THE GRAPEVINE SENIOR ACTIVITIES CENTER (FOGSAC)

Tax deductible donations for this 501(c)3 organization are used to improve technology, to supplement recurring programs and to further educational opportunities for active adults 55+ at The REC. For more information, please call 817.410.3465.

NETS

The Northeast Transportation Service is operated by Catholic Charities for adults age 60 and over, the disabled and/or the transportation disadvantaged. Call NETS at 817.336.8714.

VOLUNTEERS

There are many opportunities available to teach classes, provide transportation for medical appointments and much more. For more information, please call 817.410.3465.

FIELD TRIPS

Monthly excursions to a variety of venues. For more information, please call 817.410.3465.

GRAPEVINE SENIOR CITIZENS ADVISORY BOARD

This City Council-appointed Board meets the first Tuesday of each even-numbered month at 3:30 PM to address senior issues in our community. This is an open meeting. Changes or cancellations will be posted on GoGrapevine.com

NEWSLETTER: THE GRAPE AFFAIR

Grapevine residents age 55 or better who would like to receive the monthly newsletter by mail, please call 817.410.3465. To receive via email, contact us at pardinfo@grapevinetexas.gov.

BRIDGE

This friendly group invites everyone to join the fun. Brush up on your skills while learning technique and strategy.

Days: Tuesdays

Times: 10:00 - 11:45 am

Code: 805301

CHORUS

If you love to sing no matter if you're in key or not, this group is for you! Learn new songs, make new friends and engage in community outreach by performing programs off-site. Chorus does not meet in June or July.

Days: Thursdays

Times: 10:00 - 11:30 am

Code: 805501

COMPUTER CLASSES

Many tech-topics are covered in class at different levels, from beginner to advanced. Call-in happens any time after walk-in registration.

Registration Date: August 30

Walk-Ins: 9:00 am - 12:00 pm

CREATE-A-CARD WORKSHOP

Want to find out if you have that Hallmark knack? The workshop offers 3 - 4 themed cards for you to copy or you may create your own. Make as many as desired.

Date: June 19

Time: 10:00 am - 12:00 pm

Fee: \$5

Code: 805303

FRATERNAL ORDER OF PLAID SHIRTS (FOPS)

Join a group of gentlemen who fraternize once a month and enjoy a variety of tours and lunch. Note: Day and time varies. Please call 817.410.3465 for schedule.

GO GO GIRLS FROM GRAPEVINE

A variety of field trips planned exclusively for women on the go! Join the fun! Note: Day and time varies. Please call 817.410.3465 for schedule.

JEWELRY MAKING

Join a merry band of beaders and make earrings, necklaces, bracelets and more! Unleash your creativity and learn skills to make jewelry with beads, wire, ribbon, leather, etc. Beginners and those more experienced are welcome. Learn new techniques and explore a variety of methods and materials to make beautiful jewelry you'll be proud to wear and give as gifts.

Days: Thursdays

Times: 10:00 - 11:45 am

Code: 805500

THE BUCKET LIST

Why should your grandkids have all the fun? Here's your chance to do something adventurous and exciting with your own friends. Check the Active Adults desk for more information and activity dates.

LIBRARY ADVENTURE TIME

Once a month, join us for an adventure in the Grapevine Public Library. Meet at the Active Adults lounge at 9:45 AM and we walk to the library. Discover robots, mind games, dance time, movie fun and more. It's not your momma's library anymore!

Dates:	May 8	Escape Room
	June 5	Virtual Reality Zone
	July 10	Brain Builders
	August 7	Doodler Art

Times: 9:45 - 11:45 am

Fee: Free

Code: 806660

MAH JONGG

A game of both skill and luck that originated in China many centuries ago and was brought to the West in the 1920s. Join this friendly group!

Days: Mondays

Times: 1:00 - 4:00 pm

Code: 809201

OIL PAINTING

Designed for the novice as well as the advanced artist. Work on independent projects and receive guidance from a qualified teacher.

Days: Tuesdays

Times: 10:00 am

Code: 805302

VINE QUILTERS

Learn a variety of techniques in this casual class.

Days: Wednesdays

Times: 10:00 - 11:45 am

Code: 805400

LINE DANCING

A great physical low-impact activity and you never need a partner! Learn basic line dancing steps while meeting new friends and relieving stress.

Days: Fridays

Times: 1:00 - 1:50 pm

Code: 809602

WEEKLY SCHEDULE

MONDAY

8:00 am: Water Aerobics
8:00 - 11:00 am: Walking Track
8:00 - 11:00 am: Fitness Room
8:00 - 11:00 am: Pool
9:30 am: Music Jam
10:20 am: 55 Fit A
11:05 am: 55 Fit B
1:00 pm: Power Time
1:00 pm: Mah Jongg

TUESDAY

8:00 am: Water Aerobics
8:00 - 11:00 am: Walking Track
8:00 - 11:00 am: Fitness Room
8:00 - 11:00 am: Pool
9:45 am: Chair Exercise
10:00 am: Oil Painting
10:00 am: Bridge
11:00 am: Seniors with Pizazz
1:00 pm: Yoga Lite
1:00 pm: Bingo

WEDNESDAY

8:00 am: Water Aerobics
8:00 - 11:00 am: Walking Track
8:00 - 11:00 am: Fitness Room
8:00 - 11:00 am: Pool
9:45 am: Chair Exercise
9:45 am: Grapevine Shopping
10:00 am: Quilting
10:20 am: 55 Fit A
11:00 am: Beginner T'ai Chi
11:05 am: 55 Fit B

THURSDAY

8:00 am: Water Aerobics
8:00 - 11:00 am: Walking Track
8:00 - 11:00 am: Fitness Room
8:00 - 11:00 am: Pool
9:45 am: Chair Exercise
10:00 am: Chorus*
10:00 am: Jewelry Making
10:30 am: Cycling with Megan
11:00 am: Seniors with Pizazz
1:00 pm: Power Time

FRIDAY

8:00 - 11:00 am: Walking Track
8:00 - 11:00 am: Fitness Room
8:00 - 11:00 am: Pool
9:45 am: Chair Exercise
10:20 am: 55 Fit A
11:00 am: Beginner T'ai Chi
11:05 am: 55 Fit B
1:00 pm: Basic Line Dancing

*Chorus does not meet in June or July.

TESTIMONIAL

When I retired, I was a little concerned I might be bored. However, when my wonderful friend and neighbor Barb Spencer introduced me to the Active Adults at The REC, that concern dissipated. I have benefited tremendously from the social aspects of the Active Adults programming and have made many lasting friendships. In addition, the exercise programs, in particular 55 Fit, plus all the extracurricular activities they create for us, have made me enjoy retirement as I never imagined. Exercise is fun, and I am a stronger, healthier, younger person as a result!



—KATHLEEN FANCHER

ACTIVE ADULT EXERCISE CLASSES



55 FIT

A fun, social class with a little bit of everything including warm up, cardio, strength, and stretch. Improve endurance, coordination, balance and flexibility. Bring a water bottle to class. Cap of 35 per class.

55 FIT A

Days: Monday **Code:** 806004
Wednesday **Code:** 806005
Friday **Code:** 806006

Times: 10:20 - 11:00 am

Location: Exercise A

Fee: Free

55 FIT B

Days: Monday **Code:** 806044
Wednesday **Code:** 806055
Friday **Code:** 806066

Times: 11:05 - 11:45 am

Location: Exercise A

Fee: Free

CHAIR EXERCISE

Need a gentle place to start or to work on rehab? Chair exercise is our recommended Beginner's Class focusing on proper forms and modifications, good posture, stability, and body awareness. Great music and laughter make 30 minutes fly by.

Days: Tuesday - Friday

Location: Stewart Hall A

Times: 9:45 - 10:15 am

Fee: Free

Code: 806801

CYCLING WITH MEGAN

Come ride with us in our cycling class and tour the world. Indoor cycling is a great

cardiovascular workout for ages 55 and better. Climb some hills or just pedal; just keep moving. Bring water, a small towel and wear closed toed shoes.

Days: Thursday

Location: Exercise B

Times: 10:30 am

Fee: Free

Code: 806501

POWER TIME

Stronger every day! Get in shape quick with Power Time! 45 minutes of non-stop strength building, balance improvement, step and weight training with real world benefits! Feel more confident about doing daily activities. Have fun meeting new people! May register for one or both days.

Days: Monday

Code: 806800

Days: Thursday

Code: 806803

Location: Exercise A

Times: 1:00 - 1:45 pm

Fee: \$10/mo for 1 day or \$20/mo for 2 days

SENIORS WITH PIZAZZ

Designed for active adults of all fitness levels who want to have FUN, hear and sing FUN music and add some Pizazz to their life! Your whole body will feel GOOOD through using various movements while standing and/or sitting. Weights, balls and bands are used to improve balance, coordination, flexibility, as well as strengthening your muscles and your mind. Complimentary download of Pizazz Moves Videos and your first class is always FREE.

Days: Tuesday

Code: 806008

Days: Thursday

Code: 806088

Location: Exercise A

Times: 11:00 - 11:45 am

Fee: \$10/mo for 1 day or \$20/mo for 2 days

BEGINNER T'AI CHI

No-impact exercise combining gentle, fluid movements and thoughtful concentration to create the total mind, body and spirit workout. Progressive classes begin every four months. Inquire at the Active Adults Desk.

Days: Wednesday

Code: 806202

Days: Friday

Code: 806088

Location: Dance Room

Times: 11:00 am

Fee: Free

WATER AEROBICS

Days: Monday & Wednesday

Code: 806003

Days: Tuesday & Thursday

Code: 806007

Location: Pool

Times: 8:00 - 8:50 am

Fee: Free

YOGA LITE

Lite incorporates standing and sitting poses to improve flexibility, range of motion and balance. Relaxation techniques and focused breathing helps to calm us and to seek inner joyfulness. Bring a water bottle to class.

Days: Tuesday

Location: Exercise A

Times: 1:00 - 1:50 pm

Fee: Free

Code: 806502

HAPPY TRAILS EXCURSIONS

Nature is calling your name so let's hit the trails! If you can walk two miles (or more), we have options! Proper shoes/clothes and water are required for safety reasons. Participants must leave from The REC on the bus. Destinations and dates to be announced.

Goin' Strollin' is for the Active Adult who is able to walk two miles on a smooth surface. Meander and chat with friends as you explore Grapevine!
Code: 806600

Take a Hike is for the Active Adult who is able to walk unassisted on mixed surfaces for at least two miles. Challenge your sense of balance and adventure.
Times: 9:30 – 11:00 am
Fee: Free
Code: 806601

PATRECE'S PARK WORKOUT AND PICNIC

Let's work out at one of Grapevine's fabulous parks! Walk the trails, use the workout stations, play on the playscapes, ponder the awesomeness of the outdoors and finish with a picnic. Catch the bus at The REC at 10:00 am or meet us at the destination by 10:30 am. Destinations and dates to be announced.
Times: 10:00 am – 12:30 pm
Fee: \$10 per person
Code: 806002

AROUND TOWN

Explore the spaces you see, but have never actually stopped to look at! Where will we go next? Come with us and find out. Lunch is on your own and you must leave from The REC.
Date: May 15
Time: 10:30 am – 12:30 pm
Fee: Free
Code: 806602

CAMPING 101

Have fun outdoors and learn some basic camping skills. Activities include learning various survival skills, how to set up a tent and how to build a campfire. A hotdog cookout is included. Sign up at the Active Adults desk.
Date: May 4
Location: Meadowmere Park
Time: 10:00 am – 1:00 pm
Fee: \$5
Code: 805100

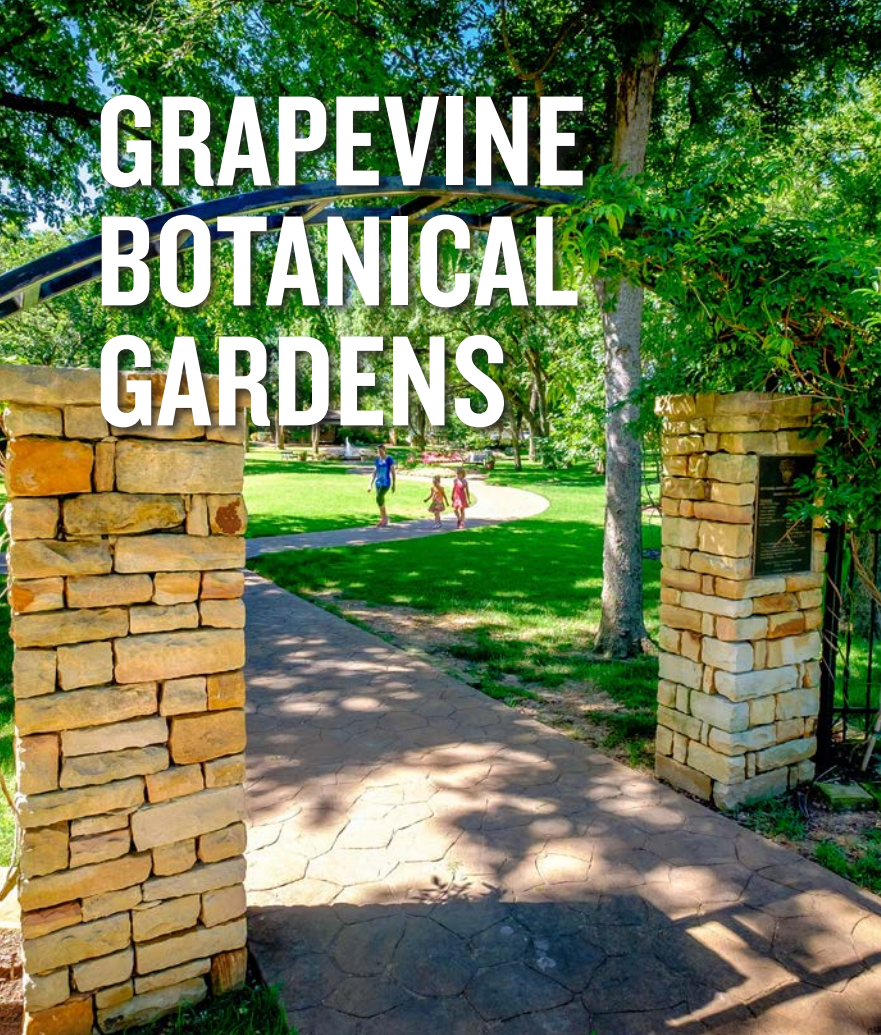


 Collette presents
PERU: ANCIENT LAND OF MYSTERIES
MARCH 9 - 18, 2019 • 10 DAYS, 16 MEALS
Highlights: Lima, Culinary Tasting Experiences, Sacred Valley of the Incas, Local Andean Cultures, Ollantaytambo Ruins, Machu Picchu, Cuzco, Choice on Tour, Lake Titicaca, Uros Floating Islands, Home-Hosted Lunch, Larco Museum

For more information, call Eileen at **817.410.3466**
or email to **ehinson@grapevinetexas.gov**

CST# 2006766-20 UBN# 601220855 Nevada Seller of Travel Registration No. 2003-0279

GRAPEVINE BOTANICAL GARDENS



The majestic beauty of the Grapevine Botanical Gardens at Heritage Park, located at 411 Ball Street, boasts a great-lawn, water features, walking bridges, seasonal color, educational events, and friendly docents. The garden has something for everyone. The garden is a popular location for weddings, meetings, showers and photo shoots. For these and other memory-making events, please contact Sheila Rich at 817.410.3470.

CHILDREN'S SUMMER CAMPS

SERIES 1: JUNIOR HORTICULTURIST CAMP

What are plants and why are they important? During this four-day camp, students will learn the basics of horticulture through interactive instructions and hands on plant-based activities. Each day will include different areas of the plant science world including insects and what their jobs are in nature, vegetable gardening, the importance of composting and more. Pre-registration required.

Dates: June 18 - 21

Location: Pewitt Pavilion at the Botanical Gardens

Time: 9:00 - 11:00 am

Ages: 7 - 10 years old

Fee: \$85 Member/\$95 Non-member

Code: 709012-05

SERIES 2: BUGS

Each day centers around a bug that campers will learn more about: butterflies, crickets, ladybugs and ants. Each day will begin with story time, then campers will do a hands on craft activity, stroll the garden and feed the Koi fish.

Dates: July 16 - 19

Location: Pewitt Pavilion at the Botanical Gardens

Time: 9:00 - 11:00 am

Ages: 4 - 6 years old

Fee: \$85 Member/\$95 Non-member

Code: 709011-05

ADULT EVENING CLASSES

NATIVE PLANTS

Master Gardener, Master Naturalist and Native Plant Society member Gailon Hardin will discuss which native plants grow well in our North Texas area, native plant water conservation and the native plant eco system. Pre-registration required.

Date: May 17

Location: The REC

Time: 7:00 - 8:00 pm

Ages: 18+

Fee: Free

Code: 304300

WATER CONSERVATION

Dustan Compton from the Tarrant County Water District will discuss the importance of water conservation in your home landscape

and garden. Topics will include outdoor water conservation, smart irrigation choices and how planting native and adaptive plants can help with your conservation efforts. Pre-registration is required.

Date: August 16

Location: The REC

Times: 7:00 - 8:00 pm

Ages: 18+

Fee: Free

Code: 304302

TOUR THE GARDEN

Docent led tours are available at no charge, however donations are appreciated. We offer both adult botanical tours and children's activity based tours. Call 817.410.3350 or send an email to gardentours@grapevinetexas.gov to request a tour or for more information.

CALLING ALL VOLUNTEERS!

Are you interested in getting your hands dirty and working in the garden? Do you enjoy and appreciate all the beauty a botanical garden can offer and want to help be part of making it that way? We have volunteer opportunities to fit all skill levels and abilities. Have fun and help grow the garden. For specific opportunities, contact Cindy Harris at charris@grapevinetexas.gov.

LAKE PARKS



MEADOWMERE PARK

3000 MEADOWMERE LANE

Meadowmere Park boasts over 200 acres of recreational opportunities with everything from primitive camping sites, kayak and standup paddleboard rentals, designated swim beach, state-of-the-art play structure, picnic shelters, bbq grills, a group pavilion and ample open space. Our camping sites allow for two tents per site, 6 campers, and plenty of space between sites allowing for a remote camping experience.

Park Office: 817.488.5272

Group Pavilion Rentals: 817.410.3470

Day Use Entry Fee: *\$5 per car

Overnight Camping Fee: *\$35 per site

***Holiday rates:** Day Use \$10 per car, Overnight Camping \$45 apply on weekends of Easter, Memorial Day, 4th of July and Labor Day

ROCKLEDGE PARK

3600 PILOT POINT

Rockledge Park offers stunning views of Grapevine Lake amidst a unique rocky outcropping. The park provides a large group pavilion, park store, picnic tables, incredible views of the Friday night and July 4 fireworks shows and access for hikers and mountain bikers to Northshore Trail. This premier photo shoot location offers breathtaking scenes of bluffs, beaches, and sunsets over the lake. To schedule a photo shoot, \$50 per hour (one hour minimum), contact Rockledge Park at rockledgepark.com

Park Office: 817.455.5413

Group Pavilion Rentals: 817.454.1058

Day Use Entry Fee: *\$5 per car

***Holiday rate:** Day Use \$10 per car.

THE VINEYARDS CAMPGROUND & CABINS ON GRAPEVINE LAKE

1501 NORTH DOOLEY STREET

The nationally award winning Vineyards Campground & Cabins is Texas' premier camping destination. The Vineyards has ample space for your RVs with spots for all size rigs. In addition to our 93 full hookup RV sites, the Vineyards offers 15 climate controlled lakeside cabins. Wake up on the shores of Grapevine Lake while still having all the comforts of home. You can join in exclusive campground activities, go hiking, fishing, swimming, kayaking, trail exploring or simply lounge on your cabin's porch and enjoy the lake-front views of this one of a kind park. All cabins are fully-furnished with linens, stove*, microwave, refrigerator, dishes, cable TV, Wi-Fi and more, and can accommodate two to six people, so the whole family can participate in the fun! *Excluding duplex unit. Reserve online at vineyardscampground.com or call the park office for best available dates at 817.329.8993.

LAKE PARK ANNUAL PASS

Annual Passes get you a full year of boat ramp access and entry into any of Grapevine's fee based parks.

Purchase yours at The REC of Grapevine, Meadowmere Park or Rockledge Park. Resident \$35 / Non-Resident \$75

**GRAPEVINE
PARKS & REC**

**APPROVED
PARTNER**

If you're interested in becoming an approved partner, contact Morgan Davidson at mdavision@grapevinetexas.gov.

DFW SURF

Bringing stand up paddle boarding to Grapevine Lake, DFW Surf has a wide array of classes, camps and tours year-round. For more information visit dfwsurf.com or call 972.427.4082.
Location: Farris Branch Boat Ramp on Grapevine Lake

LONESTAR ADVENTURE SPORTS

Love the water? Interested in kayaking? Come join Lonestar Adventure Sports on the water for a fun memorable time! For more information visit lonestaradventuresports.com.
Location: Rockledge Park on Grapevine Lake

KYMERA BODY BOARD

Glide across Grapevine Lake on the World's first electric jet body board during the summer months on Grapevine Lake. **Located:** Meadowmere Park on Grapevine Lake

DISCOVER KAYAK

Discover Kayak brings the unique experience of paddling Grapevine lake and watching the Friday night fireworks display and see it's reflection off the water. Don't miss out on other offerings, visit discoverkayak.com for more information. **Located:** Lakeview Park on Grapevine Lake

GRAPEVINE OUTDOORS



INTRODUCTION TO FLY FISHING

This introductory course will take the most novice fishing enthusiast and turn you into a seasoned fly fisherman. Following a systematic curriculum, Introduction to Fly Fishing will take you through the basics of equipment, forward casting and back casting with ample hands-on experience and instruction from a veteran fly fishing instructor. Register at The REC or at GoGrapevine.com. ALL EQUIPMENT IS PROVIDED.

Dates: June 4, 11, 18, 25

Location: Pickering Park

Time: 6:00 – 7:00 pm

Ages: 15+

Fee: \$55

Code: 999009-01

SAILING CAMP

Grapevinejuniorsailing.org • 972.672.4018

Campers will learn the joy of sailing. We will teach them the basics of how to sail as well as the parts and proper care of a boat. The sessions have been developed to accommodate all levels of students. From beginners with no experience to kids that have taken the camp previously. Campers should bring a U.S. Coast Guard approved life jacket. Campers may register for multiple camp sessions.

CAMP	DATES	TIMES	AGES	CODE	SITE	FEE
LEARN TO SAIL	June 4-15 (M-F)	9:00 AM – 4:00 PM	7 – 16	999015-01	Scott's Landing Marina, Grapevine Lake	\$525/2wk
LEARN TO SAIL	June 18-29 (M-F)	9:00 AM – 4:00 PM	7 – 16	999015-02	Scott's Landing Marina, Grapevine Lake	\$525/2wk
LEARN TO SAIL	July 2-13 (M-F)	9:00 AM – 4:00 PM	7 – 16	999015-03	Scott's Landing Marina, Grapevine Lake	\$525/2wk

RACE CAMP FOR OPTIMIST SAILORS

Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Optimist Sailboat. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics.

CAMP	DATES	TIMES	AGES	CODE	SITE	FEE
RACE CAMP (OPTIMIST)	June 4-15 (M-F)	9:00 AM – 4:00 PM	7 – 16	999016-01	Scott's Landing Marina, Grapevine Lake	\$525/2wk

RACE CAMP FOR LASER/420 SAILORS

Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Lasers and 420's. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics.

CAMP	DATES	TIMES	AGES	CODE	SITE	FEE
RACE CAMP (LASER)	June 18-29 (M-F)	9:00 AM – 4:00 PM	7 – 16	999017-01	Scott's Landing Marina, Grapevine Lake	\$525/2wk



Grapevine High School students are part of the Texas Stream Team.



Did you know that Grapevine parks are home to a fabulous diversity of wild animals and plants? Naturalists in the area have documented over 800 species of butterflies and moths and over 300 species of birds! More than 2,220 species of native plants grow in North Central Texas! To enjoy, learn about, and care for this wonderful diversity, come be a part of GO WILD.

BE PART OF THE CITY NATURE CHALLENGE! APRIL 27-30, 2018

The City Nature Challenge is an international effort to document plants and wildlife in cities across the globe. Join one of our nature walks here in Grapevine or make observations on your own using the iNaturalist app. All ages are welcome. For more information, see citynaturechallenge.org

City Nature Challenge Nature Walks

Date: April 27

Location: Parr Park

Time: 4:00 - 6:00 pm

Date: April 28

Location: Parr Park

Time: 1:00 - 3:00 pm

Date: April 28

Location: Grapevine Botanical Garden

Time: 10:00 am - 12:00 pm

Date: April 29

Location: Meadowmere Park

Time: 2:00 - 4:00 pm

INATURALIST EXPLORERS

"Hmmm, I wonder what that is..." Have you ever walked by an interesting flower or insect and thought this to yourself? Do you like to identify plants or animals or help others do so? We are looking for explorers of all ages to help us learn about wildlife diversity in Grapevine parks. This summer, join us as we explore Parr Park with knowledgeable experts, use the iNaturalist app to identify species, and share our discoveries online with other naturalists.

Date: May 5, June 2, July 7 (1st Saturday of each month)

Location: Parr Park Rotary Pavillion

Times: 1:00 - 3:00 pm

Ages: All ages

Fee: Free!

Sign up: GoGrapevine.com/GoWild

HABITAT BUILDERS

Enjoy being outdoors? Care about wildlife? Don't mind breaking a sweat? Come help us enhance and restore wildlife habitat in Grapevine parks! At Parr Park, we are converting turf to a 4.5 acre native grassland with funding from U.S. Fish and Wildlife Service. At Meadowmere Park, we are enhancing nearly 7 acres of habitat with native trees and shrubs. Come be a part of these rewarding projects by helping monitor plant growth, documenting wildlife, planting native species, and keeping invasive plants out.

Dates: March 24, April 21, May 26

Locations: Meadowmere Park (3/24 and 5/26), Parr Park (4/21)

Times: 2:00 - 4:00 pm

Ages: 8+ years old

Fee: Free!

Sign up: GoGrapevine.com/GoWild

TEXAS STREAM TEAM

Water is AWESOME and people, plants, and animals all need clean water to live. Yet when it rains, our local streams can become polluted by run-off from yards, parking lots, and streets. To help protect our waterways, the City of Grapevine has become an official partner of the Texas Stream Team, a state-wide environmental education and monitoring program. We invite individuals, groups, and organizations to partner with us and conduct monthly water quality testing at local creeks and lake sites. The testing is simple, fun, and interesting and helps protect one of our most precious resources!

Ages: 12+ years old

Fee: Free!

Sign up: GoGrapevine.com/GoWild

GO WILD AT SCHOOL

Science can be super exciting when it is hands-on and outside! Grapevine Parks provide amazing opportunities to explore nature and learn about soils, landforms, food chains, local plants and animals, and much more. We offer our local schools a range of programs including field trips, school yard explorations, native plant garden design, and citizen science support. To provide these important programs at low cost, we welcome help from volunteers who enjoy working with children and being outdoors, especially former educators, Master Naturalists, and Master Gardeners. Help us connect kids to nature!

Sign Up: GoGrapevine.com/GoWild

Programs are available for all ages and training is provided. To learn more or sign up to become a GO WILD volunteer, visit GoGrapevine.com/GoWild or contact Betsy Marsh at bmarsh@grapevinetexas.gov.

DOVE CREEK

DAY CAMP

GRAPEVINE PARKS & REC



SUMMER CAMP JUST GOT MORE **AWESOME!**

Grapevine Parks and Recreation brings you our all new Dove Creek Day Camp, launching this summer! The shores of Grapevine Lake will now be your child's adventure of a lifetime full of watersports, wilderness skills, camp games and so much more!

ACTIVITIES INCLUDE:

ARCHERY • WILDERNESS SKILLS • TEAM BUILDING • GAGA PIT • FISHING • VOLLEYBALL • SWIMMING • WATER SPORTS • KAYAKING • CAMPFIRE & S'MORES & MUCH MORE

Weekly Camp Schedule

WEEK 1	June 4 - 8
WEEK 2	June 11 - 15
WEEK 3	June 18 - 22
WEEK 4	June 25 - 29
WEEK 5	July 9 - 13
WEEK 6	July 16 - 20
WEEK 7	July 23 - 27
WEEK 8	July 30 - August 3
WEEK 9	August 6 - 10

*Note: Ages for camps are 5-12 years old.



HOURS: 8:30AM - 4:30PM

*Early Drop Off - 7:30AM

*Late Pick Up - 5:30PM

COSTS: \$250 Per Week

\$25 Early Drop Off | \$25 Late Pick Up

*cost includes a camp shirt

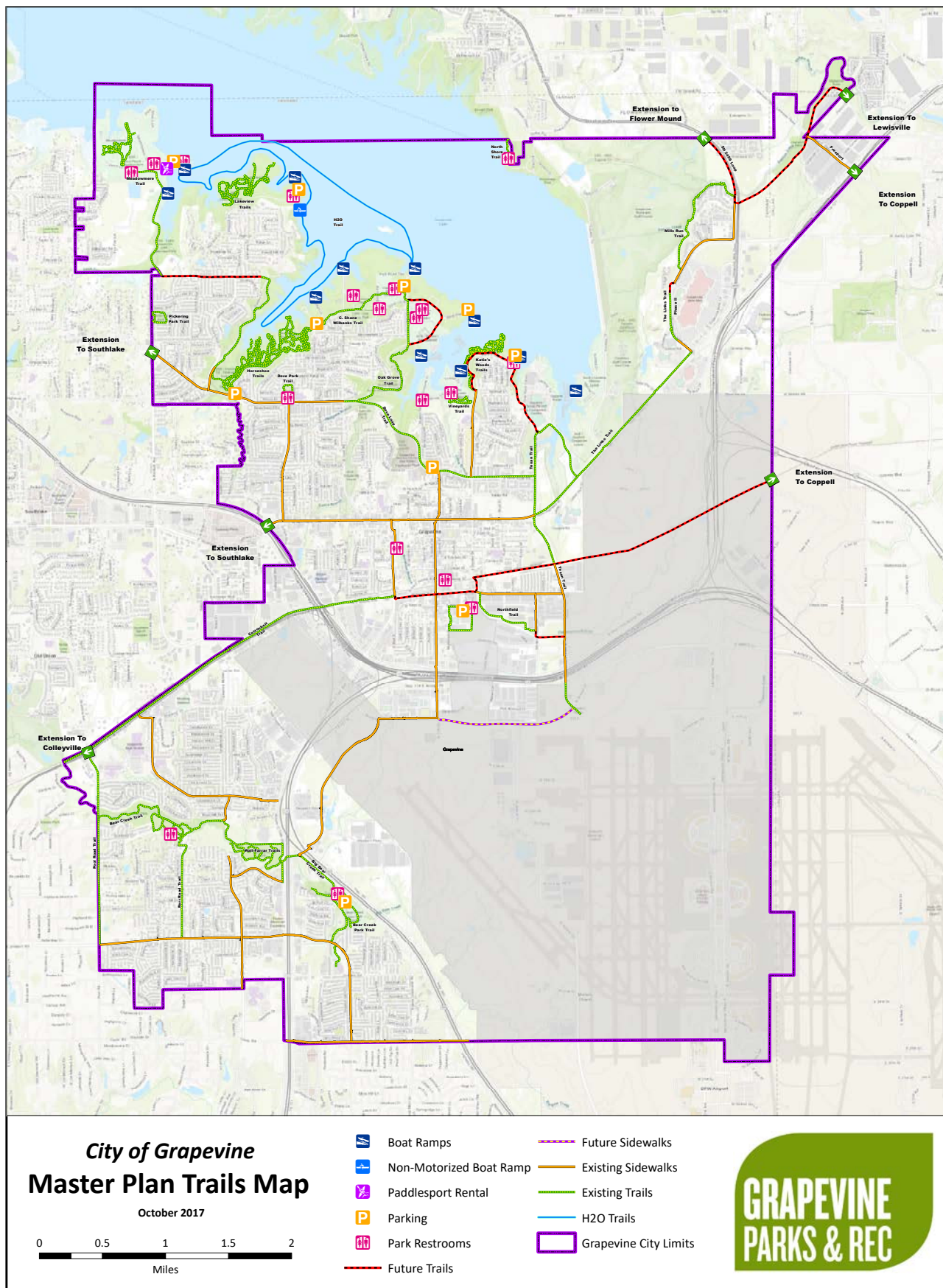
Pricing & Discounts

	1 ST WEEK	2 ND WEEK	3 RD WEEK
1 st child	\$250	\$225	\$200
2 nd child	\$225	\$200	\$175
3 rd child	\$200	\$175	\$150

Find more information and register (using code: 999000) at:

GoGrapevine.com/DoveCreek

GRAPEVINE TRAILS MAP



SHARE YOUR ADVENTURES
AND PHOTOS WITH US!

@GoGrapevine



CHECK-IN ON
FACEBOOK



SEND US
A TWEET



TAG US ON
INSTAGRAM

GRAPEVINE LAKE PARKS AND BOAT RAMPS





GRAPEVINE EVENTS



TOWER GALLERY & GRAND GALLERY

Enjoy a variety of local and touring gallery exhibits.

Date: May 18 - September 16

Location: Visitor Information Center,
636 S. Main St.

Gallery Hours: Monday - Friday, 8:00 am -
5:00 pm; Saturday, 10:00 am - 6:30 pm;
Sunday, Noon - 5:00 pm

Fee: Free

Website: GrapevineMuseums.com

EXHIBITIONS INCLUDE:
Grapevine Railroad Exhibition

GRAPEVINE ART DEALERS ASSOCIATION GALLERY WALK

Date: May 5

Location: Historic Downtown Grapevine

Time: 5:00 - 9:00 pm

Fee: \$20

Website: grapevineartdealers.com

SETTLEMENT TO CITY MUSEUMS AT TED R. WARE PLAZA

Learn the history of Grapevine through hands-
on activities, photographs and artifacts.

Museum Hours: Tuesday - Saturday, 10:00 am -
4:00 pm; Sunday, 11:00 am - 4:00 pm

Location: 206 W. Hudgins St.

Fee: Free admission

FIRST FRIDAY & CLASSIC FILM SERIES

Enjoy a movie in the Historic Palace Theatre.

Location: Palace Theatre, 300 S. Main St.

Fee: \$6/person

Website: Palace-Theatre.com

NASH FARM ACTIVITIES & EVENTS

Grapevine's Historic Nash Farm offers year-
round fun for the entire family. Visit the website
for a full listing of special events such as
A Farm-To-Fork Experience, 1860s Vintage
Baseball Game, farmstead living history, First
Friday programs and heritage workshops.

Location: 626 Ball St.

Fee: Varies per event

Website: NashFarm.org

17TH ANNUAL SPRING INTO NASH

Experience what life was like when Grapevine's
earliest settlers made their home in
Grapevine. Activities include gardening, sheep
shearing, tractor-drawn wagon rides, music,
food and more. Free admission. (Some activities
require a participation fee.)

Date: April 21

Location: Nash Farm, 626 Ball St.

Time: 10:00 am - 2:00 pm

Website: NashFarm.org

GRAPEVINE VINTAGE RAILROAD

Journey back in time aboard the Grapevine
Vintage Railroad and experience a variety
of seasonal and special train excursions
throughout the year. Visit website for full
schedule, pricing and seating details.

Location: Cotton Belt Depot, 705 S. Main St.

Website: GVRRR.com

DAY OUT WITH THOMAS™ BIG ADVENTURES TOUR 2018

The event features an approximately 25-minute
train ride with Thomas the Tank Engine™,
Thomas & Friends™ themed entertainment,
storytelling, live music and more.

Dates: April 13, 14, 15 and 20, 21, 22

Location: Cotton Belt Depot, 705 S. Main St.

Times: Vary by day

Fee: \$17 - \$25

Website: GrapevineTexasUSA.com

GRAPEVINE FARMERS MARKET

Enjoy locally and regionally-grown produce from
Texas farmers

Dates: April 13 - October 20 (Fridays &
Saturdays)

Location: Town Square Gazebo, 325 S. Main St.

Time: 8:00 am - 4:00 pm

Fee: Free

Website: FarmersMarketOfGrapevine.com



26TH ANNUAL NEW VINTAGE WINE AND GALLERY TRAIL & BLESSING OF THE VINES SPONSORED BY AUDI GRAPEVINE

Toast the good life as Grapevine celebrates new release wines, beautiful works of art and good times with friends.

Date: April 14

Location: Historic Downtown Grapevine

Time: 10:00 am - 5:00 pm

Fee: \$45 per person

Website: GrapevineTexasUSA.com/NewVintage

GRAPEVINE MARKET

Experience open-air, European-style shopping in Historic Downtown Grapevine. Free admission.

Dates: April 14 - October 20 (Saturdays)

Location: Liberty Park, 215 S. Main St.

Times: 10:00 am - 4:00 pm

Special Friday Markets on April 20, May 11, June 15, July 20, August 17, September 7 and October 12 from 5:00 - 9:00 pm

Website: GrapevineTexasUSA.com

34TH ANNUAL MAIN STREET FEST: A CRAFT BREW EXPERIENCE PRESENTED BY BANK OF THE WEST

Get in a "Lone Star State of Mind" and tap into three days of family-friendly festival fun. Enjoy the Craft Brew Garden, live entertainment, festival food, KidZone, and more.

Dates: May 18, 19 & 20

Location: Historic Downtown Grapevine

Fee: Varies

Website: GrapevineTexasUSA.com/MainStreetFest

10TH ANNUAL SUMMERBLAST

Held Memorial Day weekend through Labor Day weekend, Grapevine's SummerBlast features fun for the whole family including water parks, Friday Night Fireworks, 36th Annual July 4th Fireworks, special exhibits, outdoor activities, dining, shopping and more.

Dates: May 25 - September 3

Location: Throughout Grapevine

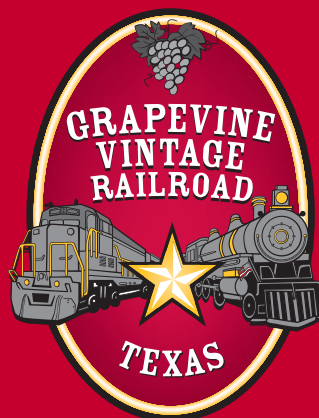
Fee: Varies

Website: GrapevineTexasUSA.com/SummerBlast

**All events subject to change. For more information about Grapevine's special events and festivals, please call 817.410.3185 or visit GrapevineTexasUSA.com.*



All aboard for fun!



Train excursions every Friday, Saturday and Sunday throughout the summer.

Plan yours at **GVRR.com**



GrapevineTexasUSA.com

GO REGISTER

Registrations will be processed on a first-come, first-serve basis. No early registrations will be accepted.

ONLINE REGISTRATION

Register online at GoGrapevine.com. You must have a user ID and password, which may be obtained at The REC of Grapevine. Visa or MasterCard required for payment. Due to fee structure, some classes may not be available on-line. Due to fees not being discounted online, HERO recipients cannot register via the Internet.

PHONE-IN REGISTRATION

Households that have previously registered for Parks and Recreation programs, and are therefore already in our computer system, may register by phone. Payment must be made with Visa or MasterCard. Memberships may not be processed over the phone. Please have your Go Grapevine Magazine and credit card available to expedite registration. Please call 817.410.3450 for phone-in registrations.

WALK-IN REGISTRATION

Will be accepted at The REC of Grapevine.

REFUNDS

Your satisfaction is important to us! If you are not completely satisfied with your class, please notify us. The following are general guidelines for refunds:

- 1) A refund may be prorated dependent upon the date of the request. Refunds must be requested prior to the midpoint of that session.
- 2) All requests for refunds will be reviewed by staff.
- 3) A Refund Request Form must be completed in person or with a staff member via telephone. Forms may be obtained at The REC of Grapevine.
- 4) Refunds can be refunded back to the credit card charged or applied to the household account for future use. If payment was made with a check or cash, a refund will be mailed to the household. No cash refunds.

CANCELLATIONS

All programs must have a minimum number of participants in order to be conducted. If a program does not meet this minimum no later than 48 hours prior to the program start date, the class may cancel/combine or make any revisions necessary. A full refund will be processed and mailed. Please allow 3 weeks for refund.

PLAYER'S NOTICE

Participants must recognize that all classes/activities of a physical nature involve some risk, and by registering for a class/activity of this nature, there is an assumption of risk by the participant. The City of Grapevine Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff and instructors. Every effort is made to ensure the safety of the participants and to provide them with first-class leisure activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City of Grapevine to:

- 1) Contact Grapevine Fire Department Emergency Services to perform first aid, and when necessary, recommend transportation to a hospital.
- 2) Reach the parent and/or legal guardian as soon as the situation allows.

LAKE PARKS ANNUAL PASSES

Purchase yours today at The REC, Meadowmere Park (3000 Meadowmere Ln.), and Rockledge Park (3600 Pilot Point). The annual passes are good for a year from the date of purchase and provide holders use of all nine public boat ramps in Grapevine and access to Meadowmere and Rockledge Parks.



PARKS ADDRESSES

9/11 PLAZA

2 Texan Trail

ACORN WOODS

1000 Oak Grove Loop S.

AUSTIN OAKS PARK

528 Austin Creek Dr

BANYAN PARK

350 Banyan Drive

BELLAIRE PARK

1004 Pine Street

BIG BEAR CREEK NATURE PRESERVE

3010 Parr Lane

BOTANICAL GARDENS AT HERITAGE PARK

411 Ball Street

CANNON ELEMENTARY

1300 W. College

CASEY'S CLUBHOUSE

1509 Hood Lane

C.J. HUTCHINGS PARK

1201 Cable Creek Drive

CLUCK PARK

312 Central Drive

COMMUNITY OUTREACH

3010 Mustang Drive

CONVENTION CENTER & LIBRARY

1201 Municipal Way

CROSS TIMBERS MIDDLE SCHOOL

2301 Pool Road

DOVE WATERPARK

1509 Hood Lane

DOVE CROSSING PARK

1701 Stoneway Drive

DOVE ELEMENTARY SCHOOL

1932 Dove Road

FAITH CHRISTIAN SCHOOL

730 E. Worth

FAITH CHRISTIAN SCHOOL PARK

500 Austin Street

GLADE CROSSING PARK

512 Westbury Drive

GLADE LANDING PARK

5201 Brettenmeadow Drive

GRACE PARK

610 Shady Brook Drive

GRAPEVINE ELEMENTARY SCHOOL

1801 Hall Johnson

HAZY MEADOWS PARK

4300 Hazy Meadows Drive

HERITAGE CENTER

701 S. Main Street

HERITAGE ELEMENTARY SCHOOL

4500 Heritage Road

HERITAGE PARK

200 Ball Street

HIGHPOINT PARK

4121 Freeport Parkway

HORSESHOE TRAILS PARK

2099 Hood Lane

JACKSON PAVILION

3501 Pavilion Place

KATIE'S WOODS PARK

1700 Katie's Woods Drive

LAKE POINTE PARK

1150 West Dove Loop Road

LAKEVIEW PARK

3850 Lakeview Drive

LIBERTY PARK

215 S. Main Street

MEADOWMERE PARK

3000 Meadowmere Lane

MEADOWMERE SOCCER

3295 W. Perch Lane

MCPHERSON SLOUGH

1400 Horseshoe Trail E.

OAK GROVE BALLFIELD COMPLEX

2520 Oak Grove Loop South

OAK GROVE SOCCER COMPLEX

1299 Oak Grove Loop North

OAK GROVE SOFTBALL COMPLEX

2700 Dove Loop Road

OAK RIDGE PARK

2590 Juniper Lane

PARKWOOD PARK

1901 Woodcreek Drive

PARR PARK AND SPRAYGROUND

3010 Parr Lane

PECAN PARK

4200 Halmont Drive

PICKERING PARK

1901 Kimball Road

PLEASANT GLADE POOL

1805 Hall-Johnson Road

THE REC

1175 Municipal Way

ROCKLEDGE PARK

3600 Pilot Point

SAND BASS POINT

399 Sand Bass Drive

SHADOW GLEN PARK

1815 Altacrest Drive

SILVERLAKE ELEMENTARY SCHOOL

1301 N. Dooley

SUNSHINE HARBOR PARK

905 Easy Street

TIMBERLINE ELEMENTARY SCHOOL

3220 Timberline Road

TOWN SQUARE

325 S. Main Street

TRAWICK PAVILION

2700 Darren Medlin Trail

THE VINEYARDS CAMPGROUND & CABINS

1501 N. Dooley Street

WALL-FARRAR PARK

W.D. Tate & State Hwy 360

YORKSHIRE MEADOWS PARK

2700 Whitby Lane

BOAT RAMPS

DOVE LOOP RAMP

3000 Dove Loop Road

KATIE'S WOODS RAMP

1899 Katie's Woods Loop

KATIE'S WOODS RAMP

(HIGH WATER)

1899 Katie's Woods Loop

LAKEVIEW RAMP NORTH

3099 Island View Drive

LAKEVIEW RAMP SOUTH

2150 Lakeview Drive

MCPHERSON SLOUGH RAMP

2500 Catfish Lane

MEADOWMERE LANE RAMP

3013 Meadowmere Lane

MEADOWMERE PARK RAMP (LOW WATER)

3000 Meadowmere Lane

SAND BASS POINT RAMP

399 Sand Bass Drive

FARRIS BRANCH RAMP

1999 Farris Branch Drive

TRAWICK RAMP

2799 Darren Medlin Trail



MEETING YOUR NEEDS AS THEY GROW

Every moment of every day. From life-changing events to everyday miracles, we're here to help you protect the people, places and things that matter most. Call me today for a **FREE 360 Review**® of your current coverage.

Marcia Allen, LUTCF, FSS, CLU®
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